



October NewsLetter

BULLYING PREVENTION MONTH

What is Bullying?

“Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated, over time.” (StopBullying.gov,2021).



Did You Know?

- Bullying is not the same as conflict
- Harassment is different from bullying.
- The internet is changing how youth experience bullying.
- Adults do not see bullying. (PACER, 2021)



4 TYPES of BULLYING

PHYSICAL

VERBAL

SOCIAL

CYBER



Important Dates

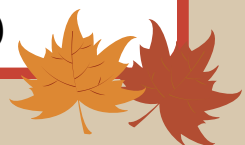
OCTOBER 10th-
Teacher Workday

OCTOBER 31ST-
3 Hour

Early Release

Red Ribbon Week-

October 23-31st (info to follow)



RISK FACTORS

Students who are bullied are more likely to experience the following factors:

- Low self esteem & isolation
- Poor academic performance
- Fewer friendships & negative view of school
- Physical symptoms(headaches, stomachaches or sleep problems)
- Mental health problems

Center for Disease Control, Bullying Surveillance Among Youths, 2014)