

# LUNCHPAD

**STUDENT MEAL PRICES:**  
**BREAKFAST: FREE**  
**PAID LUNCH: \$2.70**

# NOVEMBER 2023

**NOTES**

Daily Breakfast Selections: Assorted Cereals, Pop Tarts, & Breakfast Bars

Daily Fruit Selections: Fresh Whole Fruit and Assorted Fruit Cups

\*Juice is available daily @ Breakfast/Juice is available on Tuesday & Thursday for Lunch\*

Daily Rotation of Assorted Fresh Cut Vegetables: Red/Green Peppers, Cucumber Slices, Tomatoes, Carrots, & Broccoli

Daily Milk Selections: Skim Chocolate Milk, 1% White Milk

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Trojan Favorites (Offered Daily): Cheese Pizza, Pepperoni Pizza, Smucker's Uncrustable Lunch Pack  
 Breakfast Meal Includes: One Entrée, 2 Fruit Selections, & Milk Selection  
 Lunch Meal Includes: One Entrée, One Fruit Selection, Two Vegetable Selections, & Milk Selection  
 Online Menus are available @ [www.mtsd.org](http://www.mtsd.org) or [www.nutrislice.com](http://www.nutrislice.com)

**BKFST:** Egg & Cheese Muffin **1**  
**Grill:** Chicken Nuggets  
 Garlic Breadstick  
**Entree:** Pancake Bites & Chicken Sausage  
**Hot Vegetable:** Tater Tots  
**Salad:** Chicken Chef

**BKFST:** Chocolate Filled Crescent **2**  
**Grill:** Cheeseburger  
**Entree:** Cheese Dippers w/ Sauce  
**Hot Vegetable:** Steamed Broccoli  
**Deli:** Ham & Cheese Sub



**BKFST:** Cinnamon Breakfast Round **3**  
**Grill:** Spicy Chicken Sandwich  
**Entree:** Grilled Cheese  
**Hot Vegetable:** Tomato Soup  
 Baked Beans  
**Salad:** Ham Chef

**NO SCHOOL 6**

**NO SCHOOL 7**

**BKFST:** French Toast Sticks **8**  
**Grill:** Cheese Dippers w/ Sauce  
**Entree:** Pasta & Meatballs  
**Hot Vegetable:** Seasoned Green Beans  
**Salad:** Italian Ham



**BKFST:** Powdered Sugar Donut **9**  
**Grill:** Cheeseburger  
**Entree:** Waffles & Turkey Sausage Links  
**Hot Vegetable:** Hashbrown  
**Deli:** Turkey & Cheese Sub

**BKFST:** Cinnamon Chip Scone **10**  
**Grill:** Spicy Chicken Sandwich  
**Entree:** Chicken Nuggets  
 Garlic Breadstick  
**Hot Vegetable:** Baked Beans  
**Salad:** Turkey Chef

**BKFST:** Egg & Cheese Bagel **13**  
**Grill:** Spicy Chicken Sandwich  
**Entree:** Mozzarella Pizza Crunchers w/ Sauce  
**Hot Vegetable:** Steamed Broccoli  
**Salad:** Egg Chef

**BKFST:** Banana C.C. Muffin Square **14**  
**Grill:** Cheeseburger  
**Entree:** Chicken Parmesan Flatbread  
**Hot Vegetable:** Seasoned Green Beans  
**Deli:** Pretzel, Yogurt, & Cheese Pack

**BKFST:** Strawberry Apple Smoothie **15**  
**Grill:** Mini Corn Dogs  
**Entree:** Nacho Cheese Walking Taco  
**Hot Vegetable:** Buttered Corn  
**Salad:** Turkey Chef



**BKFST:** Vanilla Glazed Donut **16**  
**Grill:** Chicken Tenders  
 Freshly Baked Dinner Roll w/ Butter  
**Entree:** Bacon Cheeseburger  
**Hot Vegetable:** Baked Beans  
**Deli:** Ham & Cheese Sub

**BKFST:** Confetti Mini Pancakes **17**  
**Grill:** Spicy Chicken Sandwich  
**Entree:** Chicken Quesadilla  
**Hot Vegetable:** Curly Fries  
**Salad:** Popcorn Chicken w/ Shredded Cheddar



**BKFST:** Cinnamon Biscuit **20**  
**Grill:** Spicy Chicken Sandwich  
**Entree:** Chicken Patty Sliders  
**Hot Vegetable:** Buttered Corn  
**Salad:** Italian Ham

**BKFST:** Mixed Berry Scone **21**  
**Grill:** Cheeseburger  
**Entree:** Turkey & Mashed Potatoes w/ Gravy  
 Freshly Baked Dinner Roll w/ Butter  
 Chocolate Pudding w/ Whipped Cream  
**Hot Vegetable:** Seasoned Green Beans  
**Deli:** Three Cheese Sub

**BKFST:** Glazed Cinnamon Roll **22**  
**Grill:** Chicken Tenders  
 Garlic Breadstick  
**Entree:** French Toast Sticks & Chicken Sausage  
**Hot Vegetable:** Hashbrown  
**Salad:** Ham Chef

**NO SCHOOL 23**

**NO SCHOOL 24**  
**11/24 & 11/27**

**27**  
**Try it this week!**  
  
 Spicy Tzatziki Beef Gyro  
INSPIRED FROM THE MEDITERRANEAN

**BKFST:** Pumpkin Spice Donut Holes **28**  
**Grill:** Cheeseburger  
**Entree:** *Spicy Tzatziki Beef Gyro*  
**Hot Vegetable:** Steamed Broccoli  
**Deli:** Turkey & Cheese Sub

**BKFST:** Banana Chocolate Smoothie **29**  
**Grill:** Smith's Hot Dog  
**Entree:** *Spicy Tzatziki Beef Gyro*  
**Hot Vegetable:** Buttered Corn  
**Salad:** Turkey Chef

**BKFST:** Homestyle Waffles **30**  
**Grill:** Cheeseburger  
**Entree:** Beef Nachos  
**Hot Vegetable:** Tater Tots  
**Deli:** Fruit, Yogurt, & Cheese Plate

**Free lunch meals for eligible students – Apply online @ [WWW.MTSD.ORG](http://WWW.MTSD.ORG)**  
**Menus are subject to change daily without notice due to global supply chain shortages**