

Food Services Director: Nathan Shefter
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Please check the District Website, Food Services Tab to learn more.

Sign Up for Schoolcafe.com to apply for free/reduced meals, Look up nutritional & make payments. Set up an account to receive low balance alerts.



Fleetwood Area School District Middle School Lunch Menu November 2023



Meal Prices

Breakfast

Student -Free

Lunch

Student - \$3.05

Adult - \$ 2.25

Adult - \$4.75

** Menu Subject to Change**

WEEKLY ALTERNATE ENTREE	Monday	Tuesday	Wednesday	Thursday	Friday
Deli Hoagie- Turkey, Ham, Tuna Salad, (Rotating Daily) PB & J Meal: Pb&J Uncrustable, String Cheese, Graham Crackers	6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
	A. Bacon Cheeseburger B. Hot Dogs Curly Fries Celery & Carrots w/dip	A. Sweet & Sour Chicken w/Rice B. Pizza Oriental Blend Veggies Side Salad	A. Artisan Chicken Reg. or Spicy B. Chef's Choice French Fries Cauliflower	A. Penne pasta w/ meatballs B. Meatball Sub Side Salad Garlic Knots	A. Beef Tacos B. Ch. Burger Fiesta beans Corn, LTO Sour cream, salsa Choice of doritos or taco shell
Offered Daily: Fresh Fruits and Vegetables 100% Fruit Juice Fruit Options* Juice Variety, Apple Slices, Bananas, Peaches, Pears, Pineapple Tidbits, Grapes, Strawberries, Mandarin Oranges, Navel Oranges, Fruit Cocktail ** Fruits & Vegetables Provided will Depend on Availability** We will substitute when necessary	13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
	A. Boneless Wings B. Chef's Choice Tater Tots Green Beans Biscuit	A. Hot Dog Bar B. Subway w/Chips Baked Beans Broccoli	A. Popcorn Chicken B. Pizza Mashed Potatoes Corn Gravy	A. Turkey Dinner B. Hot Dogs Potato Stuffing Corn Gravy	A. Chicken Nuggets B. Pizza Pretzel nuggets Glazed Carrots
Lunch Salad w/Roll offered Daily: <small>(One salad offer daily, options depend on availability)</small> -Chef Salad -Taco Salad w/Tortilla Chips -Crispy Chicken Salad -Garden Salad (Cheese) -Grilled Chicken Salad  Milk Choices White Chocolate Skim Strawberry <small>(Soy Milk is available for students w/dairy allergies)</small> * Ala Carte Items available to purchase daily including snacks, ice cream, beverages and second entrees. Students MUST have money in accounts, no charging allowed.	20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
	A. Brunch for Lunch: French Toast Sticks w/Sausage Links B. Pizza Hash Brown Rounds Celery & Carrots w/dip	A. Pizza French Fries Side Salad <b style="color: red;">Early Dismissal	No School		No School
	27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
	No School	A. Maxi Cheese Sticks B. Ch. Burger Side Salad Sweet potato puffs	A. Spaghetti / meat sauce B. Chef's Choice Garlic Toast Side salad California Blend	A. Stromboli B. Pizza Mozz Sticks Broccoli Dipping sauce	A. Corn Dog Nuggets B. Rib BBQ Sand Sweet Potato Waffle Fries Green Beans



The Tiger LUNCH Meal Deal

Choose ONE Entree:

Daily Entree Special
 Alternate Meal
 Salad or Sandwich Meal

Choose up to TWO Sides of Fruit:

Fresh Fruit
 Fruit Cup
 Fruit Juice (only 1 serving)

Choose up to TWO Sides of Veggies:

Daily Vegetable
 Assorted Vegetable Cup

Interested in substituting in Food Service, please contact Mr. Shefter @ 610-944-8111 ext. 10600.

Equal Opportunity Institution

Don't Forget - Take at least ONE Fruit or Veggie. And at least THREE items total so your meal counts as a complete lunch.