

EMMETT HIGH SCHOOL

HUSKIES

Player and Parent Handbook



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OFFICE HOURS - Monday thru Friday 7:00 to 3:00

Larry Parks, Principal / Stu Peterson, Vice Principal
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COMMITMENT IS EVERYTHING!

Philosophy of Emmett High School Athletics In Conjunction with the Southern Idaho Conference and the Idaho High School Activities Association

Sports activities can offer students new challenges, improved skills, a sense of accomplishment, and a great deal of fun. Student-athletes who take part in sports are better for it. They learn to take the risk of accepting new challenges while they test limits of their abilities. Participants learn to take pride in honest effort and achievement, regardless of victory or defeat. They learn the importance of teamwork in accomplishing goals. Sports can help student-athletes develop and mature emotionally, socially, as well as gain an enthusiasm for an active lifestyle. Any student wishing to participate in the Emmett High School Athletic Program will be placed on a team according to their abilities.

Registration Requirements

A complete registration packet will be handed out to all eligible freshman, sophomores, juniors, and seniors.

- Physical Exam on file with Athletic Director
- Concussion Acknowledgement Form
- Pay to Play/Athletic Registration Fee (50.00 each sport)
- Activity Cards (32.00)
- IHSAA Interim Questionnaire Form

Physical Exams

The IHSAA requires that participants have a new physical form on file prior to the first day of practice in the 9th and 11th grades. Sophomores or Seniors who received a physical the previous year AND the physical is on file at EHS, will not require a new physical. This physical must be completed on or after May 1 of the preceding school year.

Transportation

Students are required to travel with the team on the bus to any away venue. Student-athletes must be checked out to their parents or legal guardian due to school liability. **Students are only allowed to be transported by their parents or legal guardian!!! Any extenuating circumstances may be reviewed by the High School Administration.**

Parent and Spectator Guidelines

It is the philosophy of the Emmett School District to encourage participation by all interested boys and girls in the various programs offered by the schools and community. To ensure both a safe and positive environment for our athletes, the Emmett School District has established the following spectator and parent guidelines.

1. Remember that athletes are motivated to participate in athletics for their own personal gratification. Let players play, and coaches coach.
2. Don't use profanity or harass players, coaches, or officials. Vulgar and off-color cheers or gestures will not be tolerated.
3. Applaud good plays by your own team and the visiting team. Never ridicule an athlete for making a mistake during competition.
4. Show respect for your team's opponents. Without them there would be no games.
5. Condemn the use of violence in all forms.
6. Respect the official's decisions.
7. Encourage players to always play according to the rules.
8. Recognize the value and importance of your athlete's coaches. They give of their time and resources to provide positive activities for your child.
9. Parents are responsible for supervision of younger siblings in attendance at games.
10. Have fun and encourage all student athletes to do the same!

Student Spectators

For safety reasons, student spectators will not be allowed to stay and watch practices unless accompanied by their parent. Spectators also need to stay in the stands/ off the court before, during and after the game. Cheerleaders will not be permitted on the floor at anytime unless they are in uniform. The coaches are not supervisors of the spectators.

Student athletes and spectators are not to leave campus during games. Students, who do not follow the spectator/athlete guidelines, will need to go home. Our athletic program is under the direction of the athletic director, principals and/or faculty advisor.

Attendance Eligibility for Practices and Games

The following rule and regulation regarding eligibility for practices and games have been established by the **Emmett High School Athletic Department**.

1. Students will attend school all day to be eligible for games and practices. **Only in extreme cases** will a student be granted eligibility if classes are missed. Extreme cases must be pre-approved by the school administration.
2. Guidelines for attendance at practice will be determined by each individual coach and discussed with the Athletic Director prior to competition. Please remember that each situation is different and discretion may be used by both the coach and athletic director when making decisions.

The coaches and/or school supervisor will enforce the above rule. Students that choose not to follow the above rules and directions of coaches or school authorities will be sent home and may not be allowed to attend games or practices.

Problem Solving Procedures

Sometimes in your student-athlete's school/sports career, he or she may encounter a problem that may seem overwhelming. It may center on behavior, social problems, etc. It is the practice of Emmett High School to try to solve problems at the lowest level possible. The first thing you should do is approach the person with whom there is a problem. Thus, if you have a concern about something a coach has done, you first approach the coach at an appropriate time. **Our policy is contingent on a twenty four hour policy, meaning you may not contact any coach or school administrator until twenty four hours has passed since the incident in question.** Only after efforts to deal with the coach have failed should the athletic director be contacted. If you have difficulty reaching a good-faith resolution with the athletic director, contact the appropriate school administrator.

HUSKIES

INFORMATION EXCHANGE

Parent - Coach - Protocol

PROMOTING

· Sportsmanship· Character· Integrity· Dignity· Communication

PHILOSOPHY

Participation in school activities is one of the most accurate predictors of success later in life. Each co-curricular activity is a very important part of a student's education.

Students will learn work ethic, teamwork, sportsmanship, interpersonal relationships, responsibility, and persistence. These character traits help promote a successful life.

The coaches and advisors want students to have a very positive experience while participating in activities and athletics at Emmett High School. With your help and the positive support of the staff, the experience can be rewarding for everyone involved.

Inappropriate issues to discuss with the coaches / advisors

As already stated, there are concerns that can and should be discussed. Other issues such as the following should be left up to the discretion of the coach.

- Playing time
- Team strategy
- Play calling
- Other student participants
- Confrontational issues

Some situations may require a conference between the parent and coach. It is important that both parties involved have a clear understanding of the other's position when the conference is initiated. The following procedure should be used to help and promote a resolution to the problem.

Procedures used to discuss a concern with a coach or advisor

- Call to set up an appointment.
- **Do not confront a coach or advisor during an event, after an event, or before-during-after a practice, (24 HOUR RULE).*
- If the coach cannot be reached, call the athletic director or the principal.
- If the parent-coach meeting does not reach a satisfactory resolution, call to make an appointment with the athletic director or principal.
- At this meeting, the parent, coach, athletic director, and the principal will discuss the issue and try to reach a satisfactory resolution.

Sportsmanship

Treat others as you would like to be treated. This is the *Golden Rule* in activities and athletics. Remember, when you compete against your opponents, they are just that...*opponents*. They are not enemies.

Rules in each sport are fair and officials are present to ensure these rules are enforced. Many officials for high school sports could be still learning, so they make mistakes, as we all do. At such times, we need to respect the official's decision even if it is not one with which we agree.

Character

A person with notable character behaves morally, ethically, and honestly in all situations, both public and private.

Integrity

A person with integrity is honest with himself/herself and prefers to tell the truth rather than maintain a falsely harmonious relationship with other individuals.

Dignity

A person with dignity possesses a "touch of class" and demonstrates self-confidence. This person has self-control, self-respect, and consideration for others by remaining calm in tense situations.

The Parent – Coach / Advisor Relationship

Both the parent and the coach are committed to bringing out the best in the student-athlete. The most beneficial environment in which a young person can improve occurs when the parent and the coach establish a mutual understanding of each other's responsibilities.

Parents have the right to expect clear communication from coaches. Likewise, coaches will better communicate with parents when they are made aware of family concerns. Undoubtedly, if parents and coaches work toward these goals, the student-athlete will benefit greatly.

Communication

What you should expect from a coach / advisor

- Co-curricular participation policies and eligibility requirements
- Coach's philosophy
- Coach's expectations of your son or daughter, as well as for all of the members of the team or group
- Locations and times of practices, contests, and meetings
- Team requirements, fees, special equipment, appropriate dress, mannerisms, and behavior when traveling
- Procedures to follow should an injury occur during participation

- Discipline matters that could result in the non-participation of your son or daughter during practice or games.

Communication coaches / advisors should expect from parents

- Expression of concerns directly to coach or advisor
- **Notification of any schedule conflicts well in advance of practice or events, Attendance/Commitment will be paramount!**

· Specific concern in related to a coach's or advisor's philosophy or expectations

While involved in an athletic or extracurricular program, students will experience some of the most rewarding moments of their lives. There will also be moments when events do not go the way students or parents would prefer.

During these situations, a timely and respectful discussion with the coach will most likely bring about a clearer understanding of the issues and the positions of all involved. This, in turn, may make a positive resolution more feasible.

Appropriate concerns to address with coaches / advisors

- Treatment of your son or daughter
- Ways to help your son or daughter
- Behavior concerns

Sometimes it is very difficult to accept that your son or daughter is not playing as much as you had hoped. Remember, coaches are professionals and they make decisions based on what they believe to be the best for all of the students involved. Do not live through your child, let them live through you!

General Conduct

We have a primary responsibility for safe learning environments at Emmett High School, and this includes maintaining discipline. Each athlete is expected to recognize that the school's authority extends from within the building. We expect Emmett High School Athletes to respect themselves, their family, their school, and their community. Conduct detrimental to the image of Emmett High School or the Emmett HS Athletic Department could result in possible suspension or removal from the team or individual sport.

Suspension and Expulsion Policy

Any athlete involved in a major disciplinary offense may incur an appropriate suspension from school and extracurricular activities. The athletic director along with the appropriate school administrator shall at his or her discretion, determine the type and duration of the suspension. Suspension or expulsion may be immediate in the case of an emergency or danger to property or students.

Substance Abuse and Tobacco/Nicotine Policy

It is the policy of Emmett High School to prevent and prohibit the possession, use, sale, distribution, and/or intent to distribute any illegal or controlled mood-altering chemical, medication (except medications distributed to individual athletes through the office with parent

and physician permission), look-alike drug, abused chemical, inhalant, or tobacco, by any student.

Consequently, should any student, member of the school's staff or coach, witness or have evidence that a student is in possession of, using, or under the influence of any of the previously mentioned substances, the proper civil authorities will be notified. Also, that student will be dealt with according to the appropriate school's suspension and expulsion policy.

1. **First Offense:** A student can be **ineligible to participate for a minimum of 25% of the total regular season contests** and must attend practice and complete the current season; the time of ineligibility will begin with the first scheduled event after the infraction. Should a student violate the Code of Conduct between seasons, ineligibility will begin at the beginning of the next sport in which the student participates.

2. **Second Offense:** A student can be **ineligible to participate for a minimum of 50% of the total regular season contests** and the time of ineligibility will begin with the first scheduled event. These consequences are in effect for the entire school year. Note: When figuring percent of the season to be missed, any part of a contest will be **rounded up to the next whole number**, i.e. 25% of 13 regular season contests = 3.25; contests missed = 4.

3. **Third Offense:** The student can be ineligible to participate in any athletic activity for a minimum of one year from the date of infraction; the police and juvenile office will be notified.

4. The first offense for possession or use of tobacco and tobacco products: The student will be suspended for a minimum of one contest. The second offense will resort back to the policy number two

Academic Eligibility

All students wishing to participate in extracurricular activities must meet the eligibility requirements.

- Students must be enrolled full-time and on track for graduation.
- Students must be in good academic standing and have passed all of their classes from the previous trimester.
- It is the responsibility of the non-traditional student to provide the Athletic Director with transcripts from their academic provider
- Academic eligibility will be monitored weekly during the sport season.
 - Students failing one (1) or more classes will be placed on academic probation.
- Academic probation
 - Student will be able to practice and participate
 - Students failing to pass their class by the end of the week long probation period will be ineligible for competition and until all grades are passing.
- Students failing to meet the requirements of Academic probation will become ineligible to participate in competitive contests, events, or conferences.

- Students participating with a cumulative GPA below 2.0 must have an Academic Improvement Plan in place
- Students falling below the minimum standards as set by the Idaho High School Activities Association will be ineligible to practice or participate in athletics or activities.

Transfer Students

When a new student transfers from another school, the eligibility standards of the Idaho High School Activities Association rule will be followed until the student completes three (3) weeks as an Emmett School District student. At the end of the three week period the student must be in compliance with Emmett School District Eligibility policy 572.

Varsity Letter

To earn a varsity letter, athletes must compete in at least half of the varsity contests during that year's season. If there is an odd number of games, they must have participated in over half of the games. Example: if there are 9 football games, athletes must compete in 5.

1. If a senior athlete has not competed in enough games to earn a letter but has played that sport for four years, they will be awarded a letter.
2. Coaches may submit an appeal for any athlete that does not meet the letter requirements.
 - a. Appeals must be submitted in writing to the athletic director

Signing Day

There will be two school sponsored athletic college signing events.

- The first will be held on the first official day of the signing period in February
- The second will be held in May at a date to be determined by the Athletic Director

Emmett High School Athletic Pledge

As a student athlete, I understand my responsibility for participating in an Emmett High School athletic program. I also understand the consequences for violating any of the expectations outlined in this contract.

As a student athlete, I _____ **pledge to:**

- ❖ Communicate my sports schedule well in advance to my parents and teachers
- ❖ Schedule my personal life so that it does not conflict with team expectations
- ❖ Give my coach notice well in advance of any commitments I have that conflict with the team schedule
- ❖ Discuss issues of concern with my coach, athletic director and parents before they become problems
- ❖ Maintain my academic eligibility by maintaining a “C” average during the season, and meeting any other academic standards set by Emmett High School.
- ❖ Abide by all the training rules set forth by my coach, the athletic department and Emmett High School.
- ❖ Make a commitment to my team mates and coaches to continually strive to do my best to contribute to the program and to exercise responsible sportsmanship.

Signature

Date

As a parent/guardian, I, _____ **pledge to:**

- ❖ Grant permission for my daughter/son to participate in an athletic program at EHS.
- ❖ Stay informed about my daughter/son’s athletic schedule to minimize conflicts between our family schedule and the athletic schedule.
- ❖ Support my daughter/son’s decision to commit to the team by attending as many team meetings, contests and special events as my schedule will permit.
- ❖ Work closely with all school personnel to assure an appropriate academic and athletic experience for my daughter/son throughout her/his school career.
- ❖ Discuss issues of concern with my daughter/son and the coach before they become problems
- ❖ Wait twenty-four (24) hours after an athletic contest to contact the coach regarding any issue involving the team, the coach and/or my daughter/son.
- ❖ Assure that my daughter/son attends all practices, contests, and special events and follows all training rules.
- ❖ Affirm that it is the responsibility of the coach to determine strategy and player selection.
- ❖ Work cooperatively with coaches, other parents, and school personnel to assure a wholesome and successful athletic program for the school.
- ❖ Exercise responsible sportsmanship as a spectator.

Signature

Date