

Our Mission: To support culture, policy and environments that promote healthy choices, skills and attitudes for students, staff and families.

## WHAT HEALTHY SCHOOLS DOES

- ✓ Support implementation of wellness goals in schools. Offer funding to reach wellness goals.
- ✓ Provide professional development regarding wellness.
- ✓ Collaborate with community partners to support schools.
- ✓ Oversee the District Health Advisory Council (DHAC), Student Health Advisory Council (SHAC), and the Jeffco Wellness Policy (ADF).

## HEALTHY KIDS COLORADO SURVEY

- 25 Secondary Schools and 17,715 Jeffco Secondary Students participated in the Healthy Kids Colorado Survey

### VIDEO

Data will be used to:

- Track Student Health Trends
- Measure Program Goals & Progress
- Apply for Grants
- Build awareness of student physical and mental health

[Learn more at tinyurl.com/HKCSjeffco](https://tinyurl.com/HKCSjeffco)

## YOUTH AND FAMILY ENGAGEMENT

- [SHAC "Just One More" Campaign](#): Encouraging students and families to eat just one more fruit or vegetable
- Partnership with Title I Schools to provide physical activity kits to families.
- 10 Schools utilized playground stencils to increase outdoor play
- 51 Schools with school gardens
- Move to School Day- May 4th, 2022

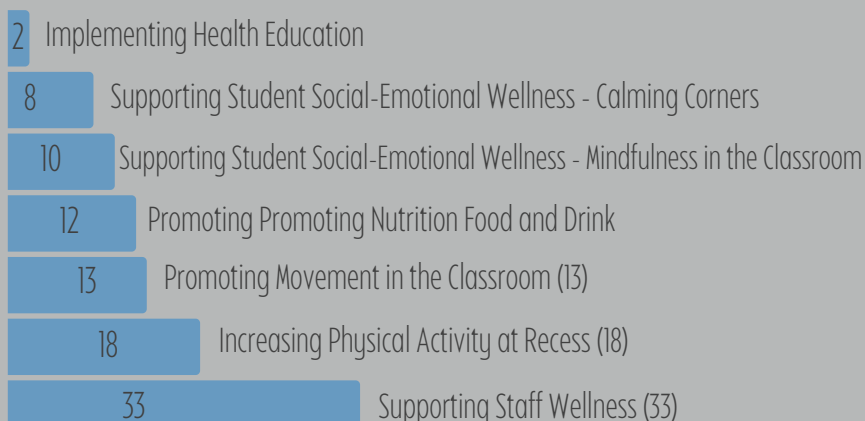
## HEALTHY SCHOOLS PROGRAMMING 21/22

126

Schools with Healthy Schools Liaisons and identified goals.

96

Schools received funding to support their identified goals.



13

[Student-Led Teams](#) received funding to support their goals.

## HEALTHY SCHOOLS IMPACT

33,725

Students impacted through Healthy Schools programming and funding

3,884

Teachers impacted through Healthy Schools programming and funding

## PROFESSIONAL DEVELOPMENT

3

School-wide Calming Corner Trainings  
53 Educators trained

8

Just Add Movement Trainings  
131 Educators Trained

4

Recess Trainings  
64 Educator Trained

2

Healthy Students Learn Better Trainings  
38 Educators Trained



131 Educators provided with Movement Kits for their Classroom



53 Educators provided with Calming Corner Kits for their Classroom

## EMPLOYEE WELLNESS PROGRAMS

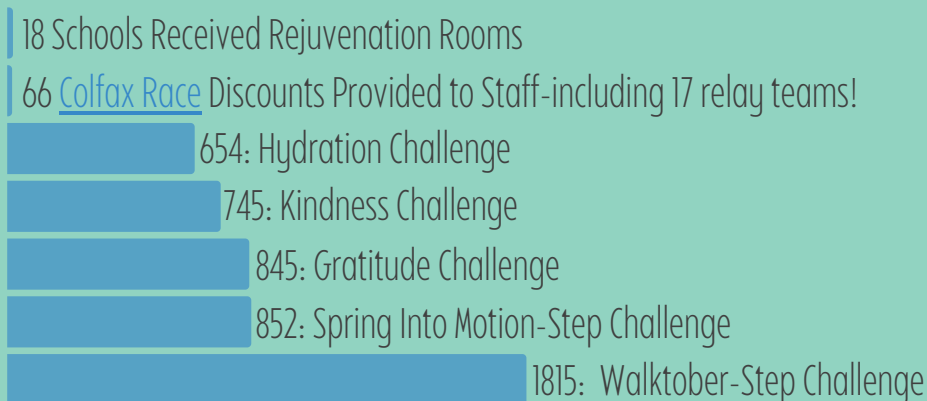
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District-Wide Initiatives

133

Employee Wellness Liaisons

### Participation Numbers:



### New in 2021/2022

- Employee Wellness Survey
  - Results Overview [HERE](#)
- Yoga Instructor Cadre
  - Connecting Yoga instructors with schools for free yoga classes
- Ed Center Employee Wellness Liaisons
- Focus on Nutrition Month
  - Hydration Challenge
  - Webinar-Preparing Healthy Meals and Dining Out
  - 5 Cooking Demonstrations

“ Thanks, for supporting and investing in my health, it is much appreciated. ”  
-Todd

“ I really appreciate this team. You provide amazing resources to schools and the staff! ”  
-Jen

“ I think it is important to focus on Employee Wellness. A happy, healthy employee is a better employee. ”  
-Sharon