

MONDAY

Our unit breakfast consists of all 3 food components placed on the student's tray.

TUESDAY

Food Components Required at Breakfast:
Whole Grain
Fruits & Milk

WEDNESDAY

1 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

THURSDAY

2 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

FRIDAY

3 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

6 Staff Development
Student Holiday

7 Staff Development
Student Holiday

8 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

9 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

10 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

13 Mini-Waffles
100% fruit juice
Low-Fat White Milk

14 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

15 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

16 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

17 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

Thanksgiving Break



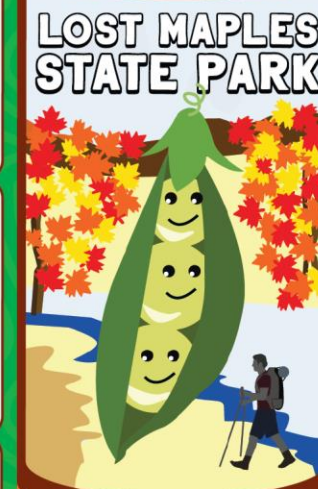
27 Mini-Waffles
100% fruit juice
Low-Fat White Milk

28 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

29 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

30 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

All breakfast cereals and pastries contain at least 51% whole grain. 1% White Milk is offered daily.



We are now hiring for kitchen jobs!

- Part-time
- Medical Benefits
- Daytime Schedule
- Holidays off
- Weekends off

Visit our website for more details!



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.



Food and Nutrition Division
National School Lunch Program

Student Breakfast:
\$1.50
Adult Breakfast:
\$3.10



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
This product was funded by USDA.
This institution is an equal opportunity provider.

Meals are Subject to
Change due to
Ongoing Supply Chain
and Staffing Issues



Updated 11/1/2023
www.SquareMeals.org

MONDAY

Our unit lunch consists of all 5 food components placed on the student's tray

TUESDAY

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

WEDNESDAY

1 Chicken Nuggets
Vegetables, Fruits
Breadstick & Milk

THURSDAY

2 Baja Fish Sticks
Vegetables, Fruits
Milk

FRIDAY

3 Cheeseburger
Vegetables, Fruits
Milk

6 Staff Development
Student Holiday

7 Staff Development
Student Holiday

8 Steak Fingers
Vegetables, Fruits
Dinner Roll & Milk

9 Pizza
Vegetables, Fruits
Milk

10 Chicken Sandwich
Vegetables, Fruits
Milk

13 Teriyaki Beef
Vegetables, Fruits
Brown Rice & Milk

14 Taco Tuesday
Vegetables, Fruits
Milk

15 Chicken Nuggets
Vegetables, Fruits
Breadstick & Milk

16 Baja Fish Sticks
Vegetables, Fruits
Milk

17 Cheeseburger
Vegetables, Fruits
Milk

Thanksgiving Break



27 Breakfast for Lunch!
Pancake, Sausage &
Scrambled Eggs
Hash Brown, Fruit
Milk

28 Taco Tuesday
Vegetables, Fruits
Milk

29 Chicken Nuggets
Vegetables, Fruits
Breadstick & Milk

30 Baja Fish Sticks
Vegetables, Fruits
Milk

All lunch rolls, tortillas,
rice, pastas and breads
contain at least 51%
whole grain.
1% White Milk offered
daily.

LOST MAPLES STATE PARK



Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

To add money to a student's account visit: www.schoolcafe.com



TOMBALL
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Food and Nutrition Division
National School Lunch Program

Student Lunch:
\$2.50
Adult Lunch:
\$4.60



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