

Tomball Independent School District Intermediate Breakfast Menu

NOV

MENU 2023

MONDAY

Our unit breakfast consists of 3 or more components, at least one must be a fruit.

TUESDAY

Food Components Required at Breakfast:
Whole Grain
Fruits & Milk

WEDNESDAY

1 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs
Fruits & Milk

THURSDAY

2 Chicken & Waffle or Cereal or Mini Waffles
Fruits & Milk

FRIDAY

3 Whole Grain Donut Cereal or **New!** Yogurt Meal Kit
Fruits & Milk

6 Staff Development
Student Holiday

7 Staff Development
Student Holiday

8 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs
Fruits & Milk

9 Chicken & Waffle or Cereal or Mini Waffles
Fruits & Milk

10 Whole Grain Donut Cereal or **New!** Yogurt Meal Kit
Fruits & Milk

13 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs
Fruits & Milk

14 Biscuit & Sausage or Cereal or Mini Waffles
Fruits & Milk

15 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs
Fruits & Milk

16 Chicken & Waffle or Cereal or Mini Waffles
Fruits & Milk

17 Whole Grain Donut Cereal or **New!** Yogurt Meal Kit
Fruits & Milk

Thanksgiving Break



27 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs
Fruits & Milk

28 Biscuit & Sausage or Cereal or Mini Waffles
Fruits & Milk

29 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs
Fruits & Milk

30 Chicken & Waffle or Cereal or Mini Waffles
Fruits & Milk

All breakfast cereals and pastries contain at least 51% whole grain. 1% White Milk and Fat-Free Chocolate Milk are offered daily.

LOST MAPLES STATE PARK



We are now hiring for kitchen jobs!

- Part-time
- Medical Benefits
- Daytime Schedule
- Holidays off
- Weekends off

Visit our website for more details!



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.



Food and Nutrition Division
National School Lunch Program

Student Breakfast:
\$1.50
Adult Breakfast:
\$3.10



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
This product was funded by USDA.
This institution is an equal opportunity provider.

Meals are Subject to
Change due to
Ongoing Supply Chain
and Staffing Issues



Updated 11/1/2023
www.SquareMeals.org

Tomball Independent School District Intermediate Lunch Menu

NOV

MENU 2023

MONDAY

Our unit lunch consists of 3 or more components, at least one must be a fruit or vegetable

TUESDAY

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

WEDNESDAY

1 Mac & Cheese or
Chicken Nuggets or
Chicken Popper Salad
Tomato Soup
Vegetables, Fruits
Milk

THURSDAY

2 Pizza Slice or
Baja Fish Sticks or
Chicken Popper Salad
Vegetables, Fruits
Milk

FRIDAY

3 Cheeseburger or
Corndog or
Chicken Popper Salad
Vegetables, Fruits
Milk
Frozen Friday Fun Treat!

6 Staff Development
Student Holiday

7 Staff Development
Student Holiday

8 Steak Fingers or
Chicken Drumsticks or
Chicken Popper Salad
Vegetables, Fruits
Dinner Roll & Milk

9 Pizza Slice or
Chicken Bites or
Chicken Popper Salad
Vegetables, Fruits
Milk

10 Cheeseburger or
Chicken Sandwich or
Chicken Popper Salad
Vegetables, Fruits
Milk
Frozen Friday Fun Treat!

13 Orange Chicken or
Teriyaki Beef or
Fruit & Yogurt Plate
Vegetables, Fruits
Brown Rice & Milk

14 Taco Tuesday or
Cheese Enchiladas or
Chicken Popper Salad
Vegetables, Fruits
Milk

15 **Holiday Meal!**
Turkey & Gravy
Stuffing & Roll
Green Beans, Fruit
Milk
and a Special Treat!

16 Pizza Slice or
Baja Fish Sticks or
Chicken Popper Salad
Vegetables, Fruits
Milk

17 Cheeseburger or
Corndog or
Chicken Popper Salad
Vegetables, Fruits
Milk
Frozen Friday Fun Treat!

Thanksgiving Break



27 Breakfast for Lunch:
Pancakes Eggs Sausage
or Fruit & Yogurt Plate
Vegetables, Fruits
Milk

28 Taco Tuesday or
Cheese Enchiladas or
Chicken Popper Salad
Vegetables, Fruits
Milk

29 Mac & Cheese or
Chicken Nuggets or
Chicken Popper Salad
Tomato Soup
Vegetables, Fruits
Milk

30 Pizza Slice or
Baja Fish Sticks or
Chicken Popper Salad
Vegetables, Fruits
Milk

1% White Milk and Fat-Free Chocolate Milk offered daily. All lunch rolls, tortillas, rice, and bread items contain at least 51% whole grain.

LOST MAPLES STATE PARK



Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily.

To add money to a student's account visit:
www.schoolcafe.com



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.



Food and Nutrition Division
National School Lunch Program

Student Lunch:
\$2.75
Adult Lunch:
\$4.60



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.

Meals are Subject to
Change due to
Ongoing Supply Chain
and Staffing Issues



Updated 11/1/2023
www.SquareMeals.org

LOST MAPLES STATE PARK



Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily.

To add money to a student's account visit: www.schoolcafe.com



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

MONDAY

Our unit lunch consists of 3 or more components, at least one must be a fruit or vegetable

TUESDAY

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

WEDNESDAY

1 Breaded Chicken Sandwich or Chicken Popper Salad
Vegetables, Fruits
Milk

THURSDAY

2 Chicken Bites or Chicken Popper Salad
Vegetables, Fruits
Milk

FRIDAY

3 Cheeseburger or Chicken Popper Salad
Vegetables, Fruits
Milk

6 Staff Development
Student Holiday

7 Staff Development
Student Holiday

8 Breaded Chicken Sandwich or Chicken Popper Salad
Vegetables, Fruits
Milk

9 Chicken Bites or Chicken Popper Salad
Vegetables, Fruits
Milk

10 Cheeseburger or Chicken Popper Salad
Vegetables, Fruits
Milk

13 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate
Vegetables, Fruits
Milk

14 Mini Corndogs or Chicken Popper Salad
Vegetables, Fruits
Milk

15 Breaded Chicken Sandwich or Chicken Popper Salad
Vegetables, Fruits
Milk

16 Chicken Bites or Chicken Popper Salad
Vegetables, Fruits
Milk

17 Cheeseburger or Chicken Popper Salad
Vegetables, Fruits
Milk

Thanksgiving Break



27 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate
Vegetables, Fruits
Milk

28 Mini Corndogs or Chicken Popper Salad
Vegetables, Fruits
Milk

29 Breaded Chicken Sandwich or Chicken Popper Salad
Vegetables, Fruits
Milk

30 Chicken Bites or Chicken Popper Salad
Vegetables, Fruits
Milk

1% White Milk and Fat-Free Chocolate Milk offered daily. All lunch rolls, tortillas, rice, and bread items contain at least 51% whole grain.



Food and Nutrition Division
National School Lunch Program

Student Lunch:
\$2.75
Adult Lunch:
\$4.60



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
This product was funded by USDA.
This institution is an equal opportunity provider.

Meals are Subject to
Change due to
Ongoing Supply Chain
and Staffing Issues



Updated 11/1/2023
www.SquareMeals.org