

LUNCHPAD

NOVEMBER 2023

Daily Breakfast Selections: Assorted Cereals, Pop Tarts, & Breakfast Bars

Daily Fruit Selections: Fresh Whole Fruit and Assorted Fruit Cups

Juice is available daily @ Breakfast/Juice is available on Tuesday & Thursday for Lunch

Daily Rotation of Assorted Fresh Cut Vegetables: Red/Green Peppers, Cucumber Slices, Tomatoes, Carrots, & Broccoli

Daily Milk Selections: Skim Chocolate Milk, 1% White Milk

STUDENT MEAL PRICES:

BREAKFAST: FREE

PAID LUNCH: \$2.70

NOTES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Trojan Favorites (Offered Daily): Cheese Pizza, Pepperoni Pizza, Smucker's Uncrustable Lunch Pack

Breakfast Meal Includes: One Entrée, 2 Fruit Selections, & Milk Selection

Lunch Meal Includes: One Entrée, One Fruit Selection, Two Vegetable Selections, & Milk Selection

Online Menus are available @ www.mtsd.org or www.nutrislice.com

BKFST: Glazed Cinnamon Roll **1**
Grill: Chicken Nuggets
 Garlic Breadstick
Entree: Pancake Bites & Chicken Sausage
Hot Vegetable: Tater Tots
Salad: Chicken Chef
Test Kitchen: Chicken Patty Sliders

BKFST: Egg & Cheese Muffin **2**
Grill: Cheeseburger
Entree: Beef Tacos
Hot Vegetable: Buttered Corn
Deli: Ham & Cheese Sub
Test Kitchen: Cheese Dippers w/ Sauce

BKFST: Vanilla Glazed Donut **3**
Grill: Spicy Chicken Sandwich
Entree: Grilled Cheese
Hot Vegetable: Tomato Soup
 Baked Beans
Salad: Ham Chef
Test Kitchen: Chicken Parmesan FB

NO SCHOOL
11/6 & 11/7

6



Coming Soon!
 Give it a try on
 11/14 & 11/16

7

BKFST: Powdered Sugar Donut **8**
Grill: Cheese Dippers w/ Sauce
Entree: Italian Meatball Sub
Hot Vegetable: Seasoned Green Beans
Salad: Italian Ham
Test Kitchen: Pasta & Meatballs

BKFST: French Toast Sticks **9**
Grill: Cheeseburger
Entree: Waffles & Turkey Sausage Links
Hot Vegetable: Hashbrown
Deli: Turkey & Cheese Sub
Test Kitchen: Mac-n-Cheese w/ Ham



BKFST: Cinnamon Chip Scone **10**
Grill: Spicy Chicken Sandwich
Entree: Chicken Nuggets
 Garlic Breadstick
Hot Vegetable: Baked Beans
Salad: Turkey Chef
Test Kitchen: Veggie Chicken Parm w/ Spaghetti

BKFST: Egg & Cheese Bagel **13**
Grill: Spicy Chicken Sandwich
Entree: Mozzarella Pizza Crunchers w/ Sauce
Hot Vegetable: Seasoned Green Beans
Salad: Egg Chef
Test Kitchen: Beef Soft Tacos

13

BKFST: Banana C.C. Muffin Square **14**
Grill: Cheeseburger
Entree: *Spicy Tzatziki Beef Gyro*
Hot Vegetable: Steamed Broccoli
Deli:
 Pretzel, Yogurt, & Cheese Pack
Test Kitchen:
 Beef Nachos w/ Cheese



BKFST: Strawberry Apple Smoothie **15**
Grill: Mini Corn Dogs
Entree: Bacon Cheeseburger
Hot Vegetable: Baked Beans
Salad: Turkey Chef
Test Kitchen: Beef Soft Tacos

BKFST: Vanilla Glazed Donut **16**
Grill: Chicken Tenders
 Freshly Baked Dinner Roll w/ Butter
Entree: *Spicy Tzatziki Beef Gyro*
Hot Vegetable: Mixed Medley
Deli: Ham & Cheese Sub
Test Kitchen: Nacho Cheese Walking Taco

BKFST: Confetti Mini Pancakes **17**
Grill: Spicy Chicken Sandwich
Entree: Chicken Quesadilla
Hot Vegetable: Curly Fries
Salad: Popcorn Chicken w/ Shredded Cheddar
Test Kitchen: Beef Soft Tacos

BKFST: Cinnamon Biscuit **20**
Grill: Spicy Chicken Sandwich
Entree: Chicken Patty Sliders
Hot Vegetable: Buttered Corn
Salad: Italian Ham
Test Kitchen: Creamy Italian Rice w/ Chicken

20

BKFST: Mixed Berry Scone **21**
Grill: Cheeseburger
Entree: Turkey & Mashed Potatoes w/ Gravy
 Freshly Baked Dinner Roll w/ Butter
 Chocolate Pudding w/ Whipped Cream
Hot Vegetable: Seasoned Green Beans
Deli: Three Cheese Sub
Test Kitchen: Cheese Dippers w/ Sauce

BKFST: Glazed Cinnamon Roll **22**
Grill: Chicken Tenders
 Garlic Breadstick
Entree: French Toast Sticks & Chicken Sausage
Hot Vegetable: Hashbrown
Salad: Ham Chef
Test Kitchen: Orange Chicken & Fried Rice

NO SCHOOL **23**

NO SCHOOL **24**

NO SCHOOL

27

BKFST: Pumpkin Spice Donut Holes **28**
Grill: Cheeseburger
Entree: BBQ Chicken Flatbread
Hot Vegetable: Steamed Broccoli
Deli: Turkey & Cheese Sub
Test Kitchen:
 Sloppy Joe Sandwich



BKFST: Banana Chocolate Smoothie **29**
Grill: Smith's Hot Dog
Entree: Popcorn Chicken Bowl
Hot Vegetable: Buttered Corn
Salad: Turkey Chef
Test Kitchen: Cheese Pizzadilla

BKFST: Homestyle Waffles **30**
Grill: Cheeseburger
Entree: Beef Nachos
Hot Vegetable: Tater Tots
Deli: Fruit, Yogurt, & Cheese Plate
Test Kitchen: Grilled Cheese & Tomato Soup



Free lunch meals for eligible students – Apply online @ WWW.MTSD.ORG

Menus are subject to change daily without notice due to global supply chain shortages