

# THE DAY

| Time          | Type             | Speaker(s)                  | Topic                          |
|---------------|------------------|-----------------------------|--------------------------------|
| 10:00 - 10:30 | Meet & Greet     | Jedidiah Coffee             | Coffee Vibes!                  |
| 10:30 - 10:45 | Opening Welcome  | Pat Parnell & Hosts         | Welcome to the Coast Summit    |
| 10:50 - 11:10 | Keynote          | Jeremy Jones                | The Story of Pioneering P.O.W. |
| 11:20 - 12:00 | Panel Discussion | Dr. Chad Nelson & Panelists | Protecting the Ocean           |
| 12:00 - 12:50 | Lunch & Learn    | LCADs Dan Marriner          | Vegan Food, Kombucha + Coffee  |
| 1:00 - 1:40   | Panel Discussion | Bones Murphy & Panelists    | Protecting the Land            |
| 1:50 - 2:40   | Documentaries    | Sustainability Films        | Stoke Session                  |
| 2:50 - 3:30   | Panel Discussion | Wes Carter & Panelists      | Athletes X Impact              |
| 3:40 - 4:10   | Panel Discussion | Chris Mauro & Heidi Sanborn | Turning Off the Tap            |
| 4:10 - 5:00   | Happy Hour       | Great North Special         | Live Music                     |

