

# FOOD DRIVE



DONATE ITEMS FROM  
NOVEMBER 13-17

ITEMS CAN BE BROUGHT INTO  
CLASSROOMS AND WILL BE  
COLLECTED THROUGHOUT THE WEEK

\*\*A LIST OF SUGGESTED HEALTHY  
AND ACCEPTED ITEMS ARE ON THE BACK



**RUN BY THE PARKWAY THIRD GRADE STUDENT COUNCIL**

# SUGGESTED ITEMS

TO ENSURE FAMILIES ARE GIVEN HEALTHY AND SUSTAINING FOOD,  
PLEASE CHOOSE ITEMS FROM LIST BELOW.



## GRAINS

BROWN RICE  
WHOLE OR MULTI GRAIN PASTA  
OATMEAL  
GRANOLA



## PROTEINS

CANNED CHICKEN  
CANNED TUNA  
PEANUT BUTTER  
DRIED OR CANNED BEANS



## OTHER ITEMS

SALSA  
PASTA SAUCE  
GRANOLA BARS  
NUTS & SEEDS  
GRAHAM CRACKERS



## CANNED FRUIT

CANNED IN 100% FRUIT JUICE  
OR OWN JUICES



## CANNED VEGETABLES

LOW SODIUM



**THANK YOU FOR SUPPORTING OUR SERVICE PROJECT!**