

CUSD Pupil Services
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Mission Statement

School Based Mental Health Therapists promote the mental health, well-being and academic achievement of all Compton unified School District students by providing therapeutic services that increase social, emotional, and behavioral wellness.

Purpose

School Based Mental Health Therapists facilitate the students ability to successfully cope with challenges, crisis, or traumatic experiences; thereby fostering resiliency and promoting healthy relationships, self-reflection, and problem-solving skills to optimize school success. Our goal is to support growth and individual choices that lead to healthy, productive lives.

"Each Mind Matters"



School Mental Health

Summary of Services

Programs

- School Based Mental Health Therapists/ Social Workers
- On-site Wellness Centers
- Crisis Counseling and Intervention
- Workshops and Trainings



Services

Clinical Counseling Services

- Individual and Group Counseling
- Crisis Intervention
- Collateral Consultation
- Case Management
- Psycho Education

Additional Clinical Services Provided to School Sites

- Crisis Intervention
- Student Success Monitoring Team (SSMT)
- Student 504
- Student Attendance Review Board (SARB)
- Family Advocacy
- Resource Services
- Outreach
- Parent Workshops
- Professional development (For School Staff)



Welcome to Compton Unified School District (CUSD) Mental Health support services. As part of our Wellness Initiative, Therapeutic services are available to all CUSD students that have been identified as being in need of services. We believe in promoting positive mental health support to our students and their families, by providing access to supportive services.

Programs and Services

All sessions are a clinical hour, which can include telehealth, face-to-face services and/or collateral contact. Students may be referred to an outside community partner for on-going services at the discretion of CUSD Therapist, if deemed appropriate. Frequency of services may vary and is determined by the CUSD Therapist or community partnering agency.

Clinical Counseling Services

- Individual, Family and Group counseling
- Crisis Intervention
- Collateral Consultation
- Case Management
- Psycho Education
- Telehealth

Additional Clinical Services Provided to School Sites

- Crisis Intervention
- Student Success and Monitoring Team (SSMT) attendance
- Student 504 attendance
- Student Attendance Review Board (SARB) attendance
- Family Advocacy
- Referral Services
- Outreach
- Workshops

Professional Development

Training is provided to staff on a variety of topics, including: Crisis Response, Early Identification Screening and referral, responding to Trauma.

Parent Awareness Training

- Trauma Informed Mental Health training for parents and caregivers
- Psycho Education
- Safety

Community Partnerships

- Shields For Families
- Tessie Cleveland Community Services
- Bayfront Family Services
- Creating Families Inc.
- Hazel Health