

PERKIOMEN SCHOOL

PREP LACROSSE FAQ

Who are the coaches?

Mike Kruger:

- Former College Lacrosse Coach:
University of Vermont (DI)
Shenandoah University (DIII)
Washington and Lee University (DIII)
Trinity College (DIII)
- Five years as a High School Coach
- Former Players Recruited to:
Bates College (DIII)
Bellarmine University (DII)
Brown University (DI)
University of Denver (DI)
High Point University (DI)
Johns Hopkins University (DI)
Loyola University (DI)
Merrimack College (DII)
University of Pennsylvania (DI)
Princeton University (DI)
Rochester Institute of Technology (DIII)
Rensselaer Polytechnic Institute (DIII)
St. Bonaventure University (DI)
St. Lawrence University (DIII)
Trinity College (DIII)
University of Massachusetts (DI)
US Air Force Academy (DI)
Williams College (DIII)

Terry Mangan:

- Former College Lacrosse Coach
Lafayette College (Head Coach) (DI)
St. Johns University (DI)
University of Massachusetts (DI)
Hobart College (DIII)
University of Pennsylvania (DI)
University of Maryland-Baltimore County (DI)

What is included in the Lacrosse Program?

Benefits include:

- National Schedule
- Fall Lacrosse Program
- Individualized Skill Training
- Team Atmosphere
- Strength & Speed Training
- Specialized Lifting Programs
- Recruitment Support
- Personalized College Counseling



Who are the Panthers' opponents?

Opponents include:

- Academy of the New Church
- Choate Rosemary Hall
- Christchurch School
- Episcopal Academy
- Everest Academy
- Frederick Gunn School
- The Hill School
- The Hun School
- Kiski School
- Shadyside Academy
- Springside Chestnut Hill Academy
- Westtown School

Member of PAISAA

Compete in Mid-Atlantic Prep Championships

Where are current and former Panthers from?

Florida	New Hampshire
Kansas	New York
Maryland	Ontario, Canada
Massachusetts	Pennsylvania
Missouri	Virginia
New Jersey	

What current and past club programs are represented?

Sweetlax Florida	LI Sting
Thunder National	Blue Star
3d	Evolve Elite
True	Harlem Lacrosse
Midwest Top Gun	Team 18
FLG	4-Leaf
Big 4 HHH	Edge



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Learn more at: athletics.perkiomen.org