

SHAC MEETING

FEBRUARY 10, 2023 1:30PM

MEMBERS: Lisa Hutchinson *Lisa Hutchinson*
Kristy Hopkins
Kathy Cowan
Lisa Kelly *L. Kelley*
Lisa Brannon
Lee Hogue
Mary Shockley *Mary Shockley*
Laurie Daniel *Laurie Daniel*

HEALTH SERVICES UPDATE

Mobile Mammogram was here 12/15/22 and will be here again 3/29/23. They provide services not only for the employees but also the community members.

Flu Shots were given through Hunt Regional 10/14/22 and 71 employees and their family members took advantage of this.

Texas Mobile Imaging will be here 3/24/23 to speak to the staff and will be here April 3 to provide scans to anyone that signs up

I plan on setting up a Wellness Clinic before the end of school through Hunt Regional. They do lab work, BP checks, weight and BMI for any employees that are interested and register.

Biggest Loser Challenge is underway. We have 25 participants. There are weekly drawings for everyone that weighs in with their campus nurse weekly. At the end, the person that has the biggest percentage of weight loss will win a monetary prize. There will be a female winner and a male winner. This is the second year we have done this and the employees that participate seem to enjoy the competition.

The Beta Club has had 2 blood drives so far this year. This is always popular with the kids, staff and community.

Tooth Fairy will be at the elementary school on 2/23 to provide tooth kits to the 1st grade students and I also do a dental hygiene presentation during this time. We should have enough toothbrushes to give out to every elementary student.

Always Changing Puberty Video will be presented to the 5th grade students on 3/9. This is viewed by the girls and boys in separate classrooms. Parents sign a permission form in order for their child to view the video.

We will provide a Hands Only CPR class for the Juniors and Seniors towards the end of the school year. This is now a graduation requirement set by TEA. We have been doing this for about 5 years now.

We will have an immunization clinic towards the end of the school year with Hunt County Health Dept. This gives parents the opportunity to get their children their required immunizations before the start of the upcoming school year.

Epi-Pen 4 School Program is in the renewal process. I received an email last night from Bioridge Pharma that they received our renewal and it is being reviewed. This would give us 6 new boxes of Epi-Pens for the College street campus, Middle School Campus, and HS campus and 2 new boxes of Epi-Pen Jr for the Elementary Campus. These are unassigned and available to anyone having an allergic reaction.

Vision/Hearing Screenings

Elementary Campus Hearing 341
 Vision 339

Middle School Campus Hearing 85
 Vision 87

High School Campus Hearing 36
 Vision 36

Total Hearing 462
Total Vision 462

Spinal Screenings will be conducted during March for 5th grade girls, 7th grade girls and 8th grade boys. Letters will go out to parents ahead of time informing them of the dates and procedure.

Middle School Counseling Services

They have discussed many topics during their JumpStart which have included: Responsibility, Honor, Trust, Peer Pressure, Courage, Joy, Knowledge and Respect. March will be about Forgiveness, April Humility and May Determination.

SOS (Signs of Suicide) lesson was presented to the 7th/8th during Leadworthy in October
The Middle and High school had a Measured By Character Assembly in November. 7th and 8th grade has had a Career Guidance session. Women In Need will be here in February and March presenting Guidance lessons to 6th, 7th and 8th grades.

High School Counseling Services

Positive Actions Lessons
Too Good For Violence presented by Women In Need
Measured By Character

Mary Shockley with Agrilife Extension gave an update on the programs she has been doing at the elementary school. They have completed the Walk Across Texas. She said this was very successful and that the staff and students really got into it and had a lot of fun with it. The 5th grade had 6 sessions titled Choose Health, Fun, Food and Fitness. These programs will earn Lone Oak Elementary a Healthy Recognized School Campus. It will be the first school in Hunt County to earn this banner that will be placed in front of the school. It will also be presented to Mrs Shockley in the Spring during Commissioners Court. This is very exciting for Lone Oak.

We will plan on meeting again April 14th. Time and location TBD.