



November Des Plaines School District 62 Snack Menu

✓ Our Snack Choices are all Whole Grain Rich!

✓ Our Juice has no added sugars!

Monday	Tuesday	Wednesday	Thursday	Friday
Pretzel Goldfish Fruit Punch	Cheez-it Crackers Apple Juice	Chocolate Graham Bears Fruit Punch	Cinnamon Crispy Bites Apple Juice	Cheddar Goldfish Fruit Punch

**Each Snack contains a Whole Grain
Rich finger food and 100% Juice with
no added sugar.**

Arbor Management, Inc. is pleased to be the food service provider to School District 62.

**We welcome your comments and suggestions. Chris Roberts, Food Service Director
@ 847-789-5630**



Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!



For more
information or to
"Ask the Dietitian",
check out our website!

Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunity employer.

