

# THE ESSENTIALS

## Enhancing Education with Educational Support Services

Dear Esteemed Colleagues,

I hope this message finds you well as we dive into this new school year. It is with great excitement and enthusiasm that I introduce you to our brand-new newsletter, [The ESSentials](#), a channel that aims to connect, inform, and inspire all of us within the Eastern Suffolk BOCES region.

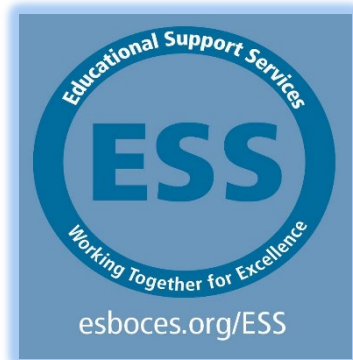
As the Director of Educational Support Services, here at Eastern Suffolk BOCES, please know that our ESS team is committed to providing educators and students with valuable resources and opportunities to enhance their professional growth and well-being. Our newsletter will serve as a beacon of knowledge and support, featuring a diverse range of content over this school year.

Together, we can create a thriving community of educators dedicated to continuous growth and well-being.

Thank you for your unwavering commitment to the students and families we serve. I look forward to embarking on this exciting journey with you through our newsletter.

Warm regards,

Kate Davern, Director of Educational Support Services at Eastern Suffolk BOCES



## ★ EVENT SPOTLIGHT ★

### LONG ISLAND SCHOOL LIBRARY SYSTEMS' 10<sup>TH</sup> REGIONAL INSTITUTE

**Tuesday, November 7, 2023 • Hyatt Regency, Hauppauge**



This unique professional development opportunity for school librarians will feature a keynote presentation by Eric Shener, bestselling author and international speaker. Eric works with schools throughout the world helping educators meet and exceed their potential to improve outcomes for learners.



### WELCOME TO THE FOCUS: SEL & MENTAL HEALTH



*In the ever-evolving landscape of education, Social Emotional Learning (SEL) and Mental Health support have taken center stage. This month, we bring you an insightful journey into tools, resources, and experts dedicated to nurturing the well-being of both educators and students.*

### PROFESSIONAL DEVELOPMENT: SEL/MENTAL HEALTH CONSULTANT SPOTLIGHT

To inquire about additional workshops or in-district professional development, email [pdteam@esboces.org](mailto:pdteam@esboces.org).  
Click the QR code above to view the catalog and register.



**James Gallagher** is the Founder of Ei Collaborative, an independent emotional intelligence consultant, leadership coach, and Certified Teacher for the Search Inside Yourself Leadership Institute (SIYLI), a mindfulness-based emotional intelligence development program born at Google. James has trained in facilitating Trauma-sensitive Mindfulness with David Treleaven, author of *Trauma-sensitive Mindfulness*; and participated in a year-long Equity Fellowship Program with the National Equity Project (NEP). Prior to consulting, James was the Vice President of Education for Aspire Public Schools, a network of 40 schools. In this role, he designed and facilitated professional learning for teammates across Aspire, including the Executive Team, Principals, teachers and school-based teammates.

#### CURRENT REGIONAL WORKSHOP OFFERINGS:

October 30, 2023 • [Understanding Trauma and Building Trauma Sensitive Schools](#)  
December 7, 2023 • [Search Inside Yourself: Mindfulness-based Emotional Intelligence](#)

REGISTER  
NOW



**Frank Kros** is a career child advocate, who has served as a childcare worker, child abuse investigator, children's home administrator, consultant, professor, attorney, writer and speaker. Prior to starting Kros Learning Group in April of 2019, Frank served for 18 years as an officer and executive of the Children's Guild Alliance, a multi-service children's organization headquartered in Maryland. He also served the Guild as president of the Transformation Education Institute and Director of the National At-Risk Education Network (NAREN). Frank is a worldwide speaker. His engaging presentations focus on "Helping you Help Others." **CURRENT REGIONAL WORKSHOP OFFERINGS:**

October 17, 2023 • [Responding to Anxiety and Depression in the Classroom: Effective Support Strategies](#)  
March 26, 2024 • [Helping Students with Big Emotions: Powerful Tools for Teaching Self-Regulation](#)

REGISTER  
NOW





# Educational Support Services

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**Dr. Kelly Zinn, DSW, LSW** is a graduate of the Rutgers University Doctor of Social Work program, and a Licensed Social Worker and certified School Social Worker. For 14 years, Kelly was employed as a school social worker. Dr. Zinn is committed to professional development of educational professionals, and has presented at several local, state, and national conferences, and is published in peer-reviewed journals and a textbook for clinical students. Currently, Dr. Zinn is an assistant professor at St. Joseph's University, works in private practice, and partners with school districts to provide professional development to school staff.

## CURRENT REGIONAL WORKSHOP OFFERINGS:

November 21, 2023, January 10 and April 16, 2024 •

[Professional Learning Network: Social Emotional Learning / Mental Health, All Grades](#)

February 9, 2024 • [Conflict Resolution](#)

March 5, 2024 • [Collaborating for Change: A Team Approach to Behavior](#)

REGISTER  
NOW



## EXTENDED DAY ENRICHMENT: GoNoodle

Contact [schoolyearenrichment@esboces.org](mailto:schoolyearenrichment@esboces.org) for more info.

The Eastern Suffolk BOCES School Year Extended Day Enrichment Program uses GoNoodle to stay active and engaged in the morning and afternoon programs with dance-alongs, yoga videos, mindfulness activities, and other awesome ways to move while reinforcing educational topics and promoting social and emotional learning!

Great news: your family can make screen me active and play GoNoodle at home for FREE!



Put Good In,  
Give Good Out

# GoNoodle

## VALUES



Meaningful Change Begins  
With Diversity & Inclusion



Be Curious  
Get Messy  
Never Stop Playing



Speak The Truth,  
Even If Your Voice Shakes



Disagree  
& Commit



Who You Are  
Makes You Powerful



## EXTENDED DAY ENRICHMENT: CHOOSE LOVE FOR SCHOOLS PROGRAM

For our Extended Day Enrichment Programs, we promote and implement the Social and Emotional Learning curriculum called, "Choose Love".

Contact [schoolearenrichment@esboces.org](mailto:schoolearenrichment@esboces.org) for more info.



"Choose Love Formula" with ducks representing what choosing love means to our Extended Day Enrichment students.



The Extended Day Enrichment students created a Gratitude Quilt.



### THIRD PARTY ASSESSMENTS: PANORAMA EDUCATION



Contact [ThirdPartyAssessments@esboces.org](mailto:ThirdPartyAssessments@esboces.org) for more information,  
or go to <https://www.panoramaed.com/social-emotional-learning-sel>.



**PANORAMA**  
EDUCATION

Use Panorama's research-backed social-emotional learning survey, intervention tracking, and versatile check-in tools to elevate student achievement!



### SCHOOL LIBRARY SYSTEMS: TEEN HEALTH & WELLNESS

If you have any questions, please contact your **local school librarian** or Carl Vitevitch, the Eastern Suffolk BOCES School Library System Administrative Coordinator, at (631) 286-0891 or at [cvitevit@esboces.org](mailto:cvitevit@esboces.org).

*Resource available on the VRC for your health initiatives.*

## Teen Health & Wellness

real life · real answers

The award-winning **Teen Health & Wellness** provides middle and high school students with up-to-date, nonjudgmental, straightforward curricular, and self-help support.

Articles are correlated to state, national, and provincial standards, including Common Core Health and Science. Topics covered include **diseases, drugs, alcohol, nutrition, mental health, suicide, bullying, LGBTQ issues**, and more.

"Ground-breaking... A+. The front-runner in health information for teenagers and a definite must-have for all high school and public libraries." —  
*School Library Journal*

#### Praise and Accolades!

"I cannot recommend Teen Health & Wellness strongly enough! We use it for our **health classes, sociology and psychology classes**—and the students use it for themselves." —Sara Kelly Johns, *New York Library Association, NY*





## WORDS OF GRATITUDE: EASTERN SUFFOLK BOCES

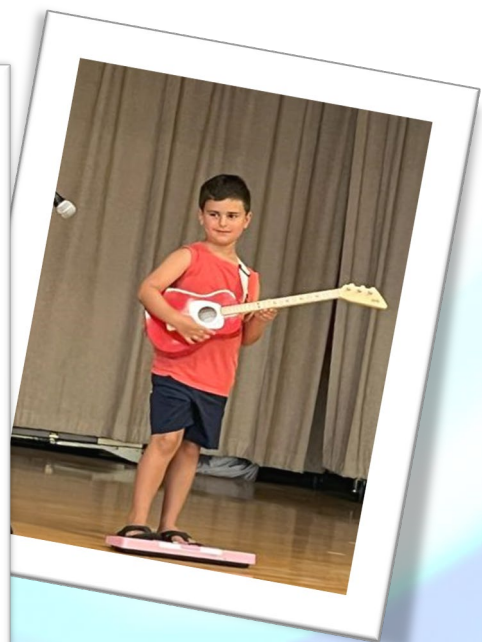
### EDUCATIONAL SUPPORT SERVICES SHINE

#### PRAISE FROM OUR DISTRICTS

*"The support provided by Eastern Suffolk BOCES is what stands out to me the most. Specifically, when a question arises or a need is identified, ESBOCES staff members are diligent about getting a response and/or resolution. I also appreciate the updates provided by BOCES as it relates to Information being disseminated by the State Education Department. I am grateful for the support provided. I have not found an area that I believe BOCES could address to better support our district."*

## SUPPORTING OUR STUDENTS

**Students in the Summer Enrichment Program at Comsewogue performed an outstanding Talent Showcase!**





**Students in the Summer Enrichment Program at Connetquot enjoyed a field trip to Cradle of Aviation in Garden City.**



**Students in the Summer Enrichment Program at Central Islip mixed Poetry with Art for ELA.**



## OCTOBER 2023 EVENTS



CLICK THE EVENT TITLE TO VIEW DETAILS AND REGISTER ON FRONTLINE, OR SCAN THE QR CODE TO ACCESS THE ENTIRE CATALOG.

START DATE	EVENT	PROGRAM
10/12	<a href="#">Library Leadership Academy: Infobase Learn 360</a>	School Library System
10/12	<a href="#">Wilson Language Training: Just Words</a>	Professional Development
10/13	<a href="#">Phonological Awareness, Phonics, and Beginning Reading Instruction</a>	Professional Development
10/16	<a href="#">Creating Your Own Instructional Videos</a>	Model Schools
10/16	<a href="#">Using Social Media to Influence Digital Citizenship</a>	Model Schools
10/17	<a href="#">Getting Started with Discovery Education</a>	Model Schools
10/17	<a href="#">Leveled Literacy Intervention (LLI): Intermediate Systems Grades 3-5</a>	Professional Development
10/17	<a href="#">Responding to Anxiety and Depression in the Classroom</a>	Professional Development
10/18	<a href="#">19<sup>th</sup> Special Education Collegial Circle</a>	Professional Development
10/18	<a href="#">Beyond Answer-Getting: Exploring Mathematical Practices and Developing Mathematical Reasoning with All Students</a>	Professional Development
10/18	<a href="#">PEACE Critical Community of Practice (CCoP) October: Focus on EDI/CR-S &amp; microaggressions</a>	Arts-In-Education
10/18	<a href="#">Getting the Most Out of Using Google Forms</a>	Model Schools
10/19	<a href="#">Library Leadership Academy: Turnitin's AI Detection Technology</a>	School Library System
10/19	<a href="#">Newsela: Empowering Educators for Student Success</a>	Model Schools
10/19	<a href="#">The 21 Irrefutable Laws of Leadership</a>	Professional Development
10/23	<a href="#">Aligning Middle School Science Programs to the NYSSLS</a>	Professional Development



# Educational Support Services

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**OCTOBER & NOVEMBER 2023**

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START DATE	EVENT	PROGRAM
10/23	<a href="#"><u>Nonviolent Crisis Intervention Enhanced Instruction Training Program with Advanced Physical Skills - CPI Institute</u></a>	Professional Development
10/24	<a href="#"><u>PEACE Project Professional Arts Development Series Special 1 Topic Workshop E STEAM with Anu Annam</u></a>	Arts-In-Education
10/24	<a href="#"><u>Best Practices for High-Impact Learning</u></a>	Professional Development
10/24	<a href="#"><u>Library Leadership Academy: Gale Cengage Training for Secondary Librarians</u></a>	School Library System
10/24	<a href="#"><u>Library Leadership Academy: World Book Training</u></a>	School Library System
10/24	<a href="#"><u>Professional Learning Network: MATH (All Levels)</u></a>	Professional Development
10/25	<a href="#"><u>Reviewing and Preparing for the Next Generation ELA Standards and Assessments</u></a>	Professional Development
10/26	<a href="#"><u>Kami Workshop</u></a>	Model Schools
10/26	<a href="#"><u>Library Leadership Academy: Raz-Plus ELL Edition Training</u></a>	School Library System
10/26	<a href="#"><u>Library Leadership Academy: Raz-Plus Training</u></a>	School Library System
10/26	<a href="#"><u>Library Leadership Academy: Science A-Z Training</u></a>	School Library System
10/26	<a href="#"><u>Library Leadership Academy: Vocabulary A-Z Training</u></a>	School Library System
10/26	<a href="#"><u>Library Leadership Academy: Writing A-Z Training</u></a>	School Library System
10/26	<a href="#"><u>Prezi</u></a>	Model Schools
10/26	<a href="#"><u>Using the Fountas &amp; Pinnell Benchmark Assessment System for Instruction</u></a>	Professional Development
10/27	<a href="#"><u>Making the Transition to NYSSLS in the Chemistry Classroom: Introduction to NYSSLS</u></a>	Professional Development
10/30	<a href="#"><u>The Science of Reading and Balanced Literacy</u></a>	Professional Development
10/30	<a href="#"><u>Understanding Trauma and Building Trauma Sensitive Schools</u></a>	Professional Development
10/30	<a href="#"><u>BARS - Navigation and Review of Instructional Reports for Elementary Teachers and Administrators</u></a>	School Data Bank Services

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START DATE	EVENT	PROGRAM
10/30	<a href="#"><u>BARS - Navigation and Review of Instructional Reports for Secondary Teachers and Administrators</u></a>	School Data Bank Services
10/31	<a href="#"><u>Library Leadership Academy: Lessons. Share. Eat. (Elementary)</u></a>	School Library System
10/31	<a href="#"><u>Library Leadership Academy: Lessons. Share. Eat. (Secondary)</u></a>	School Library System

## NOVEMBER 2023 EVENTS



CLICK THE EVENT TITLE TO VIEW DETAILS AND REGISTER ON FRONTLINE, OR SCAN THE QR CODE TO ACCESS THE ENTIRE CATALOG.

START DATE	EVENT	PROGRAM
11/1	<a href="#"><u>Pedagogy and the Nearpod English Learner Library</u></a>	Model Schools
11/2	<a href="#"><u>Math Running Records</u></a>	Professional Development
11/2	<a href="#"><u>Strengthening MTSS Practices</u></a>	Professional Development
11/2	<a href="#"><u>Using Google Slides with Nearpod</u></a>	Model Schools
11/2	<a href="#"><u>Writing Workshop for Our Youngest Writers: Examining an Illustration Study</u></a>	Professional Development
11/3	<a href="#"><u>Building Relational Trust, Safety and Connection Through the Heart of Play: A Leadership Training</u></a>	Professional Development
11/3	<a href="#"><u>Explore the Vision for Grades 3-5 NYSSLS-based Science Instruction</u></a>	Professional Development
11/6	<a href="#"><u>Half Day AM / 2023-2024 NYSA Administration Training: Facilitated Training for the New York State Alternate Assessment</u></a>	Student Data Bank Services
11/7	<a href="#"><u>Long Island School Library Systems' 10<sup>th</sup> Regional Institute</u></a>	School Library System
11/8	<a href="#"><u>Full Day / 2023-2024 NYSA Administration Training: Facilitated Training for the New York State Alternate Assessment</u></a>	Student Data Bank Services
11/8	<a href="#"><u>Getting Organized with Google Drive</u></a>	Model Schools



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START DATE	EVENT	PROGRAM
11/8	<a href="#">K-5 Math: Operations and Algebraic Thinking</a>	Professional Development
11/8	<a href="#">Principals &amp; Assistant Principals Collegial Circle</a>	Professional Development
11/9	<a href="#">Full Day / 2023-2024 NYSAA Administration Training: Facilitated Training for the New York State Alternate Assessment</a>	Student Data Bank Services
11/9	<a href="#">An Overview of Autism Spectrum Disorders (NYSED Approved Training)</a>	Professional Development
11/9	<a href="#">Library Leadership Academy: EBSCO Training</a>	School Library System
11/9	<a href="#">Library Leadership Academy: Rosen Training</a>	School Library System
11/13	<a href="#">Full Day / 2023-2024 NYSAA Administration Training: Facilitated Training for the New York State Alternate Assessment</a>	Student Data Bank Services
11/13	<a href="#">DASA Coordinator Training</a>	Professional Development
11/13	<a href="#">Library Leadership Academy: Britannica School and Britannica Escolar</a>	School Library System
11/13	<a href="#">LLA: Building Media Literacy Skills with NewsBank</a>	School Library System
11/13	<a href="#">World Languages, As We Approach the NYS Shift in Standards</a>	Professional Development
11/14	<a href="#">PEACE Project Professional Arts Development Series Special Topic 2 Workshop E STEAM® with Anu Annam</a>	Arts-In-Education
11/14	<a href="#">Meeting the Needs of All Students: Differentiated Instruction</a>	Professional Development
11/14	<a href="#">Responsive and Reflective Small Group Reading</a>	Professional Development
11/14	<a href="#">Using Video for Digital Storytelling</a>	Model Schools
11/15	<a href="#">Full Day / 2023-2024 NYSAA Administration Training: Facilitated Training for the New York State Alternate Assessment</a>	Student Data Bank Services
11/15	<a href="#">Creating Engaging Blended Learning Lessons: Using Technology in Purposeful Ways to Support Face-to-Face Learning</a>	Professional Development
11/15	<a href="#">Incorporating Engineering Practices in the Science Classroom</a>	Professional Development
11/16	<a href="#">Aspiring Administrators Collegial Circle</a>	Professional Development

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START DATE	EVENT	PROGRAM
11/16	<a href="#">Library Leadership Academy: NoodleTools for Beginners</a>	School Library System
11/16	<a href="#">Library Leadership Academy: NoodleTools for Intermediate/Advanced Users</a>	School Library System
11/16	<a href="#">Literacy in the Content Areas for Diverse Learners: Key Takeaways for Secondary Teachers</a>	Professional Development
11/16	<a href="#">Professional Learning Network: SOCIAL STUDIES (All Grades)</a>	Professional Development
11/17	<a href="#">The History of Citizenship in Asian, Pacific Islander, &amp; Desi American History</a>	Professional Development
11/20	<a href="#">Curriculum Writing Collaborative Session 1: The Curriculum Writing Process</a>	Professional Development
11/20	<a href="#">Library Leadership Academy: Back to School with Sora</a>	School Library System
11/20	<a href="#">Library Leadership Academy: Britannica ImageQuest</a>	School Library System
11/20	<a href="#">Math K-5: Number Operations - Base 10</a>	Professional Development
11/20	<a href="#">Preparing Students for the new Earth and Space Sciences Regents Exam: Transitioning Regents Earth Science Courses to the Three-Dimensions of the NYSSLS</a>	Professional Development
11/21	<a href="#">Half Day AM / 2023-2024 NYSAA Administration Training: Facilitated Training for the New York State Alternate Assessment</a>	Student Data Bank Services
11/21	<a href="#">Professional Learning Network: SEL/MENTAL HEALTH (All Grades)</a>	Professional Development
11/21	<a href="#">Resilient Leadership for High-Performing Teams: Seminar 1 – Building a Foundation for Resilient Leadership</a>	Professional Development
11/27	<a href="#">Civil Rights Data Collection - How to Gather District Data for Timely Completion</a>	Student Data Bank Services
11/28	<a href="#">The Whole Picture - Multimeric Analysis for Student Performance and Beyond</a>	Student Data Bank Services
11/28	<a href="#">Professional Learning Network: SCIENCE (All Grades)</a>	Professional Development
11/28	<a href="#">The Literacy Check-Up</a>	Professional Development
11/29	<a href="#">ELLs, MLLs, and Special Education in Grades K-5: Practical Strategies for Educators</a>	Professional Development



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START DATE	EVENT	PROGRAM
11/29	<a href="#"><u>Library Leadership Academy: Collaborating with Art, Music, and Physical Education using FactCite</u></a>	School Library System
11/29	<a href="#"><u>Library Leadership Academy: Supporting English Language Learners with FactCite</u></a>	School Library System
11/29	<a href="#"><u>Make Fiction and Non-Fiction Writing Come Alive Using Digital Tools</u></a>	Model Schools
11/29	<a href="#"><u>Professional Learning Network: ELA (Grades 6-12)</u></a>	Professional Development
11/29	<a href="#"><u>Professional Learning Network: ELA (Grades K-5)</u></a>	Professional Development
11/29	<a href="#"><u>What is All the Buzz About Artificial Intelligence?</u></a>	Model Schools
11/30	<a href="#"><u>Classroom Management</u></a>	Professional Development
11/30	<a href="#"><u>Writing Projects for Elementary Social Studies</u></a>	Professional Development

FOR MORE INFORMATION ON ANY OF THE EVENTS LISTED ABOVE,  
PLEASE USE THE COLOR-CODED KEY BELOW TO CONTACT EACH PROGRAM DIRECTLY.

PROGRAM	CONTACT
Professional Development	<a href="mailto:pdteam@esboces.org"><u>pdteam@esboces.org</u></a>
Model Schools	<a href="mailto:mdps@esboces.org"><u>mdps@esboces.org</u></a>
Arts-In-Education	<a href="mailto:artsined@esboces.org"><u>artsined@esboces.org</u></a>
School Library Systems	<a href="mailto:slshelp@esboces.org"><u>slshelp@esboces.org</u></a>
School Data Bank Services	<a href="mailto:sdb@esboces.org"><u>sdb@esboces.org</u></a>

**EDUCATION SUPPORT SERVICES DEPARTMENT WEBPAGE:**



# Educational Support Services

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## **Eastern Suffolk BOCES Board and Administration**

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[www.esboces.org](http://www.esboces.org)

Eastern Suffolk BOCES does not discriminate against any employee, student, applicant for employment, or candidate for enrollment on the basis of sex, gender, race, color, religion or creed, age, weight, national origin, marital status, disability, sexual orientation, gender identity or expression, transgender status, military or veteran status, domestic violence victim status, genetic predisposition or carrier status, or any other classification protected by Federal, State, or local law. ESBOCES also provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding the implementation of the above laws should be directed to either of the ESBOCES Civil Rights Compliance Officers at [ComplianceOfficers@esboces.org](mailto:ComplianceOfficers@esboces.org): the Assistant Superintendent for Human Resources, 631-687-3029, or the Associate Superintendent for Educational Services, 631-687-3056, 201 Sunrise Highway, Patchogue, NY 11772. Inquiries may also be addressed to the Office for Civil Rights at the US Department of Education, 32 Old Slip, 26<sup>th</sup> Floor, New York, NY 10005, 646-428-3800, [OCR.NewYork@ed.gov](mailto:OCR.NewYork@ed.gov).