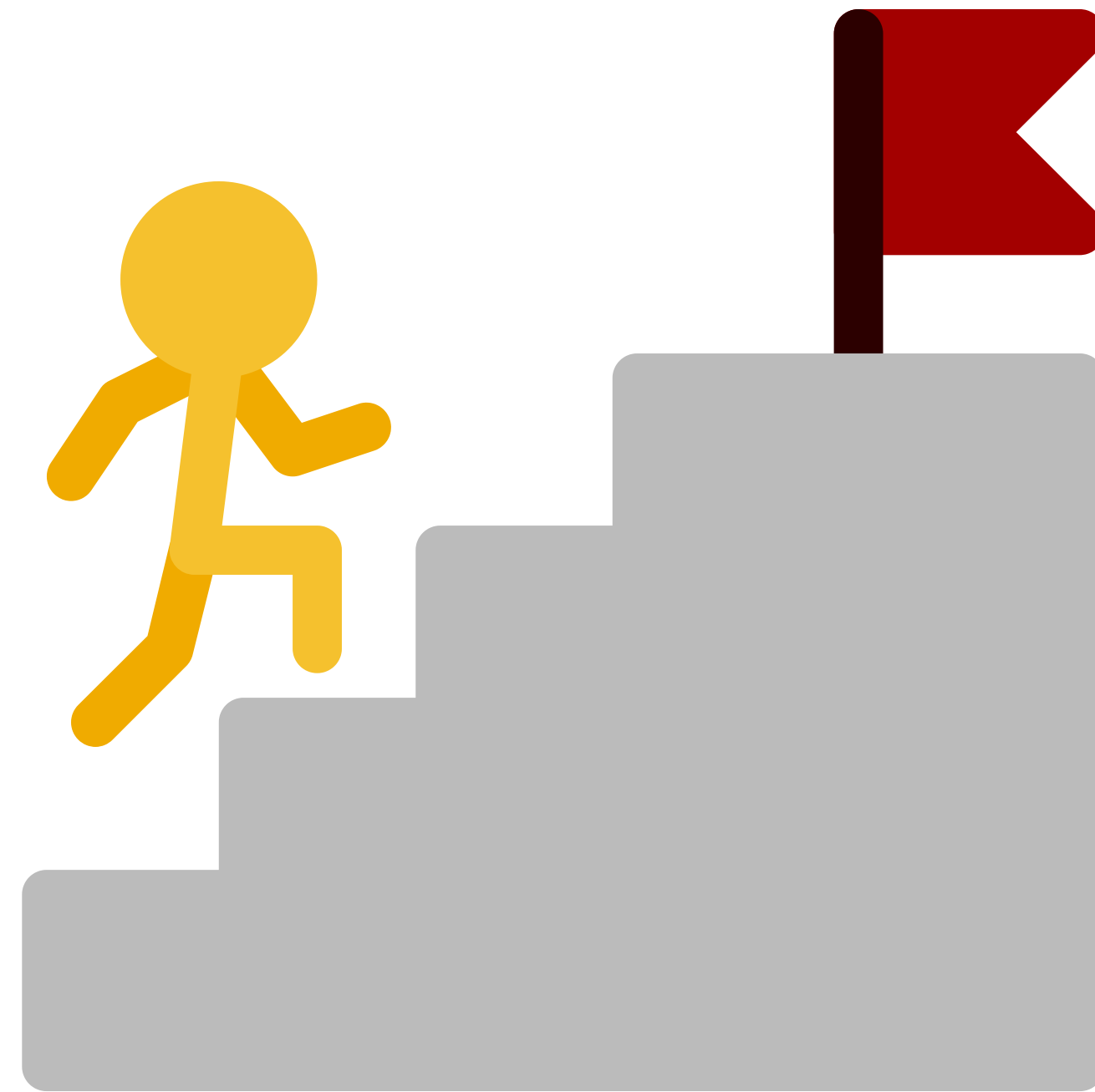


Stepping Up



- Speak up when someone is being mistreated.
- Raise your hand more often to share ideas .