

NOVEMBER 2023

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.

BREAKFAST IN THE CLASSROOM



MONDAY

DID YOU KNOW?
Native American Heritage Month first evolved from "American Indian Week," which President Reagan proclaimed on the week of November 23-30, 1986. In 1990, President George H. W. Bush approved a joint resolution designating November 1990 as National American Indian Heritage Month, commonly referred to as Native American Heritage Month.

French Toast Sticks
OR Mini Bagel

6

BEAN & CHEESE BURRITO
OR MUFFIN BASKET
OR PIZZA LUNCHABLE
Corn, Peaches, Salsa & Milk

TUESDAY

Breakfast Burrito
OR Mini Pancakes

7

PIZZA
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH
Lettuce, Tomato, Pickle Green Beans, Strawberry Slice & Milk

French Toast Sticks
OR Crumb Cake

14

CHEESE STUFFED STICKS
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH
Lettuce, Tomato, Pickle Broccoli, Pears, Marinara Sauce Cup, Cookie, Milk

WEDNESDAY

Breakfast Burrito
OR Banana Bread

1

CHICKEN NUGGETS & CORN MUFFIN
OR MUFFIN BASKET
OR TURKEY & CHEESE LUNCHABLE
Broccoli, Applesauce, Strawberries, Milk

Breakfast Pizza
OR Crumb Cake

8

BBQ CHICKEN FILET
OR CORN MUFFIN BASKET
OR LUNCHABLE TURKEY & CHEESE
Roll, Potato, Gravy, Broccoli, Applesauce & Milk

THURSDAY

Mini Waffles
OR Muffin Assortment

2

ORANGE CHICKEN W/ RICE
OR NACHO CHEESE & CHIPS
OR TURKEY SANDWICH
Lettuce, Tomato, Pickle Green Beans/Carrots, Pears, Orange Slices, Milk

Breakfast Burrito
OR Mini Pancakes

16

SLOPPY JOES
OR NACHO CHEESE & CHIPS
OR TURKEY HAM SANDWICH
Lettuce, Tomato, Pickle Mayo/Mustard, Potato Wedge, Corn, Strawberry Slices, Milk

FRIDAY

Breakfast Pizza
OR Crumb Cake

3

CORN DOG
OR EZ JAMMER
Chips, Ketchup, Mustard, Mayo, Pears, Milk

Muffin Assortment
OR Pop Tart
w/Cheese Stick

10

HAMBURGER or CHEESE BURGER
OR EZ JAMMER
Lettuce, Pickle, Tomato, Chips, Strawberry Slice, Ketchup, Mayo, Mustard, Milk

Mini Waffles
OR Berry Apple Crisp Bar

13

CHICKEN NUGGETS & CORN MUFFIN
OR MUFFIN BASKET
OR PIZZA LUNCHABLE
Peaches, Ketchup, BBQ Sauce, Milk

French Toast Sticks
OR Mini Bagel

21

MAC AND CHEESE
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH
Lettuce, Pickle, Tomato Broccoli, Strawberry Slice, Cookie, Milk

Breakfast Pizza
OR Mini Bagel

15

TURKEY STEAK DINNER
OR CORN MUFFIN BASKET
OR TURKEY & CHEESE LUNCHABLE
Roll, Potato, Gravy, Stuffing, Green Beans, Applesauce, Cranberry Sauce, Pudding Pie & Milk

Breakfast Burrito
OR Mini Pancakes

16

SLOPPY JOES
OR NACHO CHEESE & CHIPS
OR TURKEY HAM SANDWICH
Lettuce, Tomato, Pickle Mayo/Mustard, Potato Wedge, Corn, Strawberry Slices, Milk

Muffin Assortment
OR Pop Tart
w/Cheese Stick

17

SPICY/REG CHICKEN SANDWICH
OR EZ JAMMER
Lettuce, Pickle, Tomato, Chips, Pears, Ketchup, Mayo, Mustard, Milk

Mini Pancakes
OR Berry Apple Crisp Bar

20

DRUMSTICK & CORN MUFFIN
OR MUFFIN BASKET
OR PIZZA LUNCHABLE
Green Beans, Peaches, Milk

French Toast Sticks
OR Mini Bagel

21

MAC AND CHEESE
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH
Lettuce, Pickle, Tomato Broccoli, Strawberry Slice, Cookie, Milk

22

23

24

THANKSGIVING RECESS

French Toast Sticks
OR Mini Bagel

27

POPCORN CHICKEN W/ WAFFLES
OR MUFFIN BASKET
OR PIZZA LUNCHABLE
Broccoli, Peaches, Syrup, Snickerdoodle & Milk

Breakfast Burrito
OR Mini Pancakes

28

CHILI W/ CHIPS & CHEESE
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH
Lettuce, Pickle, Tomato Corn, Pears, Milk

Breakfast Pizza
OR Crumb Cake

29

CHICKEN NUGGETS & CORN MUFFIN
OR MUFFIN BASKET
OR TURKEY & CHEESE LUNCHABLE
Strawberries Slices, Ketchup, BBQ Sauce, Milk

Mini Waffles
OR Banana Bread

30

TERIYAKI CHICKEN W/ RICE
OR NACHO CHEESE & CHIPS
OR TURKEY HAM SANDWICH
Lettuce, Tomato, Pickle Green Beans/Carrots, Mixed Fruit, Milk

2023-2024 MEAL PRICES

PAID ELEMENTARY MEALS
Breakfast **Free**
Lunch **\$2.00**
ADULT MEALS & 2nd STUDENT MEALS
Breakfast **\$2.75**
Lunch **\$3.75**

This school participates in the BREAKFAST IN THE CLASSROOM PROGRAM. All students are eligible for FREE breakfast daily and will eat in their classrooms with their classmates at the beginning of the school day.

During LUNCH, students must choose at least 3 of the following 5 components: **Low-fat milk, whole grains, fruits, vegetables, and protein.** When choosing ingredients and entrees to serve for our program we look for foods that are **lean, low-fat, low-sodium, low-sugar, and whole grain rich.** Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

Salad bar is offered daily. Items may vary from site to site. See interactive menus on district website for additional nutritional information.
<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL.