

NOVEMBER 2023 INTERNATIONAL ACADEMY MENU

Breakfast - 7:20am
Lunch - 11am-1pm

Monday

Tuesday

Wednesday

Thursday

Friday

6
NO SCHOOL!

7
NO SCHOOL!

1
Chicken Alfredo Pasta,
served with Broccoli and
Garlic Toast

2
Loaded Chicken and
Cheese Tot Bowl

3
**1/2 Day!
No Lunch!**

13
JET'S PIZZA!
OR Fish Sticks with Fries

14
Walking Tacos
Served with Black Beans
and Churros

8
Oriental Beef Dipper Stir
Fry served w/ Rice
Served with WG rice and
Asian Veggie Mix

9
Bosco Day! OR
Emoji Waffle w/ Turkey
Sausage

10
Chicken Drumstick served
with Mashed Potatoes,
Chicken Gravy & Corn

20
JET'S PIZZA!
OR Mac & Cheese Burger
with Sweet Potato Fries

21
Roast Turkey served with
Mashed Potatoes, Gravy &
a corn muffin

15
Meatball Grinder
with Marinara and Cheese
served with optional
Peppers and onions

16
Bosco Day!
OR Vegan Nuggets with
Fries

17
Orange Chicken w/ Rice
Served with WG rice, Asian
Veggie Mix

27
JET'S PIZZA!
OR Chicken & Waffle
EGGOGI Sandwich

28
2 Beef or Chicken Tacos
served with Pico corn,
Refried Beans and Churros

22
NO SCHOOL!

Happy Thanksgiving


29
Grilled Cheddar Flat
Bread & Tomato Soup

30
Pulled Chicken Sandwich
with Vegetarian Baked
Beans

Bloomfield Hills Schools is providing
2023-24 FREE Michigan Meals for All to students from Pre-K to 12th grade this school
year!

Make sure to take advantage of this amazing program!

All complete breakfasts and lunches are FREE!

Only one breakfast and lunch per student per day

Ala carte options will be available at an extra charge.

248.341.5671

aramark

DAILY LUNCH OPTIONS!

**CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS w/ MUFFIN
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS**

**PLUS MTO DELI BAR AND SNACK BAR (ALA CARTE PRICING FOR SNACKS)
AND MUCH MORE!!**

Meatball Grinder

Meatballs tossed in Marinara topped with melted Mozzarella cheese and topped with optional Peppers & Onions with Fries

Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

Chicken Tenders

All White Meat Lightly Breaded Chicken Strips

Served with WG muffin

Walking Tacos

Beef and Cheese filled Frito Bag

Served with refried beans

EGGOJI Waffle and Sausage

2 animated WG Waffles served with turkey sausage patties and Syrup cup

Oriental Beef Stirfry

Beef bites glazed in Teriyaki sauce served over WG rice with Asian mixed Veggies

Roast Turkey Dinner

Tender Sliced Turkey in Gravy Served with Mashed Potatoes, Gravy and a Corn Muffin

French Toast with Turkey Sausage

Crispy French Toast Sticks served with a Turkey Sausage Patty, Syrup, Hash Brown Patty

2 Soft Tacos

Beef or Chicken and Cheese

Served with refried beans

Grilled Cheddar Flat Bread

Goosey Cheddar Cheese melted between WG Flatbread Served with creamy Tomato Soup

Fish Sticks

Lightly Breaded Haddock

Served with WG muffin

Vegan Nuggets

Breaded Veggie Nuggets seasoned and baked to taste like Chicken!

Pasta Bar

Pasta served with Marinara Sauce or Alfredo served with choices of Beef Meatballs, Diced Chicken and Broccoli. Served with Parmesan, and Garlic Toast

Bosco Sticks

Mozzerella cheese filled breadsticks served with Marinara Sauce

Orange Chicken

Crispy battered chicken bites glazed in a sweet orange sauce, served over rice with Asian mixed Veggies

Chicken Patty Sandwich

All White Meat Lightly Breaded Plain or spicy Chicken Patty Served on a WG Bun

Chicken and Waffle Sandwich

Crispy Chicken sandwiched between 2 Waffles with optional Coleslaw and a variety of toppings

Beef and Cheese Tatchos

Beef and Cheese over Crispy Tater Tots Served with refried beans and Toppings

Pulled Chicken BBQ Sandwich

Shredded Chicken tossed in Tangy BBQ Sauce served on a WG Bun with Vegetarian Baked Beans

Chicken Drumstick

Breaded Chicken Drumstick Served with Mashed Potatoes, Gravy and Corn

BREAKFAST

Offered Daily
in the Cafe 7:15am - 7:55am

Choose from Cold and Hot Choices including Apple Cinnamon Texas Toast, Breakfast Sandwiches, Yogurt Parfait, Bagels, Muffins, Cereal Bars, Cereal. All Breakfasts include up to a full cup of fruit and/or Juice and a 1% white or chocolate milk

Join us in learning about

Michigan Produce!

a variety of Michigan Carrots, Blueberries, Apples, Salad Greens, Cherries available Daily on our Fruit and Veggie Bar!



Gluten Free option available per medical request - preorder required



Vegetarian and Dairy Free options available - preorder required



**MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER**