

# Tomball Independent School District Elementary Breakfast Menu

# NOV

MENU 2023

## MONDAY

Our unit breakfast consists of 3 or more components, at least one must be a fruit.

## TUESDAY

Food Components Required at Breakfast:  
Whole Grain  
Fruits & Milk

## WEDNESDAY

1 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs  
Fruits & Milk

## THURSDAY

2 Chicken & Waffle or Cereal or Mini Waffles  
Fruits & Milk

## FRIDAY

3 Whole Grain Donut Cereal or **New!** Yogurt Meal Kit  
Fruits & Milk

6 Staff Development  
Student Holiday

7 Staff Development  
Student Holiday

8 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs  
Fruits & Milk

9 Chicken & Waffle or Cereal or Mini Waffles  
Fruits & Milk

10 Whole Grain Donut Cereal or **New!** Yogurt Meal Kit  
Fruits & Milk

13 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs  
Fruits & Milk

14 Biscuit & Sausage or Cereal or Mini Waffles  
Fruits & Milk

15 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs  
Fruits & Milk

16 Chicken & Waffle or Cereal or Mini Waffles  
Fruits & Milk

17 Whole Grain Donut Cereal or **New!** Yogurt Meal Kit  
Fruits & Milk

# Thanksgiving Break



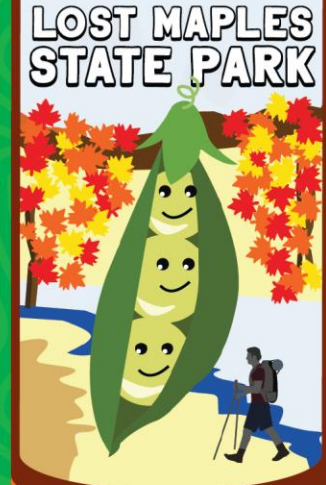
27 Turkey Sausage Pancake on a Stick or Cereal or Mini Pancake Puffs  
Fruits & Milk

28 Biscuit & Sausage or Cereal or Mini Waffles  
Fruits & Milk

29 Beef & Cheese Kolache or Cereal or Mini Pancake Puffs  
Fruits & Milk

30 Chicken & Waffle or Cereal or Mini Waffles  
Fruits & Milk

All breakfast cereals and pastries contain at least 51% whole grain. 1% White Milk and Fat-Free Chocolate Milk are offered daily.



**We are now hiring for kitchen jobs!**

- Part-time
- Medical Benefits
- Daytime Schedule
- Holidays off
- Weekends off

Visit our website for more details!



**TOMBALL**  
INDEPENDENT SCHOOL DISTRICT  
Not just a district, a destination.



Food and Nutrition Division  
National School Lunch Program

Student Breakfast:  
\$1.50  
Adult Breakfast:  
\$3.10



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
This institution is an equal opportunity provider.

Meals are Subject to  
Change due to  
Ongoing Supply Chain  
and Staffing Issues



Updated 11/1/2023  
www.SquareMeals.org

# Tomball Independent School District Elementary Lunch Menu

# NOV

## MENU 2023

### MONDAY

Our unit lunch consists of 3 or more components, at least one must be a fruit or vegetable

### TUESDAY

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits, Vegetables  
Milk

### WEDNESDAY

1 Mac & Cheese or  
Chicken Nuggets or  
Chicken Popper Salad  
Tomato Soup  
Vegetables, Fruits  
Milk

### THURSDAY

2 Pizza Slice or  
Baja Fish Sticks or  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

### FRIDAY

3 Cheeseburger or  
Corndog or  
Chicken Popper Salad  
Vegetables, Fruits  
Milk  
Frozen Friday Fun Treat!

6 Staff Development  
Student Holiday

7 Staff Development  
Student Holiday

8 Steak Fingers or  
Chicken Drumsticks or  
Chicken Popper Salad  
Vegetables, Fruits  
Dinner Roll & Milk

9 Pizza Slice or  
Chicken Bites or  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

10 Cheeseburger or  
Chicken Sandwich or  
Chicken Popper Salad  
Vegetables, Fruits  
Milk  
Frozen Friday Fun Treat!

13 Orange Chicken or  
Teriyaki Beef or  
Fruit & Yogurt Plate  
Vegetables, Fruits  
Brown Rice & Milk

14 Taco Tuesday or  
Cheese Enchiladas or  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

15 **Holiday Meal!**  
**Turkey & Gravy**  
**Stuffing & Roll**  
**Green Beans, Fruit**  
**Milk**  
**and a Special Treat!**

16 Pizza Slice or  
Baja Fish Sticks or  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

17 Cheeseburger or  
Corndog or  
Chicken Popper Salad  
Vegetables, Fruits  
Milk  
Frozen Friday Fun Treat!

## Thanksgiving Break



27 Breakfast for Lunch:  
Pancakes Eggs Sausage  
or Fruit & Yogurt Plate  
Vegetables, Fruits  
Milk

28 Taco Tuesday or  
Cheese Enchiladas or  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

29 Mac & Cheese or  
Chicken Nuggets or  
Chicken Popper Salad  
Tomato Soup  
Vegetables, Fruits  
Milk

30 Pizza Slice or  
Baja Fish Sticks or  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

1% White Milk and Fat-Free Chocolate Milk offered daily. All lunch rolls, tortillas, rice, and bread items contain at least 51% whole grain.

## LOST MAPLES STATE PARK



Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily.

To add money to a student's account visit:  
[www.schoolcafe.com](http://www.schoolcafe.com)



**TOMBALL**  
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Food and Nutrition Division  
National School Lunch Program

Student Lunch:  
\$2.75  
Adult Lunch:  
\$4.60



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