



Your care. Your way. Access your Teladoc Health benefits anytime.

General Medical \$0 copay for Base and Buy Up plans!

Talk to a board-certified doctor or pediatrician 24/7 for non-emergency conditions.

Prescription refills • sinus infections • allergies • stomach bug • COVID-19 advice • and more

Dermatology Base Plan: \$50/online review

Buy Up Plan: \$25/online review

Upload images and details of your skin issue in the Teladoc Health app. A dermatologist will review them and provide a treatment plan within 24 hours. Follow up via in-app messaging for 7 days after your results.

Eczema • psoriasis • poison ivy • rashes • rosacea • and more



Set up your account or log in to get started today

Visit Teladoc.com

Call 1-800-TELADOC (835-2362) | Download the app 🗳 | 🏟

Refer to your employee booklet at umr.com for Teladoc benefits

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