



# Community Resource Guide

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*This guide was created as a resource for the parents, guardians, caregivers, staff, and community partners of the Oceanside Unified School District. It is a living document and will be updated as needed and as new resources are identified. For an up-to-date list of current programs and services, please visit the OUSD Family Resources website at [www.oside.us](http://www.oside.us). The resources listed are, for the most part, located within the city of Oceanside. For a more comprehensive list of services available throughout San Diego County, please visit the [211SanDiego](http://211SanDiego) website.*

<b>Emergency Services</b>	<b>Dial 9-1-1</b>	<b>Police, Fire, or Emergency Medical Assistance</b>
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<b>Emergency Hotlines</b>		
<b>Organization</b>	<b>Location &amp; Phone Number</b>	<b>Services</b>
<b>National Suicide Prevention Lifeline</b>	988	Provides free and confidential crisis counseling and mental health referrals 24 hours a day, 7 days a week. Call is routed to the nearest crisis center.
<b>PERT: Psychiatric Emergency Response Team</b>	911 or your local police agency	Specially trained officers and deputies paired with licensed mental health professionals respond to situations involving people experiencing a mental health crisis.
<b>California Youth Crisis Line</b>	800-843-5200	Provides support and referrals to California youth and their families through a 24 hour confidential youth crisis line for runaway children or those considering running away.
<b>Children of the Night National Hotline</b>	800-551-1300	Provides intervention for children who are sexually exploited and vulnerable to or involved in prostitution and pornography.
<b>San Diego Access &amp; Crisis Line</b> <b>It's Up 2 Us</b> <a href="http://www.up2sd.org">www.up2sd.org</a>	888-724-7240	Provides a free 24 hour, 7 days a week, confidential, crisis intervention hotline for anyone struggling with issues such as depression, anxiety, loss or anger.
<b>County Domestic Violence and Sexual Assault Hotline</b>	888-385-4657	24 hour toll free county-wide crisis line for crisis intervention and information referrals related to domestic violence and sexual assault.
<b>Crisis Intervention Hotline Women's Resource Center</b>	760-757-3500	Offers a 24 hour crisis hotline to victims of domestic violence and sexual assault and provides crisis intervention services in person or via telephone.

<b>Child Abuse Hotline Child Welfare Services</b>	800-344-6000	Provides a 24 hour hotline staffed by trained social workers to report suspected child abuse and neglect.
<b>Childhelp National Child Abuse Hotline</b>	800-422-4453	Provides a confidential 24 hour crisis intervention line which offers information and referrals to emergency social service, and support resources for children.
<b>National Domestic Violence Hotline</b>	800-799-7233	Provides crisis intervention, information, and referrals to victims of domestic violence, friends, families and perpetrators.
<b>Rape Crisis Center</b>	858-272-5777	Operates a rape crisis center with a 24 hour hotline. Provides crisis counseling to victims of assault, rape, and domestic violence.
<b>National Human Trafficking Hotline</b>	888-373-7888	A national anti-trafficking hotline serving victims and survivors of human trafficking.
<b>Boys Town National Hotline</b>	800-448-3000	Provides a toll-free telephone crisis, resource, and referral service for at risk children and parents.
<b>National Organization for Victim Assistance: Hotline for Victims of Crime and Disaster</b>	800-879-6682	Refers most victims/survivors to services near their homes, but also serves as primary counselor and advocate for victims/survivors.
<b>Teen Line</b>	1-800-852-8336	Provides a free confidential teen to teen peer counseling helpline.
<b>Trevor Project</b>	1-866-488-7386	Trained counselors available 24/7 to support young people who are LGBTQ and in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk. Text, chat, and in-person options avail.
<b>California AIDS Hotline</b>	800-367-2437	Provides information and referral on AIDS resources, HIV testing, counseling, and transmission and prevention of HIV.
<b>YWCA 24 hour Domestic Violence Hotline</b>	619-234-3164	Provides referrals to shelter, food, housing, income.

**Basic Needs:****Emergency Food, Housing, Clothing (for long term services see Enrollment Services)****Food**

Organization	Location & Phone Number	Services
<p><b>Nourish North County</b>  <a href="http://www.sandiegofoodbank.org">San Diego Food Bank</a>  <a href="http://www.sandiegofoodbank.org">www.sandiegofoodbank.org</a>  <a href="http://www.northcountyfoodbank.org">www.northcountyfoodbank.org</a></p>	<p><b>El Camino HS</b>            400 Rancho del Oro Drive            Oceanside, CA 92057</p> <p><b>Oceanside HS</b>            1 Pirates Cove Way            Oceanside, CA 92054</p>	<p>Food pantry providing staple items.</p> <p>Room 508            Open from 3:20-3:45 M-F</p> <p>Contact: Erik Douglas            Located In C bldg. next to AVCOM            Open Tuesdays            3:45pm-5:00pm</p>
<p><a href="http://www.tricityfoodpantry.org">Tri-City Pantry</a>  <a href="http://www.tricityfoodpantry.org">www.tricityfoodpantry.org</a></p>	<p>760-658-4047</p> <p><b>Surfside Academy</b>            1125 S. Ditmar Street            Oceanside, CA 92054</p> <p><b>Del Rio Elementary School</b>  <i>*Back entrance off Parker St.</i>            Oceanside, CA 92057</p> <p><b>Laurel Elementary School</b>            1410 Laurel Street            Oceanside, CA 92058</p> <p><b>Libby Elementary School</b>            423 W. Redondo Drive            Oceanside, CA 92057</p>	<p>Bi-weekly food distribution providing staple items, fresh produce, and meat.</p> <p>Visit the TriCity Pantry Facebook or Instagram sites for dates and times of food distributions.</p> <p>TriCity <a href="#">Facebook</a></p> <p>TriCity <a href="#">Instagram</a></p>
<p><a href="http://www.feedingsandiego.org">Feeding San Diego</a>  <a href="http://www.feedingsandiego.org">www.feedingsandiego.org</a></p>	<p><b>Melba Bishop Community Recreation Center</b>            760-435-5550            5306 North River Road            Oceanside, CA 92057</p>	<p>Bi-weekly food distribution providing staple items and fresh produce.</p> <p>Second &amp; Fourth Tuesdays of the month from 11:00am-12:00pm</p>

<p><b>Feeding San Diego cont.</b></p>	<p><b>Crown Heights Community Resource Center</b> 760-489-6380 1210 Division Street Oceanside, CA 92054</p> <p><b>Cesar Chavez Community Center</b> 760-489-6380 605 San Diego Street Oceanside, CA 92058</p> <p><b>Coastal Service Center</b> 760-489-6380 4700 North River Road Oceanside, CA 92057</p>	<p>Second &amp; Fourth Tuesdays of the month from 11:00am-1:00pm</p> <p>Second &amp; Fourth Tuesdays of the month from 2:00pm-4:00-pm</p> <p>Second &amp; Fourth Wednesdays of the month from 11:00am-1:00pm</p>
<p><a href="#">Food for Kids</a> <a href="#">Friday Backpack Program</a> <a href="http://www.sandiegofoodbank.org">www.sandiegofoodbank.org</a> <a href="http://www.northcountyfoodbank.org">www.northcountyfoodbank.org</a></p>	<ul style="list-style-type: none"> <li>● Del Rio Elementary</li> <li>● Libby Elementary</li> <li>● Mission Elementary</li> <li>● Laurel Elementary</li> </ul>	<p>Provides weekend food packages to chronically hungry elementary school students from low-income households who are at risk of hunger over the weekend.</p>
<p><a href="#">Feeding San Diego</a> <a href="http://www.feedingsandiego.org">www.feedingsandiego.org</a></p>	<p><b>Mission Cove Apartments</b> 3239 Conch Way Oceanside, CA 92054</p> <p><b>Pro Kids Oceanside</b> 821 Douglas Drive Oceanside, CA 92058</p> <p><b>Vista Community Clinic Balderrama</b> 605 San Diego Street Oceanside, CA 92058</p> <p><b>Vista Community Clinic Libby Lake</b> 4700 North River Road Oceanside, CA 92057</p>	<p>Provides meals at no cost to youth 18 years or younger.</p> <p>Monday - Friday 12:00 pm First come, first serve basis</p> <p>Monday - Friday 3:00 pm First come, first serve basis</p> <p>Monday - Friday 3:30 pm First come, first serve basis</p> <p>Monday - Friday 3:30 pm First come, first serve basis</p>

<p><a href="#"><u>Lived Experiences</u></a></p> <p><a href="#"><u>San Diego Food Bank</u></a></p> <p><a href="http://www.sandiegofoodbank.org"><u>www.sandiegofoodbank.org</u></a></p>	<p><b>Crown Heights Community Center</b> 1210 Division Street Oceanside, CA 92054</p> <p><b>Libby Lake</b> 504 Calle Montecito Oceanside, CA 92057</p> <p><b>Eastside Capistrano</b> 1410 Laurel Street Oceanside, CA 92058</p>	<p>Every Thursday 4pm-5pm</p> <p>Every Wednesday 4pm-5pm</p> <p>Every Thursday 5pm-6pm</p>
<p><a href="#"><u>Brother Benno's Center</u></a></p> <p><a href="http://www.brotherbenno.org"><u>www.brotherbenno.org</u></a></p>	<p>760-439-1244</p> <p>3260 Production Ave. Oceanside, CA 92058</p>	<p>A drop-in center that provides services to homeless and low-income people.</p> <p>Sack Lunch distribution: Monday - Saturday: 6:30-11:00 am</p> <p>Food box distribution: Monday - Friday: 6:30-11:00 am</p> <p>Drive through food distribution: Saturday 10:00 am until supplies run out.</p>
<p><b>Hand Up Food Pantry: Neighborhood Exchange Camp Pendleton</b></p> <p><a href="http://www.jfssd.org"><u>www.jfssd.org</u></a></p>	<p>858-637-3210</p> <p>Building 200090 Ash Road Wire Mountain Road Oceanside, CA 92058</p>	<p>Market style food distribution for active duty military families with valid military ID, providing fresh produce, non-perishables, and diapers. Call for dates.</p>
<p><a href="#"><u>Coastal Roots: Mobile Farm Stand</u></a></p> <p><a href="http://www.helpinghandworldwide.org"><u>www.helpinghandworldwide.org</u></a></p>	<p>949-230-7318</p> <p><b>Melba Bishop Recreation Center</b> 5306 N. River Road Oceanside, CA 92057</p>	<p>Offers free certified-organic vegetables for families in the military in partnership with Helping Hand Worldwide.</p> <p>1st Tuesday of the month 12:00-1:00 pm by appointment</p>
<p><a href="#"><u>Sarah's Hope Food Pantry</u></a></p> <p><b>Oceanside Sanctuary</b></p>	<p>760-470-6992</p> <p>204 S. Freeman Street</p>	<p>Provides groceries to individuals and families in need. Also provides diapers as available.</p>

	Oceanside, CA 92054	Monday 12:00-2:00 by appointment only
<a href="#">Office of Social Outreach</a> <a href="#">Mission San Luis Rey Parish</a>  <a href="http://www.sanluisreyparish.org">www.sanluisreyparish.org</a>	760-547-0708  4070 Mission Ave. Oceanside, CA 92057	Provides emergency food assistance to families Tuesday-Thursday 9:00am-3:00pm Toiletry items, diapers and formula are provided when available.
<a href="#">Food Pantry &amp; Fresh Choice Program, Oceanside Corps</a> <a href="#">Salvation Army</a>  <a href="http://www.oceanside.salvationarmy.org">www.oceanside.salvationarmy.org</a>	760-631-8212  3935 Lake Blvd. Oceanside, CA 92056	Provides emergency food assistance including canned goods, fresh fruit, vegetables, and bread to low income clients. M, W, F: 10:00am - 1:00pm T, Th: 10:00am -12:00pm
<a href="#">Serving Hungry Adults &amp; Children in Kindness (SHACK) Community Lutheran Church</a>  <a href="http://www.cloceansie.com">www.cloceansie.com</a>	760-722-3337  4507 Mission Ave. Oceanside, CA 92057	Provides a food distribution to anyone in need and includes fresh produce, breads, and canned goods. Third Saturday of the month from 9:00am-10:00am
<a href="#">Interfaith Community Services</a> <b>Basic Needs Walk-in Services</b>  <a href="http://www.interfaithservices.org">www.interfaithservices.org</a>	       <b>Coastal Service Center</b> 760-721-2117 4700 N. River Road Oceanside, CA 92057  <b>Veterans Service Center</b> <b>760-529-9979</b> 1617 Mission Ave. Oceanside, CA 92058	Provides social services such as emergency food, hygiene packets, day bus passes or gas vouchers for documented medical or job needs, clothing voucher to thrift store.  Monday - Friday 8:00am-11:00am First come, first served (Closed 1st Friday of the month)  Monday - Friday 8:00am-5:00pm (Closed 12:00-1:00pm)
<a href="#">Food Pantry</a> <a href="#">TERI, Inc.</a>  <a href="http://www.teriinc.org">www.teriinc.org</a>	760-357-6875  251 Airport Road Oceanside, CA 92058	Offers a weekly food distribution to anyone in need.
<a href="#">MiraCosta Foundation</a>  <a href="http://www.miracosta.edu">www.miracosta.edu</a>	760-795-6616 <b>MiraCosta College Campus</b> 1 Barnard Drive	Provides produce, bread, and drygoods to students of MCC with Spartan Pass or Student ID number.

	Bldg. 3400, Room 3306 Oceanside, CA 92056 <b>Community Learning Center</b> Bldg. 300, Room 327 1831 Mission Ave. Oceanside, Ca 92058	<a href="#">Mira Costa Food Pantry &amp; Farmer's Market Calendar</a>
<a href="#">Community Garden: Ivey Ranch Park Association</a>  <a href="http://www.iveyranch.com/garden">www.iveyranch.com/garden</a>	760-722-4839  110 Rancho del Oro Drive Oceanside, CA 92057	Provides garden plots for community members to cultivate, plant, and grow flowers, herbs, fruit, and vegetables.

Clothing		
Organization	Location & Phone Number	Services
<a href="#">Assistance League of North County</a>  <a href="http://www.alnc.org">www.alnc.org</a>	760-722-2286 <a href="mailto:info@alnc.org">info@alnc.org</a>	Shoes, socks, and hygiene kits are provided weekly for local students in need. Uniforms and clothing are given to students as needed.
<a href="#">Assistance League of North County Chapters for Children</a>  <a href="http://www.alnc.org">www.alnc.org</a>	760-722-2286 <a href="mailto:info@alnc.org">info@alnc.org</a>	Distributes clothing and school supplies for children of service members at Camp Pendleton.
<a href="#">Interfaith Community Services Basic Needs Walk-in Services</a>  <a href="http://www.interfaithservices.org">www.interfaithservices.org</a>	<b>Coastal Service Center</b> 760-721-2117 4700 N. River Road Ste A Oceanside, CA 92057  <b>Veterans Service Center</b> 760-529-9979 1617 Mission Ave. Oceanside, CA 92058	Provides social services such as emergency food, hygiene packets, day bus passes or gas vouchers for documented medical or job needs, clothing voucher to thrift store  Walk-In Hours: Monday-Friday 8:00 am-11:00 am  Walk-In Hours Monday-Friday 8:00 am - 5:00 pm (closed 12:00-1:00 pm)
<a href="#">Sarah's Hope Food Pantry</a>	760-470-6992	Provides groceries to individuals and families in need. Also provides

<b>Oceanside Sanctuary</b>	204 S. Freeman Street Oceanside, CA 92054	diapers as available. Monday 12:00-2:00 by appointment only
<a href="#">Brother Benno's Center</a> <a href="http://www.brotherbenno.org">www.brotherbenno.org</a>	760-439-1244  3260 Production Ave. Oceanside, CA 92058	A drop-in center that provides services to homeless and low-income people. Clothing Room: Monday - Friday: 6:30-9:00 am Showers: Tuesdays: 6:30-9:00 am

<b>Emergency Housing &amp; Shelters</b>		
<b>Organization</b>	<b>Location &amp; Phone Number</b>	<b>Services</b>
<a href="#">Interfaith Shelter Network</a> <a href="http://www.interfaithservices.org">www.interfaithservices.org</a>	760-489-6380 ext. 249  <b>Coastal Service Center</b> 4700 N. River Road Oceanside, CA 92057 760-721-2117	Provides access to small rotating shelters operated by faith communities that provide 2 weeks at each location. Shelters are open to single adults and families.  Offers emergency rental or mortgage assistance to prevent imminent homelessness. To see if you are eligible, call to complete a screening.
<b>Drop-In Resource Center and Shelter</b>	858-598-3238  Call for more information, referral, walk-in services. Monday-Friday 9:00am-5:00pm	Operates a drop-in resource center in North County that provides clothing, toiletries, nonperishable food items, diapers, case management, support groups, and therapy, to victims of human trafficking.
<a href="#">Women's Resource Center</a> <a href="http://www.wrcnepa.org">www.wrcnepa.org</a>	760-757-3500  1963 Apple Street Oceanside, CA 92054	Provides emergency shelter and support for women and their children.
<a href="#">Office of Social Outreach Mission San Luis Rey Parish</a> <a href="http://www.sanluisreyparish.org">www.sanluisreyparish.org</a>	760-547-0708  4070 Mission Ave. Oceanside, CA 92057	Provides emergency shelter referrals. Rent and utility assistance provided as funds are available.

<a href="http://www.ccssd.org">Hidden Valley House Center for Community Solutions www.ccssd.org</a>	760-480-0055 <a href="mailto:info@ccssd.org">info@ccssd.org</a>	Provides temporary, emergency shelter for survivors of domestic violence and their children.
<a href="http://www.crcncc.org">Carol's House www.crcncc.org</a>	1-877-633-1112 <a href="mailto:info@crcncc.org">info@crcncc.org</a>	Provides a 24 bed emergency shelter for all female victims of domestic violence (caused by partner) including their children, offering residents a safe home for 45-60 days in the emergency shelter while receiving concurrent services.
<a href="http://www.standupforkids.org">Standup for Kids, San Diego www.standupforkids.org</a>	619-237-5437 <a href="mailto:sandiego@standupforkids.org">sandiego@standupforkids.org</a>	Offers a drop in center for homeless teens, street outreach, mentoring, send a kid home program, snack and shower program (kids that live in cars) and apartment support.
<a href="http://www.generatehope.org">GenerateHope, San Diego www.generatehope.org</a>	619-344-0344 <a href="mailto:info@generatehope.org">info@generatehope.org</a>	Provide long-term, comprehensive care to survivors of sex trafficking. Offers transitional housing, therapy, education, and case-management. Services for women only.
<a href="http://www.ywcasandiego.org">Becky's House Emergency Shelter YMCA of SD County www.ywcasandiego.org</a>	619-234-3164	A short-term residential program for women, men, and children in need of immediate protection from domestic violence.
<a href="http://www.operationhopeshelter.org">Operation HOPE North County www.operationhopeshelter.org</a>	760-536-3880 859 E. Vista Way Vista, CA 92084	A year round shelter for families, single women and single males with children. Provides private family rooms and intensive support for up to 90 days.

<b>Enrollment Services: Medi-Cal, Covered CA, CalFresh, SNAP, WIC, Section 8 Housing</b>		
<b>Organization</b>	<b>Location &amp; Phone Number</b>	<b>Services</b>
<a href="#">North Coastal Family Resource Center</a>	866-262-9881 3708 Ocean Ranch Blvd.	Offers self-sufficiency services including: Cal-Learn, CaWORKs, CAPI, Children in Need, Inc., Direct

<a href="http://www.sandiegocounty.gov">www.sandiegocounty.gov</a>	Oceanside, CA 92056	Deposit, Domestic Violence Safety Plan, CalFresh, Healthy San Diego, Medi-Cal.
<a href="http://www.truecare.org">TrueCare North County Health Services</a> <a href="http://www.truecare.org">www.truecare.org</a>	760-736-6767 605 Crouch Street Bldg. C Oceanside, CA 92054	Certified enrollment specialists are available to assist patients in enrolling in CalFresh, Medi-Cal, or Covered California.
<a href="http://www.vistacommunityclinic.org">Vista Community Clinic VCC</a> <b>Insurance and Benefits Enrollment Services</b> <a href="http://www.vistacommunityclinic.org">www.vistacommunityclinic.org</a>	844-308-5003 818 Pier View Way, Oceanside, CA 92054 517 N. Horne Street Oceanside, CA 92054 4700 N River Road Oceanside, CA 92057	Provides assistance in enrolling patients in health insurance and public benefit programs that are available to low-middle income individuals. This includes Covered California, Medi-Cal, CalFresh and WIC.
<a href="http://www.lasdsd.org">Consumer Center for Health Education and Advocacy (CCHEA) , North County Office Legal Aid Society of San Diego</a> <a href="http://www.lasdsd.org">www.lasdsd.org</a>	877-734-3258 216 Tremont Street Oceanside, CA 92054	Offers free help to individuals seeking information about how they can get health benefits.
<a href="http://www.redcross.org">American Red Cross WIC</a> <a href="http://www.redcross.org">www.redcross.org</a>	800-500-6411 <b>Oceanside</b> 1906 Oceanside Blvd. #TUV Oceanside, CA 92054	Supplemental nutrition assistance program that helps pregnant women, infants, and children (up to age 5) eat well, stay healthy, and be active.
<a href="http://www.redcross.org">American Red Cross WIC, Camp Pendleton, San Onofre Center</a> <a href="http://www.redcross.org">www.redcross.org</a>	800-500-6411 Pass & ID Card Building Building 130132 (Vandergrift & 14th Street) Camp Pendleton, CA 92055 San Onofre Transition Readiness & Career Center Building 51919	Supplemental nutrition assistance program that helps pregnant women, infants, and children (up to age 5) eat well, stay healthy, and be active.

	Camp Pendleton, CA 92055	
<a href="#">TrueCare Womens, Infants, and Children (WIC) Supplemental Nutrition Program, Oceanside</a>  <a href="http://www.truecare.org">www.truecare.org</a>	888-477-6333  2210 Mesa Drive Suite 100 Oceanside, CA 92054	Supplemental nutrition program to help pregnant women, infants, and children (up to age 5) eat well, stay healthy, and be active.
<a href="#">Healthy Development Services (HDS Coordinator), North Coastal Region</a>  <b>First 5 San Diego</b> <a href="http://www.first5sandiego.org">www.first5sandiego.org</a>	858-966-8235  <b>Rady Children's</b> 760-547-1010 3605 Vista Way Suite 201 Oceanside, CA 92056	Services for early identification and treatment of children with mild to moderate developmental delays. Services include assessment and treatment for developmental (including speech and language) and behavioral concerns, parent education, and care coordination to all families receiving HDS services.
<a href="#">Oral Health Initiative (OHI)</a>  <b>First 5 San Diego</b>  <a href="http://www.truecare.org">www.truecare.org</a> <a href="http://www.sandiegonetnetworkofcare.org">www.sandiegonetnetworkofcare.org</a>	760-631-5000 4700 N River Road Oceanside, CA 92057  760-400-0277 2201 Mission Ave. Ste. 103 Oceanside, CA 92058	Provides Oral health services, care coordination, and preventative education to children ages birth through five and pregnant women with the goal of improving oral health.
<a href="#">Section 8 Housing Choice Voucher Program</a>  <a href="http://www.ci.oceanside.ca.us">www.ci.oceanside.ca.us</a>	<b>City of Oceanside Housing Division Office</b> 760-435-3360 321 N. Nevada Street Oceanside, CA 92054	Section 8 (also known as Housing Choice Voucher) provides rent assistance to qualifying families meeting the "extremely low" and "very low" income standards as defined by HUD.
<a href="#">City of Oceanside Housing Division Office</a>  <b>Family Self-Sufficiency Program FSS</b>  <a href="http://www.ci.oceanside.ca.us">www.ci.oceanside.ca.us</a>	<b>City of Oceanside Housing Division Office</b> 760-435-3360 321 N. Nevada Street Oceanside, CA 92054	Available to all families receiving Housing Choice Vouchers. It is voluntary and designed to assist families in becoming self-sufficient so they will no longer need to rely on public assistance.

<p><a href="#">North County Lifeline, Inc. Communities in Action (CinA)</a></p> <p><a href="http://www.nclifeline.org">www.nclifeline.org</a></p>	<p>760-726-4900</p>	<p>Case management services to assist individuals and families improve their life circumstances/self-sufficiency. This program will assist individuals and families with applications to public assistance programs, connection to employment and vocational programs, free tax preparation, financial education classes and cognitive/educational classes and activities.</p>
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<b>Health &amp; Wellness</b>		
<b>Organization</b>	<b>Location &amp; Phone Number</b>	<b>Services</b>
<p><a href="#">Vista Community Clinic</a></p> <p><a href="http://www.vistacommunityclinic.org">www.vistacommunityclinic.org</a></p>	<p>760-631-5000</p> <p>818 Pier View Way Oceanside, CA 92054</p> <p>4700 North River Road Oceanside, CA 92057</p> <p>517 N. Horne Street Oceanside, CA 92054</p>	<p>Offers comprehensive medical care for adults, children, and families in the community.</p>
<p><a href="#">Vista Community Clinic</a></p> <p><b>Women's Health Services</b></p> <p><a href="http://www.vistacommunityclinic.org">www.vistacommunityclinic.org</a></p>	<p>760-631-5000</p> <p>818 Pier View Way Oceanside, CA 92054</p> <p>4700 North River Road Oceanside, CA 92057</p> <p>517 N. Horne Street Oceanside, CA 92054</p>	<p>Provides comprehensive obstetrics and gynecological services including prenatal and postpartum care, pregnancy testing, STD testing, family planning, emergency contraception, breast health and cancer screenings.</p>
<p><a href="#">Maternal Child Health, North Coastal Region</a></p> <p><a href="#">Health &amp; Human Services Agency</a></p> <p><a href="http://www.sandiegocounty.gov">www.sandiegocounty.gov</a></p>	<p>760-967-4401</p> <p>3609 Ocean Ranch Blvd. Oceanside, CA 92056</p>	<p>A free, voluntary prevention program that provides nurse home visitation to at-risk, low income pregnant and postpartum women and their children from birth to 5 years old.</p>
<p><a href="#">TrueCare</a></p>	<p>760-736-6767</p>	

<p><a href="http://www.truecare.org">www.truecare.org</a></p> <p><a href="#">Mission Mesa Pediatrics Center</a></p> <p><a href="#">Mission Mesa Women's Health Center</a></p>	<p>2210 Mesa Drive Ste. 300 Oceanside, CA 92054</p> <p>2210 Mesa Drive Ste 5 Oceanside, CA 92054</p>	<p>Provides comprehensive pediatric medicine.</p> <p>Provides comprehensive women's health care including pregnancy and delivery, birth control, well-woman &amp; annual exams.</p>
<p><a href="#">TrueCare</a></p> <p><a href="#">La Mision Health Center</a></p> <p><a href="#">Oceanside Loma Alta Health</a></p> <p><a href="#">Oceanside Specialty Health Center</a></p> <p><a href="http://www.truecare.org">www.truecare.org</a></p>	<p>760-736-6767</p> <p>3220 Mission Avenue Unit #1 Oceanside, CA 92058 605 Crouch Street Bld. C Oceanside, CA 92054</p> <p>619 Crouch Street, Ste 100 Oceanside, CA 92054</p>	<p>Provides comprehensive medical services including wellness and sick visits, diagnosis and treatment of illness and injuries, minor surgeries and procedures, chronic disease management, cancer screening and diagnosis, diabetes screening and management, regular check-ups and immunizations.</p>
<p><a href="#">Immunization Clinic, North Coastal Public Health Center</a></p> <p><a href="http://www.sandiegocounty.gov">www.sandiegocounty.gov</a></p>	<p>760-967-4401 3609 Ocean Ranch Blvd Ste. 104 Oceanside, CA 92056</p>	<p>Provides routine childhood and adolescent vaccines.</p>
<p><a href="#">SD Health &amp; Human Services Agency</a></p> <p><a href="http://www.sandiegocounty.gov">www.sandiegocounty.gov</a></p> <p><a href="#">Public Health Clinics and Public Health Nursing, North Coastal</a></p> <p><a href="http://www.sandiegocounty.gov">www.sandiegocounty.gov</a></p>	<p>760-967-4401</p> <p>3609 Ocean Ranch Blvd. Oceanside, CA 92058</p>	<p>Provides a variety of healthcare and health education services to help low-income individuals and families prevent illness and maintain good health. Programs include: Black Infant Health Program, California Children's Services, Child Health and Disability Prevention Program, Chronic Disease and Health Equity, Clinic Svs. (immunizations &amp; screenings)</p>
<p><a href="#">North County LGBTQ Resource Center</a></p> <p><a href="http://www.ncresourcecenter.org">www.ncresourcecenter.org</a></p>	<p>760-994-1690</p> <p>3220 Mission Ave. Ste. 2 Oceanside, CA 92058</p>	<p>Services include support groups for youth, seniors, military service members, HIV/AIDS testing and prevention, counseling, civil rights advocacy, classes, and workgroups.</p>
<p><a href="#">YMCA Our Safe Place</a></p> <p><a href="http://www.ymcasd.org">www.ymcasd.org</a></p>	<p>760-908-9647</p> <p>North Coastal Drop-In Center TAY Academy</p>	<p>A certified outpatient behavioral health program that provides a welcoming and supportive environment for LGBTQIA+ youth</p>

	215 Barnes Street Oceanside, CA 92054	ages 12-21 and their families.
<a href="#">Healthy Development Services (HDS Coordinator), North Coastal Region</a>  <b>First 5 San Diego</b>  <a href="http://www.sandiego.networkofcare.org">www.sandiego.networkofcare.org</a> <a href="http://www.rchsd.org">www.rchsd.org</a>	858-966-1700 x257346  <b>Rady Children’s Hospital</b> 3605 Vista Way Suite 201 Oceanside, CA 92056	An array of services for early identification and treatment of children with mild to moderate developmental delays. Services include assessment and treatment for developmental (including speech and language) and behavioral concerns, parent education, and care coordination to all families receiving HDS services.
<a href="#">Oral Health Initiative (OHI)</a>  <b>First 5 San Diego</b>  <a href="http://www.my211.force.com">www.my211.force.com</a>	760-631-5000  4700 N River Road Oceanside, CA 92057  760-400-0277 2201 Mission Ave. Suite 103 Oceanside, CA 92058	Provides Oral health services, care coordination, and preventative education to children ages birth through five and pregnant women with the goal of improving oral health.
<a href="#">TrueCare Oceanside</a>  <b>Dental Care, Oceanside</b>  <a href="http://www.truecare.org">www.truecare.org</a>	760-736-6767  2216 S. El Camino Real Ste. 121-122 Oceanside, CA 92054  619 Crouch St. Ste. 100 Oceanside, CA 92054	Provides comprehensive dental care services for children and adults.
<a href="#">TrueCare Oceanside</a>  <b>Pharmacy, Oceanside</b>  <a href="http://www.truecare.org">www.truecare.org</a>	760-736-6767  605 Crouch Street Oceanside, CA 92054	Provides NCHS patients with pharmacy services and comprehensive medication management.
<a href="#">Vista Community Clinic</a>  <a href="http://www.vistacommunityclinic.org">www.vistacommunityclinic.org</a>  <a href="#">Vista Community Clinic cont.</a>	760-631-5000  <b>Dental Clinic North River</b> 4700 N. River Road Ste. C Oceanside, CA 92057 <b>Mission Pediatric &amp; Family Dentistry</b> 1910 Mission Ave.	Provides comprehensive dental care services for children and adults.

	Oceanside, CA 92058	
<a href="#">Family Recovery Center</a> <b>DreamKeepers Project</b> <a href="http://www.dreamkeepersproject.org">www.dreamkeepersproject.org</a>	760-439-6702 1100 Sportfisher Dr. Oceanside, CA 92054	A residential and outpatient treatment program available to pregnant and parenting women and their children through the age of 10. Services include assessment and evaluation, substance abuse treatment, counseling, mental health services, parenting education, child therapy, and more.

<b>Mental Health &amp; Counseling</b>		
<b>Organization</b>	<b>Location &amp; Phone Number</b>	<b>Services</b>
<a href="#">Care Solace</a> <a href="http://www.caresolace.com/site/ousd">www.caresolace.com/site/ousd</a>	1-888-515-0595	24/7 service to connect families with mental health and substance use treatment options (in-person, teletherapy, outpatient & residential). Care navigation services are free to students, staff, and their families. Help with all insurances, Medicaid or no insurance.
<a href="#">TrueCare</a> <b>Behavioral Health Services</b> <a href="http://www.truecare.org">www.truecare.org</a>	760-736-6767 619 Crouch Street Ste 100 Oceanside, CA 92054 2210 Mesa Dr. Ste. #300 Oceanside, CA 92054	Provides assessments, therapy options, and medication management services for a broad range of mental health conditions.
<a href="#">Oceanside Family Counseling Center</a> <a href="http://www.fhcsd.org">www.fhcsd.org</a>	619-515-2300 760-826-2026 2201 Mission Avenue Oceanside, CA 92058	Offers a variety of services and programs to address mental health care needs including: individual, couples, and family counseling; adult, teen, and child psychiatry, psychological testing, and substance use disorder services.

<p><a href="#"><u>Palomar Family Counseling Service, Inc. (PFC)</u></a></p> <p><a href="http://www.palomarfamilycounseling.com"><u>www.palomarfamilycounseling.com</u></a></p>	<p>760-741-2660</p>	<p>Individual and group counseling services for students and families, including case management, resource referrals, parenting classes, and forms assistance.</p>
<p><a href="#"><u>Interfaith Community Services</u></a></p> <p><a href="http://www.interfaithservices.org"><u>www.interfaithservices.org</u></a></p>	<p><b>Coastal Service Center</b> 760-721-2117</p> <p>4700 North River Road Oceanside, CA 92057</p>	<p>Provides a variety of services including individual, group, couples and family counseling.</p>
<p><b>San Diego County Health &amp; Human Services Agency</b></p> <p><a href="#"><u>Behavioral Health Services</u></a></p> <p><a href="http://www.sandiegocounty.gov"><u>www.sandiegocounty.gov</u></a></p>	<p>858-694-3900 760-967-4401</p> <p>3609 Ocean Ranch Blvd. Oceanside, CA 92058</p>	<p>The Children, Youth and Families section of Behavioral Health Services aids children and adolescents who are emotionally disturbed, and their families. CYF offers a wide variety of services from early intervention to residential services.</p>
<p><a href="#"><u>Rady EPSDT: Early &amp; Periodic Screening, Diagnosis &amp; Treatment Funded Mental Health Services</u></a></p> <p><a href="http://www.rchsd.org"><u>www.rchsd.org</u></a></p>	<p>760-758-1480</p> <p>3605 Vista Way, Ste. 258 Oceanside, CA 92056</p>	<p>Early and periodic screening, diagnosis and treatment funded mental health services.</p>
<p><a href="#"><u>UPAC EPSDT: Union of Pan Asian Communities Early &amp; Periodic Screening, Diagnosis &amp; Treatment Funded Mental Health Services</u></a></p> <p><a href="http://www.upacsd.com"><u>www.upacsd.com</u></a></p>	<p>619-232-6454 ext. 842</p>	<p>Early and periodic screening, diagnosis and treatment funded mental health services.</p>
<p><a href="#"><u>Optum Health</u></a></p> <p><a href="http://www.optum.com"><u>www.optum.com</u></a></p>	<p>800-557-5745</p>	<p>Provides free confidential support, crisis intervention, suicide prevention, and referrals for mental health and drug and alcohol needs.</p>
<p><a href="#"><u>North Coastal Mobile Crisis Response Team (MCRT)</u></a></p> <p><a href="http://www.exodusrecovery.com/san-di"><u>www.exodusrecovery.com/san-di</u></a></p>	<p>888-724-7240 760-758-1650</p> <p>536 W. Vista Way, Ste. A</p>	<p>Provides non-law enforcement crisis intervention to individuals experiencing a behavioral crisis in their home, or in the community and</p>

<a href="#">ego-mcrt/</a>	Vista, CA 92083	facilitates access to immediate care.
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<b>At-Promise Youth Services</b>		
<b>Organization</b>	<b>Location &amp; Phone Number</b>	<b>Services</b>
<a href="#">North County Crisis Intervention and Response Team</a>  <a href="http://www.npino.com">www.npino.com</a>	760-233-0133  1020 S. Santa Fe Avenue, Ste. A Vista, CA 92085	Provides services to children and teens experiencing severe behavioral and/or emotional difficulties. Offers walk-in and same day appointments. A Mobile Assessment Team is available to those who are unable to come into the office.
<a href="#">North County Lifeline, Inc.</a> <a href="http://www.nclifeline.org">www.nclifeline.org</a> <b>Behavioral Health</b> <ul style="list-style-type: none"> <li>● <b>HERE Now</b></li> <li>● <b>Recovery for Life</b></li> <li>● <b>School-Based Mental Health Full Service Partnership</b></li> </ul>	760-726-4900  760-757-0118 707 Oceanside Blvd. Oceanside, CA 92054	Provides program for youth and adults struggling with mental health issues, emotional trauma, substance abuse, and thoughts of suicide.
<a href="#">North County Lifeline, Inc.</a>  <a href="http://www.nclifeline.org">www.nclifeline.org</a> <b>Human Trafficking Prevention &amp; Intervention</b> <ul style="list-style-type: none"> <li>● <b>Project LIFE</b></li> </ul>	760-726-4900  760-757-0118 707 Oceanside Blvd. Oceanside, CA 92054	Provides ongoing gender specific prevention groups offering commercial sexual exploitation awareness to at risk youth targeting potential victims, exploiters and consumers of human trafficking.
<a href="#">North County Lifeline, Inc.</a>  <a href="http://www.nclifeline.org">www.nclifeline.org</a> <b>Youth Development/Juvenile Justice Programs:</b> <ul style="list-style-type: none"> <li>● <b>Alternatives to Detention &amp; CHOICE</b></li> <li>● <b>Empowering Young Men</b></li> <li>● <b>Breaking Cycles</b></li> <li>● <b>Community Assessment Team (CAT)</b></li> <li>● <b>IMPACT (Intensive, Mentoring, Parent, Advocacy, Comprehensive, Trauma-Informed Services)</b></li> <li>● <b>Club Crown Heights</b></li> <li>● <b>Juvenile Forensic Assistance for Stabilization and Treatment (JFAST)</b></li> <li>● <b>Strive 4 Success (S4S)</b></li> <li>● <b>Families SHINE Program</b></li> </ul>	760-842-6214	North County Lifeline's mission is to build self-reliance among youth, individuals and families through problem solving, skill building and accessible community-based services.

<ul style="list-style-type: none"> <li>• <b>Respect</b></li> </ul>		
<p><a href="#"><u>North County Lifeline, Inc.</u></a> <a href="http://www.nclifeline.org"><u>www.nclifeline.org</u></a> <a href="#"><u>Child Abuse and Domestic Violence Prevention &amp; Intervention</u></a></p> <ul style="list-style-type: none"> <li>• <b>Community Services for Families (CSF)</b></li> <li>• <b>Parent Education</b></li> <li>• <b>Domestic Violence Inter.</b></li> <li>• <b>Anger Management Group for Adults</b></li> </ul>	<p>760-842-6238</p> <p>760-757-0118 707 Oceanside Blvd. Oceanside, CA 92054</p>	<p>Provides therapeutic home visits, parenting classes, and group interventions to help manage anger and violent behavior, learn more effective parenting skills and improve relationships.</p>
<p><a href="#"><u>Interfaith Community Services</u></a> <a href="http://www.interfaithservices.org"><u>www.interfaithservices.org</u></a></p> <p><b>Transitional Youth Academy</b></p>	<p>Coastal Service Center 760-2117 4700 North River Road Oceanside, CA 92057</p>	<p>Program supporting youth who are dedicated to improving their academic and career outcomes, and life skills. The program combines academic support with intensive mentoring and leadership development, career development, and opportunities for paid internships.</p>
<p><b>Transformational Consulting, TC</b></p>	<p>760-613-5267</p> <p>723 Sugar Pine Street Oceanside, CA 92058</p>	<p>Support at-risk students via mentoring, referrals, school climate/safety support, and student leadership training.</p>
<p><a href="#"><u>PASS AmeriCorps Promoting Achievement and Student Success</u></a> <a href="http://www.sdcoe.net"><u>www.sdcoe.net</u></a></p>	<p>760-901-7000 ext. 7054 Programs at Laurel, Libby, Mission, Chavez, Jefferson, Lincoln, King, El Camino, Oceanside, and Surfside</p>	<p>Provides individual and group mentoring, academic support, grades and attendance reviews, leadership development, service learning and parent outreach.</p>
<p><a href="#"><u>McAlister Institute Teen Recovery Center</u></a> <a href="http://www.mcalisterinc.org"><u>www.mcalisterinc.org</u></a></p>	<p>760-726-4451</p> <p>3921 Waring Road, Ste A Oceanside, CA 92056</p>	<p>Provides substance abuse treatment, recovery, and education for adolescents who are using, misusing, or abusing alcohol and/or other drugs.</p>
<p><a href="#"><u>YMCA Transition-Aged Youth: TAY Street Outreach Program &amp; Drop-In Centers</u></a></p>	<p>760-908-9647</p> <p>215 Barnes Street</p>	<p>Provides crisis assessment, support services, referrals, resources, transportation to safe places,</p>

<a href="http://www.ymcasd.org">www.ymcasd.org</a>	Oceanside, CA 92054	snacks, hygiene kits, and other basic needs items for runaway, homeless, street, and at-risk youth ages 12-25.
<b>New Connections</b> <a href="http://www.vistacommunityclinic.org">Vista Community Clinic</a> <a href="http://www.vistacommunityclinic.org">www.vistacommunityclinic.org</a>	760-631-5000 ext 7181	The New Connections team will guide Transitional Age Youth (TAY) through employment, housing, food insecurity, health, mental health, dental services, as well as access to legal resources such as Homeless Court.
<a href="http://www.ymca.org">A Roof for Every Youth</a> <a href="http://www.ymca.org">Project OZ: YMCA</a> <a href="http://www.ymca.org">www.ymca.org</a>	760-271-7511 760-721-8930	Transition Age Youth (TAY) Bridge Housing provides runaway and homeless young adults supportive services and 6 months of short-term housing, providing a safe alternative to living on the street or in other dangerous situations.
<a href="http://www.phoenixhouse.org">Phoenix House Teen Recovery Center</a> <a href="http://www.phoenixhouse.org">www.phoenixhouse.org</a>	888-671-9392 785 Grand Ave. #220 Carlsbad, CA 92009	Provides adolescents outpatient services for teens 12-17 years old with substance abuse disorders and mental health conditions.
<a href="http://www.ymcasd.org">Kinship Support Services</a> <a href="http://www.ymcasd.org">YMCA</a> <a href="http://www.ymcasd.org">www.ymcasd.org</a>	1-877-YMCA-4-KIN	Provides support to kinship caregivers and relatives who are raising the child of another family member. Promotes case management, support groups, and respite services.
<a href="http://www.fakce.org">Foster, Adoptive &amp; Kinship Care Education Program</a> <b>Grossmont College</b> <a href="http://www.fakce.org">www.fakce.org</a>	800-200-1222 619-644-7609	Provides quality workshops, classes and support opportunities to assist the foster, adoptive and kinship parent.
<a href="http://www.ymcasd.org">Permanent Connections: YMCA</a> <a href="http://www.ymcasd.org">www.ymcasd.org</a>	619-281-8313 ext. 10729	Provides services for children ages 0-17 who are entering foster care or have been in foster care for 12 or more months and do not have permanent family connections.
<a href="http://www.bigs.org">Big Brothers Big Sisters of San Diego County</a>	858-536-4900 4305 University Ave. Ste. 300	Provides meaningful, monitored matches between adult volunteers (“Bigs”) and children (“Littles”) ages

<a href="http://www.sdbigs.org">www.sdbigs.org</a>	San Diego, CA 92105	7 through 18. The goal is to develop positive relationships that have a direct and lasting effect on the lives of young people.
<a href="http://Promises2Kids">Promises2Kids</a> <a href="http://www.promises2kids.org">www.promises2kids.org</a>	858-278-4400 9400 Ruffin Court, Suite A San Diego, CA 92123	Provides current and former foster youth in San Diego County with tools, opportunities, and guidance to grow into healthy and successful adults.
<b>iFoster</b> <a href="http://www.iFoster.org">www.iFoster.org</a>	855-936-7837	A free platform of resources for foster care youth, caregivers, and organizations.
<a href="http://One Safe Place">One Safe Place</a> <b>The North County Family Justice Center</b> <a href="http://www.onesafepacenorth.org">www.onesafepacenorth.org</a>	760-290-3690 1050 Los Vallecitos Blvd San Marcos, CA 92069	Provides free support services for those who have experienced family violence, child abuse, sexual assault, domestic violence, hate crimes, elder abuse, human trafficking, violent loss or other crimes.

<b>Services for Individuals with Disabilities</b>		
<b>Organization</b>	<b>Location &amp; Phone Number</b>	<b>Services</b>
<a href="http://North Coastal Consortium for Special Education">North Coastal Consortium for Special Education</a> <a href="http://www.nccse.org">www.nccse.org</a>	760-307-1657 <b>North County Regional Education Center</b> 255 Pico Ave. San Marcos, CA 92069	Provides support, information, resources, and education for families of children with disabilities.
<a href="http://Exceptional Family Resource Center">Exceptional Family Resource Center</a> <a href="http://www.efrconline.org">www.efrconline.org</a>	760-761-5553 255 Pico Avenue, Ste 101 San Marcos, CA 92069	Provides support, information and education for families of children with disabilities and the professionals who assist these families.
<a href="http://Community Interface Services">Community Interface Services</a> <a href="http://www.communityinterfaceservices.org">www.communityinterfaceservices.org</a>	760-729-3866 2621 Roosevelt Street Carlsbad, CA 92008	Provides services to children and adults with developmental disabilities.
<a href="http://San Diego Regional Center North County Office">San Diego Regional Center North County Office</a>	760-736-1200 5931 Priestly Drive, Ste. 100	Provides a variety of services to persons with developmental disabilities and their families.

<a href="http://www.sdrc.org">www.sdrc.org</a>	Carlsbad, CA 92008	
<a href="http://www.teriinc.org">TERI Learning Academy</a> <a href="http://www.teriinc.org">www.teriinc.org</a>	760-721-1760 3225 Roymar Road Oceanside, CA 92058	A nonpublic school that provides services to students with developmental and/or learning disabilities and severe behavior disorders. Training and education is provided.
<a href="http://www.sdcb.org">Assistive Technology Center, North County SD Center for the Blind and Vision Impaired</a> <a href="http://www.sdcb.org">www.sdcb.org</a>	760-758-5956 1385 Bonair Road Vista, CA 92084	Provides a wide range of products such as magnifiers, lighting, kitchen aids, accessible computer hardware and software, and more.
<a href="http://www.ucpsdtechcenter.org">San Diego Assistive Technology Center (United Cerebral Palsy of SD County)</a> <a href="http://www.ucpsdtechcenter.org">www.ucpsdtechcenter.org</a>	760-743-1050 North County Center 205 W. Mission Ave. Ste G Escondido, CA 92025	Provides augmentative and alternative communication information, alternative computer access and software, toy and software library, device lending library, adaptive computer empowerment services (A.C.E.S.)
<a href="http://www.mccscp.com">Exceptional Family Member Program (EFMP)</a> <a href="http://www.mccscp.com">www.mccscp.com</a>	Camp Pendleton Mainside: 760-725-5363 Building 13150  San Onofre/SOI: 760-763-0868 Building 520512	EFMP assists Active Duty service members in managing the dual demands of a military career and having a family member with special needs, whether medical, emotional, or educational.
<a href="http://www.miracosta.edu">Student Accessibility Services (SAS) MiraCosta College</a> <a href="http://www.miracosta.edu">www.miracosta.edu</a>	760-795-6658 1 Barnard Drive Bld. 3000 Oceanside, CA 92056	Accommodates the academic and support needs of students with disabilities by providing a variety of special services and equipment.
<a href="http://www.taskca.org">TASK</a> <a href="http://www.taskca.org">www.taskca.org</a>	760-966-7860 Call to schedule an appointment or consultation. 2080 Mission Ave. Oceanside, CA 92058	Provides families and the professionals who serve them with training, support, information, resources and referrals.

## Military Family Services: Camp Pendleton

OUSD Educational Support Services 760-966-7860  
January 2022

<https://www.oside.us/Page/1465>

<p><a href="#"><u>School Liaison Program</u></a> <a href="http://www.pendleton.marines.mil"><u>www.pendleton.marines.mil</u></a></p>	<p>Marine Corps Base Camp Pendleton 760-763-7385 760-763-7386</p> <p>School Liaison Office Building 1160, Room 281 Camp Pendleton, CA 92055</p>	<p>The School Liaison serves as the link between military families, the installation commander, military agencies, and schools by providing assistance in matters pertaining to student education including: inbound/outbound school transfers, information on local schools, school options, kindergarten entry and high school graduation requirements, military and community agency referrals.</p>
<p><b>Marine &amp; Family Information, Referral &amp; Relocation</b> <a href="http://www.mccscp.com"><u>www.mccscp.com</u></a></p>	<p>760-725-6090 760-725-5704 Building 13150 Camp Pendleton, CA 92055</p>	<p>Information &amp; Referral, Relocation and Retired Activities offers current information on Camp Pendleton's commands, resources, and the available resources in the surrounding communities.</p>
<p><a href="#"><u>New Parent Support Program Marine and Family Programs</u></a> <a href="http://www.mccscp.com"><u>www.mccscp.com</u></a></p>	<p>760-725-3884 Building 13150 Camp Pendleton, Ca 92055</p>	<p>Provides assistance, education, and support to Marine Corps families by offering in-home visits, parenting education classes, information, and referrals for active-duty personnel and family members.</p>
<p><a href="#"><u>Families OverComing Under Stress: FOCUS: Resilience Training for Military Families</u></a> <a href="http://www.focusproject.org"><u>www.focusproject.org</u></a></p>	<p>760-859-6079</p> <p>FOCUS Camp Pendleton 202860 San Jacinto Road Camp Pendleton, CA 92055</p>	<p>FOCUS provides resilience training to military children, families, and couples. It teaches practical skills to help families and couples overcome common challenges related to a military life.</p>
<p><a href="#"><u>Exceptional Family Member Program (EFMP)</u></a> <a href="http://www.mccscp.com"><u>www.mccscp.com</u></a></p>	<p>Camp Pendleton Mainside: 760-725-5363 Building 13150</p> <p>San Onofre/SOI: 760-763-0868 Building 520512</p>	<p>EFMP assists Active Duty service members in managing the dual demands of a military career and having a family member with special needs, whether medical, emotional, or educational.</p>
<p><a href="#"><u>Exceptional Family Member Program EFMP Lending Library</u></a> <a href="http://www.mccscp.com"><u>www.mccscp.com</u></a></p>	<p>760-725-3175 San Luis Rey: Building 17081</p> <p>760-763-0868 San Onofre/SOI:</p>	<p>Provides books, DVDs, Equipment, Air Purifiers, and more.</p>

	Building 520512	
<a href="http://www.sandiego.networkofcare.org">County of San Diego Health &amp; Human Services Agency</a>  <a href="http://www.sandiego.networkofcare.org">www.sandiego.networkofcare.org</a>	Search websites for local facilities and services.	Comprehensive directory to find services and programs related to housing, employment, reintegration, education or behavioral health for military service members and their families.
<a href="http://www.redcross.org">American Red Cross WIC, Camp Pendleton, San Onofre Center</a>  <a href="http://www.redcross.org">www.redcross.org</a>	800-500-6411  Camp Pendleton Building 130132 Vandergrift & 14th Street  San Onofre Building 51919	Supplemental nutrition assistance program that helps pregnant women, infants, and children (up to age 5) eat well, stay healthy, and be active.
<b>Hand Up Food Pantry: Neighborhood Exchange Camp Pendleton</b>  <a href="http://www.jfssd.org">www.jfssd.org</a>	858-637-3039 Building 200090 Ash Road, Wire Mountain RoadCamp Pendleton, Ca 92058	Market style food distribution for active duty military families, providing fresh produce, non-perishables, and diapers. Distribution dates once a month. Call for dates. 10:00 am-12:00 pm
<a href="http://www.helpinghandworldwide.org">Coastal Roots: Mobile Farm Stand</a>  <a href="http://www.helpinghandworldwide.org">www.helpinghandworldwide.org</a>	949-230-7318  <b>Melba Bishop Recreation Center</b>  5306 N. River Road Oceanside, CA 92057	Offers free certified-organic vegetables for families in the military in partnership with Helping Hand Worldwide.  1st Tuesday of the month 12:00-1:00 pm Call for appointment
<b>Interfaith Community Services Basic Needs Walk-in Services</b>  <a href="http://www.interfaithservices.org">www.interfaithservices.org</a>	<b>Veterans Service Center 760-529-9979</b>  1617 Mission Ave. Oceanside, CA 92058	Provides social services such as emergency food, hygiene packets, day bus passes or gas vouchers for documented medical or job needs, clothing voucher to thrift store.  Monday - Friday 8:00am-5:00pm (Closed 12:00-1:00pm)
<a href="http://www.alnc.org">Assistance League of North County Chapters for Children</a>  <a href="http://www.alnc.org">www.alnc.org</a>	760-722-2286  1816 Oceanside Blvd. #F Oceanside, CA 9054	Distribute clothing and school supplies for children of service members at Camp Pendleton.

<p><a href="#">Family Forces Counseling for Military Families</a></p> <p><a href="http://www.familyforces.org">www.familyforces.org</a></p>	<p>858-277-7907</p>	<p>Provides on-site counseling services to military students with Tricare insurance. Provides individual, family and group counseling services. Licensed therapists can deal with a wide variety of behaviors and symptoms including those linked to the stressors of military life.</p>
<p><a href="#">Operation BIGS Big Brothers Big Sisters of San Diego County</a></p> <p><a href="http://www.sdbigs.org">www.sdbigs.org</a></p>	<p>Camp Pendleton: 858-746-9173</p>	<p>A military mentoring program of Big Brothers Big Sisters after-school program providing mentoring and support to students of military families.</p>
<p><a href="#">Operation HERO Armed Services YMCA</a></p> <p><a href="http://www.asymca.org">www.asymca.org</a></p>	<p>ASYMCA 760-385-4921 200090 Ash Road, Wire Mountain Road Oceanside, CA 92058</p>	<p>Provides a no-cost after-school program tailored to the unique struggles of military children. The program is designed to help military kids in grades 2-8 get back on track in school and at home.</p>

<b>Refugee &amp; Immigration Services</b>		
<b>Organization</b>	<b>Location &amp; Phone Number</b>	<b>Services</b>
<p><a href="#">Interfaith Community Services</a></p> <p><a href="http://www.interfaithservices.org">www.interfaithservices.org</a></p>	<p>760-721-2117</p> <p><b>Coastal Service Center</b> 4700 N. River Road Oceanside, CA 92057</p>	<p>Provides assistance with DACA applications, U-Visas, VAWA petitions, Family Immigration petitions, Naturalization applications, SIJS applications, general immigration information, and deportation defense.</p>
<p><a href="#">American Friends Service Committee</a></p> <p><a href="http://www.afsc.org">www.afsc.org</a> usmexborder@afsc.org</p>	<p>U.S.-Mexico Border Program 3850 Westgate Place San Diego, CA 92105</p> <p>619-233-4114</p>	<p>The U.S./Mexico Border Program advances human rights and self-determination of migrant communities through base-building, alliance-building, documentation, and policy-impact.</p>

<a href="#">San Diego Health &amp; Human Services Agency</a>  <a href="#">Cash Assistance Program for Immigrants (CAPI)</a>  <a href="http://www.sandiegocounty.gov">www.sandiegocounty.gov</a>	866-262-9881   	The Cash Assistance Program for Immigrants (CAPI) is a state-funded cash aid program for certain immigrants who are not eligible for the federally funded Supplemental Security Income/State Supplementary Payment (SSI/SSP) program
<a href="#">U.S. Citizenship and Immigration Services</a>  <a href="http://www.uscis.gov">www.uscis.gov</a>	800-375-5283  Field Office: 880 Front Street, Ste. 4251 San Diego, CA 92101	Provides assistance in obtaining legal entry into the country, employment authorization, naturalization, orphan adoptions, travel documents, adjustment of status, permanent residence, and citizenship.
<a href="#">Mexico Consulate</a>  <a href="https://consulmex.sre.gob.mx/">https://consulmex.sre.gob.mx/</a>	619-231-8414  1549 India Street San Diego, CA 92101	Provides assistance with passports and visas, and travel insurance.

<b>Legal Services</b>		
<b>Organization</b>	<b>Location &amp; Phone Number</b>	<b>Services</b>
<a href="#">San Diego Department of Child Support Services</a>  <a href="http://www.SanDiegoChildSupport.org">www.SanDiegoChildSupport.org</a>	866-901-3212  7:30am - 6:00pm M-F	Provides childcare resources, education, employment training, legal assistance, and questions about child support.
<a href="#">Legal Aid Society of San Diego: Oceanside Branch</a>  <a href="http://www.laszd.org">www.laszd.org</a>	877-LEGAL AID 877-534-2524  216 Tremont Street Oceanside, CA 92054	Provides low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals, and legal representation.
<a href="#">Transgender Law Center</a>  <a href="http://www.transgenderlawcenter.org">www.transgenderlawcenter.org</a>	510-587-9696	Provides advocacy, information and resources to protect and advance the rights of transgender and gender nonconforming people.
<a href="#">Interfaith Community Services</a>  <a href="http://www.interfaithservices.org">www.interfaithservices.org</a>	<b>Coastal Service Center</b> 760-721-2117 4700 N. River Road	Provides legal aid counseling and The Volunteer Income Tax Assistance (VITA) program offers

	Oceanside, CA 92057 <b>Veterans Service Center</b> 760-529-9979 1617 Mission Ave. Oceanside, CA 92058	free income tax return preparation to qualified individuals (people who generally make \$56,000 or less, persons with disabilities, seniors, and limited English speaking taxpayers).
<a href="#">Las Valientes</a> <a href="http://www.lasvalientes.org">www.lasvalientes.org</a>	760-439-1133	Assists women in the Hispanic community with legal issues associated with domestic violence.

<b>Before &amp; After School Care and Tutoring Programs</b>		
<b>Organization</b>	<b>Location &amp; Phone Number</b>	<b>Services</b>
<a href="#">Boys and Girls Clubs of Oceanside</a> <a href="http://www.bgcoceanside.org">www.bgcoceanside.org</a>	760-433-8920 401 Country Club Lane Oceanside, CA 92054	Before and after school programs provided at: Laurel, Libby, King. After school program at Jefferson.
<b>After School Achievement Program (ASAP)</b>	760-207-8611 825 College Blvd. Ste. 102 Oceanside, CA 9205	Before and after school programs Provided at: Del Rio, Mission, Nichols, Reynolds, North Terrace TK-8, & Santa Margarita K-8.
<a href="#">Success Through Academics and Role Models (STAAR)</a> <a href="http://www.staarafterschoolprogram.com">www.staarafterschoolprogram.com</a>	760-529-7014	Before and after school program provided at: Lincoln.
<a href="#">ARC</a> <a href="http://www.arc-experience.com">www.arc-experience.com</a>	310-671-4400 370 Amapola Ave. Ste 210 Torrance, CA 90501	Before and after school program at: Chavez Middle School.
<a href="#">Before &amp; After School Enrichment (BASE)</a> <a href="http://www.baseprograms.com">www.baseprograms.com</a>	760-859-6005 P.O.Box 2657 Oceanside, CA 92051	Before and after school programs provided at: Foussat, Ivey Ranch, McAuliffe, Palmquist, San Luis Rey, South Oceanside, and Stuart Mesa K-5.
<b>@Promise Leadership Program</b> <a href="mailto:ale40solo@icloud.com">ale40solo@icloud.com</a>	760-521-3438	Before school program at Jefferson Middle School
<a href="#">Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP)</a>	Programs at Chavez, Jefferson, King, Lincoln, El Camino and Oceanside.	Designed to increase academic performance and preparation for post-secondary education. Provides

<p><b>Partnership with MiraCosta College and OUSD</b></p> <p><a href="http://www.ousdgearup.com">www.ousdgearup.com</a></p>	<p>Contact schools for more info.</p>	<p>in-class and after-school tutoring to eligible students. Also provides educational field trips &amp; workshops.</p>
<p><b>After School Safety and Enrichment for Teens (ASSETs)</b></p>	<p>760-966-4018</p>	<p>Provides a safe and supervised environment after school program for students in grades 9-12 to receive academic support and enrichment. Services provided at: El Camino, Oceanside, and Surfside.</p>
<p><b>Pro Kids: First Tee</b></p> <p><a href="http://www.thefirstteesandiego.org">www.thefirstteesandiego.org</a></p>	<p>760-547-8566</p> <p>821 Douglas Drive Oceanside, CA 92058</p>	<p>Offers afternoon programs for children ages 7-17 designed to provide opportunities for academic assistance, tutoring, workshops, structured curricula, and extracurricular activities.</p>
<p><b>North County Lifeline Club Crown Heights Afterschool Programs</b></p> <p><a href="http://www.nclifeline.org">www.nclifeline.org</a></p>	<p>760-726-4900 ext. 6306</p> <p><b>Club Crown Heights La Casita</b> (Ages 6-10) 402 Brooks Street Oceanside, CA 92054</p> <p><b>Club Crown Heights La Escuelita</b> (Ages 11-17) 1210 Division Street Oceanside, CA 92054</p>	<p>Offers after school programs at the Crown Heights Resource Center and La Casita Center in Oceanside. Program incorporates homework assistance, life skills education, recreation, art and enrichment activities for youth.</p>
<p><b>Vista Community Clinic Project R.E.A.C.H.</b> (Recreation, Employment Readiness, Academic Achievement, Communication, Healthy Lifestyles)</p> <p><a href="http://www.vistacommunityclinic.org">www.vistacommunityclinic.org</a></p>	<p><b>Balderrama REACH</b> 709 San Diego Street Oceanside, CA 92058 760-631-5000 ext. 7140</p> <p><b>Libby Lake REACH</b> 4700 North River Road Ste. C Oceanside, CA 92057 760-631-5000 ext. 7140</p>	<p>After-school program that offers tutoring in core subjects, volunteer and mentoring opportunities, college and employment prep assistance, fun activities, and field trips.</p>
<p><b>Oceanside Public Library</b></p> <p><a href="http://www.ci.oceanside.ca.us">www.ci.oceanside.ca.us</a></p> <p><b>Virtual Tutoring available through</b></p>	<p><b>Oceanside Public Library Civic Center</b> 760-435-5600 330 N. Coast Hwy. Oceanside, CA</p>	<p><b><i>*Due to COVID-19, the Book Buddies and Homework Helpers services are temporarily suspended.</i></b></p> <p>Book Buddies and Homework</p>

<a href="#">Brainfuse Help Now</a>	<b>Oceanside Public Library Mission Branch</b> 760-435-5600 3861 Mission Ave. Oceanside, CA	Helpers offers free weekly reading and homework assistance for students in grades K-8.
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Community Services		
Organization	Location & Phone Number	Services
<p><a href="#">Oceanside Parks &amp; Recreation</a></p> <p>For a comprehensive list of parks and recreational facilities visit:  <a href="http://www.oceansiderec.com">www.oceansiderec.com</a></p> <p><a href="#">Oceanside Parks and Recreation Activity Guide</a></p> <p><a href="http://www.ci.oceanside.ca.us">www.ci.oceanside.ca.us</a></p> <p><a href="#">Oceanside Parks &amp; Recreation</a> cont.</p>	<p><a href="#">Junior Seau Beach Community Center</a>  760-435-5233  300 North The Strand  Oceanside, CA 92054</p> <p><a href="#">Melba Bishop Recreation Center &amp; Park</a>  760-435-5550  5306 North River Road  Oceanside, CA 92057</p> <p><a href="#">Joe Balderrama Recreation Center &amp; Park</a>  760-435-5530  709 San Diego Street  Oceanside, CA 92054</p> <p><a href="#">Brooks Street Swim Center</a>  760-435-5225  130 Brooks Street  Oceanside, CA 92054</p> <p><a href="#">Marshall Street Swim Center</a>  760-435-5535  1404 Marshall Street  Oceanside, CA 92054</p> <p><a href="#">El Corazon Aquatic Center</a>  760-435-5370  3306 Senior Center Drive  Oceanside, CA 92056</p>	<p>Provides facilities and a wide variety of programs designed to enrich the lives of the entire community through positive and fulfilling recreational experiences.</p> <p>The Neighborhood Services Department offers <a href="#">Youth Scholarships</a> to qualifying Oceanside families.</p> <p>For more information contact Javier Bermudez at <a href="mailto:jbermudez@oceansideca.org">jbermudez@oceansideca.org</a></p>
<b>City of Oceanside Community Resource Centers</b>	<a href="#">Libby Lake Community Center</a>	The Community Resource Centers provide a venue at which non-profit

<p><a href="http://www.ci.oceanside.ca.us">www.ci.oceanside.ca.us</a></p>	<p>760-435-3600 4700 North River Road Ste A Oceanside, CA 92057</p> <p><a href="#">Chavez Community Resource Center</a> 760-435-3371 605 San Diego Street Oceanside, CA 92054</p> <p><a href="#">Crown Heights Community Resource Center</a> 760-435-3335 1210 Division Street Oceanside, CA 92054</p>	<p>health and social service agencies can provide services aimed at improving and enhancing the quality of life of residents in the neighborhoods served. Center staff and collaborative agencies help residents locate and access needed services. They also provide a site for after school programs, youth and adult education and health programs, computer access and training.</p>
<p><a href="#">Oceanside Public Library</a></p> <p><a href="http://www.ci.oceanside.ca.us">www.ci.oceanside.ca.us</a></p>	<p><b>Oceanside Public Library Civic Center</b> 760-435-5600330 N. Coast Hwy. Oceanside, CA 92054</p> <p><b>Mission Branch</b> 760-435-5600 3861 Mission Ave. Oceanside, CA 92058</p> <p><b>Bookmobile</b> <a href="#">Bookmobile schedule</a></p> <p><b>Oceanside READS Center</b> 760-435-5680 804 Pier View Way #101 Oceanside, CA 92054</p> <p><a href="#">Early Learning &amp; Community Information HUB</a></p> <p>330 N. Coast Hwy. Oceanside, CA 92054</p>	<p>Along with books, DVDs, CDs, audio books, eBooks, and Children’s eBooks the library offers public computers with internet access and wi-fi, printing, faxing, scanning, and copying services, private study rooms, tutoring, dedicated areas just for children and teens, and much more.</p> <p><a href="#">Set Up to Succeed</a> is a new partnership between the library and OUSD. All students in grades K-12 are now automatically issued an Oceanside Public Library card through the online Aeries enrollment process. Oceanside READS offers services for adults over 18 years old to learn to read and improve their reading skills.</p> <p>The HUB provides parents, caregivers and children information and community resources that promote their child’s early literacy and development.</p>
<p><a href="#">City of Oceanside Neighborhood Services</a></p>	<p>760-435-3360</p>	<p>The Neighborhood Services Department offers a wide variety of</p>

<a href="http://www.ci.oceanside.ca.us">www.ci.oceanside.ca.us</a>	300 North Coast Hwy. Oceanside, CA 92054	programs and services that serve to enhance the quality of life by strengthening community image, neighborhood safety and security, supporting economic development and environmental resources, promoting health, wellness and recreation, fostering human development and increasing cultural unity and community problem solving for people of all ages.
<b>Oceanside Fire Department</b>  <a href="http://www.ci.oceanside.ca.us">www.ci.oceanside.ca.us</a>	Emergency 9-1-1 Non-emergency 760-435-4100  300 North Coast Hwy. Oceanside, CA 92054	OFD's 8 fire stations provide 24/7 services for the preservation and protection of life, property, and the environment. Other services provided include: Baby Safe Arms, CPR & CERT training, and disaster preparedness.
<b>Oceanside Police Department</b>  <a href="http://www.ci.oceanside.ca.us">www.ci.oceanside.ca.us</a>	Emergency: 9-1-1 Non-emergency: 760-435-4900  3855 Mission Avenue Oceanside, CA 92054	OPD works with the community to build trust and provide quality service that actively prevents crime and promotes safety. OPD also operates 6 <a href="#">Resource Centers</a> within Oceanside.
<b>MiraCosta College</b>  <a href="http://www.miracosta.edu">www.miracosta.edu</a>	Oceanside Campus 760-757-2121  1 Barnard Drive Oceanside, CA 92056  <b>Community Learning Center</b> 760-795-8710 1831 Mission Avenue Oceanside, CA 92058	A comprehensive, public community college. Offers a variety of associate degree and certificate programs, academic and career pathways. Also offers many continuing education and non-credit classes including English as a Second Language (ESL) and GED test preparation.
<a href="#">YMCA</a>	760-294-5050 800-481-2151	Provides programs, services, and initiatives that enable kids to realize

<a href="http://www.ymca.org">www.ymca.org</a>	<a href="mailto:myreferral@ymca.org">myreferral@ymca.org</a> 760-758-0808 4701 Mesa Drive Oceanside, CA 92056	their potential.  YMCA also provides free child care referrals and resources to families.
<a href="http://www.bgcocceanside.org">Boys and Girls Clubs of Oceanside</a>  <a href="http://www.bgcocceanside.org">www.bgcocceanside.org</a>	760-433-8920  401 Country Club Lane Oceanside, CA 92054	Provides physical education and social recreational activities such as sports, arts and crafts, and photography. Counseling, homework tutoring, and referrals are available. Offers leadership development for youth, a computer center and free noon meals during the summer for ages 5-18.
<a href="http://www.oceansidemuseumofart.org">Oceanside Museum of Art</a>	760-435-3721  704 Pier View Way Oceanside, CA 92054	Free admission to active military and their dependents, students and children under 18.
<a href="http://www.livewellsd.org">Live Well San Diego</a>  <a href="http://www.livewellsd.org">www.livewellsd.org</a>		Live Well San Diego is a regional vision that aligns the efforts of County government, community partners and individuals to help all SD county residents be healthy, safe and thriving.
<a href="http://www.nsdcpromise.org">North San Diego County Promise</a>  <a href="http://www.nsdcpromise.org">www.nsdcpromise.org</a>		A community partnership bringing together more than 40 organizations to strategically align programs, services and resources to improve the social, emotional, and academic success of children, youth and young adults.