



**Monomoy Regional School District - Monomoy Regional School Committee
Meeting Agenda for Thursday, June 8, 2023 at 6:30 PM
Monomoy Regional High School Library - 75 Oak Street, Harwich, MA 02645**

This meeting will be broadcast to Channel 22 as well as live-streamed/recorded to the [MRSC YOUTUBE CHANNEL](#)

AGENDA

A. Call to Order

B. Public Comment: Speakers are limited to three minutes; additional time is at the discretion of the Chairperson

C. Approval of Minutes

- i. May 25, 2023 MRSC meeting

D. Reports and Discussions

- i. MRHS Project Citizen Vape/Substance Use Policy Proposal & Fritz Demo - John Dickson & Officer Clarke
- ii. Special Education Parent Advisory Council (**SEPAC**) - Melissa Maguire
- iii. Student Trip proposal to Greece with EF Tours in April 2025 - Jeremiah Nickerson
- iv. Wellness Committee Presentation - Melissa Maguire
- v. 2023-2024 Subcommittee Assignments
- vi. Discussion for updating policy language to be more inclusive Potential Vote
- vii. Introducing the new Assistant Principals and 5-12 Curriculum Directors
- viii. First Reading: BBBA/BBBB - School Committee Qualifications/Oath of Office Potential Vote
- ix. First Reading: ACA - Nondiscrimination on the Basis of Sex Potential Vote

E. Subcommittee, Representative, Liaison Reports

- i. MASC Learning Lunch - June 16, 2023

F. Superintendent's Report

- i. Recognition of Donations, Grants, and other Acknowledgments

G. Action Items - Vote Required

- i. Student Trip to Costa Rica with EF Tours in February 2024
- ii. Updating policy language to be more inclusive Potential Vote
- iii. First Reading: BBBA/BBBB - School Committee Qualifications/Oath of Office Potential Vote
- iv. First Reading: ACA - Nondiscrimination on the Basis of Sex Potential Vote

H. Presentation of the Warrants

I. Adjournment

'23 JUNE 6 PM 1:35:47

Authorized Posting Officer

Leah Tambolleo

June 6, 2023

Monomoy Regional School District - Monomoy Regional School Committee
Meeting Minutes for Thursday, May 25, 2023 at 6:30 PM
Monomoy Regional High School Library - 75 Oak Street, Harwich, MA 02645

This meeting was broadcast to Channel 22 as well as live-streamed/recorded to the [MRSC YOUTUBE CHANNEL](#)

Members present in person: Meredith Henderson, Chair; Betty Gray, Vice-Chair; Jackie Zibrat-Long; Tina Games; Jessica Rogers; Terry Russell; Ryan Clarke

Members not present: Scotti Finnegan

Administrators present: Dr. Scott Carpenter, Superintendent; Marc Smith

A. Call to Order The meeting was called to order by Dr. Scott Carpenter at 6:33 PM.

B. Vote for Chair, Vice Chair of the Monomoy Regional School Committee

Dr. Carpenter called for a nomination for Chair of the Monomoy Regional School Committee.

MOTION: Jackie Zibrat-Long moved to nominate Meredith Henderson as Chair of the Monomoy Regional School Committee. The motion was seconded by Terry Russell.

UNANIMOUS the motion passes.

Meredith Henderson called for a nomination for Vice-Chair of the Monomoy Regional School Committee.

MOTION: Tina Games moved to nominate Betty Gray as Vice-Chair. The motion was seconded by Jessica Rogers.

UNANIMOUS the motion passes.

C. MRHS Student Representative

MRHS senior Samantha Goode delivered her final report for the 2022-2023 school year. She shared information about events occurring at the HS since her last report which included the Dream Day 5K fundraiser and the National Honor Society fundraiser for Suicide Awareness. Her report also included the Spring Concert, Senior Arts Night, and a National Arts Honor Society event called the *Bridging of the Generation Gap through Art* at the Maple Woods Senior Center in Brewster.

D. Public Comment: None

E. Approval of Minutes:

a. April 27, 2023 MRSC Meeting

MOTION: Tina Games moved to approve the minutes from the April 27, 2023 MRSC meeting. The motion was seconded by Jackie Zibrat-Long.

The motion passes with 6 ayes and Jessica Rogers abstaining from the vote.

b. May 11, 2023 MRSC Meeting

MOTION: Jackie Zibrat-Long moved to approve the minutes from the May 11, 2023 MRSC meeting. The motion was seconded by Betty Gray.

UNANIMOUS the motion passes.

F. Reports and Discussions

a. Welcome new Monomoy Regional School Committee member Ryan Clarke

New MRSC member Ryan Clarke was welcomed to the committee by Chair Meredith Henderson. Mr. Clarke is the newest member of the Monomoy Regional School Committee and represents Harwich.

b. Monomoy Youth Card - Sheila House, Director of Harwich Youth Services

Sheila House, Director of Harwich Youth Services, presented the new Monomoy Youth Card to school committee members. This reference card contains contact information for students who might be in need of local and national resources for students, including LGBTQ organizations, substance abuse, eating disorders, mental health, and domestic violence for themselves or their peers. The cards will be distributed to students through the high school.

c. Student Trip proposal to Costa Rica with EF Tours in February 2024 - Dustan Burns

MRHS teacher Dustan Burns presented his proposal to travel to Costa Rica in February 2024 with EF Tours. This 9-day tour proposes to start on February 17, 2024 with the group visiting different parts of the country and engaging in possible activities like zip lining, kayaking, white water rafting, and visiting National Parks. The group also aims to include more opportunities for local language and culture engagement. The price per student is estimated to be \$3504, plans for roughly 40 student travelers and will have a student to chaperone ratio of 6:1.

In discussion, members asked questions related to the insurance/cancellation policy and asked that Superintendent Carpenter review it before the group fully commits to the program.

School Committee members will vote to approve the trip at the June 8, 2023 MRSC meeting.

d. Set summer meeting/workshop dates

School Committee members agreed via general consensus to change the summer meetings dates from Thursday to Wednesday evenings. The new agreed upon meeting dates will be on July 12, 2023, August 9th and 23rd, 2023 with August 9th serving as the date of the school committee's annual workshop.

e. Subcommittee Assignments - preferences due by June 1, 2023

Chair Henderson asked school committee members to submit their subcommittee preferences for the 23-24 school year by June 1, 2023. She will bring a draft of assigned committees to the June 8, 2023 MRSC meeting for discussion / approval.

f. Approval of MRHS Interact Club donation to the Family Pantry of Cape Cod

See in Action Items below.

g. Approval of MRHS Key Club donation to Sharing Kindness

See in Action Items below.

h. First Reading: Policy Files with minor changes for review

i. BBBA/BBBB: School Committee Member Qualifications/Oaths of Office; GBGB: Staff Personal Security and Safety

Committee members reviewed policy files BBBA/BBBB: School Committee Member Qualifications/Oaths of Office; GBGB: Staff Personal Security and Safety for a first reading. There were questions related to the

BBBA/BBBB: School Committee Member Qualifications/Oaths of Office and it will go back to the policy subcommittee for further review.

In discussion, members agreed to move Policy file GBGB: Staff Personal Security and Safety for an approval vote at this meeting.

MOTION: Jackie Zibrat-Long moved to approve Policy file GBGB: Staff Personal Security and Safety. The motion was seconded by Betty Gray.

UNANIMOUS the motion passes.

i. Policy Files for minor wording updates (no content changes)

Potential Vote

- i. ACA: Nondiscrimination on the Basis of Sex; CCB: Staff Relations; GBA EEO/Affirmative Action; GBEC: Drug-Free workplace; GCA: Professional Staff Positions; GCF: Professional Staff Hiring; HB: Negotiations Legal Status; JICA: Student Dress Code; JIH: Searches and Interrogations; JLCB: Inoculations of Students

Committee members reviewed policy files ACA: Nondiscrimination on the Basis of Sex; CCB: Staff Relations; GBA EEO/Affirmative Action; GBEC: Drug-Free workplace; GCA: Professional Staff Positions; GCF: Professional Staff Hiring; HB: Negotiations Legal Status; JICA: Student Dress Code; JIH: Searches and Interrogations; JLCB: Inoculations of Students to approve for minor updates (no content changes). Policy file ACA: Nondiscrimination on the Basis of Sex will go back to the policy subcommittee to review the potential changing of the policy title.

MOTION: Jackie Zibrat-Long moved to approve policy files CCB: Staff Relations; GBA EEO/Affirmative Action; GBEC: Drug-Free workplace; GCA: Professional Staff Positions; GCF: Professional Staff Hiring; HB: Negotiations Legal Status; JICA: Student Dress Code; JIH: Searches and Interrogations; JLCB: Inoculations of Students as presented with minor wording updates but no content changes. The motion was seconded by Ryan Clarke.

UNANIMOUS the motion passes.

j. Policy Files for removal

Potential Vote

- i. BEDB: Agenda Format; BEDH-E: Guidelines for Public Comment; BK: School Committee Memberships; JKA: Corporal Punishment

See in Action Items below.

G. Subcommittee, Representative, Liaison Reports

a. Policy Subcommittee: Discussion for updating policy language to be more inclusive

School Committee members briefly engaged in a conversation to start editing Policy Files to change such language as 'he/she' to 'he/she/they' or 'their', etc., in an effort to be more inclusive. The conversation will be continued at a future meeting once there is more clarity if this process will be done one at a time as policy files are brought before the committee for review or all at once on the backend in one broad stroke.

H. Superintendent's Report

a. Recognition of Donations, Grants, and other Acknowledgments

Dr. Carpenter shared two dates of importance: Senior Convocation will be brought back after a COVID hiatus and will be held June 1, 2023 in the MRHS Auditorium and Graduation will be held on Saturday, June 3, 2023, starting at 6 PM on the MRHS Athletic Field.

I. Action Items - Vote Required

a. Approval of MRHS Interact Club donation to the Family Pantry of Cape Cod

MOTION: Jackie Zibrat-Long moved to approve the MRHS Interact Club donation to the Family Pantry of Cape Cod in the amount of \$750.00. The motion was seconded by Betty Gray.

UNANIMOUS the motion passes.

b. Approval of MRHS Key Club donation to Sharing Kindness

MOTION: Jessica Rogers moved to approve the MRHS Key Club donation to Sharing Kindness in the amount of \$453.00. The motion was seconded by Ryan Clarke.

UNANIMOUS the motion passes.

c. Policy Files for minor wording updates (no content changes)

Potential Vote

MOTION: Jackie Zibrat-Long moved to approve policy files CCB: Staff Relations; GBA EEO/Affirmative Action; GBEC: Drug-Free workplace; GCA: Professional Staff Positions; GCF: Professional Staff Hiring; HB: Negotiations Legal Status; JICA: Student Dress Code; JIH: Searches and Interrogations; JLCB: Inoculations of Students as presented with minor wording updates (no content changes). The motion was seconded by Ryan Clarke.

UNANIMOUS the motion passes.

d. Policy Files for removal

Potential Vote

MOTION: Betty Gray moved to approve the removal of policy files BEDB: Agenda Format; BEDH-E: Guidelines for Public Comment; BK: School Committee Memberships; and JKA: Corporal Punishment. The motion was seconded by Jessica Rogers.

UNANIMOUS the motion passes.

J. Presentation of the Warrants

Accounts Payable and Payroll warrants will be sent electronically to School Committee members for their signatures.

K. Adjournment

MOTION: Jackie Zibrat-Long moved to adjourn the meeting, seconded by Jessica Rogers.

UNANIMOUS the meeting adjourns at 7:44 PM.

Respectfully submitted,

Leah Tambolleo
Recording Secretary

Project Citizen Civics C23 Class Policy Proposal

We propose that the following policies be amended to address the increasing use of substances in our school

1. The policy for searches by our school resource officer and his dog at MRHS should be amended as follows:
 - a. Classroom searches will be done with students in the classroom
 - i. Current policy is to have the students leave the classroom before the search
 - b. If the dog indicates on a person
 - i. Student is brought to an administrator's office
 - ii. Student is asked to remove outer garments and empty pockets
 - iii. Removed garments are patted down
 - iv. Metal Detecting Wand is used to scan the student
 - v. If any metal objects are detected, student is required to produce them
 - c. If the dog indicates on a bag, the current procedures apply
 - d. Consequences
 - i. See current handbook
2. Searches should be conducted at the Middle School, similar to those conducted at the High School
 - a. Classroom searches will be conducted periodically by the MRHS school resource officer and dog
 - b. Procedures will be the same as the high school
 - c. The consequences will match those of high school students
3. Health Classes at the Middle and Elementary Schools should include curriculum about vaping and substance use
 - a. Mental health and substance use will be a central part of health classes in the middle school
 - i. Classes should be required of all students
 - ii. Classes should be aligned with the curriculum taught at the high school
 - iii. Classes could incorporate discussions with high school students
 - b. Mental health and substance use will be included in health classes at the elementary schools
 - i. These topics might be limited to students in older elementary grades
 - ii. Classes should be aligned with the classes taught at middle and high schools

New Police Dog To Fight Vaping At Monomoy High School

04 March 2020

By: Alan Pollock



A police dog from the Barnstable County Sheriff's Office visits with schoolchildren in Harwich. FILE PHOTO

HARWICH — When they start the new school year this fall, Monomoy Regional High School students will be greeted by a dog who's looking for love, attention, and the scent of marijuana or nicotine.

Harwich Police Officer Tom Clarke, the Monomoy High school resource officer, proposed the idea as a means of supporting the school's ongoing fight against vaping. The dog will be trained to detect marijuana and its active ingredient, THC, as well as nicotine, both of which are used in e-cigarettes and other vaping devices.

"I really think this program is going to be a game-changer in helping to keep vaping out of our schools," Clarke said. When a suitable dog becomes available, it will be "odor imprinted" to respond to those substances, and will then be trained full-time for around eight weeks. It should be ready for duty on the first day of school in September; while it will spend most of its time at the high school, it will also be used for drug awareness classes and school safety presentations at the other schools.

Monomoy High School currently uses increased supervision and enhanced health education to fight vaping, as well as "Project Connect," which provides support for students seeking to quit vaping. "We've already found that [with] our move from punitive measures in 2018-19 to educational and support measures this year, we have shown a decline in vape use among our students, especially repeat offenders," Principal Bill Burkhead said. The dog will be a new part of the program.

"I see it as an excellent complement to the very proactive measures we are currently taking at MRHS," he said. "I am also very proud of our students who have taken a stand against use in our school." The overwhelming majority of Monomoy high school students want the school to be free from drugs, alcohol and vaping, he said.

"The intention of the dog is to create and promote a safe school," Burkhead said. "Having another ally (the dog) in our school each day sends a positive message that we care about our students' social/emotional health, well-being and safety." The dog is also a deterrent to would-be users.

"For those who are in violation, the consequences are educational with the potential loss of privileges. I don't see that as punishment, but as a life lesson," said Burkhead.

Training the dog to detect alcohol was considered as well, Clarke said, but found to be not feasible.

"After further research and speaking with other dog handlers, we discovered ethanol (the chemical compound in vodka) is also found in perfume and that could cause...false positives," he said.

The cost of the dog and its training isn't known yet. If the dog isn't donated by a kennel or breeder or found in a shelter, it might cost upwards of \$4,000. "Ideally, the dog needs to be approximately one year old to train effectively with respect to scent detection," he said. The breed isn't particularly important; it could be a lab or golden retriever or even a sheepdog, Clarke noted. The best candidate will have a strong nose and a temperament suitable for working in a school.

Financial donations are needed to purchase and train the dog, and any additional money will be used to care for and feed it. Donations can be sent to the Harwich Police Association, 183 Sisson Rd., Harwich, MA 02645, and should be earmarked for the school K9 project; contributions can also be brought to the high school.

The dog will go with Clarke to the high school every day and will go home with him when off duty. While the dog's primary mission is to fight vaping, it will also be a tool to make kids more comfortable interacting with the school resource officer, he added.

"They are much more likely to approach and interact with police officers that have a friendly dog by their side," Clarke said. "Kids have a much easier time talking about difficult or uncomfortable things when they can look at and pat the dog while telling their story." The dog will also be a generally friendly presence in the schools.

"These dogs can make serious and sometimes scary topics like active shooter training a bit lighter and more enjoyable for the younger students at the middle and elementary levels," Clarke said.

When it comes to fruition, the program will be the only one of its kind in the region.

"This is a unique opportunity for us. We have the ability to add an extra layer of protection as far as keeping our students healthy and safe," Clarke said. "and on top of that, to then be able to improve relationships, build trust and have a positive impact with these kids, it's an absolute home run in my mind."



Unleash
the Fritz!

Anti-Vaping Interventions

Monomoy Regional HS Grade 8
Blue Team C-Block Civics 2023

Monomoy K9 Fritz

- 3 year old German Shorthaired Pointer
- His handler is School Resource Officer Thomas Clarke
- Trained to:
 - sniff out vapes
 - Nicotine
 - THC; Edibles, weed, etc.
 - In our demonstration, he found all three hidden things - marijuana, cart, vape
 - Could be trained on harder drugs





Monomoy RHS School
Resource Officer Dog:
Frederic von Fritz



Vaping problems in our School System

By: Ethan, Brooklyn, Julia, Sydney, and Lucy

Use of Vapes in School

How many kids vape?

- In the past 5 years the number of high school students that vape have increased by 5%.
- 4% of highschool students in Massachusetts reported to actively use nicotine products
- At least 45% have tried e-cigs once before

How do kids get away with it?

- Kids have said that the main areas that kids are smoking in are the bathrooms/locker rooms
- Many schools have vape detectors but they have shown inaccurate results

What is the Appeal?

- There are more than 8,000 different flavors to attract younger individuals, making minors want to try it more.
- Once one tries it, it is hard to stop, like many addictions.

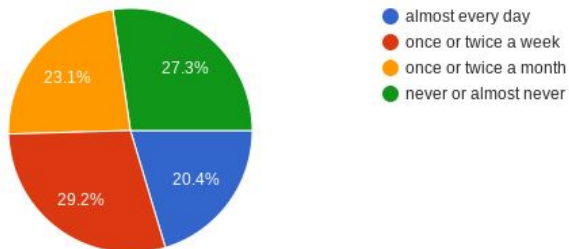


Results of our School Survey

How often do you see vapes or vaping in school?

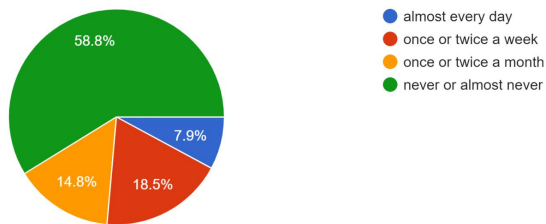


216 responses



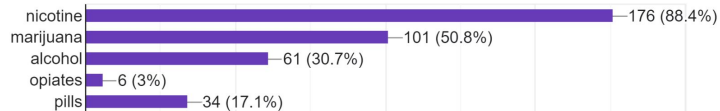
How often do you see marijuana or THC in school?

216 responses



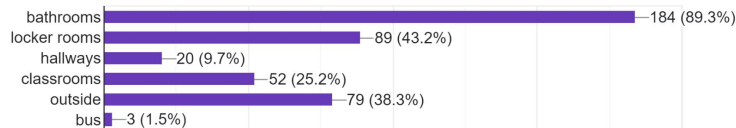
Please indicate which drugs you have seen in school? [check all that apply]

199 responses



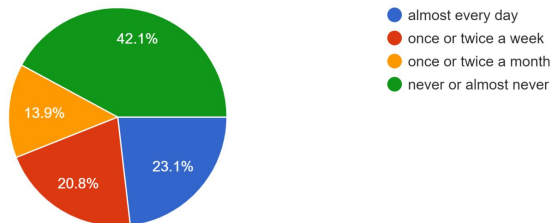
Where do you see vaping or other drugs in school? [check all that apply]

206 responses



How often do you change your movements (e.g. go to a different bathroom) because of the presence of vapes or other drugs in school?

216 responses



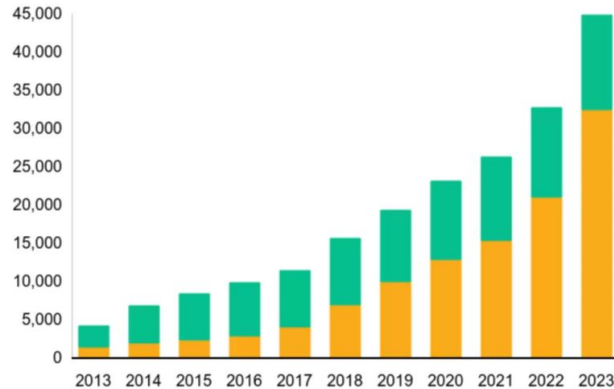
Substance abuse on Cape Cod



Which products are more popular?

Global market value (\$m)

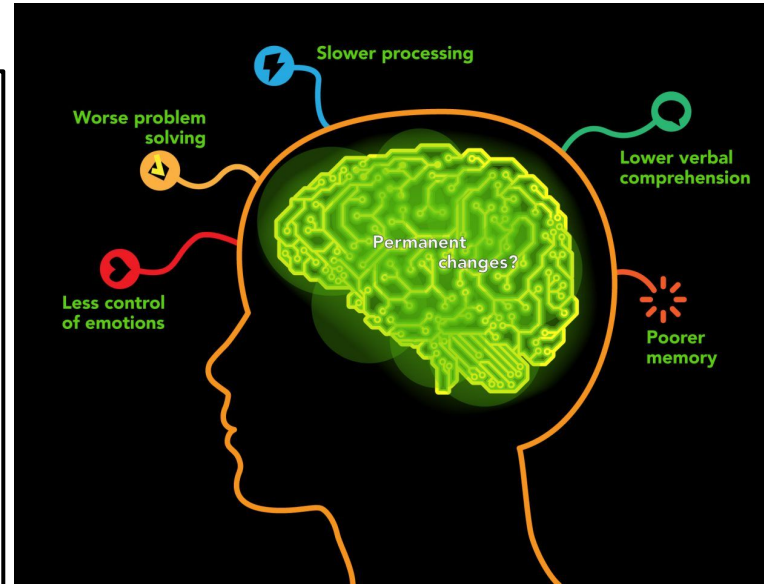
■ Closed vaping systems ■ Open vaping systems



- Kids and teenagers start substance abuse as young as of 5th grade
- Progressively increased over years in middle and high schools
- About 11.11% of teens in Massachusetts use substances
- Pollution of vapes have increased in environments
- About 50% of kids in our school see vaping every week

The Effects of Vaping on the Growing Brain

- Problems with memory and learning
- Reduced coordination
- Difficulty maintaining attention
- Problems with school and social life
- Difficulty understanding conversations
- Trouble with process of emotions



Risks Of Underage Marijuana & Nicotine Use

- Lung Cancer
- Memory loss
- Affects brain development
 - (Difficulty thinking and problem solving, behavioral issues, etc.)



- Anxiety
- Depression
- Damaged airways
- Mood swings
- Nausea
- Fatigue
- Fever
- Chest and lung pain
- Vomiting
- Bad breath

Alternate Policies

By: Marco-Dean, Lelando, Liam, Kaelyn, Griffin

Restrict Internet Sales

Who can buy online?

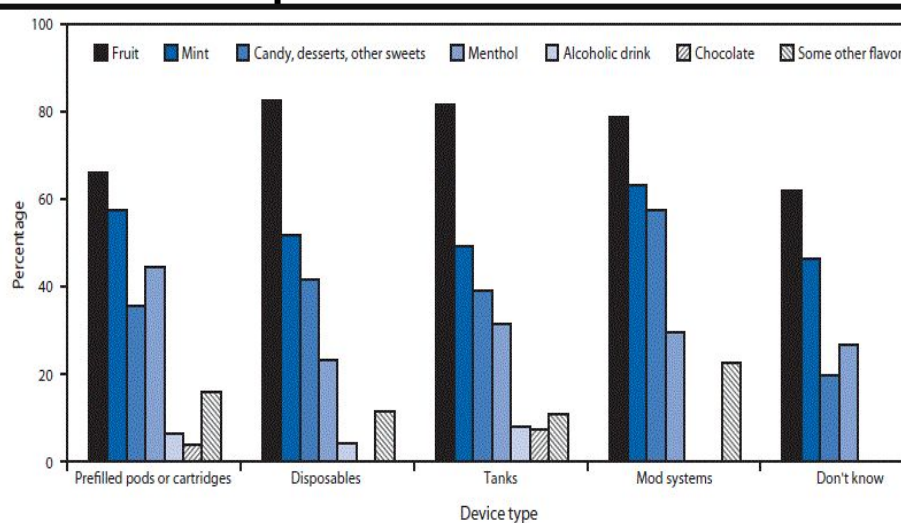
- Only licensed companies or specific stores can get the items online
- Certain places like California can easily get the vapes or certain flavors-
- It is illegal to buy flavored vapes in Massachusetts
- Not all places need an ID

How much has it grown?

- Only certain vapes have grown more than others
- Certain flavors have grown more popular

How much is it affecting kids using them?

- Since the ban, kids can't get them as easily
- The people who will get them make it easier for the kids to obtain them
- Banning the access to buying online can decrease the amount of kids doing it

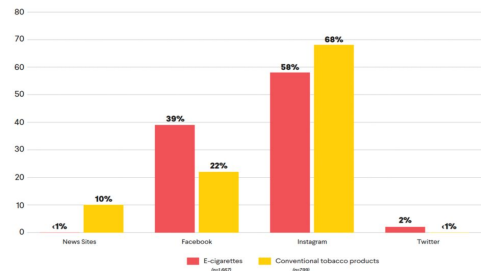


Restrict Purchasing Vapes Through Social Media

Why are internet sales such an issue?

- Internet sales are illegal and almost everybody that owns an iphone also has access to social media.
- Most vapes are either purchased online through snapchat or instagram.

Figure 4.
Social Media Platforms Used for Tobacco Marketing



What will banning online sales do?

- Banning online sales will decrease the amount of overall vapers in our school system.
- This will either force people to quit or to move somewhere where they can legally buy flavored tobacco

Who can access vapes online?

- Almost everybody is able to purchase vapes online
- There is very little Id verification and almost anybody of any age can purchase vapes through the internet.
- snapchat, tik-tok, instagram, and any online website are the main source of vapes in our community.

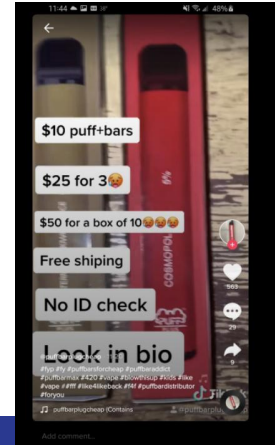
Target Sales to Teens

Restricting access to drugs.

- “Plugs” or dealers get them from a source and which allows them sell them for cheaper price.
- Social Media is a big place that makes it easier for minors to get vapes and other illegal drugs.
- They mostly use bright colors and cartoonish things to get minors to buy drugs.
- They make it able to have their drugs shipped to them or dropped off because they don’t want their parents finding out..

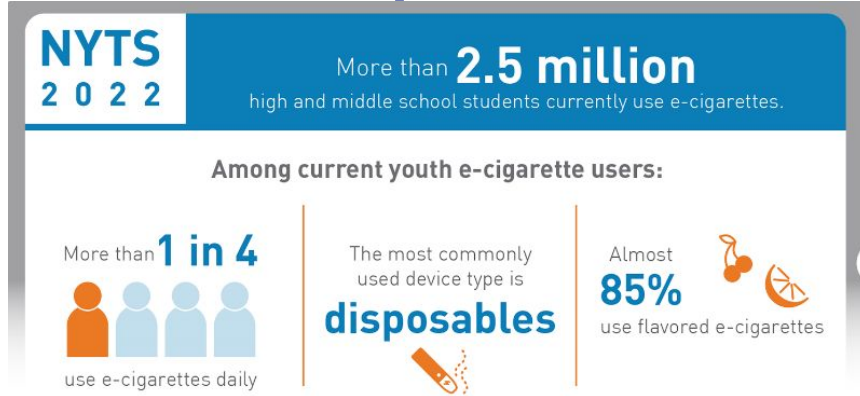
How much has it grown?

- Only certain vapes have grown more than others
- Certain flavors have grown more popular
- It has grown so much that people are able to make a profit it.



That is what us minors see, when people want use to buy vapes.

Install Vape Detectors



(“Results from the annual National Youth Tobacco Survey (NYTS)”)

How do vape detectors work?

- They have a sensor
- The sensors can detect the presence of vaping
- Can detect particles small enough for example, those in vape products

Are there any downsides to using vape detectors?

- Hair Spray and perfume can set them off
- Could be expensive depending on schools budget
- Response time

How would vape detectors help?

- They would help administrators make the building a safer environment for others
- They would notify the administrators and they would get help for the student who is using these products
- It would help put an end to vaping inside of school

Vape Detectors

Cape Cod Regional Technical High School

In Cape Tech they installed vape detectors in 2019. They had mixed results in catching kids who had vape equipment.

Barnstable High School

They installed vape detectors in 2020. They also use a metal detector wand to search the person who has the vape.

Falmouth High School

They recently installed vape detectors; They also limited the bathroom to four people at a time. They also use a metal detecting wand.





Class Policy

By: Shawn Eddy, Devin Santiago, Dezmond Wall, Camryn Griswold, Maria Simoes

Expand Searches by the SRO K9

- When the dog comes into the room to sniff out drugs the students should stay inside of the classroom instead of going into the hall.
- While Fritz is searching the classroom he goes up and down the rows and when he smells a vape or weed he sits down and alerts to Officer Clarke that there is something in the bag
- If he alerts, the student goes to the office



What could happen in the office?

- If Fritz sniffs your bag, and indicates that there's something inside it, you'll get your bag searched.
- If Fritz indicates on a student, that student will be required to turn out their pockets and check their own waistband and socks.
- The administrator may conduct a search with a metal-detector wand
- Your parents/guardians will be notified, and contacted about it.
- You'll be enrolled in Project Connect - a quit vaping class
- You also could get suspended depending on what substance you have on you.



When will a school issue be referred to the police?

- Possession of vapes will result in detention/ Saturday school if you are a first offender you will have to go to project connect for one day
- Students with a second vape offense will have to do the full 8 week Project Connect class
- Third offense will result in an in-school suspension
- Distribution of vapes could result in suspension from school and a police referral
- Possession of marijuana or other drugs could result in suspension from school and a police referral



Does dog sniffing violate our amendments?

- The fourth amendment protects us from unreasonable searches and seizures
- In school, our rights more restricted than outside of school
- Dog searches are not the same as other searches - they don't "search", they detect odors in the air outside
- Case: New Jersey vs TLO - a school can search with reasonable suspicion, even if no probable cause
- Case: Illinois vs Caballes - a sniff by a officer with a dog is not a search during a traffic stop
- MA Case: Commonwealth v. Feyenord - similar MA case upholding a dog search as part of a traffic stop

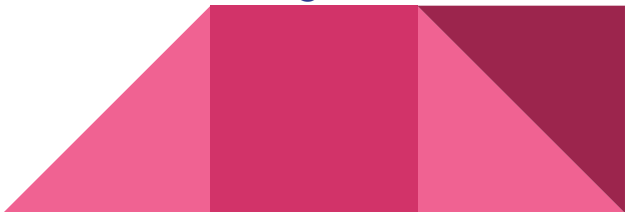


Expand Searches to Middle School

- Searches should be conducted at the Middle School, similar to those conducted at the High School
- Classroom searches will be conducted periodically by the MRHS school resource officer and dog
- Procedures will be the same as the high school
- The consequences will match those of high school students



Expand Substance Use Education to Lower Grades

- Health Classes at the Middle and Elementary Schools should include curriculum about vaping and substance use
 - Mental health and substance use will be a central part of health classes in the middle school
 - Classes should be required of all students, aligned with high school class
 - Classes could incorporate discussions with high school students
 - Mental health and substance use will be included in health classes at the elementary schools
 - These topics might be limited to students in older elementary grades
 - Classes should be aligned with the classes taught at middle and high schools
- 



Action plan

By Lilly, Luke, Karissa, Brianna, Terah, Paula

Step 1: Meet with our SRO - 4/12

- SRO Officer Clarke and K9 Officer Fritz
- Officer Clarke did a demonstration with Fritz to show how accurate he is
- Officer Clarke supports the idea of expanding searches to include searches of students
- Do this by having the students in the classroom when he searches
- That would make people not hide vapes by taking them with them out of the classroom
- Another new policy would be that Officer Clarke and Fritz conducting searches at the middle school



Step 2: Meet with Administration - 4/28

- Meet with Principal Police, Assistant Principal Alexander, Assistant Principal Sylvia
- We met with them to convince them to support the new policy
- They supported the expanded searches
- They encouraged us to include the Middle and Elementary Schools in our proposed policies
- We wrote a revised Policy Proposal



MRHS Principal Jennifer Police

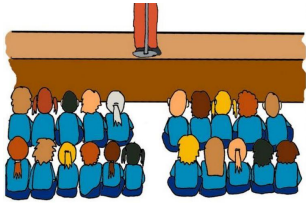


Step 3: Present to the School Committee - 6/8

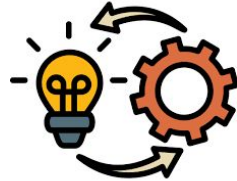
- The School Committee provides opinions and recommendations about what the schools should do.
- The School Committee meets in the MRHS library
- The School Committee makes decisions about school policies
- We hope the School Committee will support our expanded substance use policy



Step 4: Implementation



MAKE
GOOD
CHOICES



Assuming this plan gets through this is how it will look next school year.

- Fritz will search the classes in the middle school and highschool with people in it
- The middle school will have a wider range of curriculum about vaping
- The elementary will have a health class like the middle school and high school
- There will be class assemblies with younger grades
- Catch younger kids while there still young because they are more likely to be convinced to do drugs.



Monomoy SEPAC Update

JUNE 8, 2023

STEPHANIE GOLEY AND EMILY BRADLEY

What is the SEPAC?

The Monomoy Special Education Parent Advisory Council is a group of parents, caregivers and interested parties, dedicated to supporting special education in the district. The group is a resource for parents looking for information about special education.





SEPAC Mission

The mission of the MRSD SEPAC is to enhance the educational experience for students receiving Special Education services and their families. We support families along their journey by educating caregivers, connecting caregivers to each other, and using their input to strengthen Special Education programs and services by advising and communicating with the MRSD School Committee and Administration.

Supports for Families

- Resource for parents needing information
- Coordinate required trainings
- Provide SEPAC information at curriculum nights
- Advised the Administration/School Committee on education, health, and safety of students with special needs
- Provided info via social media about regional trainings, community resources and other special education related topics
- Participated in interviews for Tiered Focus Monitoring
- Survey of Monomoy caregivers every other year (next survey 2023-24 school year)

Meeting/Training Dates

October 11, 2022- Back to School Kick off



January 4, 2023- Basic Rights Workshop



**Basic Rights:
Understanding the IEP**
A Free Virtual Workshop
for Parents and Professionals

This presentation will delve into the Individual Education Program (IEP) document, its development, the breakdown of each section and understanding how the document will support a student.

Workshop Topics:

- Why the IEP is Important
- Who is eligible for an IEP
- How the IEP is Developed
- Strengths and Concerns
- Vision Statements
- IEP Sections including PLEP A & B, Annual Goals and Service Delivery Grid
- Differences between Accommodations and Modifications
- Response, Placement and Consent
- Procedural Safeguards and more!



About Your Host:
Monomoy Regional School District SEPAC
The Monomoy Special Education Parent Advisory Council (SEPAC) is a group of parents, caregivers and interested parties, dedicated to supporting special education in the district. The group is a resource for parents looking for information about special education.

Presenter: Christine Riley
christine@capecodadvocate.com

Date: 1/4/2023
Time: 6:00-8:00 PM

Registration Link:
<https://fcsn-org.zoom.us/j/84461212121>

For more information about the educational workshops available from The Federation for Children with Special Needs, please visit us at fcsn.org/ptic/workshops or email: workshops@fcsn.org



Plans for 2023-24

- Coordinate required trainings through FCSN
- Coordinate annual gathering for parents
- Develop SEPAC through school representatives
- Survey caregivers on their experience with special education at Monomoy
- Regular social media posts (2-4 times/month)
- Ensure parents are receiving SEPAC brochure at IEP meetings

SEPAC Contacts

Website

<https://www.monomoy.edu/domain/131>

Email

sepac@monomoy.edu

Facebook

@sepacmonomoy

International Travel Program Proposal

Monomoy High School / Jeremiah Nickerson



Grecian Odyssey – Spring 2025



/ EDUCATIONAL
TOURS

GRECIAN ODYSSEY

9 or 12 days | Athens | Corinth | Argolida | Epidaurus | Olympia | Delphi | *Extension includes Turkey*

PURPOSE

My primary goal through this trip is to expand the students world view through cultural immersion. The Grecian Odyssey experience provides the students with an up close look at classical Greek history, art, and architecture. Travellers will be provided a multitude of experiences, including but not limited to a pottery class, traditional Greek dance lessons, and a visit to an olive farm where they will learn from a representative of the Agricultural Cooperative of Delphi about the current and historical importance of olive farming to their culture.



Sample Itinerary



Day 1: Fly overnight to Greece

Day 2: Athens

Meet your Tour Director at the airport

Day 3: Athens

Visit the Acropolis:

- Parthenon
- Temple of Athena Nike

Take a guided tour of Athens

With your expert local guide you will see:

- Olympic Stadium
- Syntagma Square
- Acropolis

Visit the Acropolis Museum, home to ancient ruins and prehistoric artifacts

Take a walking tour of Athens

With your Tour Director you will see:

- Plaka district
- Athenian Trilogy

Sample Itinerary

Day 5: Athens • Corinth • Argolida

Take a day trip to Cape Sounion

Visit the Temple of Poseidon

Tour Cape Sounion with an expert local guide

Travel via Corinth to Argolida

See the Corinth Canal

Day 6: Argolida • Epidaurus • Mycenae • Olympia

Travel via Epidaurus and Mycenae to Olympia

Tour Epidaurus and Mycenae with an expert local guide

Participate in a pottery workshop

Day 7: Olympia • Delphi

Visit the Archaeological Museum of Olympia

Tour Olympia with an expert local guide

Visit the Museum of Archimedes

Travel to Delphi



Sample Itinerary



Day 8: Delphi • Athens

Visit the Delphi Museum

Take a guided tour of Delphi

With your expert local guide you will see:

- Temple of Apollo
- Delphi Archaeological Museum

Travel to Athens

Explore on your own or

Add this in-depth excursion:



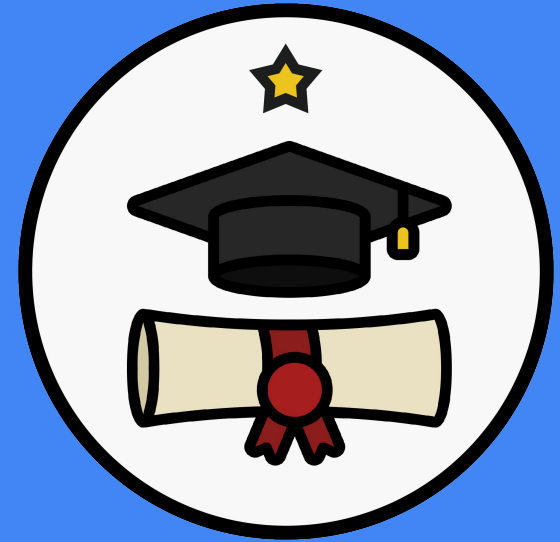
Greek evening

Friends, feta, and fresh Mediterranean flavors—*opa!* Stuff yourself like an olive during a traditional Greek dinner. Then, link arms for a night of music, dancing, and smashing plates. This time-honored tradition brings Greece's theatrical culture to life in all the best ways.

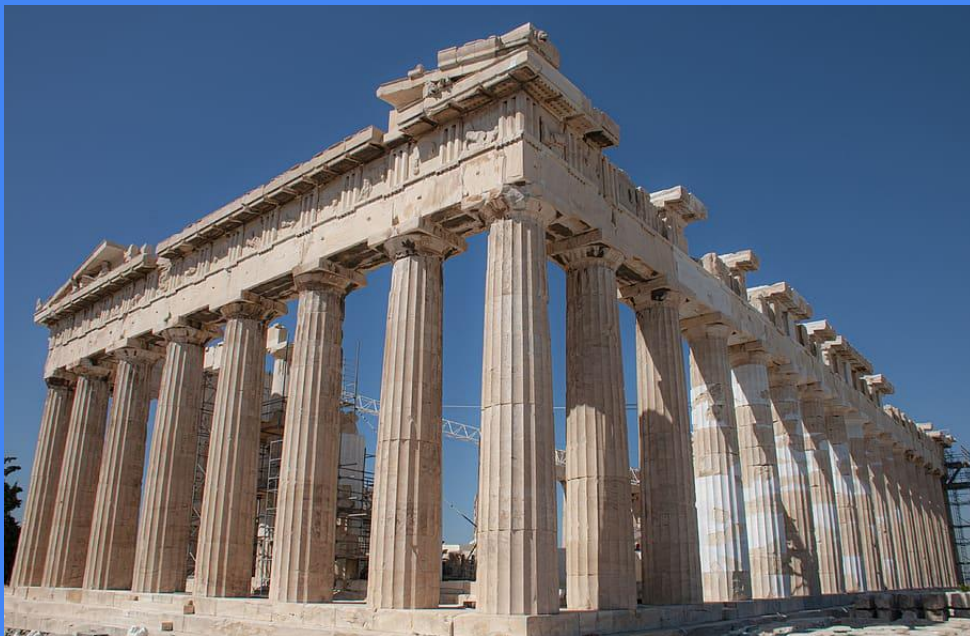
Day 9: Depart for home

College Credit Opportunities

- Students in grades 9 - 12 can earn 3.0 undergraduate credits, along with the confidence that comes with taking a college course, by completing a series of assignments and a final research project with our partner, Southern New Hampshire University—all for just \$215.
- Educators traveling on student tours may earn up to 45 free hours toward re-licensure OR 3 or 6 graduate level credits (\$285/\$450) through Southern New Hampshire University.



ACCESS & AFFORDABILITY



Price details

Grecian Odyssey

Program Price* 1 \$3,629

Includes:

- Round-trip airfare and on tour transportation
- Hotels with private bathrooms
- Breakfast and dinner (see your itinerary for meal details)
- Full-time Tour Director
- Daily activities, tours and entrances to attractions

Greek evening \$80

Global Travel Protection \$190

Early Enrollment Discount -\$200

EF's Peace of Mind Program * Free

Total for Students (under 20) \$3,699

23 monthly payments \$157/mo

ACCESS & AFFORDABILITY

EF Tour Fundraising Opportunities

- Global Citizen Scholarships (\$1,000)
- EF's Go-Fund-Me crowdsourcing service

VPA Fundraising Ideas

- Ad Booklet & VPA Website Community Partnership Ads - Local Business pay for space in our ad booklet, which is printed & given out at all VPA events & concerts. We will also offer space on our community partners page on our VPA website. Students sell adds to community members and businesses and earn a hefty % of the earnings to offset the cost of their trip. We will use remaining funds to print the booklets professionally.
- Student-Made Art Fundraiser / Sale
- School-Wide Dance
- Individual, web-based fundraising sales
- Snap Raise Campaign
- Lip Sync Battle

INSURANCE & SAFETY

Protection for Travelers, Schools, and Districts

- ❑ General Liability Insurance
- ❑ Flexibility to Change Tours
- ❑ Peace of Mind Policy
- ❑ COVID Peace of Mind & COVID Care Promise
- ❑ Protection for Individual Travelers w/ **Travel Protection Plans**
- ❑ Background Checks for Adult Travelers

Safety

- ❑ World-Wide Presence - EF has offices in 50 countries including one in Greece.
- ❑ 24/7 Emergency Support from an Expert Incident Response Team.
- ❑ Tour Director is with you 24/7 as a point of contact.

Final Thoughts...

I also compared costs and itineraries with other major agencies,

- This trip option is the **most highly rated** option for this location compared to others.
- Explorica offered a similar trip for slightly less, but without the same level of travel protection
- This trip offers the most **dynamic, curriculum-aligned itinerary** compared to others.
- By planning the trip this far in advance EF provides additional discounts for student travellers
- I am already familiar with EF based on past experience and they incredibly helpful and easy to work with.

Interest and Support

Student Speakers

- Cassandra Cruz
- Lilly Furman
- ???



Monomoy Regional School District School District
425 Crowell Road
Chatham, MA 02633
Office of Student Services
mmaguire@monomoy.edu

Melissa Maguire

508-945-5130

**District Wellness Committee
Report to the Monomoy Regional School District School Committee
June 8, 2023**

Introduction

District Wellness Committee:

The school district will establish a wellness committee by seeking volunteers that represent all school levels and each school building. The committee will meet at least four times a year and will consist of at least one (1): parent, student, nurse, school food service representative, school committee member, school administrator, teacher and guidance team member (not from the same building), member of the public, and other community members as appropriate. If available, a qualified, credentialed nutrition professional will be a member of the wellness committee. Members will be appointed from each category; if no one volunteers then appointment will be made by the Superintendent. Each member will serve a two-year term.

The School Committee designates the Director of Student Services to oversee the policy implementation. Each school will designate a wellness policy coordinator. Only employees of the district who are members of the wellness committee may serve as wellness program coordinators. Wellness coordinators, in consultation with the wellness committee, will lead the implementation and evaluation of this policy.

The Wellness Committee will monitor the progress of the policy, use data to make informed recommendations for programmatic/policy adoption, and provide at a minimum an annual report to the Monomoy Regional School Committee and Superintendent.

The District will coordinate the wellness policy with other aspects of school management, including the District's School Improvement Plan, when appropriate. The comprehensive wellness program will incorporate the following components: 1. Healthy School Environment – A culture and climate within schools that supports the physical, cognitive, emotional and social well-being of school members, facilitates their safety, and is consistent with federal and state guidelines. 2. Community Connections – School personnel will strive to establish relationships among families, members of the school community, and members of the greater Monomoy Regional School District community in order to identify and facilitate access to available wellness resources.

Members

MRSD Faculty/Staff

Melissa Maguire
Garth Petracca
Allyson Joy
Laine Kotoski

Cynthis Gushee
Cheryl Dufault
Stacy Yarnall
Bambi Hansen Thompson

Jaime staniels
Cheri Armstrong
Kalui Lower
Jennifer trolley

Heather Stamp

MRSD Parents

David Crosbie

Lexi Soderberg

Jorgeh Baclet

Melissa Wynn

Andrea Clark

Allie Kelley

Jill Brown

Robin Young

Mark Parker

Jase Porter

Katie McIntosh-Rhodes

Giordana Basta

Jennifer Bernie

Elisabeth Spencer

Dasnielle Follett

Victoria Brown

Stephanie Goley

Nikki Hilton

Madison Schultz

Eric Clark

Lynette Martyn

Erin Tucker

Hasley Lindahl

School Committee Representative

Betty Gray

District Physician

Teresa Corcoran

Purpose

1. Development of the District Wellness Policy
2. Development of measurable goals for nutrition promotion and education, physical activity, and other school based activities that promote student wellness and rely on evidence-based strategies.
3. Review and assessment of the implementation of the policy

Meeting Schedule

The District Wellness Committee met on the following dates:

11/3/2022

Reviewed Wellness Policy, DESE coaching, policy assessment, and the Goals

1/19/2023

Policy assessment using the WellSAT assessment tool

3/23/2023

Complete policy assessment

5/25/2023

Finalize School Committee presentation and recommendations

DESE School Wellness Technical Assistance

The Massachusetts School Wellness Coaching Program (MSWCP) pairs districts with a school wellness coach who will provide technical assistance, assessment, action planning, implementation, monitoring and evaluation of district wellness initiatives. Emphasis is placed on enhancing compliance with the [USDA Final Rule for Local School Wellness Policy Implementation](#) under the Healthy, Hunger-Free Kids Act of 2010. Pairing theory with evidence-based strategies for school wellness success, this model helps schools get their wellness policies off the shelf and into action. Monomoy applied for and received a grant to work with a Wellness coach.

The Coach met with all the administrators over the summer to discuss the Wellness Policy and the work we were doing.

Monomoy was asked to present the work we are doing at the MASBO conference held in June.

**Monomoy Regional School District
District Wellness Committee
Progress on Goals**

Goal areas were determined through the data collected on the Healthy Generations Assessment

TOPIC AREAS

- | | |
|---|---|
| <ul style="list-style-type: none"> ☐ Increasing Family & Community Engagement (FCE) ☐ Improving Nutrition & Food Access (NFA) ☐ Implementing Local School Wellness Policy (LWP) ☐ Enriching Health Education (HED) ☐ Bolstering Physical Education & Activity (PEA) ☐ Strengthening Social-Emotional Health (SEH) ☐ Cultivating Staff Well-Being (SWB) | <ul style="list-style-type: none"> ☐ Promoting Tobacco-Free Schools (TOB) ☐ Supporting School Health Services (SHS) ☐ Reducing Chronic Absenteeism (ABT) ☐ Addressing School Discipline (SCD) ☐ Fostering Positive School Climate & Culture (SCC) ☐ Building Staff Capacity (STC) |
|---|---|

PRIORITIZATION

In the table below, points were assigned from 1-3 for each consideration across the topic areas of interest. (Scale: 0=none, 1=low, 2=medium, 3=high)

Considerations	FCE	NFA	LWP	HED	PEA	SEH	SWB	TOB	SHS	ABT	SCD	SCC	STC
Urgency	3	3	2	3	3	3	3	2	3	3	3	3	3
	3	3	3	3	3	3	3	2	3	2	2	3	3
	3	2	2	1	1	3	3	1	3	3	2	2	2
Stakeholder Buy-in (Anyone involved/invested in the school)	2	3	3	3	3	3	3	1	3	3	3	3	3
	3	3	3	3	3	3	3	1	3	2	2	3	3
	3	2	2	1	1	3	3	1	3	3	2	3	2
Alignment with district/school improvement goals (as a priority not if it is currently happening)	3	3	3	3	3	3	3	2	3	3	3	3	3
	3	3	3	3	3	3	3	1	3	1	2	3	3
	3	2	2	1	1	3	3	1	3	3	2	2	2
Total Points	26	24	23	21	21	27	27	12	27	23	21	25	24

The scores were totalled and the highest scores were identified as targeted areas to work on.

Based on the total points assigned in the table above, we chose topic(s) that appeared to have the greatest readiness for taking action.

Top 4 Topics:

- ☐ Strengthening **Social-Emotional Health** (SEH)
- ☐ Cultivating **Staff Well-Being** (SWB)
- ☐ Supporting **School Health Services** (SHS)
- ☐ Fostering Positive **School Climate & Culture** (SCC)

	CES	HES	MRMS	MRHS
Strengthening Social-Emotional Health (SEH) Providing opportunities for school mental health professionals to engage in professional learning to maintain and enhance professional practice	Mental Health Coordinator hired this year and facilitates monthly clinical PLCs to maintain and enhance their practices. Targeted Staff Meetings - working with dysregulated students.	Mental Health Coordinator hired this year and facilitates monthly clinical PLCs to maintain and enhance their practices. Weekly SEL MTSS	Mental Health Coordinator hired this year and facilitates monthly clinical PLCs to maintain and enhance their practices. Additionally, staff have accessed individual trainings based on areas of professional interest.	Mental Health Coordinator hired this year and facilitates monthly clinical PLCs to maintain and enhance their practices.
	CES	HES	MRMS	MRHS
Cultivating Staff Well-Being (SWB) & Fostering Positive School Climate & Culture (SCC) Our school promotes staff gratitude in all the following ways: Providing professional learning opportunities on the importance of gratitude to all staff (including non-instructional staff) at least once per year	SWB Monthly staff luncheons Ice breakers / games at every staff meeting Fun challenges in the mail room (giant coloring poster, staff BINGO) Holiday luncheon Pizza party during PD day SCC PBIS Committee Monthly SHARK Assemblies Friday live music performances in the	SWB Yoga after school for staff December treat cart Sunshine breakfasts Time to connect at staff meetings Countdown to December break calendar SCC Monthly All Shark Meetings with SEL theme Student ambassador leadership program Student-led morning announcements	The Culture and Climate Committee is a multidisciplinary group of educators responsible for the guidance and planning around the MRMS school culture. Culture and Climate team meets monthly with a 2022-23 focus to improve effectiveness of proactive approaches to create a positive climate and culture within the building that promotes service, hard work, accountability, respect, and kindness (SHARK). The team identified the following areas	Social Shark Society created to provide opportunities for staff engagement beyond the school day. Activities have included: ● Pickleball ● Group walks ● Theater events

Assessing staff gratitude styles at least once per year Aligning gratitude strategies to preferred styles Reviewing data to determine effectiveness of gratitude practices on all staff at least once per year	cafeteria Ticket program and weekly raffle March Book Madness Contest Pot o Gold Reflex Math Contest May the Facts be With You Challenge High fives (showcasing student mastery) Fun Run After school clubs Mystery Shark	“Caught Being Respectful” First responders’ lunchtime visits – Name That Tune March Madness Spirit Fridays	of focus: 1. Consistent Behavior Expectations (Fall 2022 focus) 2. Valued and Supported Staff 3. Positive Engagement Opportunities Additional MRMS Teams: • Sunshine committee • Student leadership club	
Supporting School Health Services (SHS) Our school provides continuous professional learning that is all the following: Available for all school health services staff at least once per year Aligned with school improvement efforts	PD offerings from the CC collaborative on district PD days. Boston University Shield offers all the mandated trainings and more. Examples of PD: Foundations of School Nursing SBIRT Medication Delegation School Health Screenings Substance use and			

Job-embedded, with coaching supports	abuse			
--	-------	--	--	--

Record Keeping and Data Collection of the District Wellness Policy

The District will retain records to document compliance with the requirements of the wellness policy at Central Office. Documentation maintained in this location will include but will not be limited to:

- The written wellness policy
 - Revised and approved by the school committee in June 2021
 - Provided to all staff at the beginning of the year
- Documentation demonstrating that the policy has been made available to the public
 - Provided to the public via the district website
 - provided to all caregivers via email communication
- Documentation to demonstrate compliance with the annual public notification requirements
 - Provided to the public via the district website
 - Provided to all caregivers via email communication
- Documentation of efforts to review and update the Local Schools Wellness Policy including: an indication of who is involved in the update and methods the district uses to make stakeholders aware of their ability to participate on the DWC
 - Communication to the community, school personnel and families was sent seeking participation on the Wellness Committee
- The most recent assessment on the implementation of the local school wellness policy
 - Triennial Progress Assessments was completed through Thriving Schools Integrated Assessment by the Alliance for a healthier Generation as well as the WellSAT assessment.

Food Services

All meals for the 2022-2023 school year have been free.

Conclusion and recommendations

The Monomoy Regional School District Wellness Committee has been a strong group since its inception. They have worked hard to review and make recommendations for the wellness policy, develop goals, and assess the implementation of the policy.

Recommendations

The policy has been assessed and three areas were identified to strengthen in the Wellness Policy that include:

1. Nutrition Standards
2. Competitive Foods
3. Marketing

A recommendation for revisions incorporating the three identified areas will be submitted to the school committee policy sub-committee for review at the beginning of the 23/24 school year.

Wellness Presentation

Monomoy Regional School Committee

June 2023



425 Crowell Road, Chatham MA 02633 • (508) 945-5130 • www.monomoy.edu



District Wellness Committee

- **Recruitment**
- **Current Membership**
 - ⇒ 13 staff members representing all 4 schools
 - ⇒ 3 Students
 - ⇒ 24 parents and community members
 - ⇒ District Physician and School Committee representative

Wellness Committee



1. Development of the District Wellness Policy
2. Development of measurable goals for nutrition promotion and education, physical activity, and other school based activities that promote student wellness and rely on evidence-based strategies
3. Review and assessment of the implementation of the policy



DESE School Wellness Technical Assistance

Coaching for Assessment, action planning, implementation, monitoring and evaluation of district wellness initiatives.

Emphasis is placed on enhancing compliance with the [USDA Final Rule for Local School Wellness Policy Implementation](#) under the Healthy, Hunger-Free Kids Act of 2010

Met with the Administrative team over the summer 2022





1. Healthier Generation – Thriving Schools Integrated Assessment
 - a. Establish proposed goals
2. WellSAT (Wellness School Assessment tool)
 - a. Assess Wellness Policy Standards



TOPIC AREAS

- ☐ Increasing **Family & Community Engagement** (FCE)
- ☐ Improving **Nutrition & Food Access** (NFA)
- ☐ Implementing **Local School Wellness Policy** (LWP)
- ☐ Enriching **Health Education** (HED)
- ☐ Bolstering **Physical Education & Activity** (PEA)
- ☐ Strengthening **Social-Emotional Health** (SEH)
- ☐ Cultivating **Staff Well-Being** (SWB)
- ☐ Promoting **Tobacco-Free Schools** (TOB)
- ☐ Supporting **School Health Services** (SHS)
- ☐ Reducing **Chronic Absenteeism** (ABT)
- ☐ Addressing **School Discipline** (SCD)
- ☐ Fostering Positive **School Climate & Culture** (SCC)
- ☐ Building **Staff Capacity** (STC)

PRIORITIZATION

In the table below, please assign 1-3 points for each consideration across the topic areas of interest. (Scale: 0=none, 1=low, 2=medium, 3=high)

Considerations	FCE	NFA	LWP	HED	PEA	SEH	SWB	TOB	SHS	ABT	SCD	SCC	STC
Urgency	3	3	2	3	3	3	3	2	3	3	3	3	3
	3	3	3	3	3	3	3	2	3	2	2	3	3
	3	2	2	1	1	3	3	1	3	3	2	2	2
Stakeholder Buy-in (Anyone involved/invested in the school)	2	3	3	3	3	3	3	1	3	3	3	3	3
	3	3	3	3	3	3	3	1	3	2	2	3	3
	3	2	2	1	1	3	3	1	3	3	2	3	2
Alignment with district/school improvement goals (as a priority not if it is currently happening)	3	3	3	3	3	3	3	2	3	3	3	3	3
	3	3	3	3	3	3	3	1	3	1	2	3	3
	3	2	2	1	1	3	3	1	3	3	2	2	2
Total Points	26	22	23	21	21	27	27	12	27	23	21	25	24

This will be calculated after averaging the scores.

Based on the total points assigned in the table above, we suggest you proceed with a topic(s) that appears to have the greatest readiness for taking action. Consider prioritizing one to three topics in addition to the Advancing Core Policies and Practices topic.

Top 3 Topics:

- Strengthening **Social-Emotional Health** (SEH)
- Cultivating **Staff Well-Being** (SWB)
- Fostering Positive **School Climate & Culture** (SCC)
- Supporting **School Health Services** (SHS)



	CES	HES	MRMS	MRHS
Strengthening Social-Emotional Health (SEH) Providing opportunities for school mental health professionals to engage in professional learning to maintain and enhance professional practice	Mental Health Coordinator hired this year and facilitates monthly clinical PLCs to maintain and enhance their practices. Targeted Staff Meetings - working with dysregulated students.	Mental Health Coordinator hired this year and facilitates monthly clinical PLCs to maintain and enhance their practices. Weekly SEL MTSS	Mental Health Coordinator hired this year and facilitates monthly clinical PLCs to maintain and enhance their practices. Additionally, staff have accessed individual trainings based on areas of professional interest.	Mental Health Coordinator hired this year and facilitates monthly clinical PLCs to maintain and enhance their practices.



	CES	HES	MRMS	MRHS
Cultivating Staff Well-Being (SWB) & Fostering Positive School Climate & Culture (SCC) Our school promotes staff gratitude in all the following ways: Providing professional learning opportunities on the importance of gratitude to all staff (including non-instructional staff) at least once per year Assessing staff gratitude styles at least once per year Aligning gratitude strategies to preferred styles Reviewing data to determine effectiveness of gratitude practices on all staff at least once per year	● SWB ● Monthly staff luncheons ● Ice breakers / games at every staff meeting ● Fun challenges in the mail room (giant coloring poster, staff BINGO) ● Holiday luncheon ● SCC ● PBIS Committee ● Monthly SHARK Assemblies ● Friday live music performances in the cafeteria	SWB Yoga after school for staff December treat cart Sunshine breakfasts Time to connect at staff meetings Countdown to December break calendar SCC Monthly All Shark Meetings with SEL theme Student ambassador leadership program Student-led morning announcements	The Culture and Climate Committee is a multidisciplinary group of educators responsible for the guidance and planning around the MRMS school culture. Culture and Climate team meets monthly with a 2022-23 focus to improve effectiveness of proactive approaches to create a positive climate and culture within the building that promotes service, hard work, accountability, respect, and kindness (SHARK). The team identified the following areas of focus: * Consistent Behavior - Expectations, valued and supported staff, and positive engagement activities	Social Shark Society created to provide opportunities for staff engagement beyond the school day. Activities have included: ● Pickleball ● Group walks ● Theater events



Supporting School Health Services (SHS)

Our school provides continuous professional learning that is all the following:

Available for all school health services staff at least once per year

Aligned with school improvement efforts

Job-embedded, with coaching supports

PD offerings from the CC collaborative on district PD days.

Boston University Shield offers all the mandated trainings and more.

Examples of PD:

Foundations of School Nursing

SBIRT

Medication Administration and Delegation

School Health Screenings

Substance use and abuse



WellSAT: 3.0

Wellness School Assessment Tool

Process

Members of the Wellness Committee completed the assessment.

Scores were reviewed to determine areas that needed additional work on the policy.

Outcome

Strengthen:

Nutrition Standards
Competitive Foods
Marketing



**FREE
MEALS**
FOR ALL
STUDENTS





Recommendations for revisions incorporating the three identified areas will be submitted to the school committee policy sub-committee for review at the beginning of the 23/24 school year.

1. Nutrition Standards
2. Competitive Foods
3. Marketing





Monomoy Regional School Committee

2023-2024

Subcommittee, Representative and Liaison Assignments

Subcommittees Small group of the school committee (less than a quorum) tasked with bringing recommendations for committee action (* Chair)	Representatives A school committee member who is a member of a larger committee requiring school committee representation (i.e. Cape Cod Collaborative; Wellness Committee; etc.)	Liaisons A school committee member who is responsible for being the communication link between the MRSC and another group or committee
Superintendent Evaluation 1. Betty Gray 2. Jackie Zibrat-Long 3. Jess Rogers 4. Ryan Clarke	Westgate Foundation 1. Tina Games	Special Education PAC 1. Meredith Henderson
Finance 1. Terry Russell 2. Jackie Zibrat-Long 3. Tina Games 4. Scottie Finnegan	Sick Bank 1. Jackie Zibrat-Long	Select Board & Finance Committees (2) Chatham: 1. Jess Rogers 2. Jackie Zibrat-Long (2) Harwich: 1. Terry Russell 2. Ryan Clarke
Negotiations 1. Terry Russell 2. Meredith Henderson 3. Scottie Finnegan 4. Jess Rogers	Cape Cod Collaborative 1. Tina Games	Regional Agreement Working Group 1. Betty Gray 2. Tina Games 3. Meredith Henderson 4. Jackie Zibrat-Long
Warrant and Payroll 1. Jackie Zibrat-Long 2. Meredith Henderson	District Wellness Committee 1. Betty Gray	Legislation 1. Tina Games
Policy Subcommittee 1. Betty Gray 2. Ryan Clarke 3. Scottie Finnegan 4. Meredith Henderson		Strategic Plan Steering Subcommittee 1. Scottie Finnegan 2. Ryan Clarke

Monomoy Regional School District announces new assistant principals at the middle and high schools



Sean Dutch, incoming MRMS Assistant Principal Annmarie Rita, incoming MRHS Assistant Principal

June 5, 2023 — Monomoy Regional School District has announced the hiring of new Assistant Principals at Monomoy Regional Middle School and Monomoy Regional High School.

At Monomoy Regional Middle School, Sean Dutch has been hired as Assistant Principal for 2023-2024. He will fill the position previously held by Dr. Abby Dudley, who will be moving into the role of Principal. Dutch will be joining Monomoy from Brockton High School, and has more than a decade of experience working in classrooms and with students with behavioral concerns. He will be finishing up his doctorate over the summer in Educational Leadership.

"Sean is well equipped to support our wonderful student body and our amazing teachers, and we are grateful that he has signed on at Monomoy," said Dudley.

Annmarie Rita has been named as Monomoy Regional High School's new Assistant Principal for 2023-2024. She will join the current MRHS leadership team of Principal Jennifer Police and Assistant Principal David Alexander. Rita joins Monomoy from Dennis-Yarmouth Regional High School, where she has

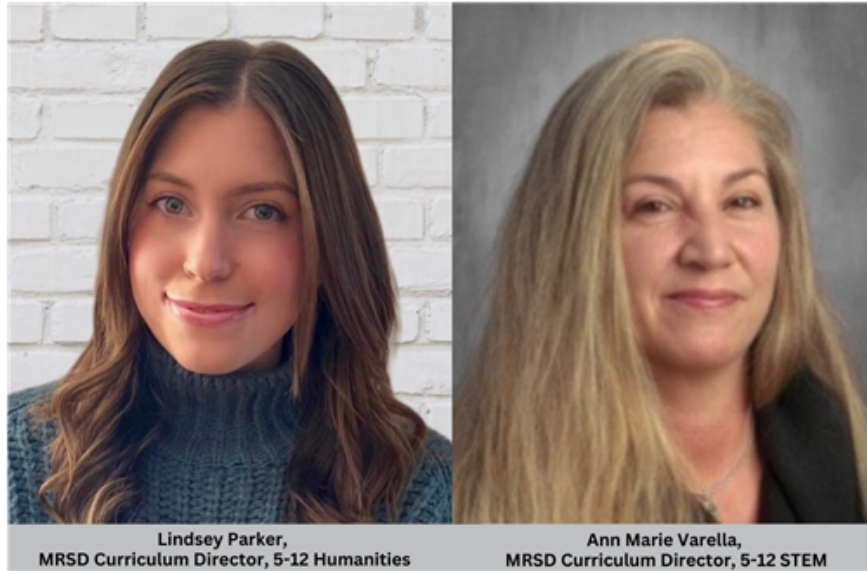
served as teacher and department head for the past 10 years. Prior to her time at D-Y, Rita also worked at high schools in Connecticut. She has been accepted to the Certificate of Advanced Graduate Studies in Educational Leadership program at Salem State University.

"Annmarie is a dynamic educator who brings a wealth of knowledge and passion to her new role of assistant principal. She is a student-centered educator who will enhance the educational experience for students and our community as a whole," said Police.

For both of these positions, search committees made up of parents, faculty, staff, students, and administrators reviewed the applications and participated in the interviews. After a thorough search and interview process, each committee put forward finalists for the two roles. Following final interviews, visits, and reference checks, they were offered the positions by Superintendent Dr. Scott Carpenter.

Dutch and Rita will begin their new positions in Monomoy on July 1, 2023.

Monomoy Regional School District announces new curriculum positions to support educators



Lindsey Parker,
MRSD Curriculum Director, 5-12 Humanities

Ann Marie Varella,
MRSD Curriculum Director, 5-12 STEM

June 7, 2023 — Monomoy Regional School District has announced two new curriculum positions to support its middle and high school educators, with a focus on vertical alignment, best practices, and content knowledge.

Lindsey Parker has been named as Monomoy's first Curriculum Director for the Humanities. Parker moves into this position from New Bedford, where she has been Assistant Principal of a 5-12 school. Prior to that role, she spent 10 years as a middle and high school ELA teacher. Parker is currently pursuing a Master's Degree in Educational Leadership from the Harvard Graduate School of Education.

"Lindsey comes to Monomoy with several years of experience as an English curricular teacher-leader at a small charter school and more recently has had the chance to grow as an educational leader while serving as the school's Assistant Principal," said Monomoy Superintendent Dr. Scott Carpenter. "It was clear when first meeting Lindsey, that she had many of those special interpersonal qualities that will make her a great fit for this role – supporting teachers and improving the learning experiences of students."

Ann Marie Varella has been named as Monomoy's first Curriculum Director for Science, Technology, Engineering, and Math. Varella moves into this position from Chatham Elementary School, where she has been a math interventionist. Prior to her time at CES, she was a math teacher in Cambridge Public Schools and Waltham Public Schools, as well as an Instructional Mathematics Coach for Cambridge Public Schools. She has a Master's Degree in Mathematics Education as well as a Master's Degree in ESL Education.

"Because Ann Marie has been working for the past two years at the elementary level in Chatham, many are surprised at the depth of her math background and that she has over a decade of experience across grade levels working in a math curriculum role, largely coaching math teachers for Cambridge Public Schools," said Carpenter. "She has done exceptional work at Chatham Elementary for the past couple of years, diving into individual student math assessment data to help our teachers improve their instructional practices."

These new positions will focus on grades 5 through 12, and will support teachers in the development and implementation of an experiential and innovative approach to curriculum, instruction, and assessment. Parker and Varella will facilitate, organize, and lead professional learning in their areas of content knowledge, while also ensuring alignment of curriculum and instruction, and supporting the transition of students from middle to high school.

For each of these positions, search committees were formed, composed of teachers and administrators. After a very thorough search and interview process, each committee put forward finalists for the two roles. Following follow-up interviews, lesson reviews, and reference checks, each of them were offered the positions by Superintendent Dr. Scott Carpenter, and accepted. Parker and Varella will begin their new positions in Monomoy on July 1, 2023.

Monomoy Regional School District

School Committee Member Qualifications/Oath of Office - DRAFT

1. In order to serve on the School Committee, an individual must be a registered voter in the town from which he/she is elected or appointed and must take an oath of office as required by law.
2. Each new member will present to the Committee secretary official certification of having sworn the oath before an officer duly qualified to administer oaths prior to entering on his/her/**their** official duties as a member of the Committee. From the Town Clerk, newly qualified Committee members, by law, receive, and sign a receipt for, a copy of the Massachusetts open meeting law governing the conduct of Committee meetings in general and executive sessions in particular.
3. **School Committee members upon appointment or election shall, within 30 days of taking office, and every 2 years thereafter, complete the Massachusetts Ethics Commission's online training program. Upon completion of the online training program, members shall provide notice of such completion to be retained for 6 years by the Municipal or District Clerk.**
4. **As municipal employees, all School Committee members shall receive a copy of said summary annually.**
5. Membership on a School Committee is not limited to race, color, sex, religion, age, national origin, sexual orientation or **gender identity** .

~~Established by law~~

Legal references:

M.G.L. 39:23B; 41:1; 41:107

M.G.L. 76:5 Amended 1993

Regional Agreement

Adopted: March 27, 2013

Revised:

Monomoy Regional School District

Nondiscrimination on the Basis of Sex (Sexual Orientation and Gender Identity) - DRAFT

1. The School Committee, in accordance with Title IX of the Education Amendments of 1972, declares that the school system does not and will not discriminate on the basis of sex, **sexual orientation or gender identity** in the educational programs and activities of the public schools. This policy will extend not only to students with regard to educational opportunities but also to employees with regard to employment opportunities.
2. The School Committee will continue to ensure fair and equitable educational and employment opportunities, without regard to sex, **sexual orientation or gender identity**, to all of its students and employees.
3. The Committee will designate an individual to act as the school **district's** Title IX compliance officer.
4. All students and employees will be notified of the name and office address and telephone number of the compliance officer.

Legal References:

Title IX of the Education Amendments of 1972

45 CFR, Part 86, (Federal Register, 6/4/75)

M.G.L. 76:5; 76:16 (Chapter 622 of the Acts of 1971)

Board of Education Chapter 622 Regulations Pertaining to Access to Equal Educational Opportunity, adopted 6/24/75, amended 10/24/78

Board of Education 603 CMR 26:00

Reference:

USDOE Notice of Interpretation -

<https://www.ed.gov/news/press-releases/us-department-education-confirms-title-ix-protects-students-discrimination-based-sexual-orientation-and-gender-identity>

Cross References:

AC, **Nondiscrimination Policy Including Harassment and Retaliation**

Adopted: March 27, 2013

Revised:



UPCOMING EVENT

June Learning Lunch



Learning Lunch

A professional development series from MASC

Goal Setting

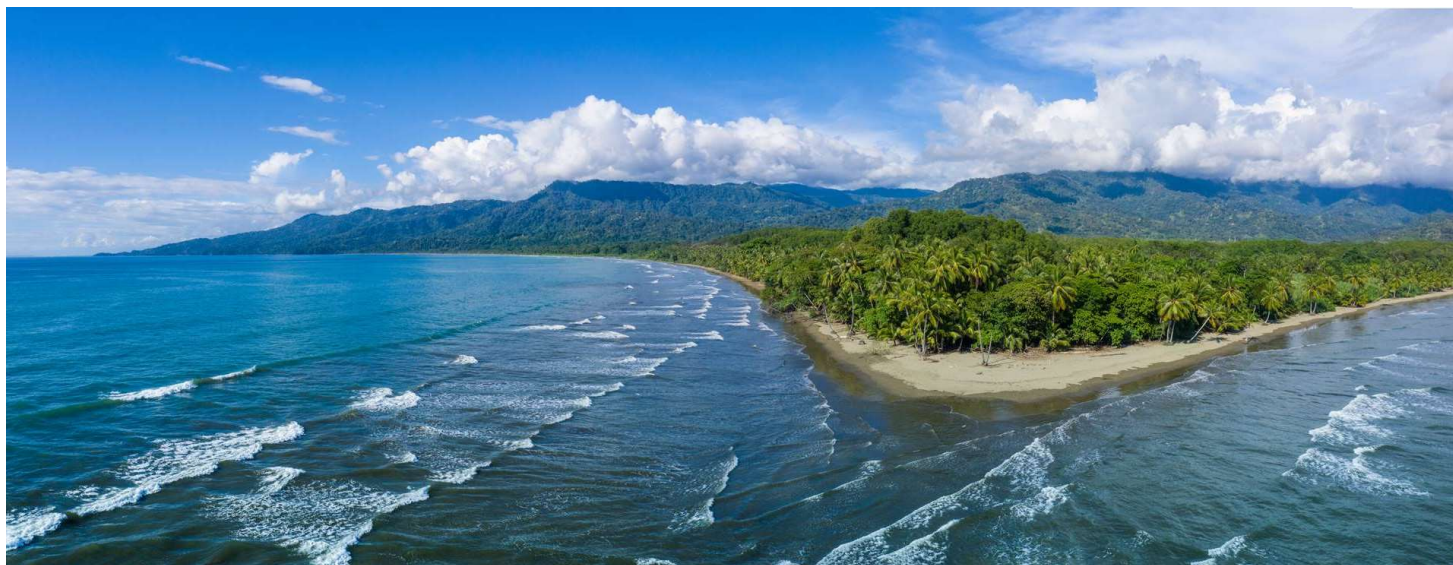
Friday, June 16, 2023
Join us online at noon

June is not only a time of endings: it's time to prepare for new beginnings!
Join MASC for this edition of our monthly Learning Lunch session on Goal Setting.

Goal Setting:

Establishing goals for the district is a school committee responsibility. Learn how to work with the superintendent to ensure goals are aligned, to monitor progress and to evaluate whether or not your goals are yielding the outcomes your committee and community envision.

Sign up today!



Adventure in Costa Rica

9 Days | Winter 2024

The experience of a lifetime is waiting for you. Every detail from the cities you'll stay in to the cultural discoveries you'll make have been customized by your teacher for your group. Take a look at your personal itinerary for a sneak peek of what's in store.

Included on tour



Round-trip flights on major carriers; full-time Tour Director; project-based learning program, EF's personalized learning experience; hotels with private bathrooms; breakfast, lunch, and dinner daily unless otherwise specified.

Entrances: Carara National Park; Manuel Antonio National Park; Jungle crocodile safari, Central Pacific Coast; Rainforest Adventures; Park, Central Pacific Coast; Santa Elena Reserve. Monteverde; Ziplining adventure, Monteverde
Tree climbing, Monteverde (pending safety check); Whitewater rafting, Arenal region; Hot springs, Arenal region; Local exchange, Arenal region; Snorkeling, Guanacaste

Overnights: San José region (1); Central Pacific Coast (2); Monteverde (1); Arenal region (2); Guanacaste (2)



Your Itinerary

Day 1: Fly to Costa Rica

Arrive in San José

Touch down in San José. Founded in 1737 as “Villa Nueva de la Boca Del Monte del Valle de Abra,” the city’s name was later abbreviated in honor of its patron saint: “San José.” As you tour Costa Rica, keep in mind that the country, by establishing national parks and reserves, is one of the world’s most progressive in its efforts to save the earth’s endangered rain forests. Costa Rica is home to one tenth of the world’s bird species and of the world’s butterflies.

Day 2: San José region | Central Pacific Coast

Travel to the Central Pacific Coast

Travel to the breathtaking Central Pacific Coast, where sandy beaches, a rocky coastline and lush rainforests act as a magnet for travelers.

Stop in Alajuela

Once known as the previous capital of Costa Rica, the town of Alajuela holds a special place in Costa Rican history. The cities biggest claim to fame is that it is the hometown of the country’s national hero Juan Santamaria, a drummer boy, who sacrificed his life during the war of independence from Spain.

Hike in Carara National Park

Follow the coastline south to the Carara Reserve, a national park that boasts a dazzling population of rare wildlife. Be on the lookout for scarlet macaws, boat-billed herons, motmots, and roseate spoonbills among the lush vines and ancient trees that make up the park’s dense jungle.

Day 3: Central Pacific Coast

Visit Manuel Antonio National Park

Experience the spectacular beauty of Costa Rica’s coastline during a full-day excursion to exotic Manuel Antonio National Park. Venture deep into the heart of this renowned natural wonder, a coastal paradise famous for its lush jungle and dazzling beaches. Spend the day relaxing on the brilliant white sand of Espadilla Sur and cooling off in the crystal-clear Pacific waters. Notice that the jungle reaches the high-tide line! Wander along the park’s many trails for a closer look at its diverse inhabitants-to date, 350 types of plants, 100 species of animals, and 150 varieties of birds are known to be in residence! Look for howler monkeys and two-toed sloths as you make your way through mangrove swamps and coastal woodland with your expert local guide.

Day 4: Central Pacific Coast | Monteverde

Travel to Monteverde

Continue through the mountainous scenery to the Monteverde (Green Mountain) Reserve, one of the most beautiful of the mystical Costa Rican jungles. Monteverde was founded by a group of Alabama Quakers; attracted by the country’s pacifist history, they began dairy farming here in 1951. Now a biological reserve - and still primarily an English-speaking community - this treasure land of natural phenomena stretches from the lush ferns and mosses that cover the ground to the dark canopy formed by the tallest trees.

Jungle crocodile safari

Discover firsthand the wonders of nature in the Rain Forest. This adventure takes place on the Pacific Coast of Costa Rica, along the Tarcoles River, near the Carara National Park. The area is surrounded by mangroves and located in a transitional forest, where literally hundreds of different kinds of mammals, birds and reptile’s flourish. This is the nesting site of the Scarlet Macaw and large colonies of crocodiles, some measuring up to 23 feet in length! The area is also home to 250 species of birds, such as the tanagers, flycatchers, trogons, orioles and hummingbirds.

Rainforest Adventures Park

Enjoy a stop at the Rainforest Adventures Park. During your visit, you will take to the air on an aerial tram ride, followed by a guided nature hike and visit to a butterfly garden.

Day 5: Monteverde | Arenal region

Santa Elena Cloud Forest Reserve

Explore the spectacular Santa Elena Cloud Forest, a paradise rich in diverse plant and animal life and situated near the Continental Divide. Warm northeasterly trade winds, filled with moisture, blow in over the Atlantic. As the winds sweep up to the Continental Divide, they cool and condense to form clouds, bathing the forest in a constant soft mist. The cloud forest averages twelve feet of rain annually! Look for bromeliads and orchids as well as brightly colored quetzals among the lush flora.

Ziplining adventure

Make like the birds and the monkeys who call the cloud forest home. Special trails and zip lines unveil one of the planet’s most fascinating ecological systems from a unique perspective-the tops of the trees. With local expert guides at your side, you can decide which view you prefer-from below or from above!

Tree climbing (*pending safety approval*)

Today you will experience a totally different way to enjoy nature and the cloud forest of Costa Rica. The climbing circuit consists of 4 trees with heights ranging from 33 feet all the way up to 66 feet!

Travel to the Arenal region

Journey across the Central Valley to the magnificent Arenal Region. Volcanologists from all over the world come here to study the impressive tropical Arenal Volcano.

Day 6: Arenal region

Whitewater rafting excursion

Experience the thrill and excitement of whitewater rafting this afternoon! Use teamwork to navigate a path through the free-flowing waters of the Sarapiquí River (rapid levels 2-3), all while admiring the lush Costa Rican scenery as you pass by stretches of tropical forest.

Visit the hot springs

Experience the relaxing properties of one of the area’s many natural hot springs, filled with water heated by nearby Arenal Volcano and chancel into pools. It is an ideal way to soothe muscles after the day’s activities!

Day 7: Arenal region | Guanacaste

Participate in a local exchange

Immerse yourself in Costa Rican culture as you participate in an activity with locals today.

Travel to Guanacaste

Make your way to the coastal paradise of Guanacaste. Miles of idyllic sandy beaches wind along the coastline not far from large cattle ranches. In pre-Colombian times, superior quality ceramics were the order of the day-archaeologists have found several priceless pieces in regional excavations. Today, outdoor active pursuits draw visitors from near and far. There’s diving, surfing, boating, fishing, hiking-all taking place amongst the semi-active volcanoes, marshes, tropical forests, and rivers that make up this ecologically diverse region.

Free time for souvenir shopping

Enjoy some time this afternoon for shopping for some last-minute souvenirs. Afterward, relax at the hotel.

Costa Rican folklore evening

Learn about the rich cultural traditions of the region as you enjoy an included dinner with Costa Rican specialties, marimba music, entertainment by a local dance troupe, and spectacular city views from the restaurant.

Day 8: Guanacaste

Snorkeling excursion

Watch for sea turtles, colorful corals, and all sorts of interesting and unusual marine life as you snorkel through Guanacaste’s clear Pacific waters.

Your Itinerary

Day 9: Depart for home

Transfer to the airport for your return flight

Your Tour Director assists with your transfer to the airport, where you'll check in for your return flight home.

Itinerary is subject to change

For complete financial and registration details, please refer to the Booking Conditions at www.eftours.com/bc.

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800-665-5364



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Two Education Circle
Cambridge, MA 02141

My daughter has gained such an amazing view of the world and history from this experience. She has not stopped talking since I picked her up at the airport. Thank you for all the organization, helpful hints, flexible payment plan, and knowledgeable tour guides.

—CHARLOTTE, PARENT OF TRAVELER



Tour review

THE WORLD LEADER IN INTERNATIONAL EDUCATION

For over 50 years EF has been working toward one global mission: *Opening the World Through Education*. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence. What's more:

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so more students can travel.
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- **All of our educational tours feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.**
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