



NOVEMBER 2023 K-5 MENU



STATIONS	MONDAY	TUESDAY	WENDSDAY	THURSDAY	FRIDAY
			1	2	3
Hot Entrée			Pasta w/ Marinara Sauce & Fresh Hot Cheezy Bread	Grilled Cheese	Pizza Friday's Choice of Pepperoni
Sandwich of the Day			Italian Combo	Turkey & Cheese	Bologna & Cheese
Vegetables			Roasted Carrots	Roasted Corn	Cauliflower
	6	7	8	9	10
Hot Entrée	French Toast Sticks & Chicken Sausage	Election Day GO VOTE	Cheese Ravioli w/Marinara	Chicken Quesadilla	Bosco Cheese Sticks w/ Marinara
Sandwich of the Day	Ham & Cheese		Italian Combo	Turkey & Cheese	Bologna & Cheese
Vegetables	Roasted Carrots		Sauteed String Beans	Celery & Carrot Sticks	Sauteed Spinach
	13	14	15	16	17
Hot Entrée	Pancakes w/ Chicken Sausage	Chicken & Broccoli Teriyaki and Brown Rice	Mac & Cheese w/whole wheat Roll	Burgers w/ Lettuce and Tomato	Pizza Friday's Choice of Pepperoni
Sandwich of the Day	Ham & Cheese	Salami & Cheese	Italian Combo	Turkey & Cheese	Bologna & Cheese
Vegetables	Sliced Oranges	Roasted Edamame	Broccoli	French Fries	Blueberry Cup
	20	21	22	23	24
Hot Entrée	Maple Waffles w/ Roasted ChickenTenders	Nachos with all the Topping	Beef Ravioli Fresh Basil & Grated Cheese		
Sandwich of the Day	Ham & Cheese	Salami & Cheese	Italian Combo		
Vegetables	Sliced Apples	Braised Black Beans	Baked Cauliflower w/ Blue cheese		
	27	28	29	30	
Hot Entrée	Chicken Fingers & French fries	Taco Tuesday's	Chicken & Broccoli Teriyaki and Brown Rice	SPUDS & NUGGETS	
Sandwich of the Day	Salami & Cheese	Salami & Cheese	Roasted Edamame	Turkey & Cheese	
Vegetables	Broccoli	Corn	Salami & Cheese	Broccoli	

Available Daily :Whole Wheat Breads and Bagels with String Cheese... Sunbutter & Jelly Sandwich. Assorted Whole Wheat Cereal, Granola Parfaits, Hummus and Crunchy Chips. Fresh Fruits:Various Seasonal Apples, Oranges, Bananas, 1% Milk and Juices are all included with your complete meal. Special Needs or Gluten Free are Upon Request.