



Rogers Public Schools

Child Nutrition Director: Margie Bowers
2815 South First Street
Rogers, AR 72758

Phone: (479) 631-3539 Fax: (479) 631-3586

Dear Parent/ Guardian,

Healthy children are better learners. The overall health of your student is very important to us and your involvement is an important component to developing and promoting lifelong healthy lifestyles.

The Rogers School District's Nutrition and Physical Activity Advisory Committee (known as the "Health and Wellness Committee") welcomes your input and suggestions as well as your willingness to serve on the committee as a parent representative. The committee meets every quarter to develop wellness initiatives and review progress at each school.

Some of the areas for which you may have an interest include setting standards for foods and beverages offered during classroom parties, for fundraisers, in the cafeteria and in vending machines, and providing ways to incorporate daily physical activity into the school day.

Your help is key in this process by sharing with us your ideas, suggestions and support in reaching our goal of "healthy students, ready to learn".

Educating our students about good nutrition and how to increase physical activity during the day are two important areas that will make a difference in developing a healthy lifestyle for our students.

If you have an interest in serving on the committee or would just like to share ideas and suggestions, please contact me. My contact information is listed below.

Thank you for interest. I look forward to hearing from you soon.

Margie Bowers
Child Nutrition Director
Health and Wellness Committee Chair
479-631-3539
margie.bowers@rpsar.net