

Pine Plains Central School District

2829 Church Street
Pine Plains, NY 12567

Cold Spring Early Learning Center
358 Homan Road
Stanfordville, NY 12581
School Nurse, J. Heath, RN
j.heath@ppcsd.org
(845) 868-7451 ext. 2239; (845) 868-1105 (f)

Seymour Smith Intermediate Learning Center
41 Academy Street
Pine Plains, NY 12567
School Nurse, J. Funk, RN
j.funk@ppcsd.org
(518) 398-3000 ext. 3103; (518) 398-1141 (f)

Stissing Mountain Jr./Sr. High School
2829 Church Street
Pine Plains, NY 12567
School Nurse, M. Anderson, RN
m.anderson@ppcsd.org
School Nurse, J. Zengen, RN
j.zengen@ppcsd.org
(518) 398-7181 ext. 1335; (518) 398-0169 (f)

RE: Student Health Examination Form Cover Letter

Dear Parent/Guardian:

All children entering the following grades in the upcoming school year are required, by New York State Education Law Article 19 and Regulations of the Commissioner of Education (8 NYCRR), to have a physical, not more than 12 months prior to the commencement of the school year in which the exam is required.

Physicals are **required** for students:

- Entering the school district for the first time, and in grades **pre-K or K, 1, 3, 5, 7, 9, and 11**; and at any grade level as recommended by school administration, in their discretion to promote the educational interests of the student
- In order to participate in strenuous physical activity, such as interscholastic athletics
- In order to obtain an employment certificate
- When conducting an individual evaluation or reevaluation of a student suspected of having a disability or a student with a disability

If you would prefer to have your child's exam done by his/her own doctor, it must:

- Have been done no more than 12 months prior to the start of the school year.
- Be completed and signed by the examining New York State licensed physician, physician assistant or nurse practitioner and submitted on the approved NYSED form.
- Returned to the School Health Office within thirty (30) days of your child's first day of school.

If the completed form is not on file within thirty (30) days, the school will contact you. If your child has an appointment for an exam during this school year that is after the first 30 days of school, please notify the Health Office with the date. If not, the exam will be done at school when the rest of your child's class is scheduled. Please note that physicals are good for one calendar year.

IMPORTANT

As of 1/31/2021 we can no longer accept Health Appraisals that are not on the ***Required New York State School Health Examination Form*** or the required health record equivalent. Both the Health Examination Form and the instructions for your Health Care Provider (HCP) are available upon request in the Health Office and are on the PPCSD website. *Click on Departments → Health Services → Medical Documents for Students* and then select the form needed on the right.

You will be notified if your student's health exam is not provided on the correct form. If the proper form is not subsequently received (after attempts are made to get provider compliance), the health examination will need to be repeated at the school by the school district's Medical Director. If your provider refuses to use the ***Required New York State School Health Examination Form*** you may contact your health insurance company.

Please feel free to contact us if you have any questions.

Sincerely,
Pine Plains Central School Nurses