

LUNCHPAD

STUDENT MEAL PRICES:
BREAKFAST: FREE
PAID LUNCH: \$2.70

NOVEMBER 2023

NOTES

Daily Breakfast Selections: Assorted Cereals, Pop Tarts, & Breakfast Bars

Daily Fruit Selections: Fresh Whole Fruit and Assorted Fruit Cups

Juice is available daily @ Breakfast/Juice is available on Tuesday & Thursday for Lunch

Daily Rotation of Assorted Fresh Cut Vegetables: Red/Green Peppers, Cucumber Slices, Tomatoes, Carrots, & Broccoli

Daily Milk Selections: Skim Chocolate Milk, 1% White Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Trojan Favorites (Offered Daily): Cheese Pizza, Pepperoni Pizza, Smucker's Uncrustable Lunch Pack

Breakfast Meal Includes: One Entrée, 2 Fruit Selections, & Milk Selection

Lunch Meal Includes: One Entrée, One Fruit Selection, Two Vegetable Selections, & Milk Selection


Online Menus are available @ www.mtsd.org or www.nutrislice.com

BKFST: Egg & Cheese Biscuit **1**
Grill: Chicken Nuggets
 Garlic Breadstick
Entree: Pancake Bites & Chicken Sausage
Hot Vegetable: Tater Tots
Salad: Chicken Chef

BKFST: Chocolate Filled Crescent **2**
Grill: Cheeseburger
Entree: Popcorn Chicken & Fried Rice
Hot Vegetable: Steamed Broccoli
Deli: Ham & Cheese Sub


BKFST: Cinnamon Breakfast Round **3**
Grill: Spicy Chicken Sandwich
Entree: Grilled Cheese
Hot Vegetable: Tomato Soup
 Baked Beans
Salad: Ham Chef

NO SCHOOL
11/6 & 11/7

6  **7**
Coming Soon!
Give it a try on
11/20 & 11/28

BKFST: French Toast Sticks **8**
Grill: Cheese Dippers w/ Sauce
Entree: Pasta & Meatballs
Hot Vegetable: Seasoned Green Beans
Salad: Italian Ham

BKFST: Powdered Sugar Donut **9**
Grill: Cheeseburger
Entree: French Toast Sticks & Chicken Sausage
Hot Vegetable: Hashbrown
Deli: Turkey & Cheese Sub



BKFST: Cinnamon Chip Scone **10**
Grill: Spicy Chicken Sandwich
Entree: Chicken Nuggets
 Garlic Breadstick
Hot Vegetable: Baked Beans
Salad: Turkey Chef

BKFST: Egg & Cheese Bagel **13**
Grill: Spicy Chicken Sandwich
Entree: Mozzarella Pizza Crunchers w/ Sauce
Hot Vegetable: Steamed Broccoli
Salad: Egg Chef

BKFST: Banana C.C. Muffin Square **14**
Grill: Cheeseburger
Entree: Chicken Parmesan Flatbread
Hot Vegetable: Seasoned Green Beans
Deli: Pretzel, Yogurt, & Cheese Pack

BKFST: Strawberry Apple Smoothie **15**
Grill: Mini Corn Dogs
Entree: Turkey & Mashed Potatoes w/ Gravy
 Freshly Baked Dinner Roll w/ Butter
 Pumpkin C.C. Muffin Square
Hot Vegetable: Buttered Corn
Salad: Turkey Chef


BKFST: Vanilla Glazed Donut **16**
Grill: Chicken Tenders
 Freshly Baked Dinner Roll w/ Butter
Entree: Bacon Cheeseburger
Hot Vegetable: Baked Beans
Deli: Ham & Cheese Sub



BKFST: Confetti Mini Pancakes **17**
Grill: Spicy Chicken Sandwich
Entree: Chicken Quesadilla
Hot Vegetable: Curly Fries
Salad: Popcorn Chicken w/ Shredded Cheddar

BKFST: Sausage Biscuit w/ Cheese **20**
Grill: Spicy Chicken Sandwich
Entree: *Spicy Tzatziki Beef Gyro*
Hot Vegetable: Steamed Broccoli
Salad: Italian Ham

BKFST: Mixed Berry Scone **21**
Grill: Cheeseburger
Entree: Nacho Cheese Walking Taco
Hot Vegetable: Buttered Corn
Deli: Three Cheese Sub



BKFST: Glazed Cinnamon Roll **22**
Grill: Chicken Tenders
 Garlic Breadstick
Entree: French Toast Sticks & Chicken Sausage
Hot Vegetable: Hashbrown
Salad: Ham Chef


NO SCHOOL **23**

NO SCHOOL **24**

NO SCHOOL **27**

BKFST: Pumpkin Spice Donut Holes **28**
Grill: Cheeseburger
Entree: *Spicy Tzatziki Beef Gyro*
Hot Vegetable: Steamed Broccoli
Deli: Turkey & Cheese Sub

BKFST: Banana Chocolate Smoothie **29**
Grill: Smith's Hot Dog
Entree: Popcorn Chicken Bowl
Hot Vegetable: Buttered Corn
Salad: Turkey Chef



BKFST: Homestyle Waffles **30**
Grill: Cheeseburger
Entree: Beef Nachos
Hot Vegetable: Tater Tots
Deli: Fruit, Yogurt, & Cheese Plate

Free lunch meals for eligible students – Apply online @ WWW.MTSD.ORG

Menus are subject to change daily without notice due to global supply chain shortages