

SAAS OUTDOOR & TRAVEL

SMITH ROCK

CLIMBING

June 16-22, 2024

8-12 Current 8th-11th Graders - Cost: \$2000

TRIP LEADERS: Tom Harrington, Daniela Sanchez, Josh Kurisko

The group will travel by van to Smith Rock State Park, near Bend, Oregon. There, we will spend 5 days camping, climbing, and exploring the high desert area. Spend 3 days on the rock, challenging yourself physically and mentally. Enjoy building deep connections with your peers by learning to communicate and trust one another. Join us on this on this inaugural climbing adventure!

Prerequisites:

Fill out the interest / experience / application form by visiting the trip website or scanning the QR code on the other side of this page. Experience preferred, but not necessary. One pre-trip meeting in the spring (date & location TBD).



Trip Goals:

The goal of this trip is to encourage personal growth within our students through the experience of outdoor climbing and camping. Students will work on developing character traits that will help them feel more confident. By learning the skills and safety measures that are used to participate in outdoor climbing students will be learning the importance of responsibility for themselves and others. Guided outdoor climbing will help push some of our students outside of their comfort zones and practice personal growth as they safely try something that they may find challenging.

Due to the amount of safety precautions taken during outdoor climbing, students will learn the importance of trust and how to build that trust within a community. Students will need to learn when to take the lead while others are climbing in order to keep their peers safe. They will also need to learn to hand over leadership to others when it is necessary for their own safety. This partnership helps them learn that a community member plays many different roles at different times. Throughout this experience students will be working on teamwork, as it is an integral part of being able to climb outdoors since you cannot do it by yourself. Climbing is inherently a trust building sport where students learn how to keep each other safe and to encourage one another up a route. Communication is key in outdoor climbing and students will be practicing clear communication skills to keep each other safe while climbing outdoors.

The secondary goal outside of climbing for this trip is to foster a respect and understanding of the culture and history of the outdoor recreation areas people

use every day. They will do this by experiencing nature on outdoor hikes, learning about the climbing culture at crags, engaging with the history of how climbing evolved in America, and learning about the history of the area at the High Desert Museum.

Reflection and Discussions at the end of the day will encourage students to think about their challenges, things they learned, or ideas that came to them as they experience and learn about outdoor climbing culture.

When the trip is complete we hope to see new friendships develop, students grow in their self-confidence and self-esteem, and possibly gain a new interest/passion for outdoor sports and recreation and how to continue to be good stewards for these areas.

Contact Information:

For any further questions please email:

Tom Harrington

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To register for the trip, complete any necessary trip surveys and find more information, please visit our SAAS trips page by following the link here:



[www.seattleacademy.org/
student-life/outdoortravel](http://www.seattleacademy.org/student-life/outdoortravel)



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