The Healthy Kids Colorado Survey (HKCS) is the state's largest health and wellness survey of middle and high school students.

- Administered across Colorado by the Colorado School of Public Health and Environment
- Randomly selected schools and classrooms participate
- Anonymous and confidential
- Online during one class period

Survey Topics:
- Bullying/School Safety
- Mental Health
- Physical Health (Sleep, Nutrition, Exercise)
- Substance Use
- Protective and Risk Factors
- Sexual Health/Consent (High School only)

How Jeffco Uses This Data:
1. Track health trends
2. Create data driven health and wellness goals at the school and district level
3. Identify and prioritize health disparities
4. Give students a voice in school health

For Survey Questions, Videos, Data, FAQs: tinyurl.com/HKCSjeffco
JEFFCO STUDENT HEALTH DATA SNAPSHOT

School Safety and Bullying Prevention

80% of middle school students report not being bullied at school in the last year

70% of middle school students who report they feel they belong at school

66% of high school students report feeling safe at school

92% of high school students report not being bullied at school in the last year

Supports for Jeffco Students & Families

- Professional school counselors support students, families and staff in creating safe and connected educational climates
- All K-12th grades have access to a Social Emotional Learning curriculum that is evidence-based in reducing bullying
Supports for Jeffco Students & Families

- Over 10,000 Jeffco teachers and staff trained in QPR (Question, Persuade, Refer)
- Monthly QPR trainings for families and caregivers
- Sources of Strength program in 23 schools
- September Suicide Prevention Awareness Month programs
- Starting in 2023-24 School Year, all traditional K-12 schools will implement Signs of Suicide yearly
JEFFCO STUDENT HEALTH DATA SNAPSHOTT
Substance Use Risk and Protective Factors

84% of high school students report it would NOT be easy to get prescription drugs without a prescription.

86% of high school students who report NOT using substances in the last month.

78% of middle school students report it would NOT be easy to obtain marijuana.

87% of middle school students report it would NOT be easy to obtain marijuana.

Supports for Jeffco Students & Families
- PREVENTION: Nurses teach nicotine and marijuana education classes
- INTERVENTION: Direct case management services by school nurses
- HARM REDUCTION: Narcan in all schools and district buildings
- FOR FAMILIES: Twelve Talks to Have With Teens & Tackling Tough Topics With Teens
Jeffco Public Schools will launch new equitable and healthy start times for the 2023-24 school year.
- Breakfast served at 34 Jeffco Middle and High Schools
- All district middle and high schools offer a PE Class
- Jeffco Healthy Schools [Healthy Habits for Families](#)