

Food Services Director: Nathan Shefter
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Please check the District Website, Food Services Tab to learn more.

Sign Up for Schoolcafe.com to apply for free/reduced meals, Look up nutritionals & make payments. Set up an account to receive low balance alerts.



Fleetwood Area School District Elementary School Lunch Menu November 2023



Meal Prices

Breakfast	Lunch
Student - Free	Student - \$3.00
	Reduced - Free
Adult - \$ 2.25	Adult - \$4.75

** Menu Subject to Change**

	Monday 6-Nov	Tuesday 7-Nov	Wednesday 8-Nov	Thursday 9-Nov	Friday 10-Nov
B MEAL OPTION OFFERED WEEKLY	A. Cheeseburger on Bun Lettuce & Tomato Smile Fries	A. Popcorn Chicken Mashed Potatoes Corn	A. Walking Tacos Fiesta Beans Corn WG Churro	A. French Toast Sticks w/Ham Slice Hash Browns Celery Sticks	A. Cheesy Pull Aparts Tomato Soup Side salad
C MEAL OPTION OFFERED DAILY:					
Yogurt Meal: Yogurt, String Cheese, WG Muffin, Graham Crackers	13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
	A. Mini Corn Dog Nuggets Pretzel bites Corn	A Subway w/Chips Broccoli Pasta Salad	A. Calzonette's w/ Marinara Sauce Glazed Carrots Celery Sticks	A. Turkey Dinner Potato Stuffing w/gravy Yams Corn	A. Spaghetti / meat sauce Garlic Toast Side salad
OFFERED DAILY: Fresh Fruits and Vegetables 100% Fruit Juice Fruit rotation dependent on availability*	20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
Fruit Options* Juice Variety, Apple Slices, Bananas, Peaches, Pears, Pineapple Tidbits, Grapes, Strawberries, Mandarin Oranges, Navel Oranges, Fruit Cocktail ** Fruits & Vegetables Provided Depends On Availability** We will substitute when necessary	A. Dutch Waffle w/ Sausage Links Carrots Fresh Veggie Variety	No School	No School		No School
	27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
	No School	A. Cheese Pizza Slice California Blend Side Salad	A. Mega Mini Chicken Nuggets w/ Roll Mashed Potatoes Corn	A. Maxi Pizza Sticks Sweet Potato Puff Side Salad	A. Hot Dog On Bun Baked Beans Tater Tots
MILK CHOICES 1% AND SKIM White Chocolate Skim Strawberry (Soy Milk is available for students w/dairy)					
Equal Opportunity Institution. Menu Subject to Change.					

The Tiger LUNCH Meal Deal

Choose **ONE** Entree:

- A. Daily Entree Special
- B. Alternate Meal
- C. Yogurt Meal

Choose up to **TWO** Sides of Fruit:

- Fresh Fruit
- Fruit Cup
- Fruit Juice (only 1 serving)

Choose up to **TWO** Sides of

- Veggies:**
- Daily Vegetable
- Assorted Vegetable Cup

Interested in substituting in Food Service, please contact Mr. Shefter @ 610-944-8111 ext. 10600.

Don't Forget - Take at least ONE Fruit or Veggie. And at least THREE items total so your meal counts as a complete lunch.



