California LSWP Triennial Assessment Guidance

Local Education Agencies (LEAs) must conduct a comprehensive assessment of the Local School Wellness Policy (LSWP) a minimum of once every three years, beginning no later than June 30, 2020. The 2020 triennial assessment requirements are: 1) comparison to a model policy; 2) progress with the LSWP goals; and 3) compliance with the policy. The structure of the assessments prior to 2020 is up to LEAs. For triennial assessments conducted 2020 and later, LEAs may choose their methods to meet the three requirements outlined above. One online tool recommended for model policy comparison is the Well SAT, which can be located on the Well SAT website at http://www.wellsat.org/. LEAs may use action planning documents containing timelines, goals, and tasks to assist in measuring progress and compliance with the policy, such as the School Health Index online tool located on the Center for Disease Control and Prevention website at https://www.cdc.gov/healthyschools/shi/index.htm . LEAs must also make the results of the triennial assessment available to the public. LEAs may use this **California LSWP Triennial Assessment Guidance** to organize their notes regarding the 2020 assessment. Remember, LEAs should keep a copy of the most recent, dated assessment available to show during the school food authority administrative review. Please note that before June 30, 2020, LEAs still must conduct an assessment but there are no guidelines for the content or scope.

Agency Name: Oceanside Unified School District

Date Policy Revised: 07/2021 **Number of Schools:22**

Date Assessment Completed: 05/15/2023

Reporting Time Period: Reporting was delayed until 06/2023 because of COVID and Waiver

Report Completed and By Whom: (Name and Position): Francis Xavier McInnis III, Director of Nutrition Services

Developed by the California Department of Education 7.16.2018
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1. Comparison to Model Policy: (attach completed report)

Please indicate which model policy was used for comparison:

Model Policy	Check If Used
Alliance for a Healthier Generation	
California School Board Association	
San Diego County Model Policy	
Other: Please Specify **Live Well Schools Wellness Policy**	**X**

Please indicate which tool was used and the score and provide a brief summary of the result of model policy comparison.

Tool Used	Results
Well SAT Scorecard	**Total Comprehensiveness = 90 out of 100** **Total Strength = 64 out of 100**

Summary: The WellSAT 3.0 identified areas of strength and weakness in our most recent wellness policy revision (July 2021). Oceanside Policy I modeled after the Live Well Schools Wellness Policy, there are still some areas that need improvement and adjustment. The area of our updated policy with the lowest comprehensive score was section 2: Standards for USDA Child Nutrition Programs and School Meals. This score is reflective of most of these areas are addressed already / required by the school meals program and therefor nor called out specifically in the wellness policy. As the policy is updated in the future language will be added to specifically address these needs.
Section 4 Physical Education and Physical Activity earned one of the highest comprehensive scores of 100. This area highlights that OUSD has a strong plan in place and is doing well getting the needed resources and information to its students and families.

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2. Extent of Compliance for ALL schools with the LSWP:

Please indicate which tool was used to monitor progress:

Tool Used to Monitor Progress	Check if Used
School Health Index*	
Action for Healthy Kids Game On	
Alliance for a Healthier Generation Healthy Schools Builder	
Well SAT Implementation Assessment	**X**
Project LEAN Work Plan	
District Action Plan	
Other (such as Local Control Accountability Plan)	

Each of the Oceanside Unified School District sites were invited to complete a Wellness Policy Site Survey as an assessment tool to gather site specific wellness policy implementation information. Each of the 22-district school participated in this survey. Although compliance with the new wellness policy was varied from site to site as a district, we are trending in a positive direction for full policy implementation at all sites.

As a district we have 54.5% of our sites reporting that students are provided opportunities to understand what certain foods are healthier than others. As a district we are working to increase the amount of nutrition education being offered in a variety of ways raging from being included in the physical education curriculum to the use of student gardens. As a district we continue to strive for a school environment that promotes inclusion and acceptance, with this in mind 10% of our nutrition education being at is inclusive of multicultural, vegetarian / vegan diets.

Physical Education continues to be a focus for Oceanside Unified with 50% of our sites reporting that they have before and after school club sports. Physical activity is directly linked to food consumption and waste. Oceanside has put forth tremendous efforts to increase healthy food consumption and decrease waste by offering recess / physical activity at 54.5% of all its campuses.

Oceanside Unified recognizes that wellness is not only physical wellness, but mental wellness as well and are doing our best to promote a environment of inclusion and anti-bullying. We have seen improvements in this area with teaches and counselors employing the use of restorative conversation as well as campus standards such as the six pillars of character.

*A condensed version of the School Health Index is located on the Action for Healthy Kids website at https://afhkschoolportal.force.com/AFHK_Communities_Login

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3. Monitoring Progress in Meeting the LSWP Goals:

Please indicate which tool was used to monitor progress:

Tool Used to Monitor Progress	Check if used
School Health Index*	
Action for Healthy Kids Game On	
Alliance for a Healthier Generation Healthy Schools Builder	
Well SAT Implementation Assessment	X
Project LEAN Work Plan	
District Action Plan	
Other (such as Local Control Accountability Plan)	

Please summarize successes and barriers:

During the 2021 – 2022 school year, the newly formed wellness committee met a total of 4 times. The primary goal of the wellness committee is the implementation of the updated OUSD wellness policy. The committee is comprised of community members, faculty, and staff as well as school board representatives. Using the wellness survey results and committee member collaboration we have were able to outline the areas of success and areas that are still in need of improvement outlined in this assessment. The committee will continue to work on improving the implementation of the wellness policy making updates as needed.

4. Please add any comments or notes and identify and the attachments:

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