

To our GCA Ramily,

Believe or not – it is time to think about the 2023-2024 school year and taking care of your child's sports physical. If your child plans on participating in sports during the 2023-2024 school year, you are required to have a sports physical prior to the start of the season. GCA has the privilege to be partnered with Tennessee Orthopaedic Clinic in providing sports physicals here on our campus. We are happy to inform you that the physicals are planned to be held on Tuesday June 20th for all middle school and high school athletes. These will be held from 5 pm-7pm in the upper school. There will be a \$30 fee for the physical. Please bring cash or check made payable to GCA.

Please make sure you have done the following prior to the time of physicals:

1. Both parent and student are required to create separate accounts with **Big Teams**. Each account must have a unique email or cell phone #. The parent and student accounts will need to be linked to see electronic versions of the forms.
Go to <http://studentcentral.bigteams.com/>
2. Complete all forms from within the parent account. Then the student can go into their student account to sign the forms that require student-athlete signature.
3. **Print and complete** the Physical Examination Form and the Medical Eligibility form prior to physicals and bring with you. Our medical providers will complete their portion of forms the night of physicals.
4. After the physicals are complete you will be able to upload the completed documents.

GCA does not keep a copy of the completed physical. It is the responsibility of the parents to upload the completed documents and wait for notification that all forms have been accepted.

If you have any questions, please feel free to contact me at the number listed below. I look forward to a safe and successful year of athletics with Grace Christian Academy.

Go Rams!

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