

# NOVEMBER | 2023



## JMES BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 Sausage Gravy Over a Biscuit Fruit or Juice Milk	2 Breakfast Sandwich Bacon, Egg & Cheese Fruit or Juice Milk	3 Cinnamon Rolls Fruit or Juice Milk
6 Stuffed French Toast Fruit or Juice Milk	7 Apple or Strawberry Fruitel Fruit or Juice Milk	8 Waffles w/ Syrup Fruit or Juice Milk	9 Assorted Muffins Fruit or Juice Milk	10 Blueberry Bread Fruit or Juice Milk
13 Pancake Sausage Stick Fruit or Juice Milk	14 Cinnamon Texas Toast Fruit or Juice Milk	15 Sausage Gravy and Biscuit Fruit or Juice Milk	16 Cinnamon & Sugar Donut Fruit or Juice Milk	17 Mini Pancakes Fruit or Juice Milk
20 Turkey Sausage Hashbrown's Fruit or Juice Milk	21 Waffles w/ Syrup Fruit or Juice Milk	22 Happy Thanksgiving		
27 Stuffed French Toast Fruit or Juice Milk	28 Pancakes w/ Syrup Fruit or Juice Milk	29 Oatmeal w/ Fruit Fruit or Juice Milk	30 Cinnamon Texas Toast Fruit or Juice Milk	1

Breakfast - \$1.60  
Reduced - .40

Lunch - \$2.80  
Reduced - .40

Milk - .50  
(served with every meal)

Extra Milk, Water Bottles, and  
Snacks Available to  
Purchase

Daily Substitutions  
PB & J Uncrustables, Yogurt  
& String Cheese, or Salad.

This Institution is an Equal  
Opportunity Provider.

\*Menu subject to change\*