

## HEALTH CARE CLINICS FOR LOW-INCOME FAMILIES

### ALL AREAS OF MONTEREY COUNTY

#### **Mobile Health Clinic**

Operated by **Clinica de Salud del Valle de Salinas**

Tel (831) 970-1972

Website: [www.csvs.org](http://www.csvs.org)

#### **Services:**

Provides medical and dental care to the homeless population of Salinas (four sites) and Pajaro. Mobile Clinic schedule found on the website. No charge for services.

### SALINAS

#### **Alisal Health Center**

Operated by the **Monterey County Health Department**

559 E. Alisal Street, Ste. 201 and 202; Salinas, CA 93905

Tel (831) 769-8800

Website: [www.mtyhd.org](http://www.mtyhd.org)

#### **Services:**

Primary and preventive medical care. Adult and well child exams, family planning and STI screening and treatment, obstetrical care, comprehensive perinatal services program, latent tuberculosis treatment. Medicare and Medi-Cal insurance accepted.

#### **Clinica de Salud del Valle de Salinas**

950 Circle Drive; Salinas, CA 93905

Tel (831) 757-6237

219 Sanborn Road; Salinas, CA 93905

Tel (831) 757-1365

2180 N. Main Street; Salinas, CA 93906

Tel (831) 443-2190

Website: [www.csvs.org](http://www.csvs.org)

#### **Services:**

Community clinics providing medical care for adults and children, including perinatal care, reproductive health services and children's preventive health care. Optometry services are also offered at the clinic on Circle Drive. Services for low-income families on sliding fee scale. Medicare, Medi-Cal, and other insurance accepted.

#### **Planned Parenthood- MarMonte**

316 North Main Street; Salinas, CA 93901

Tel (831) 758-8261 or (877) 855-7526

Website: [www.ppmarmonte.org](http://www.ppmarmonte.org)

#### **Services:**

Reproductive health services for women and men, including birth control, emergency contraception, treatment of sexually transmitted diseases, pregnancy testing, and abortions. Medi-Cal accepted. Sliding fee scale.

**HEALTH CARE CLINICS FOR LOW-INCOME FAMILIES (Continued)**

**Laurel Family Practice Clinic**

Operated by the **Monterey County Health Department**

1441 Constitution Blvd. Bldg.400, Suite 300; Salinas, CA 93906

Tel (831) 755-4123

Website: [www.mtyhd.org](http://www.mtyhd.org)

**Services:**

Preventive and primary care; adult and well-child exams; family planning, including STI screening and treatment; obstetrics care, comprehensive perinatal services program; adult psychiatry. latent tuberculosis treatment. Medicare and Medi-Cal insurance accepted.

**Laurel Vista**

Operated by the **Monterey County Health Department**

1441 Constitution Blvd. Bldg 400 , Suite 301; Salinas, CA 93906

Tel (831) 755-4000

Website: [www.mtyhd.org](http://www.mtyhd.org)

**Services:**

Preventive and primary care; adult and well-child exams; family planning, including STD screening and treatment; obstetrics care, including high risk obstetrics; comprehensive perinatal services; adult and child psychiatry. Medicare and Medi-Cal insurance accepted.

**Bienestar Clinic -- Salinas**

Operated by the **Monterey County Health Department**

1441 Constitution Blvd. Bldg 400 , Suite 201; Salinas, CA 93906

Tel (831) 755-4353

Website: [www.mtyhd.org](http://www.mtyhd.org)

**Services:**

Preventive care; family planning, obstetrics; adult care; sick adult care; immunizations; vision and hearing screening. Medicare and Medi-Cal insurance accepted. Call for more details.

**Laurel Internal Medicine Clinic**

Operated by the **Monterey County Health Department**

1441 Constitution Blvd. Bldg. 151, Suite 16; Salinas, CA 93906

Tel (831) 769-8640

Website: [www.mtyhd.org](http://www.mtyhd.org)

**Services:**

Preventative and primary adult and child care; adult and well child exams; chronic adult illness management; family planning, including STD screening/treatment; latent tuberculosis treatment; adult psychiatry; adult rheumatology. Medi-Cal and Medicare insurance accepted.

**Laurel Pediatrics Clinic**

Operated by the **Monterey County Health Department**

1441 Constitution Blvd. Bldg 200, Suite 101 and 103; Salinas, CA 93906

Tel (831) 755-4124

Website: [www.mtyhd.org](http://www.mtyhd.org)

**Services:**

Preventive and primary child care; well-child exams; child psychiatry; latent tuberculosis treatment. Medi-Cal and Medicare insurance accepted.

## HEALTH CARE CLINICS FOR LOW-INCOME FAMILIES (Continued)

### **Chinatown Health Services Center**

#### **Operated by Dorothy's Place**

115 East Lake Street; Salinas, CA 93905

Tel (831) 757-3838

Website: [www.dorothysplace.org](http://www.dorothysplace.org)

#### **Services:**

Outpatient mental health therapy and addiction treatment services, as well as other medical services for the homeless. The center also offers no-cost showers and restroom facilities.

## **SOUTH COUNTY**

### **Clinica de Salud del Valle de Salinas**

799 Front Street; Soledad, CA 93960

Tel (831) 678-0881

126 5<sup>th</sup> Street; Gonzalez, CA 93926

Tel (831) 675-2930

808 Oak Avenue; Greenfield, CA 93927

Tel (831) 674-5344

122 San Antonio Drive; King City, CA 93930

Tel (831) 385-5944

Website: [www.csvs.org](http://www.csvs.org)

#### **Services:**

Community clinics providing medical and dental care for adults and children, including perinatal care, reproductive health services and children's preventive health care. Services on sliding fee scale. Medicare, Medi-Cal, and Covered California insurance accepted.

### **Mee Memorial Hospital Medical Clinics**

#### **King City Clinic**

210 Canal Street; King City, CA 93930

Tel (831) 385-7100

#### **Greenfield Clinic**

467 S. El Camino Real; Greenfield, CA 93927

Tel (831) 674-0112

#### **Specialty Clinic**

400 Canal Street, Suite B; King City, CA 93930

Tel (831) 386-7401

#### **The Women's Center**

400 Canal Street, Suite C; King City, CA 93930

Tel (831) 385-7200

Website: [www.meememorial.com](http://www.meememorial.com)

#### **Services:**

Primary medical care for adults and children. Services at the first two sites above include prenatal care, reproductive health services, and children's preventive health care. Medicare and Medi-Cal insurance accepted.

**HEALTH CARE CLINICS FOR LOW-INCOME FAMILIES (Continued)**

**NORTH COUNTY**

**Clinica de Salud del Valle de Salinas**

10561 Merritt Street; Castroville, CA 95012

Tel (831) 633-1514

29 A Bishop Road; Pajaro, CA 95076

Tel (831) 728-2505

Website: [www.csvs.org](http://www.csvs.org)

**Services:**

Community clinics providing medical and dental care for adults and children, including perinatal care, reproductive health services and children's preventive health care. Services for low-income families on sliding fee scale. Medicare, Medi-Cal, and other insurance accepted.

**MONTEREY PENINSULA**

**Planned Parenthood- MarMonte**

625 Hilby Avenue; Seaside, CA 93955

Tel (831) 394-1691 or (877) 855-7526

Website: [www.ppmarmonte.org](http://www.ppmarmonte.org)

**Services:**

Reproductive health services for women and men, including birth control, emergency contraception, treatment of sexually transmitted diseases, pregnancy testing, and abortions. Medi-Cal accepted. Sliding fee scale.

**Monterey County Clinic at Marina**

Operated by **Monterey County Health Department**

3155 De Forest Road; Marina, CA 93933

Tel (831) 384-1445

Website: [www.mtyhd.org](http://www.mtyhd.org)

**Services:**

Family practice; obstetrics, comprehensive perinatal services, STI screening and treatment, walk-in immunizations; tuberculosis screening and treatment. Medicare and Medi-Cal insurance accepted.

**Seaside Family Health Center**

Operated by the **Monterey County Health Department**

1156 Fremont Boulevard; Seaside, CA 93955

Tel (831) 899-8100

Website: [www.mtyhd.org](http://www.mtyhd.org)

**Services:**

Primary care for adults and children, including adult and well-child exams; chronic adult illness management; family planning including STI screening and treatment; obstetrics; comprehensive perinatal services, latent tuberculosis treatment; adult and child psychiatry. Medicare and Medi-Cal insurance accepted.

**HEALTH CARE CLINICS FOR LOW-INCOME FAMILIES (Continued)**

**MONTEREY PENINSULA (Continued)**

**Bienestar – Marina**

Operated by **Monterey County Health Department**

299 12<sup>th</sup> Street; Marina, CA 93933

Tel (831) 755-4353

Website: [www.mtyhd.org](http://www.mtyhd.org)

**Services:**

Adult care; family primary care; walk-in adult and child visits; Medi-Cal and Medicare insurance accepted. Open only on Tuesdays. Call for more details.

**RotaCare Clinic**

Offered at **Seaside Family Health Center**

1156 Fremont Blvd. Seaside, CA 93955

Tel (831) 333-6495

Website: [www.rotacarebayarea.org](http://www.rotacarebayarea.org)

**Services:**

Volunteer physicians and nurses provide free treatment of minor illnesses and injuries for adults and children without insurance on **Wednesday evening, 5-9 PM.** Registration begins at 4 P.M. First come, first served.

**Montage Mobile Health Clinic**

Operated by **Montage Health Foundation**

Tel: (831) 625-4500

Website: [www.chomp.org](http://www.chomp.org)

**Services:**

A mobile walk-in clinic that accepts anyone in need of medical services. Focus is on the homeless and underserved populations on the Monterey Peninsula. It is operated by Montage Health, which also operates the Community Hospital of the Monterey Peninsula (CHOMP). The mobile clinic offers services in Monterey, Seaside, and Marina and treats common ailments such as sore throats, colds, minor infections and injuries. Services are free. No appointment is needed. A schedule of stops is posted on CHOMP's website.

## HEALTH CARE – PUBLIC HEALTH PROGRAMS FOR LOW-INCOME FAMILIES

(Refer also to Chronic Diseases: Education and Support)

### ALL AREAS OF MONTEREY COUNTY

#### **Immunization Clinics**

Operated by the **Monterey County Health Department**

At the following health centers:

##### **Alisal Health Center**

559 E. Alisal Street, Ste. 201 & 102; Salinas, CA 93905

Tel (831) 769-8800

##### **Seaside Family Health Center**

1156 Fremont Boulevard; Seaside, CA 93955

Tel (831) 899-8100

##### **Monterey County Clinic at Marina**

3155 DeForest Rd; Marina, CA 93933

Tel (831) 384-1445

Website: [www.mtyhd.org](http://www.mtyhd.org)

#### **Services:**

Walk-in immunization clinics for adults and children. Screening for tuberculosis also offered. Call for days and times, or check website. Immunizations may be available at the other clinics operated by the Health Department.

#### **Immunization Clinics**

Offered by **Central Coast Visiting Nurse Association and Hospice**

5 Lower Ragsdale Drive, Monterey, CA 93940

Tel: (831) 648-3777 or (831) 372-6668

Website: [www.ccvna.com](http://www.ccvna.com)

#### **Services:**

Flu clinics at sites throughout the county. Sites listed on the website. Immunizations for adults, including travel immunizations, available by appointment at the address listed above.

#### **Tuberculosis Case Management and Prevention Services**

##### **Monterey County Health Department**

1270 Natividad Road; Salinas, CA 93906

Tel (831) 755-4593 (T.B. unit) or 755-4500

Website: [www.mtyhd.org](http://www.mtyhd.org)

#### **Services:**

This program provides case management of people diagnosed with tuberculosis and follow-up of people exposed to active disease.

#### **Childhood Lead Poisoning Prevention Program**

##### **Monterey County Health Department**

1270 Natividad Road; Salinas, CA 93906

Tel (831) 755-4704

Website: [www.cdph.ca.gov/programs/clppb](http://www.cdph.ca.gov/programs/clppb)

#### **Services:**

Provides information on childhood lead poisoning prevention, screening, and case management services for lead-exposed children.

**HEALTH CARE – PUBLIC HEALTH PROGRAMS FOR LOW-INCOME FAMILIES  
(Continued)**

(Refer also to Chronic Diseases: Education and Support)

**Nurse-Family Partnership Program**

Offered by the **Monterey County Health Department**

1270 Natividad Road; Salinas, CA 93906

Tel (831) 755-4630 or 755-4500

Website: [www.mtyhd.org](http://www.mtyhd.org)

**Services:**

Public health nurses provide case management and home visits for first-time moms, high-risk pregnant women, children of substance-abusing mothers, and children at risk for child abuse, neglect, or developmental delay. Call the above number to make a referral or for more information on public health nursing services.

**Child Health and Disability Prevention Program (CHDP)**

Administered by the **Monterey County Health Department**

1270 Natividad Road; Salinas, CA 93906

Tel (831) 755-4960 or (831) 755-4500

Website: [www.dhcs.ca.gov/services/chdp](http://www.dhcs.ca.gov/services/chdp) ; [www.mtyhd.org](http://www.mtyhd.org)

**Services:**

Free well-child health exams, including immunizations, offered once a year from birth through age 20, for children with full-scope Medi-Cal. Children from birth through age 18 who are not eligible for full-scope Medi-Cal also qualify for CHDP services if they meet income guidelines. Call above number for the names of individual CHDP providers, listed by location within the county.

**Family PACT Program offering Family Planning Services**

Toll-free Information and Referral Line: (800) 942-1054

Website: [www.familypact.org](http://www.familypact.org)

**Services:**

State-funded, comprehensive, no-cost family planning services for low-income women and men who do not have health insurance to cover family planning. Services include: temporary and permanent contraception for men and women (including emergency contraception, male and female sterilization), STD/HIV screening and treatment, cancer screening, pregnancy testing, and reproductive health counseling. Clients must be residents of California. Toll-free I & R line provides referrals to Family PACT providers. **Family PACT services are offered at public and community clinics throughout Monterey County.**

**Comprehensive Perinatal Services Program**

County Coordinator at: **Monterey County Health Department**

1270 Natividad Road, Salinas, CA 93906

Tel (831) 755-4500

Website: [www.mtyhd.org](http://www.mtyhd.org)

**Services:**

This is a program offered by community health clinics and some private obstetrical providers in Monterey County to enhance prenatal care for pregnant and postpartum women on Medi-Cal and improve pregnancy outcomes. In addition to obstetrical care, services include health education, nutrition, psycho-social counseling and case coordination. To learn more, call the county perinatal services coordinator at the number listed above.



**HEALTH CARE – PUBLIC HEALTH PROGRAMS FOR LOW-INCOME FAMILIES  
(Continued)**

(Refer also to Chronic Diseases: Education and Support)

**Every Woman Counts**

Tel (800) 511-2300

Website: [www.dhcs.ca.gov](http://www.dhcs.ca.gov)

**Services:**

Free breast and cervical cancer screening services to low income women over 40, who are residents of California with no or limited insurance. Offered at community clinics throughout the county.

**Breast and Cervical Cancer Treatment Program**

Tel (800) 824-0088 (English and Spanish)

State Medi-Cal Website: [www.dhcs.ca.gov](http://www.dhcs.ca.gov)

**Services:**

Under this program, low-income California residents who have been diagnosed with breast and/or cervical cancer can receive needed cancer treatment. Doctors participating in the Family PACT program can screen, diagnose or confirm a diagnosis of breast and/or cervical cancer and enroll individuals in the Breast and Cervical Cancer Treatment Program.

**Partnership for Prescription Assistance**

Tel (888) 477-2669

Website: [www.pparx.org](http://www.pparx.org)

**Services:**

This website, in English and in Spanish, helps low-income individuals without prescription coverage to get free or discounted medications through a variety of public and private programs.



## HEALTH INSURANCE FOR LOW-INCOME FAMILIES

### ALL AREAS OF MONTEREY COUNTY

#### **COVERED CALIFORNIA:** (800) 300-1506

Website: [www.coveredca.com](http://www.coveredca.com)

**Services:** Legal residents of the state of California who do not have health insurance from their employer or another government program can purchase health insurance through Covered California. Apply online, by phone, or through programs listed below.

#### **MC-CHOICE**

Administered by the **Monterey County Department of Social Services**

1000 South Main Street, Suite 303; Salinas, CA 93901

Tel (866) 361-0477

Website: [www.mcdss.co.monterey.ca.us](http://www.mcdss.co.monterey.ca.us); [www.coveredca.com](http://www.coveredca.com); [www.c4yourself.com](http://www.c4yourself.com)

#### **Services:**

This program is dedicated to improving access to health coverage for children and families in Monterey County. **Application assistance** is available at the offices of DSS and with community partners throughout the county (hospitals, clinics, schools and other community locations). Call the number above for locations of services. Outreach workers help families to enroll their families in available health insurance programs including Medi-Cal and Covered California. Assistance is also provided to families in maintaining their benefits. They also help enroll clients in the CalFresh food assistance program.

#### **Medi-Cal Healthcare Coverage**

Administered by the **Monterey County Department of Social Services**

**Community Benefits Toll-Free Number (866) 323-1953**

#### **Salinas**

1000 South Main Street, Salinas, CA 93901

Tel (866) 323-1953 (Community Benefits Toll-free Number)

#### **Seaside**

1281 Broadway Avenue; Seaside, CA 93955

Tel (866) 323-1953 (Community Benefits Toll-free Number)

#### **King City**

116 Broadway Street; King City, CA 93930

Tel (866) 323-1953 (Community Benefits Toll-free Number)

Website: [www.coveredca.com](http://www.coveredca.com); [www.mcdss.co.monterey.ca.us](http://www.mcdss.co.monterey.ca.us); [www.c4yourself.com](http://www.c4yourself.com)

#### **Services:**

Medi-Cal is a state insurance program for low-income adults and families, including seniors, and adults with disabilities. The Medi-Cal program pays for medical, dental, and prescription medicine for eligible recipients. Federal, state and county guidelines determine eligibility and assistance levels. Customers are seen on a first come, first served basis. No appointments made. Individuals can apply for healthcare coverage at any of the above sites; however, **clients are encouraged to apply for healthcare benefits online at the C4Yourself or Covered California websites above or by phone at the Covered California number listed above.**

**HEALTH INSURANCE FOR LOW-INCOME FAMILIES (Continued)**

**Central California Alliance for Health**

950 E. Blanco Road, Suite 101; Salinas, CA 93901

Tel (831) 755-6000 or (800) 700-3874

**24/7 Nurse Advice Line Tel (844) 971-8907**

Website: [www.ccah-alliance.org](http://www.ccah-alliance.org)

**Services:**

The Central California Alliance for Health is a locally governed, County Organized Health System providing services in Monterey, Merced and Santa Cruz Counties. Office for Monterey County listed above. Programs include Medi-Cal Managed Care and Alliance Care In-Home Supportive Services (IHSS). In addition to health care, members are eligible to participate in a number of health education programs, including asthma education, breastfeeding support, diabetes education, smoking cessation, and women's health.