



# GRADUATING!

## UNYEWAY DAY PROGRAMS CAN HELP YOU DECIDE WHICH DAY PROGRAM SERVICES ARE RIGHT FOR YOU!

Call Unyeway, Inc.'s Day Programs and a Specialist will help set up a tour and help to assess which type of day program service is right for you. At each location we offer separate components specializing in: community based work or community integration, traditional classroom settings, appropriate social and inter-personal interaction development, behavior management, or nursing care. Each specialty component operates separately from the other components. Call a specialist today to arrange a tour.



## Graduating!

Contact Unyeway Day Programs in Lakeside, Chula Vista, and Oceanside

We provide training, supervision, and care in many separate specialty components at each location

Call us for a tour!

We can help you find a program that's right for you!

### UNYEWAY, INC.

Call today to prepare for after graduation.

P: 619.562.6330 (Lakeside)

P: 619.691.6346 (Chula Vista)

P: 760.643.9394 (Oceanside)

[Unyeway.org](http://Unyeway.org)

Locations in Lakeside, Chula Vista, and Oceanside



# TOUR UNYEWAY DAY PROGRAMS

## FIND THE PROGRAM THAT SUITS YOU!

Call Unyeway, Inc.'s Day Programs and a Specialist will help set up a tour and help to assess which types of day program service are right for you. At each location we offer separate components specializing in: community based work or community integration, traditional classroom settings, appropriate social and inter-personal interaction development, behavior management, Rascals (Retirement And Social, Community and Leisure) groups, or nursing care. We also provide transportation based on route availability. Call a specialist today.



Get Involved with  
Unyeway Day  
Programs

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Call us for a tour!

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We Have Day  
Programs in Lakeside,  
Chula Vista, and  
Oceanside

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We Provide Training,  
Supervision, and Care  
in Many Separate  
Specialty Components  
at Each Location

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We Can Help You Find  
a Program That's  
Right For You!

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LOCATIONS IN LAKESIDE,  
CHULA VISTA AND  
OCEANSIDE



## **ADULT DEVELOPMENT CENTER (ADC) 1:3 – PERSONALIZED GOOD FUN AND GOOD INTERACTIONS!**

In the ADC 1:3 Personalized Component three people with similar interests in activities, environments, and pace are paired together to form a group. A few groups together meet in classrooms each morning and afternoon. Each group engages in their groups scheduled activity individually or with other groups. Groups together or separately participate in a wide range of activities that are tailored to the likes, dislikes, interests, abilities, and stamina of the group's members. People of all abilities and interests are appropriate for this component since each group is unique and may have a wide range of differences and similarities with other groups. Activities may include outing, volunteer work, paid work, arts and crafts, computer activities, formal classes on specific topics, cooking, exercise and fitness, and many unique activities our creative participants and coaches plan. Call a Specialist today for a tour.



**ADULT  
DEVELOPMENT  
CENTER (ADC)  
1:3**

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**PERSONALIZED**

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**Small Groups  
with a  
Personalized  
Touch**

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**Find a Group  
that Shares Your  
Interests**

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**Call Us for a Tour**

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**WE CAN HELP  
UNYEWAY, INC.**

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## **BEHAVIOR MANAGEMENT PROGRAM (BMP) 1:3**

**LEARN NEW SKILLS!**

Unyeway, Inc.'s BMP staff look at the Individual's personal goals, needs, and desires as the basis for accomplishing successful outcomes. A person attending the BMP will have an individualized plan, which focuses on the positive aspects of his/her own personal and unique abilities. A plan will also include a functional analysis to determine what adaptive processes have supported the development and continuation of maladaptive behaviors. BMP staff act as coaches and friends who work with participants, their families, care providers, Service Coordinators, and our Consulting Psychologist to create more appropriate ways by which to express themselves and achieve desired goals. With this support, it is a goal of the BMP staff to reduce or eliminate the need to engage in inappropriate behaviors in order to attain appropriate goals and to meet the person's needs and ambitions. Call for a tour today.



## **BEHAVIOR MANAGEMENT PROGRAM**

**Develop Your Strengths**

**Meet Coaches and Friends who Believe you are Great!**

**Call Us for a Tour**

**WE CAN HELP YOU BECOME SUCCESSFUL AT MEETING YOUR GOALS**

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## **ADULT DEVELOPMENT CENTER (ADC) 1:3 - LVN PROGRAM GOOD FUN AND GOOD HEALTH!**

This component of our ADC 1:3 programs is intended for people who require the presence of a Licensed Medical Professional to meet his/her health needs. The component is staffed with nurses who provide range of motion, specialized eating/feeding programs, mobility skills training, g-tube feeding, tracheostomy care, oxygen administration and many other incidental medical needs. Keeping people moving and repositioning frequently is an important part of this component. Additionally, the person attending the program will have goals and objectives that he or she enjoys participating in with other participants as well as instructors, aides and nurses keeping everyone engaged, happy, and healthy.



**ADULT  
DEVELOPMENT  
CENTER (ADC)  
1:3**

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**LVN PROGRAM**

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**Be Healthy and  
Happy**

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**Staffed by Nurses  
and Instructors**

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**Call Us for a Tour**

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**WE CAN HELP YOU  
BE HEALTHY,  
HAPPY, AND HAVE  
FUN!**

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## **ADULT DEVELOPMENT CENTER (ADC) 1:3 – PSYCH-SOCIAL PROGRAM GOOD FUN AND GOOD INTERACTIONS!**

This component helps people with psychological or social needs gain the skills necessary to be successful with interpersonal relationships and social skills, and to react and interact with others in an appropriate and productive manner. If you would like to improve your interpersonal interaction, boundaries awareness, and appropriate relationship skills then the psych-social program may be the right program for you. In this component you can work at learning and implementing appropriate boundaries, following social conventions and rules, and gaining the skills necessary to interact in ways that foster positive relationships with others which can lead to greater opportunities for you in the future. The psych-social staff provide a variety of paid work, volunteer, and social activities both at the program and in the community in which to apply social and interpersonal skills training. The psych-social program has Family Life Educators who hold classes regularly on boundaries and successful interactions. Call a Specialist today for a tour.



**ADULT  
DEVELOPMENT  
CENTER (ADC)  
1:3**

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**PSYCH-SOCIAL**

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**Good Fun and  
Good  
Interactions**

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**Learn  
Appropriate  
Interaction Skills**

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**Call Us for a Tour**

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**WE CAN HELP YOU WITH  
THE SKILLS TO FORM  
POSITIVE AND  
UNYEWAY, INC.**

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## COMMUNITY BASED 1:4 PROGRAM

### BE ACTIVE IN YOUR COMMUNITY!

The Community Based 1:4 program participants meet in the morning at one of our day program locations and from there access the community either via public transportation or Unyeway vehicles. The groups leave to access the community in the morning and return in the afternoon. Other than during bad weather conditions the community based groups strive for 100% of their activity time in the community. The people in the community based program seek to enjoy and become involved in community activities, create natural community supports, access community resources, learn safety skills, and engage in appropriate community interactions. Additionally, members of the community based program participate in giving back to their community through volunteerism. Some community based groups also participate in paid work contracts. Schedule a tour today.



## Community Based Programs 1:4

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## Get Involved in Your Community

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## Go Places and Meet New Friends

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## Call Us for a Tour

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