

NOVEMBER 2023

Des Plaines Elementary

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cookie Monster's B-Day	2	3
		Hamburger Veggie Baked Beans Fruit of the Day Cookie Treat!	Walking Nachos Golden Corn Fruit of the Day	Max Cheese Sticks Marinara Dipping Sauce Fruit of the Day
6	7	8	9	10
Crispy Chicken Sandwich Golden Corn Fruit of the Day	Mini Corn Dogs Steamed Broccoli Fruit of the Day	Crispy Chicken Nuggets Veggie Baked Beans Fruit of the Day	Walking Nachos Mixed Veggies Fruit of the Day	Max Cheese Sticks Marinara Dipping Sauce Fruit of the Day
13	14	15	16	17
Crispy Chicken Nuggets Steamed Broccoli Fruit of the Day	Corn Dog Mixed Veggies Fruit of the Day	Beef Hot Dog Veggie Baked Beans Fruit of the Day	Walking Nachos Golden Corn Fruit of the Day	Max Cheese Sticks Marinara Dipping Sauce Fruit of the Day
20	21	22	23	24
	Fall Break		Happy Thanksgiving	
27	28	29	30	
Corn Dog Green Beans Fruit of the Day	Crispy Chicken Sandwich Golden Corn Fruit of the Day	Hamburger Veggie Baked Beans Fruit of the Day	Walking Nachos Golden Corn Fruit of the Day	

Lunch \$ 3.05
Milk \$0.65

NOW HIRING....
*** Delivery Driver \$18.00 /hr.**
Call Chris
at 847-789-5630



***Available Daily:**
Cheese
Sandwich
Milk Choice

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

-Arbor Management-

Make Choices for a Healthy Lifestyle!

For more information or to "Ask the Dietitian", check out our website!

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.

Included with Every Meal
Fruit and/or Vegetable
1% or Fat-Free Milk