

Kindergarten Module 4

Happy Healthy Me

Essential Question: How can I be my healthiest me?

Get Curious Video, Week 1: Rise and Shine

Wrap-Up Video, Week 4: Clean Your Mitts

Overview

In this module we teach kindergarteners to take good care of their bodies, we're not just helping them feel great today. We're helping them form healthy habits to carry throughout their lives.

Children learn the essentials of healthy living, like eating well, exercising, and practicing good hygiene. They also see that being "my healthiest me" is a blast: It's playing basketball, it's swinging on the monkey bars, it's eating a rainbow of foods. And after fun, active days, it's a good night's sleep.

Students will learn as writers they can do research to learn about a topic they don't already know. They will learn that they can use experts as sources and online sources to find information about a topic. They will learn to state a central idea and provide key details. Students will work collaboratively to draft, revise, and edit a research report as a class. Independently, students will choose a type of exercise to write a research report on and write about one way sleep helps people.

Inquiry Based and Research Project: Happy Healthy You Blog

Background/Theme: Children will work together to create a class blog about healthy living.

Goal: Children will brainstorm topics, gather resources, write, publish, and share their blog posts.

Science Connection: NY Elevate Sciences

Needs of Living Things Unit- Needs of People - By the end of this lesson, students should be able to identify what people need to survive.

K-LS-1: Use observations to describe patterns of what plants and animals (including humans) need to survive.

Module 4 Essential Question: *How can I be my healthiest me?*

Vocabulary			
Topic Words <i>Happy Healthy Me</i> : energy, exercise, healthy KL5c , KL6 Academic Vocabulary <i>Being Fit</i> : active, stretch, weight KL5c , KL6			
Reading		Writing	
Required Resources	Priority Skills & Instructional Vocabulary	Required Resources	Priority Skills
Read Aloud Book: <i>Being Fit</i> KR6, KR7 Big Book: <i>Germs are Not For Sharing</i> KR6 Academic Vocabulary Word Cards: <i>active, stretch, weight.</i> Display and Engage: <i>Knowledge Map 4</i> Anchor Charts: <i>Ask and Answer Questions, Text Features, Central Idea and Key Details,</i> Chart Paper and markers: <i>Interactive anchor chart</i>	Ask and Answer Questions KR1 Topic, Central Idea, and Key Details* KR2 Oral Language: Academic Vocabulary KL6 Use Text Features KRF1 Print Concepts: Directionality KRF1a Bold = priority skill *Assessed at end of week or end of module	Anchor Chart: Research Writing, Uppercase Letters, Nouns 3 Display and Engage: Research Writing Model 4.1 Printable: What Do You Wonder? p.47 <i>from Weekly Practice Bundle</i> Chart paper and markers for Interactive Writing	Research Writing Ideas: Generating Questions KW2, KW6, KW7 Grammar: Sentences and Capitalization KL2f Bold = priority skill *Assessed at end of week or end of module

Foundational Skills		Grammar Skills	
Required Resources: Lesson Slides: <i>HMH website, lesson 1-5</i> Printable: <i>Build Words 4.1</i> Alphafriend Card/s: <i>Gg, Kk</i> Letter Cards: <i>a, b, d, g, i, k, p, t, s</i> Know it, show it Workbook: <i>pp 97-102</i> Words to Know Word Cards: <i>big, good, his, very</i> Read Decodable Text (<i>Start Right Reader</i>) Book 7: <i>Ducks, pp. 4–11</i> <i>Kip pp. 12-19</i>	Identify Initial Sounds KRF2d, KRF3a Isolate Final Sounds KRF2d, KRF3a Identify and Produce Alliterative Words KRF2d, KRF3a Phonics: Consonants g and k KRF1d, KL1a High-Frequency Words: Words to Know KRF3d Read Decodable Text (<i>Start Right Reader</i>) KRF1a, KRF1c, KRF4	Required Resources: Anchor Chart: Uppercase Letters, Nouns 3 Display and Engage: Grammar 4.1 Printable: Uppercase in Front p.48, The Big Ideas p. 49 <i>from Weekly Practice Bundle</i>	Priority Skills: Sentences and Capitalization KL2f

Week 2	Vocabulary			
	Topic Words <i>REVIEW</i> : energy, exercise, healthy KL5c, KL6			
	Academic Vocabulary <i>Get Up and Go!</i> : muscles, relaxing, take care KL5c, KL6			
	Reading		Writing	
	Required Resources	Priority Skills & Instructional Vocabulary	Required Resources	Priority Skills
	Read Aloud Book: <i>Get Up And Go! KR1, KR2</i> Big Book: <i>Stretch KR6</i> Academic Vocabulary Word Cards: <i>muscles, relaxing, take care</i> Display and Engage: <i>Knowledge Map 4</i> Anchor Charts: <i>Ask and Answer Questions, Give a Summary, Central Ideas and Key Details, Shades of Meaning</i> Chart Paper and markers: <i>Interactive anchor chart</i>	Ask and Answer Questions KR1 Identify Topic, Central Idea, and Key Detail*s KR2 Oral Language: Academic Vocabulary KL6 Use Text Features KR7 Story Elements: Characters, Setting, Events KR3 Author's Craft KR5 Print Concepts: Directionality KRF1A	Anchor Chart: Writing Process, Research Writing Display and Engage: Research Writing Model 4.2, Research Editing Model 4.2 Printable: Research Map, Research Writing Rubric, Research Map p. 51, Editing Checklist p.52 <i>from Weekly Practice Bundle</i> Chart paper and markers for Interactive Writing	Writing Process: Research Writing Revision KW2, KW6, KW7 Focus: Key Details KW2 Edit for Capitalization KL2f

Foundational Skills		Grammar Skills	
Required Resources: Lesson Slides: <i>HMH website, lesson 6-10</i> Pintable: Build Words 4.2 Alphafriend Card/s: Oo (short Oo) Letter Cards: <i>c, d, g, m, o, p, t.</i> Know it, show it Workbook: <i>pp. 103- 107</i> Words to Know Word Cards: <i>got, here, of, on</i> Read Decodable Text (<i>Start Right Reader</i>) Book 4: <i>Pod of Pods, pp. 20-27</i> <i>Bob Tips a Pot, pp. 28–35</i>	Identify Medial Vowel Sounds KRF3 Isolate Medial Vowel Sounds KRF3 Blend Phonemes into Words KRF2d Produce Rhymes KRF2a Phonics: Short o KRF3b High-Frequency Words: Words to Know KRF3d Read Decodable Text (<i>Start Right Reader</i>) KRF1a, KRF1c, KRF4	Required Resources: Printable: Editing Checklist p.52 <i>from Weekly Practice Bundle</i>	Priority Skills: Edit for Capitalization KL2f

Week 3	Vocabulary			
	Topic Words <i>REVIEW</i> : energy, exercise, healthy KL5c, KL6			
	Academic Vocabulary <i>Jack and the Hungry Giant</i> : half, serving, variety KL5c, KL6			
	Reading		Writing	
	Required Resources	Priority Skills & Instructional Vocabulary	Required Resources	Priority Skills
	Read Aloud Book: <i>Jack & the Hungry Giant</i> KR1, KR3 Big Book: <i>Edible Colors</i> KR1, KR6 Academic Vocabulary Word Cards: <i>half, serving, variety</i> Display and Engage: <i>Knowledge Map 4</i> Anchor Charts: <i>Fairy Tales, Retell a Story, Shades of Meaning,</i> Chart Paper and markers: <i>Interactive anchor chart</i>	Genre Characteristics: Fairy Tales Story Elements: Characters, Setting, Events KR3 Oral Language: Academic Vocabulary KL6 Retell a Story KR2 Plot: Beginning, Middle, End * KR5, KR2 Identify Topic, Central Idea, and Key Details* KR2 Print Concepts: Directionality KRF1A Bold = priority skill *Assessed at end of week or end of module	Anchor Chart: Research Writing, Sentences Printable: Find it in a Book p.53, Research Map, Talk to Experts p.55, Find it Online p.57 <i>from Weekly Practice Bundle</i>	Research Writing KW2, KW6, KW7 Ideas: Using a Variety of Sources Grammar: Sentences and Periods KL1j Bold = priority skill *Assessed at end of week or end of module

Foundational Skills		Grammar Skills	
Required Resources: Lesson Slides: <i>HMH website, lesson 11-15</i> Printable: Build Words 4.3 Alphafriend Card/s: <i>Ll, Hh</i> Letter Cards: <i>a, d, g, b, i, l, o, p, t</i> Know it, show it Workbook: <i>pp. 108-113</i> Words to Know Word Cards: <i>are, lot, not, was</i> Read Decodable Text (<i>Start Right Reader</i>) Book 4: <i>Kids Hop a Lot, pp. 36–43</i> <i>Kids Hid, pp. 44–51</i>	Priority Skills: Blend Onsets and Rimes into Words KRF2c Isolate Initial Sounds KRF1d Blend Phonemes into Words KRF2d Phonics: Consonants l and h KRF1d, KL1a High-Frequency Words: Words to Know KRF3d Read Decodable Text (<i>Start Right Reader</i>) KRF1a, KRF1c, KRF4	Required Resources: Anchor Chart: Sentences Display and Engage: Grammar 4.3 Printable: To the point p.54, All Finished p.56 <i>from Weekly Practice Bundle</i>	Priority Skills: Sentences and Periods KL1j

Week 4	Vocabulary			
	Topic Words <i>REVIEW</i> : energy, exercise, healthy KL5c, KL6 Academic Vocabulary <i>Getting Rest</i> : peaceful, rest, relax KL5c, KL6			
	Reading		Writing	
	Required Resources	Priority Skills & Instructional Vocabulary	Required Resources	Priority Skills
	Read Aloud Book: <i>Getting Rest</i> KR1, KR2 Big Book Poem: <i>Bed</i> KR5 Academic Vocabulary Word Cards: <i>peaceful, rest, relax</i> Display and Engage: <i>Knowledge Map 4</i> Anchor Charts: <i>Ask and Answer Questions, Text features 1, Poem: Bed, Shades of Meaning</i> Chart Paper and markers: <i>Interactive anchor chart</i>	Ask and Answer Questions KR1 Identify Topic, Central Idea, and Key Details KR2 Oral Language: Academic Vocabulary KL6 Use Text Features KR7 Rhyme and Rhythm KRF2a Print Concepts: Directionality KRF1A Bold = priority skill *Assessed at end of week or end of module	Anchor Chart: Writing Process, Research Writing Display and Engage: Research Writing Model 4.4, Research Editing Model 4.4 Printable: Research Map, Make a Research Plan p.58, Research Map p. 59 <i>from Weekly Practice Bundle</i> Chart paper and markers for Interactive Writing Bold = priority skill *Assessed at end of week or end of module	Writing Process: Research Writing KW2, KW6, KW7 Revision Focus: Key Details KW2 Edit for Complete Sentences and Periods KL1j

Foundational Skills		Grammar Skills	
Required Resources: Lesson Slides: <i>HMH website, lesson 16-20</i> Printable: Build Words 4.4 Alphafriend Card/s: <i>Ww, Jj</i> Letter Cards: <i>a, b, g, i, j, m, n, o, w</i> Know it, show it Workbook: <i>pp. 114-119</i> Words to Know Word Cards: <i>be, do, bad, ten</i> Read Decodable Text (<i>Start Right Reader</i>) Book 4: <i>The Wig pp.52-59</i> <i>Jobs! Jobs! Jobs! Pp.60-67</i>	Priority Skills: Blend Onsets and Rimes into Words KRF2c Isolate Initial Sounds KRF3a Blend Phonemes into Words KL2c Phonics: Consonants w and j KRF3a High-Frequency Words: Words to Know KRF3d Read Decodable Text (<i>Start Right Reader</i>) KRF1a, KRF1c, KRF4	Required Resources: Printable: Editing Checklist p. 60 <i>from Weekly Practice Bundle</i> KL1j	Priority Skills: Edit for Complete Sentences and Periods KL1j