

Middle School Lunch Menu

November 2023

Domino's Pizza Days:

11/07: Lincoln
 11/09: Flinn
 11/14: Eisenhower, West
 11/28: RESA



Menu is subject to change without notice.

Contains pork

Vegetarian

For details about ingredients and allergens, please visit LINQ Connect on our website.

Milk: 1% white and fat free chocolate served daily.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1. Popcorn Chicken Bowl 2. Peanut Butter & Jelly Sandwich 3. Chicken Sandwich 4. Protein Bento Box Sides: Mashed Potatoes & Gravy, Side Salad & Applesauce, Pears	1. Orange Chicken & Rice Bowl 2. Lasagna Roll-Ups 3. Turkey Pepperoni Pizza 4. Protein Bento Box Sides: Steamed Broccoli, Celery & Banana, Strawberry Craisins	1. Chicken & Waffles 2. Vegetarian Chick'n & Waffles 3. Mozzarella Sticks 4. Protein Bento Box Sides: Shoestring Fries, Cucumber & Strawberry Gel Cup, Apple Slices
		01	02	03
1. Chicken Drumstick & Roll 2. Three Cheese Calzone 3. Cheese Pizza 4. Turkey & Cheese Sandwich Sides: Mashed Potatoes, Celery & Orange, Pineapple Cup	1. Chicken Fajitas 2. Penne Alfredo 3. Cheeseburger 4. Turkey & Cheese Sandwich Sides: Refried Beans, Grape Tomatoes & Peaches, Banana	1. All American Sample Platter 2. Deep Dish Pizza 3. Chicken Sandwich 4. Turkey & Cheese Sandwich Sides: Sweet Potato Waffle Fries, Cucumbers & Applesauce, Pears	1. Philly Cheesesteak 2. Pancakes & Omelet 3. Mozzarella Sticks 4. Turkey & Cheese Sandwich Sides: Green Beans, Side Salad & Banana, Strawberry Craisins	1. Fish Sticks 2. Three Cheese Cavatappi 3. Turkey Pepperoni Pizza 4. Turkey & Cheese Sandwich Sides: Steamed Broccoli, Carrots & Strawberry Gel Cup, Apple Slices +Cookie
06	07	08	09	10
			BirthDay Treat Day	
1. Spicy Chicken Sandwich 2. Bosco Sticks 3. Cheese Pizza 4. Pizza Snack Pack Sides: Roasted Potato Wedges, Celery & Orange, Pineapple Cup	1. Burrito Bowl 2. Penne Marinara 3. Cheeseburger 4. Pizza Snack Pack Sides: Black Bean, Side Salad & Peaches, Banana +Pickle Spear	1. Chicken Parm & Penne 2. Grilled Cheese 3. Turkey Pepperoni Pizza 4. Pizza Snack Pack Sides: Mixed Vegetables, Carrots & Applesauce, Pears	1. Soft Pretzel & Spicy Wings 2. Walking Vegetarian Taco 3. Mozzarella Sticks 4. Pizza Snack Pack Sides: Roasted Potato Wedges, Grape Tomatoes & Banana, Strawberry Craisins	1. Buffalo Chicken Mac & Cheese 2. Buffalo Mac & Cheese 3. Chicken Sandwich 4. Pizza Snack Pack Sides: Steamed Broccoli, Cucumber & Strawberry Gel Cup, Apple Slices
13	14	15	16	17
	National Pickle Day			
No School	No School	No School	No School	No School
20	21	22	23	24
1. Mini Turkey Corn Dogs 2. French Toast Sticks 3. Turkey Pepperoni Pizza 4. Peanut Butter & Jelly Sandwich Sides: Hashbrown Rounds, Celery & Orange, 100% Juice Slushie	1. Soft Beef Taco 2. French Bread Pizza 3. Chicken Sandwich 4. Peanut Butter & Jelly Sandwich Sides: Black Beans, Red Pepper Slices & Peaches, Banana	1. Honey BBQ Rib Sandwich 2. Italian Sample Platter 3. Cheeseburger 4. Peanut Butter & Jelly Sandwich Sides: Steamed Cauliflower, Grape Tomatoes & Applesauce, Pears	1. Sweet Chili Meatballs 2. Pancakes & Scrambled Eggs 3. Cheese Pizza 4. Peanut Butter & Jelly Sandwich Sides: Cucumber, Peas & Banana, Strawberry Craisins	
27	28	29	30	
Slushie Day				