



ROGY MOUNTAIN TENNIS  
 JUNIOR PLAYER DEVELOPMENT  
 Fall/Winter 2023-2024

## Tiny Tots – Ages 3 to 5

The 36 Red format is played on a 36 by 18-foot court, with a red foam or red felt ball and 19 to 21-inch racket or a foam hand. Players in this format acquire the skills of the basic ABCs (agility, balance, and coordination). To begin points, tiny tot players are developing a consistent underhand toss and are learning to apply the proper ground-stroke technique. The basic swing path of low to high is introduced and tracking the ball is taught in many different forms.

## Red – Ages 6 to 8

The 36 Red format is played on a 36 by 18-foot court, with a red foam or red felt ball and 19 to 23-inch racket. Players in this format are being introduced to the proper grip, preparation and swing path for each stroke as well as learning the basic footwork patterns and stances. Tactically, red players are acquiring the skills of consistency, placement, and basic spin as they learn to control the ball and rally. To begin points, red players are developing a consistent toss and rhythmic service motion to minimize double faults and learning to apply the proper ground-stroke technique.

### Dates and Time:

**Wednesdays 4:00-5:00**

### Sessions and Cost

Dates	Number of weeks	1 day/wk
9/6/23 – 9/27/23	4 weeks	\$80
10/4/23 – 10/25/23	4 weeks	\$80
11/1/23-12/20/23	7 weeks	\$140
1/10/24-2/14/24	6 weeks	\$120
2/28/24-4/17/24	8 weeks	\$160
5/1/24-5/29/24	5 weeks	\$100

NO CLASS THE WEEK OF THANKSGIVING BREAK, CHRISTMAS BREAK, BLUES BREAK OR SPRING BREAK