



Richard Maghakian
Memorial School
22 Milford St.
Brookline, NH 03033
Phone 603-673-4640
Fax 603-673-4785
Rmms-office@sau41.org

Brookline Bulletin

October 27, 2023
Volume 3, Issue 4



Captain Samuel
Douglass Academy
24 Townsend Hill Rd.
Brookline, NH 03033
Phone 603-821-0439
Fax 603-810-6651
csda-office@sau41.org



Dates to remember

Oct. 30 Picture Re-take day
Oct. 31 RMMS Halloween Celebration, see page 3
Nov. 1 NO SCHOOL Professional Development
Nov. 10 NO SCHOOL Veteran's Day
Nov. 21 EARLY RELEASE RMMS at 12:45 pm
CSDA at 12:55 pm
Nov. 22-24 NO SCHOOL Thanksgiving Break
Nov. 29 School Board Meeting 6:00 p.m.



Lost and Found

Our lost and found is full! Please ask your child to check for lost items.

Unclaimed items will be donated during Thanksgiving Break.



CSDA Happenings

Grade 4: Fourth graders are adding details to their realistic fiction stories such as dialogue and editing their introduction to "hook" their readers. In math, we are practicing two multiplication strategies: partial products and the standard algorithm.

Grade 5: This week we started multi-digit multiplication. Next week, we will dive deeper into multiplication strategies.

Grade 6: Sixth graders are working hard in their new pilot math programs, either Illustrative Math or Eureka Squared. We are also using the book, *Wonder*, to study character traits and analytical reading strategies.

CSDA Unified Arts: In art, fourth graders are reviewing the color wheel and mixing their own secondary colors. Fifth graders are making mixed media dragon eggs. Sixth graders are drawing 'Mr. Bones' or other skeletons, including dragons, mermaids, and centaurs. Have a wonderful weekend!

Mrs. Bouley



RMMS Happenings

Pre-K: Next week, preschoolers will finish their Fall theme. They will count spiders, play bingo, and carve a pumpkin.

Grade K: Next week, kindergarteners will be introduced to speech bubbles during Writing Workshop. This will support students as they work to add in the exact words their characters say in their narrative writing.

Grade 1: First graders will celebrate Halloween through art, reading and writing. In math, they will learn about strategies for solving addition problems up to 20.

Grade 2: Second graders are excited to do some Halloween math and read some Halloween stories. They will work on place value and adding bigger numbers in math.

Grade 3: Next week, third graders will be engaging in Halloween themed curriculum activities while continuing to explore opinion writing, mystery story elements, multiplication facts, and word study work.

RMMS Unified Arts: In physical education, students are working on soccer. Classes are focusing on soft touches and close control. Kindergarten students are working on movement concepts and dancing. In Health class, students are working on germ prevention, hygiene, and hand washing.

Have a wonderful weekend!
Mr. Molinari

**CSDA & RMMS
HEALTH OFFICE UPDATES
OCTOBER 27, 2023**

OCTOBER is ADHD AWARENESS MONTH



Get the Facts about ADHD - ADHD is a brain-cognitive disorder, a developmental impairment of executive functions." — Thomas E. Brown, Ph.D.
The symptoms of ADHD vary by individual with inattention, distractibility, disorganization, time blindness and impulsivity being some. ADHD can often be in conjunction with another diagnosis. See the resources below for more information.

<https://www.additudemag.com/adhd-awareness-month-2023-then-now/>

<https://www.cdc.gov/ncbddd/adhd/documents/adhdfactsheetenglish.pdf>



HALLOWEEN SAFETY TIPS

TRICK or TREAT: Wait until children are home to sort and check treats before eating them. Though tampering is rare, it can happen. A responsible adult should closely examine all treats and throw away any spoiled, unwrapped or suspicious items. Give your child a good meal before trick-or-treating to discourage sampling. More tips here on costumes, street safety, etc <https://www.healthychildren.org/English/safety-prevention/all-around/Pages/Halloween-Safety-Tips.aspx>

FLU SEASON - Where to find Flu Vaccines?

<https://www.vaccines.gov/find-vaccines/>

Enter your zip code for locations -or- check with your healthcare provider.



Mental Health Resources

Emergency Resources are available in **NH Rapid Response** via **Call/Text 833-710-6477** or Chat www.nh988.com



Be prepared with Free COVID Test Kits as the COVID virus continues to circulate in communities

Each household can obtain 4 free rapid COVID test kits. It is easy to request the kits at this link. <https://www.covid.gov/tests>

COVID GUIDELINES & RESOURCES:

Q: What symptoms should I look for with the latest covid variant?

A: People with the latest COVID-19 variant are primarily reporting: sore throat, cough, congestion and runny nose. Other symptoms may include fatigue, headache, nausea, vomiting, diarrhea, loss of taste and/or smell, fever, chills, body aches, shortness of breath or difficulty breathing.

Q. What should I do if my child has symptoms or a positive COVID test?

A. If your child has symptoms, obtain a COVID test. If your child tests positive for COVID stay home and begin to isolate. **Contact your child's school nurse to determine a return to school plan.** The link below CDC guidelines, includes a calculator to determine isolation and masking calculator embedded in them.

www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html

People who are exposed to someone else with COVID-19 should wear a mask, watch for symptoms and follow CDC guidelines:

www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html

School Nurse Contact Information

CSDA:

Maureen Lorden, RN
maureen.lorden@sau41.org
Phone: 603-821-0439

RMMS:

Covering/District Float Nurse
Diana Zoltko, RN
diana.zoltko@sau41.org
Phone: 603-673-4640

RMMS:

Tena Ferenczhalmy, RN
tena.ferenczhalmy@sau41.org
Phone: 603-673-4640



RMMS Halloween Celebration

Dear Families,

Our Halloween Celebration will take place on Tuesday, October 31st! In the event that the weather does not cooperate with outdoor viewing, we will have a school parade inside with students and teachers only.

Below is the agenda for our Halloween festivities:

1:20 - 1:40

Students will use this time to get into their costumes before the parade. Staff members will be on hand to help students. * ***Please note, students are not allowed to wear costumes on the bus. Along with this, costumes with scary makeup, violent masks or weaponry will not be allowed in the parade.***

1:40 - 1:45

Classes will line up in the gym. Grade 3, 2, 1, K, PreK

1:45 - 2:10

We would like to welcome all families to come attend our annual school-wide parade! Families can view the parade from the back parking lot, playground area, or from the Milford Street parking lot. You will not need to check into the office to view the parade. **The parade route will circulate twice** and will begin at the gym exit doors and go around the school by the playground. Students will re-enter the school at the Milford Street entrance.






A.M. Preschool students are welcome to come and join in the parade. If you plan to participate, please bring your child to the gym/kitchen back door to meet with Mrs. Rogers. Preschoolers will be last out the door for the parade. At the end of the parade, please meet your child at the Milford Street door after the second loop.

Classroom Parties - Please note that classrooms are only accepting volunteers who have already been approved as district volunteers. School-wide celebrations will also be celebrated in ways that do not include food items. Teachers will be sharing more information in upcoming classroom newsletters. Thank you!

11:15 - Grade 2 Party
12:00 - Grade 1 Party
12:15 - Grade 3 Party
12:30 - Grade K Party

Thank you!

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 <ul style="list-style-type: none"> Crumb Cake Fruit, 100% Juice, Milk 	31 Happy Halloween! <ul style="list-style-type: none"> Vanilla Yogurt Scobby Snacks Fruit, 100% Juice, Milk 	1  No School - Professional Day	2 <ul style="list-style-type: none"> Cinnamon Roll Fruit, 100% Juice, Milk 	3 Breakfast Favorites Fruit, 100% Juice, Milk
6 <ul style="list-style-type: none"> Blueberry Muffin Fruit, 100% Juice, Milk 	7 <ul style="list-style-type: none"> Breakfast Bun Fruit, 100% Juice, Milk 	8 <ul style="list-style-type: none"> Crumb Cake Fruit, 100% Juice, Milk 	9 Breakfast Favorites Fruit, 100% Juice, Milk	10 
13 <ul style="list-style-type: none"> Chocolate Chip Muffin Fruit, 100% Juice, Milk 	14 <ul style="list-style-type: none"> Breakfast Bar Fruit, 100% Juice, Milk 	15 <ul style="list-style-type: none"> Apple Cinnamon Muffin Fruit, 100% Juice, Milk 	16 <ul style="list-style-type: none"> Cinnamon Roll Fruit, 100% Juice, Milk 	17 Breakfast Favorites Fruit, 100% Juice, Milk
20 Breakfast Favorites Fruit, 100% Juice, Milk	21 Breakfast Favorites Fruit, 100% Juice, Milk	22 	23 	24 
27	28	29	30	1

Menu is Subject to Change

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 10/27/2023 at 11:55 am .

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 <ul style="list-style-type: none"> • Popcorn Chicken • WG Dinner Roll • Lemon Zest Broccoli • Fresh Baby Carrots • Fruit Cocktail Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special 	31 <p>Happy Halloween!</p> <ul style="list-style-type: none"> • Spooky Sprinkle Pancakes w/ Bones... (sausage link) • Jack o' Lantern Fries • Orange Cream Frozen Juice Cup Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick Sandwich Special 	1  <p>No School - Professional Day</p>	2 <ul style="list-style-type: none"> • Hot Dog on a Roll • Seasoned Potato Wedges • Baked Beans • Orange Smiles Cold Entrée Choices • Yogurt Lunch Sandwich Special • Sunbutter & Jelly Sandwich w/ Cheese Stick 	3 <ul style="list-style-type: none"> • Gill's Fresh Cheese Pizza Salad Fruit Choice Cold Entrée Choices • Yogurt Lunch Sandwich Special • Sunbutter & Jelly Sandwich w/ Cheese Stick
6 <ul style="list-style-type: none"> • Crispy Chicken Tenders • Breadstick • Glazed Carrots • Applesauce Cold Entrée Choices • Yogurt Lunch Sandwich Special • Sunbutter & Jelly Sandwich w/ Cheese Stick 	7 <ul style="list-style-type: none"> • Nacho Bar Deluxe • Seasoned Meat & Cheese over Chips Salsa • Seasoned Corn • Pears Cold Entrée Choices • Yogurt Lunch Sandwich Special • Sunbutter & Jelly Sandwich w/ Cheese Stick 	8 <p>New ~Pizza Crunchers</p> <ul style="list-style-type: none"> • Marinara Dip Cup Salad • Pineapple Tidbits Cold Entrée Choices • Yogurt Lunch Sandwich Special • Sunbutter & Jelly Sandwich w/ Cheese Stick 	9 <p>Thanksgiving Feast ~</p> <ul style="list-style-type: none"> • Sliced Turkey, Gravy Biscuit • Creamy Mashed Potatoes Fresh Green Beans Fruit Choice Cold Entrée Choices • Yogurt Lunch Sandwich Special • Sunbutter & Jelly Sandwich w/ Cheese Stick 	10 
13 <ul style="list-style-type: none"> • Chicken Patty on a Bun • Baked Beans • Savory Green Beans • Sliced Peaches Cold Entrée Choices • Yogurt Lunch Sandwich Special • Sunbutter & Jelly Sandwich w/ Cheese Stick 	14 <ul style="list-style-type: none"> • Pasta & Meatsauce • Garlic Texas Toast • Steamed Broccoli • Mandarin Oranges Cold Entrée Choices • Yogurt Lunch Sandwich Special • Sunbutter & Jelly Sandwich w/ Cheese Stick 	15 <ul style="list-style-type: none"> • Waffles • Breakfast Sausage Patty • Crispy Tater Tots • Fresh Baby Carrots • Craisins Cold Entrée Choices • Yogurt Lunch Sandwich Special • Sunbutter & Jelly Sandwich w/ Cheese Stick 	16 <ul style="list-style-type: none"> • Crispy Chicken Nuggets • Buttered Noodles • Sweet Potato Waffle Fries • Fresh Apple Slices Cold Entrée Choices • Yogurt Lunch Sandwich Special • Sunbutter & Jelly Sandwich w/ Cheese Stick 	17 <ul style="list-style-type: none"> • Gill's Fresh Cheese Pizza Salad Fruit Choice Cold Entrée Choices • Yogurt Lunch Sandwich Special • Sunbutter & Jelly Sandwich w/ Cheese Stick
20 <ul style="list-style-type: none"> • Chicken Favorites • WG Dinner Roll • Veggies • Fruit Cocktail Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick 	21 <p>Early Release</p> <ul style="list-style-type: none"> • Cook's Choice Veggies Fruit Cold Entrée Choices • Yogurt Lunch • Sunbutter & Jelly Sandwich w/ Cheese Stick 	22 	23 	24 
27	28	29	30	1

Milk & Fruit Choices Available With Each Meal

Menu is Subject to Change

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 10/27/2023 at 11:56 am .

RETAKE PICTURE DAY

IS ALMOST HERE!

Día de retoma de fotos ya casi está aquí!



Picture day
Día de fotos

10-30-23



Absent students

Día de fotos

If you are having your picture taken for the first time because you were absent on Picture Day, have your photo taken on Retake Day and you will receive your photo proof after the event! This proof sheet will also have information on how to order!

Retake students

Día de fotos

If you received your picture package and are unsatisfied, just return your package & proof sheet to the photographers on Retake Day and have your photo retaken. We will replenish your package at no cost!

Remember to bring in your
original picture proof

Acuérdate de traer la prueba fotográfica original



ESTUDIANTES AUSENTES

El día de retoma de fotos es la oportunidad para aquellos estudiantes que estuvieron ausentes el día de fotos original. Recibira su prueba de foto después del evento. Su prueba también tendrá información sobre cómo completar su pedido.

RETOMAS

Si recibe su paquete de fotos y no esta satisfecho, sólo tienes que devolver su paquete y la hoja de pruebas a los fotógrafos el día de retoma y le tomamos su foto de nuevo. Repondremos su paquete sin coste alguno.



Geskus Studios & Yearbook Publishing

Questions? We're here to help:
¿Preguntas? Estamos aquí para ayudarle.
www.wearegeskus.com/support
(800) 948-1120 ext. 1

Captain Samuel Douglass Academy

HAVE YOU HEARD ABOUT OUR **BROOKLINE FOOD PANTRY?**

Currently accepting donations and supporting families in Brookline and Hollis!

HOW OUR SCHOOLS CAN HELP



Most needed items for October:

- Canned potatoes
- Canned yams
- Chicken & turkey broth
- French Onion strips
- Canned beets
- Canned carrots
- Quick bread mixes
- Cake mixes & frosting
- Pudding (instant and cooking)
- Jello
- Ready Pie Crust (Graham Cracker)
- Crackers (Saltines, Ritz, etc)
- Oat milk
- Evaporated/Condensed milk
- Paper towels

All families welcome- please spread the word to community friends and neighbors.



Thanks to our PTO, you may purchase the most needed items through Amazon:

<https://www.amazon.com/registries/gll/guest-view/11J6079RAHQIX>

**AND BE ON THE LOOKOUT FOR SCHOOL DONATION
EVENTS HAPPENING SOON! THANK YOU FOR YOUR
CONTINUED SUPPORT!**

Silver Lake

and the

CYANOBACTERIA PROBLEM



November 1 @ Lawrence Barn, Hollis, NH

Join in-person or virtually to learn about the worsening environmental challenges faced by Hollis' Silver Lake, and what we can do to overcome them.

6:45pm Refreshments

7pm Seminar Start

Not a School Sponsored Event