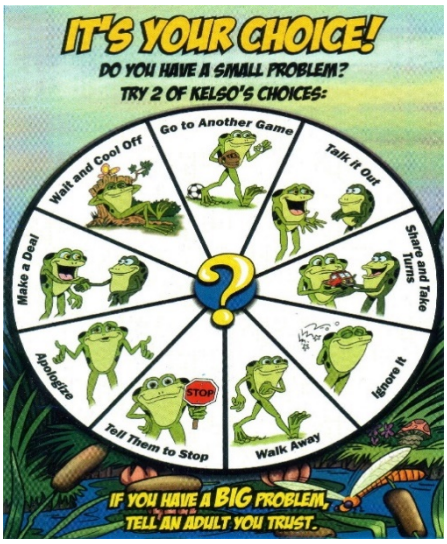
Kelso's Choice Kelso's Choice is a fun and engaging conflict management and resolution curriculum that teaches children the difference between big and small problems. The curriculum teaches skills to try to solve small problems on their own by choosing appropriate choices for a given situation. These choices empower students to understand the differences between big and small problems, work on self-advocacy skills, grow their critical thinking brains, and learn proper conflict resolution and why it is important.



Students are tasked with trying two choices on their own for small problems and taught to seek out a trusted adult for help if they are faced with a big problem **or** if two of the choices they tried were unsuccessful.

Kelso the frog is adored by students and the skills they learn at school can be used at home for a wonderful school-home connection.

PurposeFul People

PurposeFull People is CharacterStrong's PreK - 5th grade social & emotional learning and character development curriculum. This program teaches skills that will help students be successful in school and in life.

PurposeFull People has three main goals for students:

Be **Kind**, Be **Strong**, and **Be Well**.

● Be Kind: Social skills like listening, friendship, solving conflicts, and leadership. These skills are taught alongside Empathy, Respect, & Cooperation

● Be Strong: Skills that help students focus, stay organized, and set goals. These skills are taught alongside Responsibility, Courage, & Perseverance

● Be Well: Skills that help students handle their emotions and deal with stress. These skills are taught alongside Gratitude, Honesty, & Creativity

The Zones of Regulation

The Zones of Regulation is a complete social-emotional learning curriculum, created to teach children self-regulation and emotional control.

Organic lessons

SEL classroom lessons taught by the counselor will also be created organically to touch on acute needs for a specific classroom, grade level or general student population.