

“ORANGE THAT FEEDS”



www.5sikhseva.org





WHO WE ARE



At 5 Sikh Seva, we are wholeheartedly committed to a mission that reaches far beyond the boundaries of a conventional charity – we're committed to addressing hunger and food insecurity in the bay area. Our unique "service on wheels" delivers free meals directly to communities in need.





OUR STORY

In the midst of the Covid-19 crisis, two Sikh families were deeply moved by the sight of their community facing severe food shortages. With a spirited determination, deeply rooted in their faith and values, they came together to lay the foundation of our non-profit organization, with the sole intent to offer nutritious meals to all those battling hunger

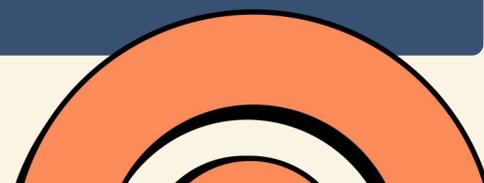
This inspiration to start our non-profit stems from the foundational teachings of Guru Nanak Dev Ji, the first Sikh Guru. His principles of honest living, selflessly sharing with everyone, and devotion to one God guide our mission and actions.

WHAT DOES 5 SIKH SEVA MEAN

The Significance of "5" in Sikhism: Embodies core principles such as the Five Beloved Ones, Five K's, 5 daily morning prayers, and mirrors the five rivers of Punjab, underscoring a dedication to virtuous living.

Understanding Sikh: Refers to "disciple" or "learner", denoting followers of Guru Nanak Dev Ji and subsequent Gurus, emphasizing equality, selfless service, and devotion.

Embracing Seva: Highlights "selfless service", a core tenet in Sikhism, promoting acts of kindness and fostering community, echoing the Gurus' teachings.





OUR VALUES

Empowering Bay Area communities through the spirit of selfless service, we believe that every individual deserves nourishment. By providing free meals, we champion equality, compassion, and community solidarity, ensuring no one goes hungry in our neighborhood.



ON WHEELS



FIGHTING STARVATION



DISASTER SUPPORT



COMMUNITY ENGAGEMENT



SUPPORTING
SCHOOLS



DAILY MEAL
DISTRIBUTION



PROBLEM

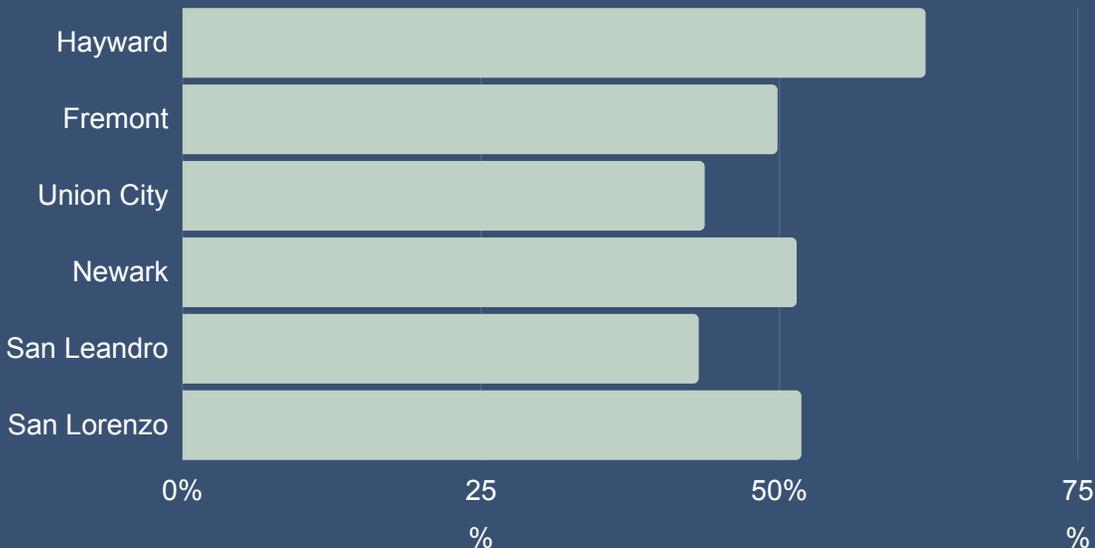
Despite societal advancements, hunger and food insecurity persist in our community, worsened by the Covid-19 pandemic. This crisis impacts not just health, but also education and employment, as increasing numbers struggle to access regular nutritious meals. Current food aid programs can't keep up with growing needs, highlighting an urgent demand for swift, creative, community-centered solutions to address this escalating issue and guarantee food access for all.

STATEMENT

FOOD INSECURITY IS ON THE RISE IN ALAMEDA COUNTY

Description	Details
Household receiving SNAP with Children	62.2 %
Child food insecurity	11.4 %
Food Insecure Population	9.3 %
Additional money required to meet food needs	\$100,781,000

SURROUNDING CITIES USING SNAP



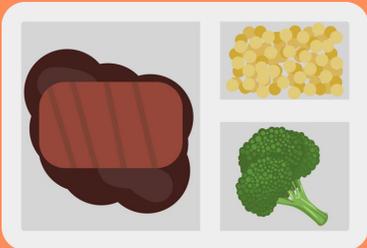


OUR SOLUTION



MOBILE FOOD SERVICES

Our mobile kitchen, fondly known as "The orange truck that feeds," allows us to bring nutritious meals directly to various locations in the community, ensuring accessibility for everyone, especially those with mobility limitations.



FREE MEAL PROGRAM

Our Free Meal Program, combats community food insecurity through our mobile kitchen. We distribute free meals to various locations, serving all individuals without prejudice. Our mission extends beyond feeding people; we aim to nourish spirits, foster community bonds, and tackle hunger, one meal at a time.



COMMUNITY ENGAGEMENT

We work closely with the community to understand their needs, and tailor our food services accordingly. This includes respecting dietary preferences, cultural practices, and meal timings.



MAKING A DIFFERENCE IN BAY AREA

Since April 2020, 5 Sikh Seva has been on a special mission in the Bay Area, CA. We serve free meals daily to schools, churches, and homeless shelters. But for us, it's not just about the food; it's a way of sharing warmth and hope. We're driven to lift spirits, give back, and truly make a difference. It's our passion and our promise.

Description	Details
Average Meals Served per Event	250
Average cost per meal	\$4.50
Average Monthly Meals Served	4,000
Total Bay Area Meals Served	100,000 +
Total Bay Area Locations Served	350+



PROGRAM IMPACT



- **Direct Relief:** Since its inception, our Free Meal Program has provided over 100,000 nutritious meals to individuals and families in our local community facing food insecurity.
- **Community Cohesion:** Through shared meals and community service, we've fostered a sense of solidarity and mutual support in our community, breaking down social barriers and promoting understanding and empathy.
- **Health Improvement:** By ensuring access to nutritious meals, we've contributed to better health outcomes for many community members, reducing the risks associated with poor nutrition and diet-related diseases.
- **Education and Awareness:** Our program has raised awareness about the issue of food insecurity, inspiring more individuals and local businesses to contribute to the cause and advocate for policy changes.
- **Volunteer Engagement:** We've mobilized hundreds of volunteers, providing opportunities for individuals to give back, develop skills, and feel more connected to their community.



WHERE TO FIND US

Our events are updated
on our website:
www.5sikhseva.org

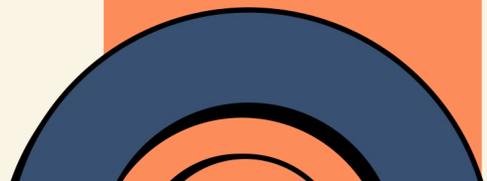


SUPPORT US



Donating to 5 Sikh Seva offers the opportunity to make a tangible impact in combating food insecurity and strengthening the community. With potential personal fulfillment, and the chance to engage in volunteer and partnership opportunities. Your contribution becomes an investment in human dignity and a future free from hunger.

Let's come together to ensure a Bay Area where everyone sleeps fed and is met with compassion





THANK YOU

