

MEET YOUR SCHOOL COUNSELOR







BIOGRAPHY

Education: I earned my BS in Neuroscience and Psychology as well as my MSE in School Counseling at UW River Falls. Go Falcons!

Background: My family is Greek-American and I am adopted from Bogota, Colombia

About Me: I like to create art, watch nature documentaries and spend time with my cat, Midnight. Working with kids is my passion. I am so glad to be at Jenny Lind!

WHAT DOES A SCHOOL COUNSELOR DO?



Support students' social/emotional health and help them to grow academic skills.

WORK WITH STUDENTS

I work with students individually, in small groups, or in classroom lessons to teach skills and support mental health.

MY LIFE PLAN CURRICULUM



Students receive 1-2 counseling lessons a month on a variety of topics including self-regulation, academic skills, college and career readiness, and social/emotional health. Through these lessons I help to prepare students for a future of success.



CONTACT



Please feel free to email me at AnnaM.Miller@mpls.k12.mn.us

Or call my office (Room 232) at (612) 668-2039





COLLABORATION

I work with families, school staff, and communities so that we can create a support system for each student! I can also assist in crisis response and mental health referrals. Please reach out anytime!