



# EXPLORE YOUR WAY

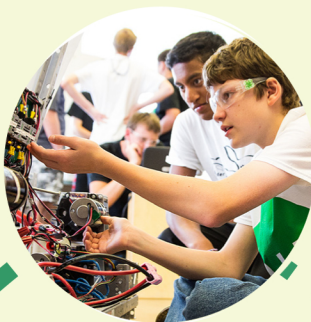
It doesn't matter where you live or what you want to be when you grow up. In 4-H, you can make friends, have fun, and try new things with the help of caring adults. Whatever your interests, **there's a 4-H experience for you.** Explore your path through hands-on projects like:



**Raising & Taking  
Care of Animals**



**Cooking &  
Eating Healthy**



**Robotics &  
Computers**



**Performing  
Arts**



**Discovering  
Nature**



**Helping Your  
Community**

## What do the Four H's mean?



**HEAD:** Making good decisions; setting and sticking with goals



**HEART:** Doing and meaning what you say; taking responsibility for your actions



**HANDS:** Making a difference in your community and helping others



**HEALTH:** Taking care of your mind and body

## Ready to Learn More?

Contact your local club today to find out about the next meeting.



**UNIVERSITY OF CALIFORNIA**  
Agriculture and Natural Resources  
4H.ucanr.edu

## Canyon Country 4-H in SLO

Meets the 1st Wednesday of  
each month at 7:00 pm

4-H Extension Office

2156 Sierra Way # C, SLO 93401

Contact:

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