

## What to Pack For Camp Grady Spruce

VERY Important - Put your name on everything! Use a Sharpie marker and put name on towels, underwear, tags of clothing, water bottle, cameras and especially the outside of your bag of bedding! Students may NOT pack their clothes in their backpacks. Students **MUST wear jeans or long pants (NOT sweats or leggings)** for all three days.

2 t-shirts  
2 long sleeve shirts  
1 sweatshirt or sweater  
2 pair of jeans (this is important due the cactus on the trails and cold weather)  
5 pairs of socks  
Underwear  
2 pairs of sneakers/tennis shoes ( in case one pair gets wet, these need to have GOOD traction)  
Personal toiletries ( soap, shampoo, toothpaste, toothbrush, deodorant)  
Towel and washcloth  
Sleeping bag OR twin sheets and blanket  
Pillow  
Flashlight (very important)  
Rain poncho (cheap plastic one is great)  
Heavy coat  
1 wide mouthed water bottle (no disposable or one use water bottles per camp specifications)  
Backpack (will be used all day every day-don't pack clothes in them)  
Stocking cap or beanie (for warmth)  
Gloves  
Trash bag for dirty clothes  
Lip balm (Carmex, Chapstick, etc.)  
Sunscreen

### OPTIONAL

Camera (disposable only - make sure your name is on it)  
Money (there will be t-shirts, caps, candy and cokes available at the camp store)

### **DO NOT BRING THESE ITEMS! THEY ARE NOT ALLOWED AT YMCA Camp Grady Spruce**

Jewelry	Knives
Radios/mp3 players	Portable electronics of any type
Cell phones	Other expensive items
Curling irons or blow dryers	
Electronic games	