

SUSAN STACK CHAIRMAN STATE OF CONNECTICUT – COUNTY OF TOLLAND INCORPORATED

# TOWN OF ELLINGTON Human Services Commission

55 MAIN STREET – PO BOX 187 ELLINGTON, CONNECTICUT 06029-0187 HOCINE BAOUCHE JESSICA FAY DEANNA WAMBOLT-GULICK LENORA WILLIAMS DEBI NEWTON PAT SZAFIR

HUMAN SERVICES COMMISSION MINUTES

Monday, October 16, 2023 Ellington Human Services 31 Arbor Way **6:00 P.M.** 

MEMBERS PRESENT: Deanna Wambolt-Gulick, Pat Szafir, Debi Newton, Lenora Williams Diane Harding

OTHERS PRESENT: Rebecca Stack - Director of Human Services; Stephen Clapp – Elderly Outreach; Kelly Hearn - Recording Secretary; Alyssa Damato – YWCA New Britain

- 1. Call to Order: Debi Newton called the meeting to order 6:06pm.
- 2. Speaker from YWCA New Britian: Alyssa DAmato

Alyssa provided an overview of the services offered to Ellington Residents through the YWCA New Britian. Services mentioned include:

- 24-hour crisis hotline. Text or call-in options.
- Short-term crisis counseling
- Information & referrals
- Support groups
- Support and presence for survivors at hospital/law enforcement reporting
- State certification course

The 24-hour hotline is staffed by volunteers who are trained through the state certification course.

A discussion on school involvement in the Ellington Public Schools followed. Alyssa provided contact information as well as other informational materials.

## **3.** Approval of Minutes:

MOVED (NEWTON) SECONDED (WILLIAMS) AND PASSED UNANIMOUSLY TO APPROVE THE MINUTES OF THE SEPTEMBER 11, 2023 MEETING.

### 4. Citizens' Forum: None

#### 5. Sustainable CT: Food insecurity survey.

Rebecca provided a draft of the survey questions and an overview of the goals for this survey. The group provided feedback on the survey questions.

The survey will start November 1<sup>st</sup> with a deadline of November 30<sup>th</sup>. It will be available at the Senior Center, Town Hall Library, Human Services Office, and electronically. Ideas to have the survey at the Farmers Market and local churches were also discussed.

Diane mentioned the homebound population and provided the idea that the survey be given out through the Meals on Wheels program that way this demographic can also participate.

#### 6. Adjournment:

# MOVED (WILLIAMS), SECONDED (WAMBOLT-GULICK) AND PASSED UNAMIMOUSLY TO ADJORN THE MEETING AT 7:06 PM.

Submitted By:

X\_\_\_\_\_\_ Kelly Hearn, Recording Secretary