

NEWSLETTER



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SHARP Survey

As we're reviewing our biannual SHARP (Student Health and Risk Prevention) survey data, we are seeing the following trends that we will all, as a community, want to keep a close eye on:

- Alcohol, marijuana, and prescription drug use is increasing
- Suicide indicators and self-harm are seeing some increase but remains below the state average.

However, we are also seeing that:

- Antisocial behavior is rated generally low, remaining at the state average.
- Positive school environment indicators are high at the state average!
- Concern about school safety is low - below the state average!
- Bullying, decreasing from 2021 - below state average!



PCSD PODCAST EPISODE 1B

Featuring:

- Summer School
- Dan Gallery
- Construction
- Counseling Goals



EVENTS :

- 17 October 2023 Board meeting
- 18 October End of Quarter
- 19-20 October Fall Break
 - No School
- 23 October Quarter 2 begins

LINKS:

- [Employee Self Service](#)
- [FACE Request Form](#)
- [ADAA/Non Discrimination Compliance](#)

Contact Us :



435-645-5600



2700 Kearns Blvd
Park City, UT 84060



www.pcschools.us

2023-2024 Calendar

Adopted 4/18/23

Events / Holidays

Description	Date
Teachers First Day	8/17
First Day of School	8/22
Labor Day	9/4
Yom Kippur-No School	9/25
Fall Break-No School	10/19 & 10/20
Teacher Compensation Day	11/22
Thanksgiving Break	11/23 & 11/24
Holiday Break	12/18-1/1
ML King Day	1/15
February Break	2/19-2/23
Professional Day-No School	3/8
Teacher Compensation Day	4/15
Spring Break	4/16-4/19
Memorial Day	5/27
Graduation	6/7
Last Day if no snow days are used	6/7
**Potential Make Up Snow Days	6/10- 6/14

Semester 18/22/23 - 1/12/24

Semester 21/16/24 - 6/7/24

Quarter 18/22/23 - 10/18/23

Quarter 210/23/23 - 1/12/24

Quarter 31/16/24 - 3/29/24

Quarter 44/1/24 - 6/7/24

Trimester 18/22/23 - 11/21/23

Trimester 211/27/23 - 3/7/24

Trimester 33/11/24 - 6/7/24

**If any snow days are used during the school year, the school calendar may be adjusted during the week of June 10-14

180

August '23						
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						8

September '23						
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October '23						
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November '23						
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January '24						
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February '24						
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March '24						
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May '24						
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						22

June '24						
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July '24						
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28	29	30	31			



**NATIONAL
HISPANIC
HERITAGE MONTH
SEPTEMBER 15 TO OCTOBER 15**

The observation started in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was expanded by President Ronald Reagan in 1988. This observation is meant for the histories, cultures, and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean, and Central and South America.

ATTENDANCE MATTERS

Missing a day of school here and there may not seem like much, but absences add up!

When a student misses 2 days a month..

They will miss **20 DAYS** a year.

They will miss **30 HOURS** of math over the school year.

They will miss **60 HOURS** of reading & writing over the school year.

They will miss over **1 YEAR** of school by graduation.

When a student misses 4 days a month..

They will miss **40 DAYS** a year.

They will miss **60 HOURS** of math over the school year.

They will miss **120 HOURS** of reading & writing over the school year.

They will miss over **2 YEARS** of school by graduation.

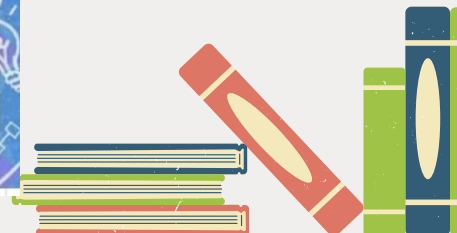


My future, my529

Utah's educational savings plan can help you invest for tomorrow's dreams.

my529

LEARN MORE



PARK CITY SCHOOL DISTRICT

SUPERINTENDENT

We're beginning to see glimpses of Fall colors throughout Park City this month with nature's beautiful palette bringing forth vibrant reds, orange and yellow leaves. It's a great time to be in Park City!

As our students are approaching mid-terms of the first quarter of the school year, we're re-learning how to balance school work, activities, and friendships. This past month, we've spent time reviewing all safety protocols from fire drills to bus evacuation practice.



We've also introduced our behavioral norms and expectations at each school. For example, at Treasure Mountain Junior High School, the "Good Morning Treasure" announcements highlight the 3 R's -Be Respectful, Be Responsible and Be Ready" ahead of the recitation of the Pledge of Allegiance each morning.

At McPolin, Principal Dufner has spent time educating each grade level on using helpful words rather than harmful words and has modeled for students how to ask adults about what a word means before using it at school or if it sounds like it is not a positive word. Together with our families, we support the growth and development of our youth with care, compassion, and consistency.

Each school has created conditions for student success through implementation of Positive Behavior and Supports guidelines, such as the 3 R's, and through our MTSS or Multi-Tiered System of Supports that promote student growth and development across academic content areas. Our whole-child focus is a key in promoting overall health and well-being.

At Park City School District, we're aware that Attendance Matters! Did you know that if a student misses even just 2 day of school per month that over the course of a PK-12 education, that equates to missing an entire academic year? We are working to encourage all that regular school attendance, even from our youngest and earliest learners is an important habit to instill in them. Certainly, if a student or staff member has symptoms of illness, it is then always best to remain at home until symptoms are cleared.

As we work together in support of our students, please remember that our children are watching how we prioritize health, wellness, attendance, and conflict. Thank you for partnering with PCSD to promote health, well-being, and academic success for your children.

Sincerely,

Dr. Jill Gildea
Superintendent of Schools

Building Futures: Construction Tech at Treasure Mountain Junior High School



Treasure Mountain Junior High School is fostering a robust learning environment where ninth-grade students delve into the realms of construction and architectural design. Through the Construction Tech program, the participants are guided to understand the fundamental principles of building and home renovation.

In the beginning stages, the students are learning the ropes of measuring, framing, and raising walls. They are not just passively acquiring knowledge; they are actively applying their learned skills, immersing themselves into the construction process, gaining hands-on experience which is pivotal for their learning journey.

Each semester, this enriching program enables the students to construct three bathrooms from scratch. This involves a meticulous process where students undertake tasks such as framing, plumbing, electrical work, installing drywall, and tiling. This approach ensures a comprehensive learning experience, fostering an understanding of the multiple facets involved in construction and home renovation projects.

Thank you to the Park City Education Foundation for their invaluable support in backing the Architecture and Construction Design programs at the school. Their support is instrumental in enabling the students to explore and venture into the construction field, laying down a solid foundation for potential future careers in architecture, design, and construction. The initiative is not just about erecting walls and structures; it is about building a future, cultivating skills, and fostering creative and critical thinking among the young minds.



We're changing the equation

REGULAR BOARD MEETING

CONSENT ITEMS

- School Counselor Report
- Special Education Policies and Procedures Manual
- Risk Assessments
- District Contracts
- Travel Requests
- Personnel Information
- August and early September Revenues and Expenditures

REPORTS & ACTION ITEMS

- RISE update PCHS
- CTLO Stacey Briggs Report: Measurable Strategic Goals
- COO Report – Michael Tanner: Construction update
- Superintendent Report: Successes in Data Review
- District Facilities Updates
- Student Fees amendment/decision – withdrawn, options discussed.

PUBLIC COMMENTS

- Two community members
- None for amended Student Fees

CLOSED SESSION

- Moved from beginning of agenda.
- A strategy session to discuss the purchase, exchange, or lease of real property, and other personnel.

PCSD BOARD OF EDUCATION



Andrew Caplan
Board President
acaplan@pcschoos.us



Wendy Crossland
Board Vice President
wcrossland@pcschoos.us



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Meredith Reed
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Board meeting recordings, minutes and schedule can be found at
<https://go.boarddocs.com/ut/pcsd/Board.nsf/public>

Next Board Meeting: Tuesday, October 17, 2023 at 4:00 P.M.

CELEBRATIONS



Park City High School
#2 Traditional High
School in Utah
(#4 in State)

Parley's Park
Elementary
FUN RUN



PCHS Melissa Perry was
awarded USBE/Utah
Council Teachers of
Mathematics
September 2023
Teacher of the Month!



McPolin Elementary School:
Bike to School – Flag Ceremony



Policy for Adoption

- 5.01 Policy 9030 Alternative Language Services – adopted.
- 5.02 Policy 10020 Truancy – adopted.

VIEW THE BOARD MEETING



Help us



GROW

PCSD

Social Media

Please send all celebrations to:
socialmedia@pcschoools.us

*Be sure to include names if possible



Facebook @parkcityschooldistrict



INSTAGRAM @parkcityschooldistrict



YouTube @pcsdcommunications

GET TO KNOW

Dan Gallery



Q: Dan, welcome! Can you tell us about your journey to becoming the preschool director for Park City School District?

A: I've been in education for 13 years, primarily in special education. I started as a paraprofessional and moved up to being a teacher. The last four years were spent supporting teachers district-wide. More and more, I found myself pulled into early childhood and intervention, which feels like my forever home.

Q: Kathy Anderson left quite a legacy. How have you been adapting to the role she pioneered over a decade ago?*

A: Filling Kathy's shoes has been significant, she laid a solid foundation. I was fortunate to have great onboarding and could shadow her, learning the ins and outs of the program. It's set me up to build on the incredible culture she and the staff have created.

Q: What do you see as your initial focal points in this role?

A: The key is to expand the wonderful culture already in place and to align with our upcoming expansion. It's important to revisit why we're here with these amazing three and four-year-olds, understand our values, and discuss how we can effectively team up to expand on what's been built.



Q: Do you have a quote that encapsulates your educational philosophy?**

A: I do, it's, "Do you want to go slow, or do you want to be effective?" I believe in taking time, listening to the staff, and understanding the program before making decisions. It's about being cautious, reflective, and understanding what's needed.

Q: Managing a preschool must be hectic! How do you spend your free time?

A: Free time is a luxury with a 16-month-old! But seeing the world through his eyes is enlightening and enjoyable. It's about savoring every moment with family, which is the best time.

Q: Since assuming your role, have you experienced any surprises?

A: The positivity and dedication of the teachers have been pleasantly surprising. The energy, love, and care invested in preparing the environments have been inspiring. It's thrilling to see the kids in the rooms, experiencing the blend of care, love, and energy and I am looking forward to witnessing more of these magical moments once the students start.

Dan Gallery's thoughtful leadership and rich experience in education are ushering in a new chapter for Park City School District's preschool program. Balancing expansion with the essence of early learning, he's tuned into the needs of both staff and students, making him a revered figure in the educational realm. His reflective approach and dedication to effective, slow, and considered progression promise a bright future for the youngest learners in Park City.

THE PARK CITY SCHOOL DISTRICT WELLNESS PLAN: A COMPREHENSIVE APPROACH TO STUDENT WELL-BEING

We are excited to announce the Park City School District Wellness Plan, completed in May, 2023 after a year and a half-long committee effort of the Reach the Summit Transformational Academy (RSTA) led by Dr. Carolyn Synan, PCSD's Chief Student Services Officer.

Composed of teachers and staff, the RSTA developed the Park City Wellness Plan to provide a comprehensive outline of essential skills for student success in school and beyond. The PCSD Wellness Plan serves as a blueprint throughout the school year with highlighted outcomes and monthly themes.



The Plan is aligned with the State of Utah's competencies model and Portrait of a Graduate. It also plays a vital role in the development of Personalized Competency-Based Learning (PCBL) thereby, supporting PCSD's mission and vision of supporting students to achieve both their academic and social potential

Heidi Gwinn, Parley's Park Elementary Counselor and member of the RSTA, described the three domains of the PCSD Wellness Plan to include, " Personal wellbeing - so how we think and feel about ourselves, Social wellbeing - how we interact with others, and then the Cognitive wellbeing - how we are learner in school and in life."

Monthly themes will be woven into classroom tasks and advisory periods, varying by age and school. Roles for educators, parents, families, and caregivers are outlined in the plan, underscoring the critical partnership needed across all settings. A handout containing information on the theme will be shared in the district newsletter in both English and Spanish for families to have conversations about this month's theme. September's theme is Emotional Awareness.

Angie Erickson, Park City High School's Multi-Tiered Systems of Support (MTSS) Coordinator, also served on the RSTA which she praised as "synthesizing a comprehensive Wellness Plan, " utilizing many resources and through different iterations of committee make up.

"Wellness is in all areas of our lives," said Erickson, "I am really excited that we put this together - that we have this plan...and to see what the teachers, parents and the community do with this!"

Talking
with
your
kids
about

PCSD Wellness Plan September, 2023

Emotional Awareness

Goals:
Identify, understand and
manage emotions,
behaviors and
perspectives of yourself
and others.

Naming Emotions Rose Thorn Bud



Recognizing and naming emotions help us
understand them.

Families: Talk with your child about emotions of the day using the vocabulary below and the conversation starters:

Rose Thorn. Bud.

Rose A highlight, success, small win, or something positive/good that happened today.

Thorn A challenge you experienced or something you can use more support.

Bud something you are looking forward.



Happy, glad, loved, accepted, cheerful, amused, peaceful, respected



Sad, hurt, down, lonely, disappointed, ashamed, rejected,



Excited, joyful, hopeful, happy, proud, eager, enthused, energized,



Mad, angry, grumpy, frustrated, irritated, jealous, annoyed, furious, resentful

I can statements



"I Can" statements establish **learning targets** that can be understood by students and others involved in their education.

Pre-K: I can identify a variety of emotions in myself and others.

K-2: I can understand a situation by acknowledging my emotions and the emotions of others.

3-5: I can understand emotions and their connections to myself and others.

6-8: I can manage my behaviors and communications with others because I understand how thoughts, behaviors, and emotions are connected.

9-12: I can understand emotions in myself and others objectively through the lens of my own and others' experiences, background, and cultures.

Story connection



Stories help us understand our emotions
and **connect to others.**

Parents: talk with your child about a scene in a book, movie, show or a story from your life.

How did the story make you feel?
Why?

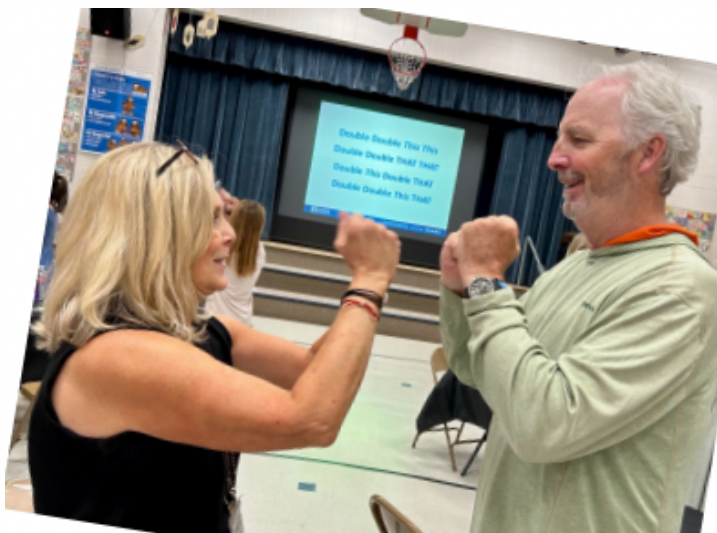
How did the character feel?
Why? How did you know?

What **actions** did you or people in the story take **because of emotions**?

Resources

"Students do better in school when they understand, manage emotions".

American Psychology Association
12.19.219



Roles and Goals of the Park City School District's Counseling Department: To support the PCSD mission to guide every student to emotional wellness and academic success.

Empowering each student's unique journey, the Park City School District Counseling Department ensures college and career readiness by helping students navigate challenges and develop the necessary skills for personal and educational success.

"The role of the school counselor has really evolved," said Lead PCSD Counselor Dr. Wendy St. James. "The program is a comprehensive, data-driven, forward-looking, and responsive approach to supporting all students - counselors are advocates and leaders in their buildings."

At its core, the PCSD school counseling approach is framed around four essential roles: classroom curriculum, individual planning, responsive services and program management. Counselors deliver engaging, age-appropriate, and relevant lessons on a wide range of topics such as friendship, emotional and physical safety, bullying, social media and substance abuse. Individual planning sees counselors working one-on-one with students, charting academic and personal growth trajectories from everything to goal setting and interest identification, to college and career planning, and graduation planning. Immediate student needs are addressed by responsive services, including academic, social or emotional with comprehensive interventions. Meanwhile, program management strengthens the foundations of the counseling program throughout the school and district with professional development, monitoring of progress toward goals, and important community and family engagement.



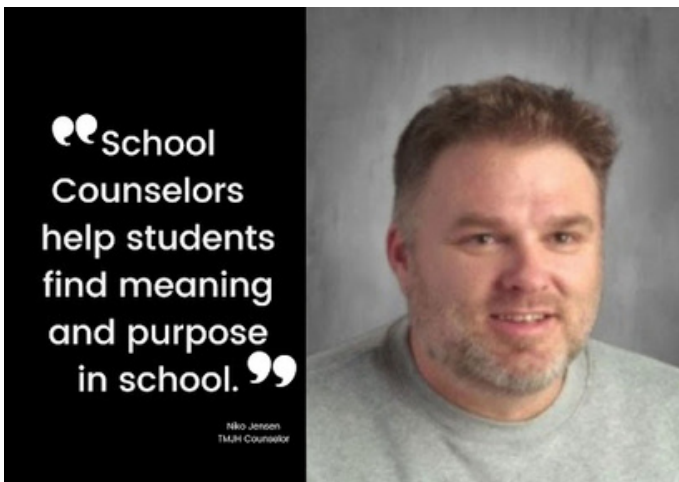


Each year, PCSD [school counseling departments outline goals](#) aligned with overall school objectives. Informed by data, these goals ensure tangible measurement of progress and impact on students. This year's goals range from providing skills for students to prevent and deal with bullying, to integrating college and career readiness skills across the curriculum, to improving and modeling positive relationships and self-regulation competencies.

Collaboration is at the heart of the PCSD Counseling Department. In every school, social workers join forces, working in tandem with families to ensure student needs are met. A partnership with the Huntsman Mental Health Institute (HMHI) offers school-based therapy for students who, for various reasons, might find services inaccessible.

Our PCSD Counseling Department ensures that all students have the tools and supports they need for success. As Treasure Mountain Junior High Counselor Niko Jensen states, "School counselors help students find meaning and purpose in school."

[Link here for more information on individual school's websites.](#)



[Park City High School Counseling Department](#)
[Treasure Mountain Junior High Counseling Department](#)
[Ecker Hill Middle School Counseling Department](#)
[Jeremy Ranch Elementary School Counselors](#)
[McPolin Elementary School Counseling Connection](#)
[Parley's Park Elementary School Counselors](#)
[Trailside Elementary School Counseling Connection](#)