

MONDAY



TUESDAY

MEAL REQUIREMENTS

Must select at least 3 of the 5 offered components:
Meat/Meat Alternative;
Grain; Veggie; Fruit; Milk
ONE SELECTION MUST BE A
1/2 CUP OF FRUIT OR VEGGIE!



WEDNESDAY

1

Breakfast for Lunch
Pancakes and Sausage
Or
Chef Salad

Corn
Chilled Mixed Fruit

THURSDAY

2

Chicken Penne with Alfredo Sauce
Or
Chicken Caesar Salad

Green Peas
Chilled Peaches

FRIDAY

3

Pizza Friday
Cheese Pizza (V) or
Pepperoni Pizza
Or
Spicy Buffalo Chicken Salad with
Dinner Roll

Cucumber
Red Delicious Apple
Fresh Baked Cookies

All menu items are offered with a selection of fresh fruits and vegetables and a variety of milk. (V) denotes our daily vegetarian option.

6

Sweet and Sour Chicken w/ Rice
Or
Ham and Cheese Sandwich

Broccoli
Chilled Peaches

7

Classic American Cheeseburger
Or
Blueberry Parfait (V) with Graham
Crackers
& Mozzarella Cheese Stick

Sweet Potato Fries
Chilled Pears

8

Crispy Chicken Nuggets w/ Dinner roll
Or
Italian Sandwich

Carrots
Applesauce

9

Crispy Popcorn Chicken w/ Dinner
Roll
Or
Chef Salad w/ Dinner roll

Baked Beans
Chilled Mixed Fruit



All menu items are offered with a selection of fresh fruits and vegetables and a variety of milk. (V) denotes our daily vegetarian option.

13

Oven Baked Crispy Breaded Chicken
Drumstick
w/ Dinner Roll
Or
Chicken Caesar Salad with Dinner
Roll

Romaine Lettuce
Chilled Pears

14

Classic American Cheeseburger
Or
Crispy Chicken Wrap

Corn
Chilled Peaches

15

Bean and Cheese Burritos (V)
Or
Turkey and Cheese Sandwich

Carrots
Chilled Mixed Fruit

16

Crispy Chicken Nuggets w/ Dinner
Roll
Or
Chef Salad w/ Dinner Roll

Broccoli
Chilled Applesauce

17

Pizza Friday
Cheese Pizza (V) or
Pepperoni Pizza
Or
Italian Sandwich

Cucumber
Fresh Apple

All menu items are offered with a selection of fresh fruits and vegetables and a variety of milk. (V) denotes our daily vegetarian option.



21



23



All menu items are offered with a selection of fresh fruits and vegetables and a variety of milk. (V) denotes our daily vegetarian option.

27

Crispy Chicken Nuggets with Dinner
Roll
Or
Trix Yogurt w/ Graham Crackers &
String Cheese

Broccoli
Chilled Peaches

28

Chicken Corn Dog
Or
Turkey and Cheese Sandwich

Carrots
Chilled Peaches

29

Classic American Cheeseburger
Or
Garden Salad w/Egg (V) and Dinner
Roll

Sweet Potato Fries
Applesauce

30

Beef and Cheese Nachos
Or
Ham and Cheese Sandwich

Baked Beans
Chilled Mixed Fruit

Pizza Friday
Cheese or Pepperoni Pizza
Or
Crispy Chicken Wrap

Celery
Red Delicious Apple

All menu items are offered with a selection of fresh fruits and vegetables and a variety of milk. (V) denotes our daily vegetarian option.