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Please check the District Website, Food Services Tab to learn more.

Sign Up for Schoolcafe.com to apply for free/reduced meals, Look up nutritionals & make payments. Set up an account to receive low balance alerts.



Fleetwood Area School District High School Lunch Menu November 2023



Meal Prices

Breakfast

Student -Free

Lunch

Student - \$3.10

Adult - \$ 2.25

Adult - \$4.75

** Menu Subject to Change**

WEEKLY ALTERNATE ENTREE	Monday 6-Nov	Tuesday 7-Nov	Wednesday 8-Nov	Thursday 9-Nov	Friday 10-Nov
<p>Deli Hoagie- Turkey, Ham, Tuna Salad, Chicken salad (Rotating Daily)</p> <p>Yogurt Meal: Yogurt, String Cheese, WG Muffin, Graham Crackers</p> <p>PB & J Meal: Pb&J Uncrustable, String Cheese, Graham Crackers</p>	<p>A. Bacon Cheeseburger B. Hot Dogs</p> <p style="text-align: center;">Curly Fries Celery & Carrots w/dip</p>	<p>A. Sweet & Sour Chicken w/Rice B. Chef's Choice</p> <p style="text-align: center;">Oriental Blend Veggies Side Salad</p>	<p>A. Artisan Chicken Reg. or Spicy B. Chef's Choice</p> <p style="text-align: center;">French Fries Cauliflower</p>	<p>A. Penne pasta w/ meatballs B. Meatball Sub</p> <p style="text-align: center;">Side Salad Garlic Knots</p>	<p>A. Beef Tacos B. Chef's Choice</p> <p style="text-align: center;">Fiesta beans Corn, LTO Sour cream, salsa Choice of doritos or taco shell</p>
<p>Offered Daily: Fresh Fruits and Vegetables 100% Fruit Juice</p> <p>Fruit Options* Juice Variety, Apple Slices, Bananas, Peaches, Pears, Pineapple Tidbits, Grapes, Strawberries, Mandarin Oranges, Navel Oranges, Fruit Cocktail</p> <p><small>** Fruits & Vegetables Provided will Depend on Availability** We will substitute when necessary</small></p>	<p>13-Nov</p>	<p>14-Nov</p>	<p>15-Nov</p>	<p>16-Nov</p>	<p>17-Nov</p>
<p>Lunch Salad w/Roll offered Daily: <small>(One salad offer daily, options depend on availability)</small></p> <ul style="list-style-type: none"> -Chef Salad -Taco Salad w/Tortilla Chips -Crispy Chicken Salad -Garden Salad (Cheese) -Grilled Chicken Salad <p>Milk Choices</p> <p>White Chocolate Skim Strawberry</p> <p><small>(Soy Milk is available for students w/dairy allergies)</small></p> <p><small>* Ala Carte Items available to purchase daily including snacks, ice cream, beverages and second entrees. Students MUST have money in accounts, no charging allowed.</small></p>	<p>A. Boneless Wings B. Chef's Choice</p> <p style="text-align: center;">Tater Tots Green Beans Biscuit</p>	<p>A. Hot Dog Bar B. Subway w/Chips</p> <p style="text-align: center;">Baked Beans Broccoli</p>	<p>A. Popcorn Chicken B. Hot Dogs</p> <p style="text-align: center;">Mashed Potatoes Corn Gravy</p>	<p>A. Turkey Dinner</p> <p style="text-align: center;">Potato Stuffing w/gravy Yams Corn Cranberry Sauce</p>	<p>A. Chicken Nuggets B. Chicken Parm Sand</p> <p style="text-align: center;">Pretzel nuggets Glazed Carrots</p>
<p>20-Nov</p>	<p>21-Nov</p>	<p>22-Nov</p>	<p>23-Nov</p>	<p>24-Nov</p>	<p>24-Nov</p>
<p>A. Brunch for Lunch: French Toast Sticks w/Sausage Links B. Pizza</p> <p style="text-align: center;">Hash Brown Rounds Celery & Carrots w/dip</p>	<p>Early Dismissal</p>	<p>Early Dismissal</p>		<p>No School</p>	<p>No School</p>
<p>27-Nov</p>	<p>28-Nov</p>	<p>29-Nov</p>	<p>30-Nov</p>	<p>30-Nov</p>	<p>1-Dec</p>
<p>No School</p>	<p>A. Maxi Cheese Sticks B. Ch. Burger</p> <p style="text-align: center;">Side Salad Sweet potato puffs</p>	<p>A. Spaghetti / meat sauce B. Chef's Choice</p> <p style="text-align: center;">Garlic Toast Side salad California Blend</p>	<p>A. Stromboli B. Hot Dog</p> <p style="text-align: center;">Mozz Sticks Broccoli Dipping sauce</p>	<p>A. Corn Dog Nuggets B. Rib BBQ Sand</p> <p style="text-align: center;">Sweet Potato Waffle Fries Green Beans</p>	



The Tiger LUNCH Meal Deal

Choose ONE Entree:

- Daily Entree Special
- Alternate Meal
- Salad or Sandwich Meal

Choose up to TWO Sides of Fruit:

- Fresh Fruit
- Fruit Cup
- Fruit Juice (only 1 serving)

Choose up to TWO Sides of Veggies:

- Daily Vegetable
- Assorted Vegetable Cup

Interested in substituting in Food Service, please contact Mr. Shefter @ 610-944-8111 ext. 10600.

Equal Opportunity Institution

Don't Forget - Take at least ONE Fruit or Veggie. And at least THREE items total so your meal counts as a complete lunch.