

Raising Problem Solvers VS Direction Followers

Hendrick Hudson
School District
April 25, 2019



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Where are the slides?

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Calendar of Events

June 5th, 2019: Leslie will present *"Make Time For This! Take Control & Get Things Done."* at M Booth Public Relations in New York City.

June 3, 2019: Leslie will present *Putting the Function Back into Executive Function: Tips and Tools for Classroom Success* for the Hebrew School Education Directors of Matan Conference in New York City.



April 30, 2019: Leslie will present her MOST popular webinar *Cramming vs. Planning: How to Teach Your Student to Study Smarter, Not Harder!* at 8pm EST. [CLICK HERE TO LEARN MORE](#)

April 25, 2019: Leslie will present *Raising Problem Solvers vs Direction Followers* for the Hendrick Hudson School District in Montrose, NY. [VIEW PRESENTATION SLIDES](#)

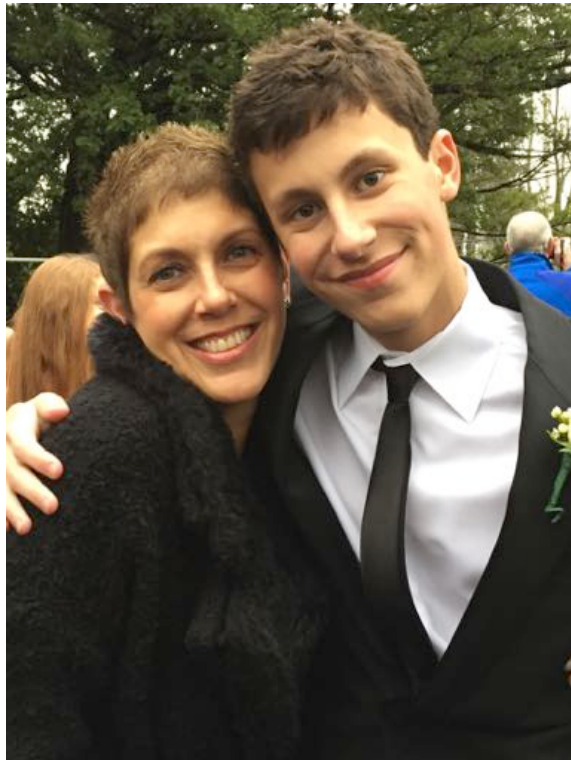
2019-2020 Academic Planner
ON SALE NOW!



Giving Students An Easy Way to **SEE** Time So They Can Learn to **MANAGE** It.

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It All Started with My Son



- ADHD
- Executive Dysfunction
- Learning Differences
- Oppositional Defiant Disorder
- Explosive Behavior

I Needed to Find Systems and
Strategies to UNTANGLE his World at
Home and at School!

Order Out of Chaos' Mission

Our purpose is to provide hands-on education, guidance and coaching to parents and their students through our customized products and programs, so that all children – both mainstream and with learning differences – can develop the necessary skills they need to experience success in learning and in life.

About Leslie

10 Years

Academic/Life Coach for
Teens & College Students
with ADHD and LD



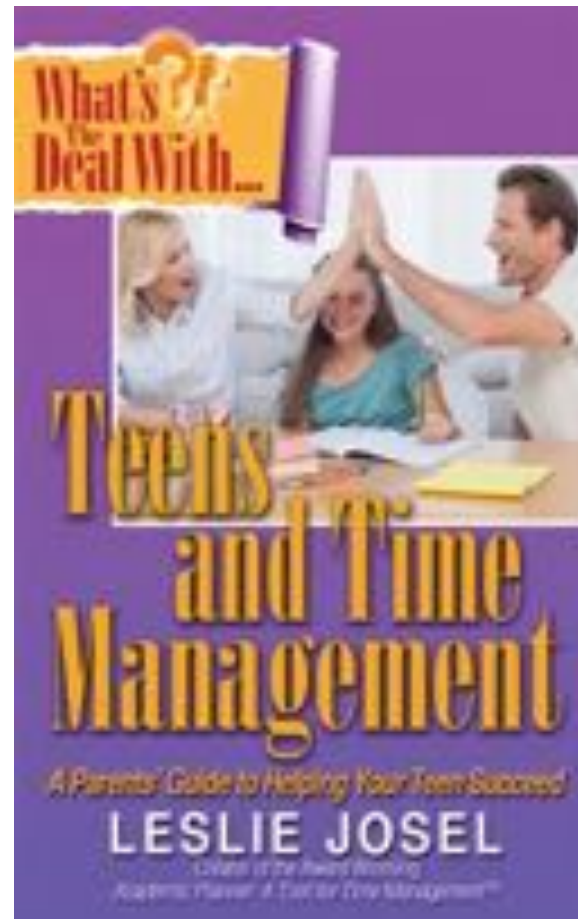
About Leslie

“Academic Planner: A Tool for Time Management”



About Leslie

“What’s the Deal with Teens
and Time Management?”



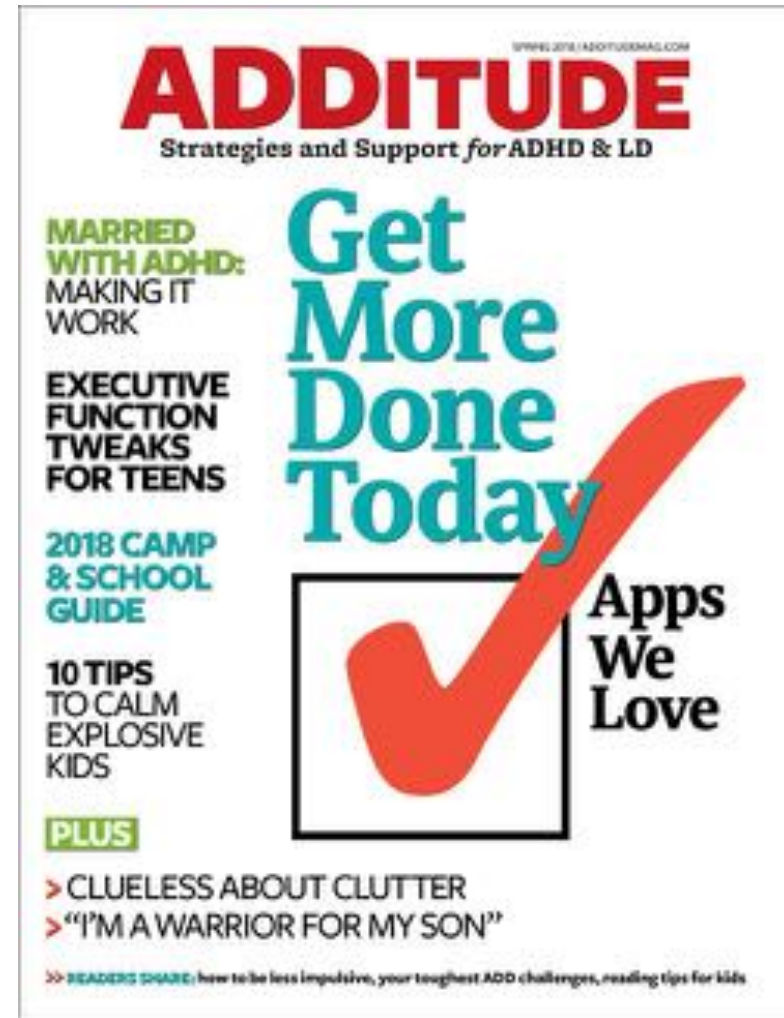
Where to Find Us?

Order Out Of Chaos:
orderoochaos.com

Products Designed With Students In Mind:
products.orderoochaos.com

Where to Find Me?

ADDitude Magazine:
“Dear Organizing Coach
with Leslie Josel”



Mindset

Brain vs Behavior

Executive Age is the person's age based on how his or her brain is working. EF individuals are an average of 30% behind. This delay lasts into adulthood. Human brains reach their highest point of maturity in the early 30s, and for EF people, that is where the maturity stops, even if there is delay.

What is the Executive Age?

True Age	Executive Age	True Age	Executive Age	True Age	Executive Age
3	2	13	8.67	23	15.33
4	2.67	14	9.33	24	16
5	3.333	15	10	25	16.67
6	4	16	10.67	26	17.33
7	4.67	17	11.33	27	18
8	5.33	18	12	28	18.67
9	6	19	12.67	29	19.33
10	6.67	20	13.33	30	20
11	7.33	21	14	31	20.67
12	8	22	14.67	32	21.33

When your children frustrate you with actions that are not age appropriate, refer to this chart to remind you to give them grace because their brains are developing behind schedule.

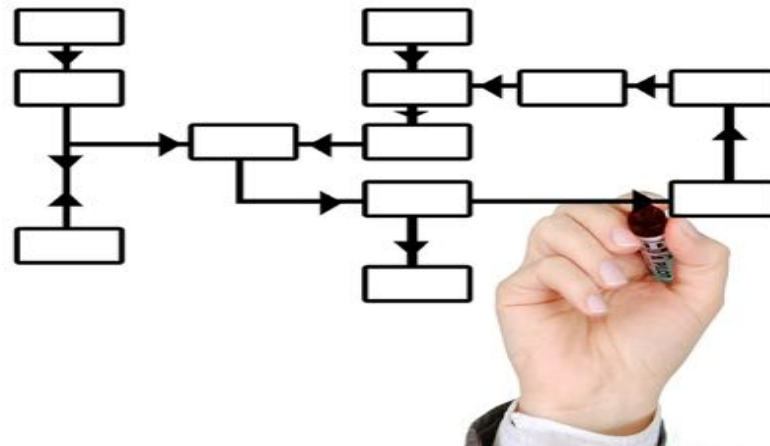
Understanding the Mindset

Got Future Awareness??

Yeah, right!

MORE LIKE.....

Living in the “Now” vs “The Not Now”



Brain Power

THE BRAIN IS A MUSCLE!

IT NEEDS TO BE EXERCISED!



Asking the Right Questions

Builds Routines...

Builds Habits...

Builds Memory

BUILDS MUSCLE!!!!



Asking the Right Questions

Builds...

Visual Checklists

Mental Routines

Future Awareness

Problem Solving Skills!!



Problem Solving

Our brain's response to the word “problem” is to want to avoid anything that causes discomfort or distress.

Every day presents a series of issues that require solving. Some big/some small.

Need to reframe how we THINK ABOUT problems.

Problem Solving

We must help our children NOT to fear problems but build the muscle to solve them.

Shift focus from the “pain” of problems to building strength.

Problem Solving

What
Problem
Have You
Solved
Today?



Guided Questioning

What is your plan...?

What do you need to do to get started?

What is the first step for...?

What are you going to do after/before/next?

Guided Questioning

What are your priorities today/tonight?

What could get in your way tonight/tomorrow/this weekend?

How do you see yourself.....?

What do you need to take or have ...?

Guided Conversation

“Tell Me What You Do Know”

The Power of Done

360 Learning –
Task Completion **BEFORE**
Task Initiation



Seat Belt or Cake Baking Scenario

1. Perform Behavior

Seat Belt Scenario

2. Guide Behavior

Seat Belt Scenario

3. Prompt Behavior

Seat Belt Scenario

4. Troubleshoot Behavior

Coach Approach

It takes about 144 times of
doing something to make it
automatic!

Strengthening the Brain

Create Images

Use multi-media learning –

- Audio
- Tactile
- Photos
- Videos



Strategies

Cubbies vs Shelves!

(shorten everything)



Strengthening the Brain

Waffle Syndrome!



Strengthening the Brain

I'm hungry.

I'm tired.

I'm thirsty.

I can't find..

I'm cold.

I don't like...

I don't know where...

Strengthening the Brain

DO YOU ANSWER A
QUESTION IF NONE WAS
ASKED?

Memory

“Oh! By The Way & Don't Forget!”



Memory

How Does Your Child Remember to Remember?



Memory

“What Did You Say?”

You need to STICK information to the brain!

Rockstar Tip: Review important information backwards.

Memory

“Yes. No. I Don’t Know.”

ROCKSTAR TIP:

Signal when something important is coming.

Remember...

Questions unlock the
brain and put the student
in charge of learning!

Resources

Please visit our websites for resources and product offerings.



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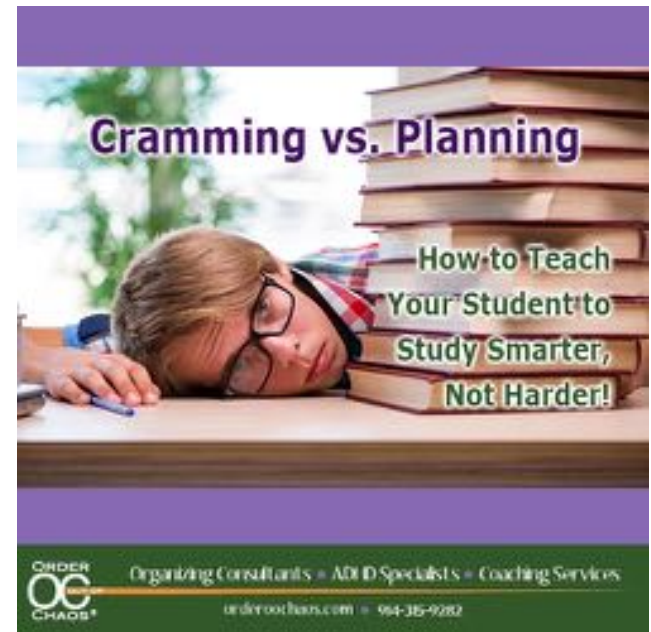
Cramming vs. Planning: How to Teach Your Student to Study Smarter, Not Harder!

(Perfect for Parents and Students of ALL Ages!)

Tuesday, April 30, 2019 @ 8:00 PM EST

NO NEED TO WATCH IT LIVE!

Register Now at
products.orderoochaos.com



Q & A

