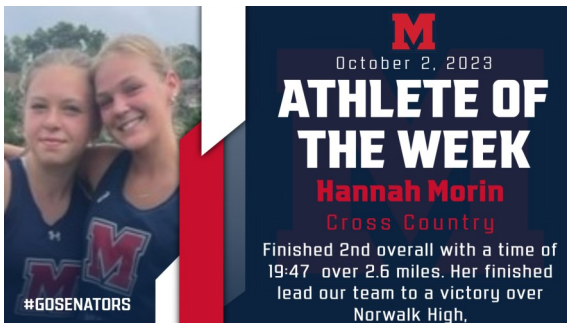
BMHS ATHLETICS

2023-2024 - VOLUME 2 - 10-22-23

<u>PROUD TO BE A SENATOR!</u> This week our regular season wraps up for all sports except for football. Senator Nation had an extremely impressive record this fall against our city rival, Norwalk High. Boys and girls soccer, boys and girls cross country, volleyball, and golf, all won convincingly to put our fall record at 6 wins and 1 loss. A win on Thanksgiving Day will make this one of the best seasons in recent memory.





The BOYS AND GIRLS CROSS COUNTRY teams competed last week in the FCIAC tournament at Waveny Park in New Canaan. Riley O'Hara finished first for the Senators with an average mile time of 6:08 in the 3.1 mile course. Theo Beaven was a close second with a 6:19 average mile. Hannah Morin finished in the top half for the girls' team with an average mile of 6:59. Both teams look forward to competing in the Class LL meet at Wickham Park this Saturday.

BOYS SOCCER finishes this week on the road vs. Darien. They currently have a 9-5-1 record and they are seeded in 4th place in the FCIAC and 12th in Class LL. A win against Darien will earn them a home game in both tournaments. Last week they beat Norwalk High 4-2 in front of an amazing crowd. Coach Guzman and his boys look to play deep into tournament play this fall.



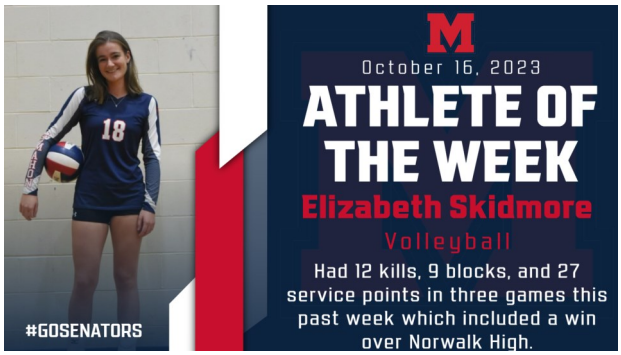


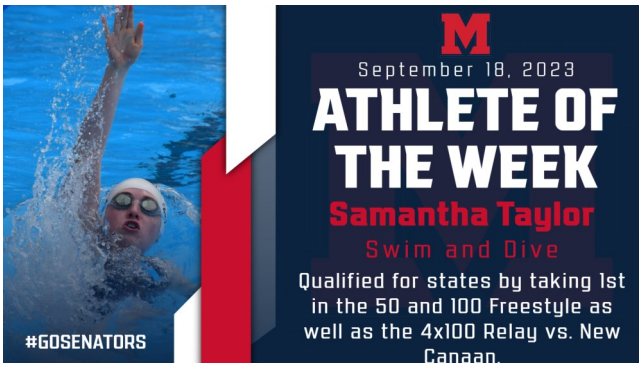


This newsletter is dedicated to the memory of Ty Guarente (Class of 2012).

John Cross, Athletic Director, 203-852-9488 ext. 11246, crossj@norwalkps.org

VOLLEYBALL has a 9 wins through seventeen games this season. A strong three-game finish will earn them a trip to the FCIAC tournament and a possible home game in the Class LL tournament, currently seeded 16th. Earlier in the season, they won the First Serve tournament and Amaya Acevedo was named MVP. They beat Norwalk High 3-0 during their intra-city match.





The SWIM AND DIVE TEAM looks to have a winning season as they enter their final meet of the season on Senior Night against Darien. Standing out for the Senators this year are seniors Samantha Taylor and Alison Kolman. Earlier in the season, the team bested Staples High School for the first time in a decade, helping them to earn the Ruden Report Team of the Week.

The GOLF TEAM won the Courville Cup for the second consecutive year over the Bears two weeks ago. Mac Lawton earned the Connolly Cup for having the best score of the day. Last week, Mac finished tied for 12th with five other golfers in the FCIAC Hap Holahan Golf Tournament. His play this season qualified him for the State tournament, an honor a McMahon golfer has not earned since 2013.





The FIELD HOCKEY TEAM will honor their seniors this Wednesday night against St. Joseph at 7:00 PM. A victory will put them at 4 wins for the second year in a row.

FOOTBALL is having a strong showing this season with a 4-2 record, 7th in Class LL. Coach Queiroga has the boys playing well, winning three in a row and averaging 34 points per game on the season. All eyes will be on the game this Friday night against Ludlowe, 4-2. Their next and final home game is on November 3rd against Wilton.



GIRLS SOCCER will honor their seniors on Monday night during their final regular season game against Darien. Their 8-5-2 record has them fighting for the final spot in the FCIAC tournament. A win will place them in the tournament and it could earn them a home game in the Class LL tournament, currently seeded 17th.

They retained the Boczer Cup with their 3-0 victory over Norwalk. Grace Simpson earned the Chelsea Cohen MVP award for scoring a hat trick in the win.

WEBSITE CHANGE - mcmahonathletics.com will no longer be an active website beginning November 1st. We hope to migrate to the Brien McMahon High School website prior to that date. Stay tuned for social media updates.

HUDL TV has worked smoothly for most of the season on Casagrande and in Kehoe/King. Field Hockey games are listed as girl soccer games because the algorithms used by the automated system are better for streaming purposes. Soccer games have not gone well. Camera updates and cellular problems have caused a less-than-desirable outcome. I am working on rectifying this problem.

WINTER SPORT REGISTRATION is now open. We offer boys and girls basketball, wrestling, boys and girls indoor track, and fencing. We also offer cooperative opportunities in boys' and girls' ice hockey, and boys' swim and dive.



Parents start the winter registration process at FinalForms. Registration closes November 20th and all students will need to have at least a 1.7 GPA to participate.

D1 TRAINING will be at McMahon twice a week beginning Wednesday, October 25th from 2:30 - 3:30 PM. Register at.gosenators.org, only 10 spots remain.

STUDENT JOURNALISM - The FCIAC started a program this year to have students from each school report on sporting events. Hannah Garzancich proudly submitted the first article this year. Grace Simpson also contributed a story. Also visit the McMahon Archive for other student stories.

TRANSPORTATION issues are popping up and athletes are riding on coach buses. Our transportation carrier, Durham Schools, is struggling to cover extracurricular trips that occur immediately after school between 2:15 PM and 4:00 PM. When this occurs I am forced to hire an outside vendor.





<u>FRED BALSALMO SPORTSMANSHIP AWARD</u> Brien McMahon was honored at the CIAC Leadership Conference for initiatives taken by the athletic department to promote sportsmanship at games and to support our officials.

<u>National Signing Day</u> is Wednesday, November 8th for all future Division 1 and Division 2 athletes. If you are signing a letter of intent please contact John Cross by 10-31.

<u>GAME TICKETS</u> We will use Ticket Spicket for all of our varsity and junior varsity volleyball matches, wrestling matches, varsity and junior varsity basketball games, our varsity football games, and any of our varsity contests against Norwalk High on Casagrande field. Season and All-Access Passes are a fundraiser for our athletic department and the proceeds help to better the student-athlete experience. Passes are significantly cheaper than individual game tickets and they do not include post-season contests.

Season Pass Fall or Winter	All-Access Pass	Individual Game Tickets	Game Day
Access to 10-15 varsity events.	Access to 40+ varsity events	Purchased prior to the game online.	Purchased at the gate.
Adults - $20 Students - $15	Adults - $50 Students - $35	Adults - $6.00 Students - $4.00	All tickets - $8.00

Go to mcmahonathletics.com and look for the “Ticket Spicket” link.

<u>MCMAHON ATHLETIC CLUB</u> Our all-sports booster club is once again helping to improve the well-being of our student-athletes. Tjhye hosted a pre-game tailgate prior to our homecoming game against Westhill. This summer they sponsored Speed/Agility/Change of Direction training with D1 Training. Look for upcoming McMahon Athletic Club events at gosenators.org.

Join SportsYou our sports communication platform. This tool will allow the entire athletic program to connect and communicate. Instructions for joining SportsYou can be found by clicking here and scrolling down the page until you find your team's instructions.

Brien McMahon Athletics is Inclusive of Different Religions and Cultural Customs

If you are planning to participate in athletics at Brien McMahon High School, you may dress in accordance with your religious and/or cultural customs, as long as they are safe and are consistent with NFHS policy. You may wear a head covering and clothes that cover your body during tryouts, practices, and games; for example, a long

Sport Schedules - Find them here

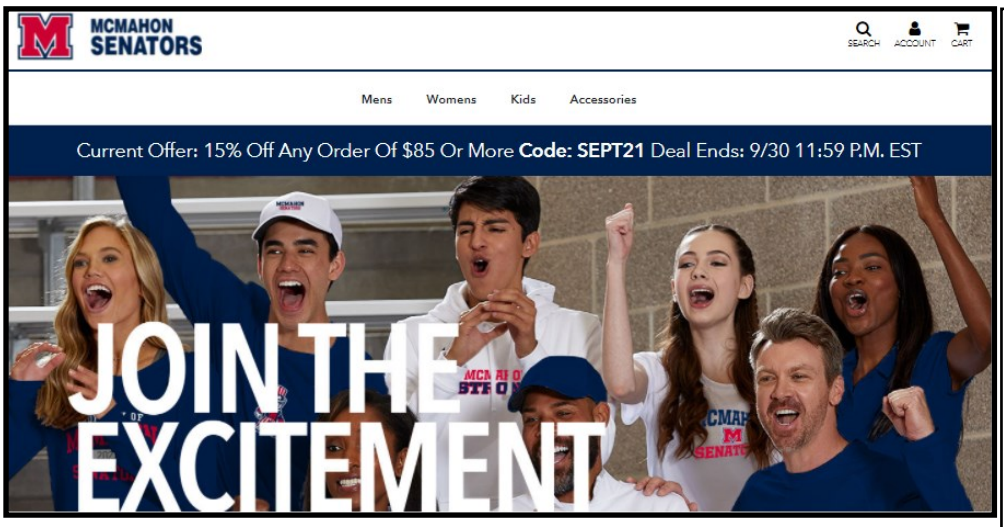
Varsity Lettering Requirements - Find them here

Alternate Transportation Requests - Find them here

The Next Street - Find them here

Coaches Contact Information - Find them here

the ROWAYTON CIVIC ASSOCIATION





SWAG Look your best! Purchase McMahon clothing on our Sideline Store. This isn't just for athletic teams. Customize your apparel for the club/ organization that you are part of at McMahon.

STUDENT DRIVERS Getting your license is a big deal, but it shouldn't be a big hassle. Brien McMahon is partnered with @thenextstreet to bring you Driver's Ed. With their courses, you can take driving lessons right from school. You can take classes in any order, whenever they're offered all on Zoom. With new classes starting daily, and over 40 class sessions a day, Driver's Ed fits into even the busiest schedules. Sign up today with @thenextstreet through McMahon.